

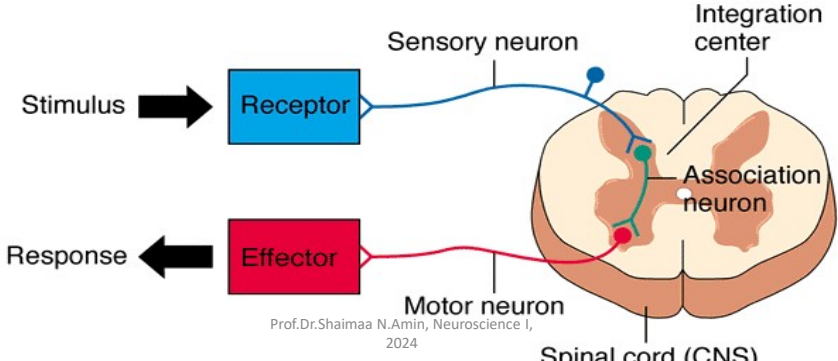
Neuroscience I Module 2024
Physiology Lectures
(L1-L12)

Presented by:
Dr.Shaimaa Nasr Amin
 Professor of Medical Physiology

1

Sensations & Perceptions

Sensation : is an awareness of sensory stimuli in brain.

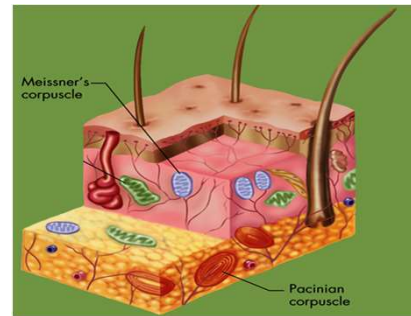
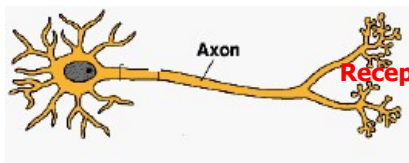


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2

Sensory receptors

1. Specialized structures **or**
2. modified n. endings at the peripheral termination of afferent fibers.



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3

Classification (by stimulus type)

1. Mechanoreceptors
2. Thermoreceptors
3. Pain receptors
4. Electromagnetic receptors
5. Chemoreceptors

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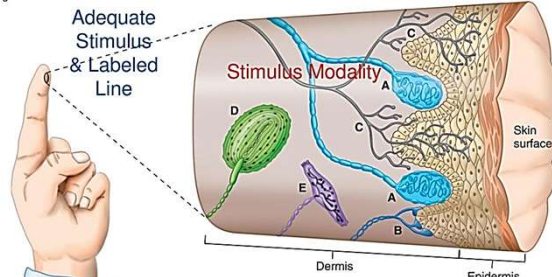
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Properties Of The Sensory Receptors

(1) SPECIFICITY

Figure 7.16

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Each type of receptor responds best to a specific stimulus called its adequate stimulus.

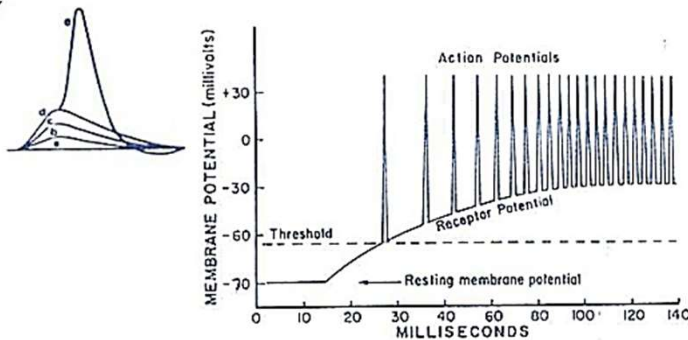
- A. Meissner's corpuscle—rapidly adapting mechanoreceptor, touch and pressure
- B. Merkle's corpuscle—slowly adapting mechanoreceptor, touch and pressure
- C. Free nerve ending—slowly adapting, some are nociceptors, some are thermoreceptors, and some are mechanoreceptors
- D. Pacinian corpuscles—rapidly adapting mechanoreceptor, vibration and deep pressure
- E. Ruffini corpuscle—slowly adapting mechanoreceptor, skin stretch

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5

Properties Of The Sensory Receptors

(2) EXCITABILITY (THE RECEPTOR POTENTIAL)



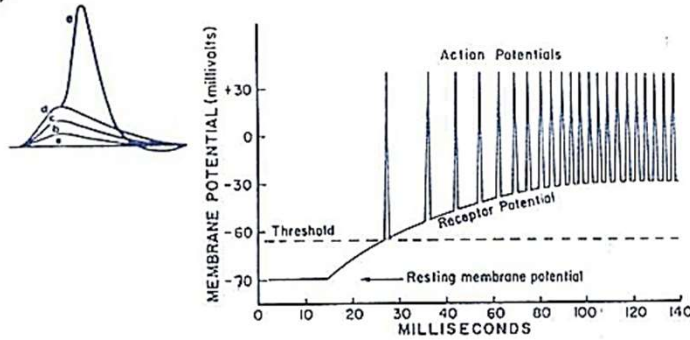
Relation between the receptor potential (RP) & action potentials (APs). As the (RP) rises above threshold, the frequency of (APs) increases.

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6

Properties Of The Sensory Receptors

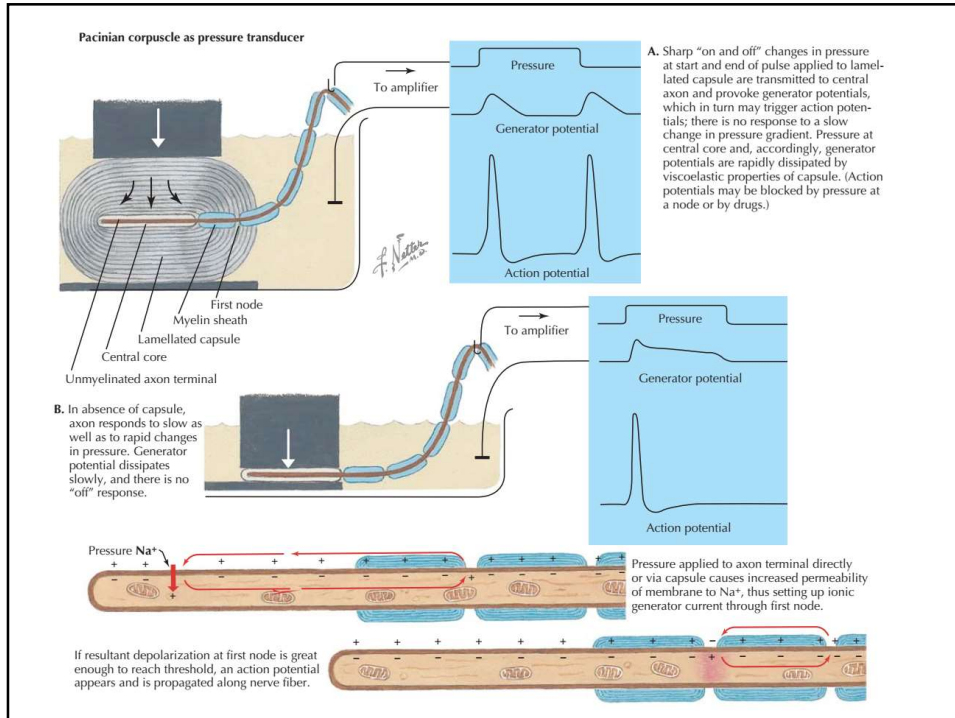
(3) DISCHARGE OF IMPULSES



Relation between the receptor potential (RP) & action potentials (APs). As the (RP) rises above threshold, the frequency of (APs) increases.

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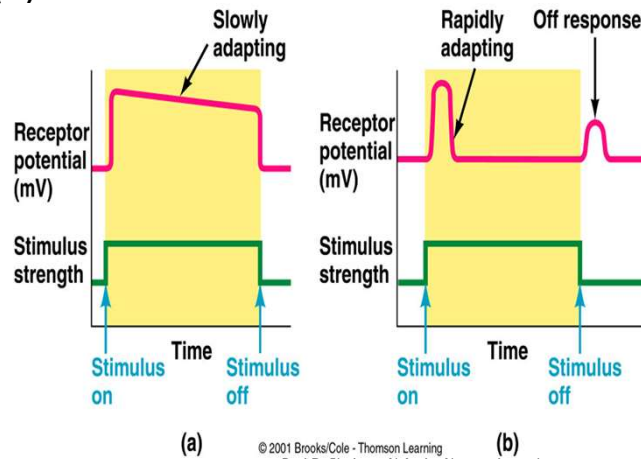
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8

Properties Of The Sensory Receptors

(4) ADAPTATION



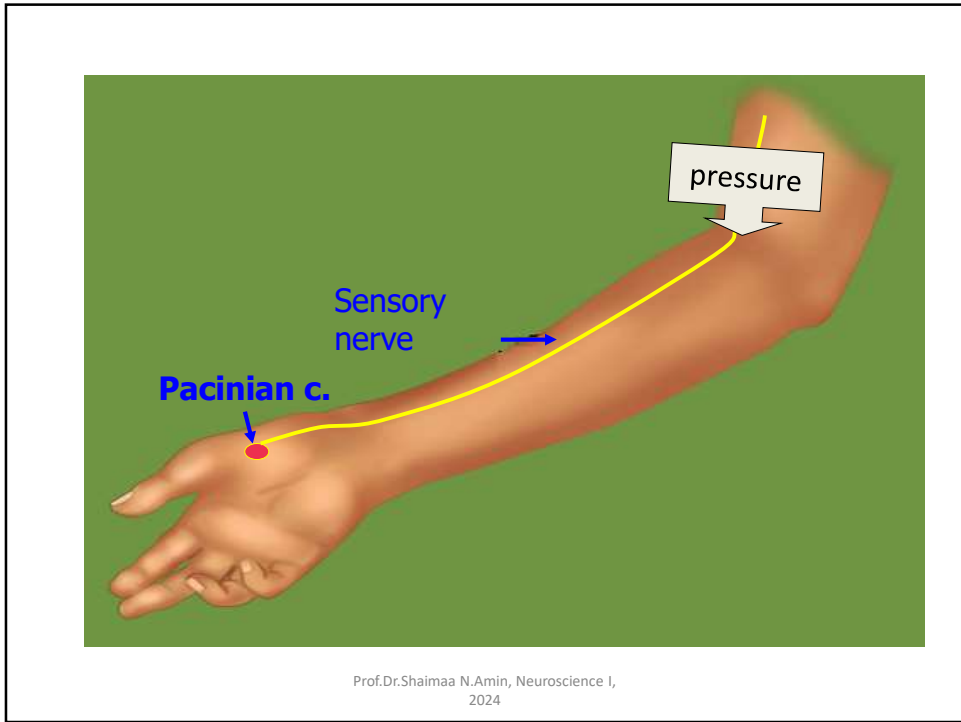
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Coding of sensory information

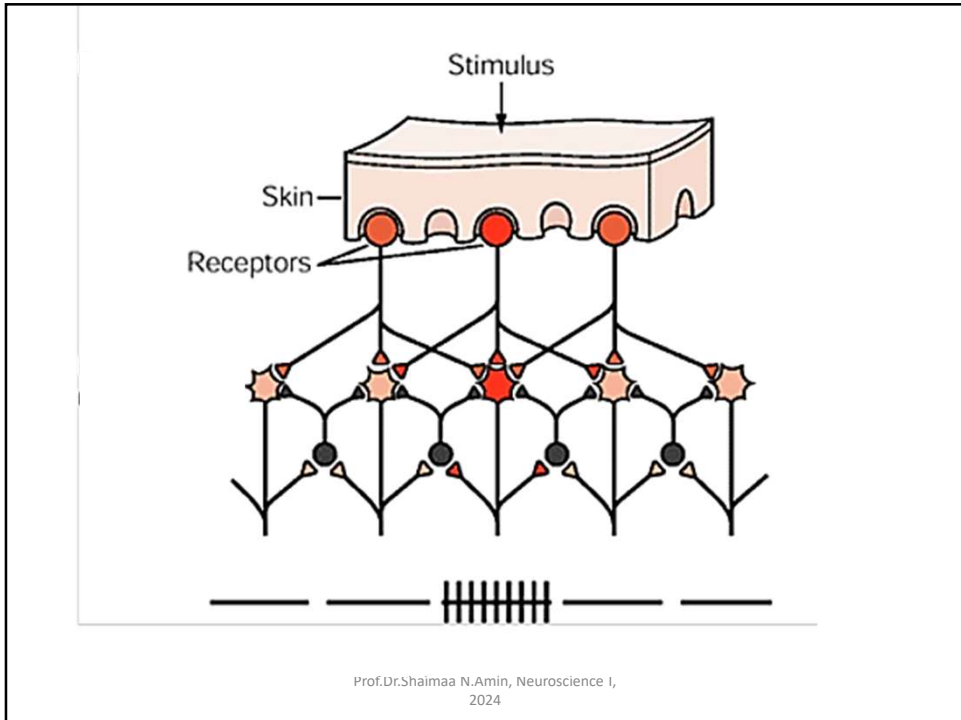
- 1-Modality (Muller's Law, Labeled line Principle)
- 2-Locality (Law of Projection)
- 3-Intensity (Recruitment of receptors, frequency on impulses).

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10



11



12

LAWS IN SENSORY PHYSIOLOGY

1. **Muller's Doctrine of specific nerve energies:** No matter where along the nerve pathway one stimulates, the type of sensation will depend on which part of the brain is finally going to be stimulated.
2. **Law of Projection:** No matter where along the nerve pathway one stimulates, the sensation will be felt at the site of the receptor. Phantom limb sensation is best described by this law.
3. **Bell-Megendie Law:** This law states that the dorsal root is sensory and ventral root is motor.
4. **Labelled-line theory:** All the sensations from the different parts of the body travel along specified paths. For example, in the posterior column, fibers from the lower parts of the body are placed medially.
5. **Weber-Fechner's law:** In 1834, Weber demonstrated that the *sensitivity of a sensory system* to differences in intensity depends on the absolute *strength of the stimuli*. We easily perceive that 1 kg is different from 2 kg, but it is difficult to distinguish 50 kg from 51 kg. Yet both sets differ by 1 kg. This relationship is expressed in the equation now known as:
 - **Weber's law:** $\Delta S = K \cdot S$ [where ΔS is the minimal difference in strength between a reference stimulus S and a second stimulus that can be discriminated, and K is a constant.]
 - **Fechner** extended Weber's law to describe the relationship between the stimulus strength (S) and the intensity of the sensation (I) experienced by a subject: $I = K \log (S/S_0)$ [where S_0 is the threshold amplitude of the stimulus and K is a constant.]
 - **Stevens' law** states that: $I = K (S - S_0)^n$

13

Weber-Fechner principle:

This is a logarithmic function which states that: **the perceived sensation is proportional to log intensity of the stimulus.**

$$R = \log S \times K$$

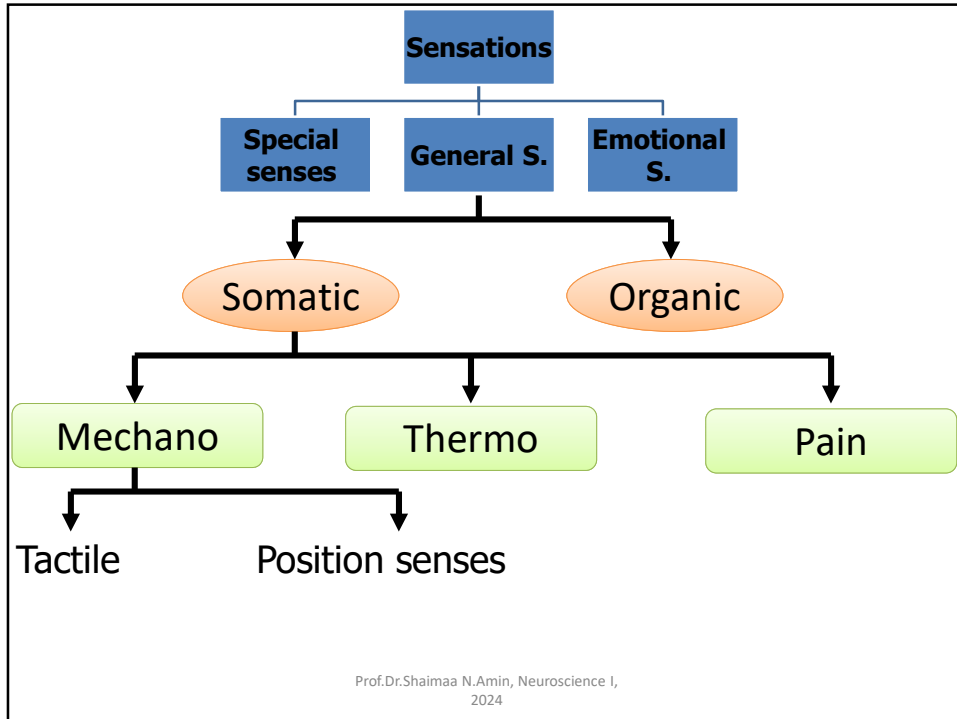
R: perceived sensation .

S: stimulus intensity.

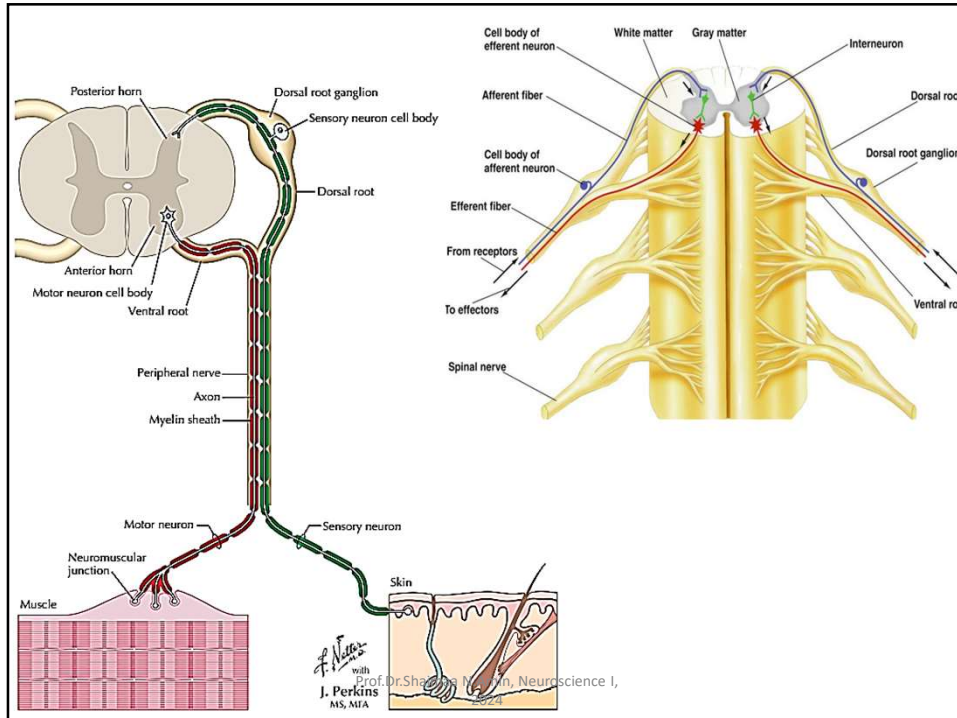
K :constant.

This means that 100 fold increase in stimulus intensity, will increase the perceived sensation by 2 times, 1000 fold increase will increase sensation by 3 times and so forth.

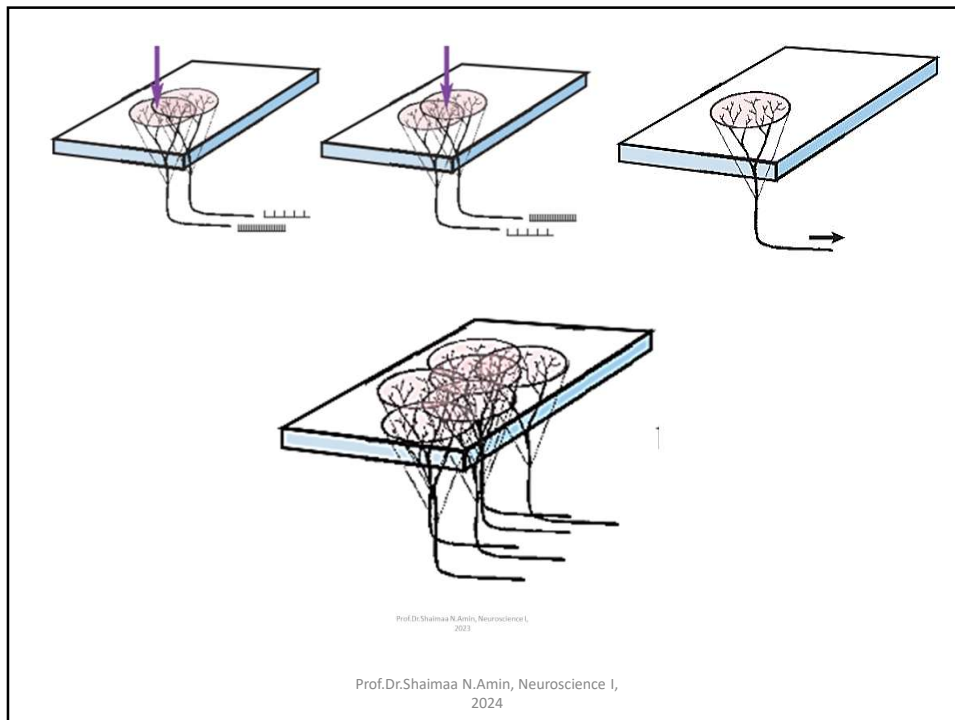
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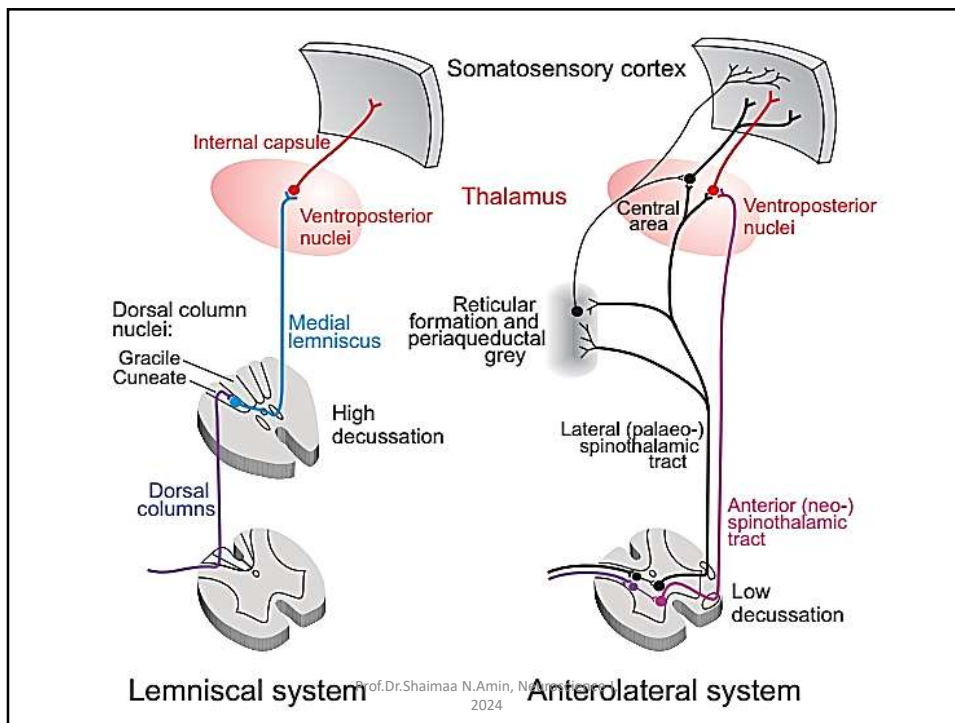
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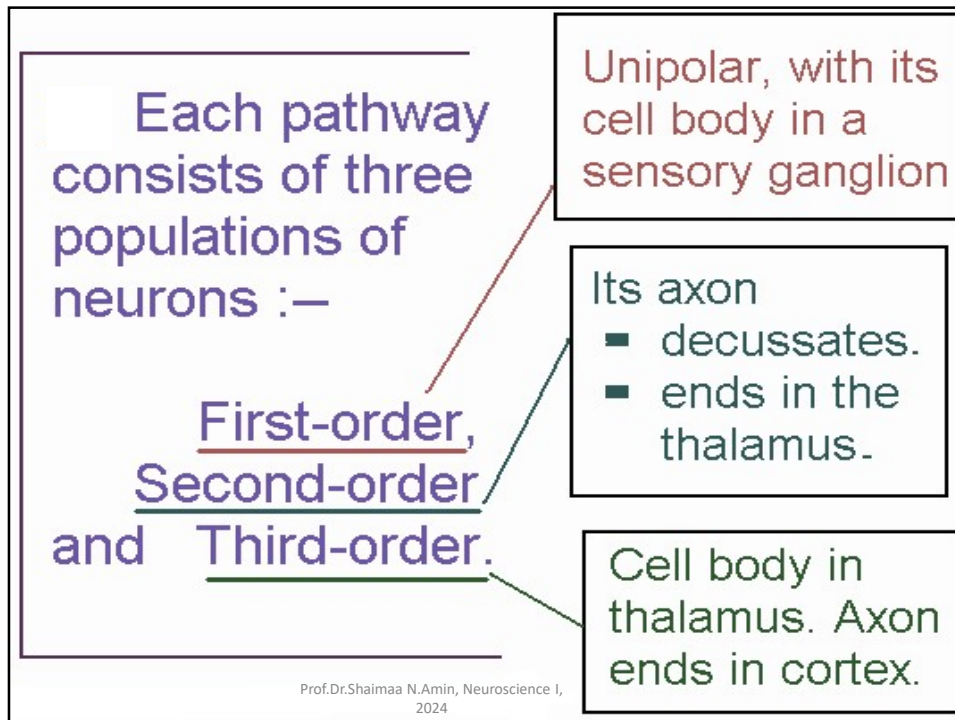
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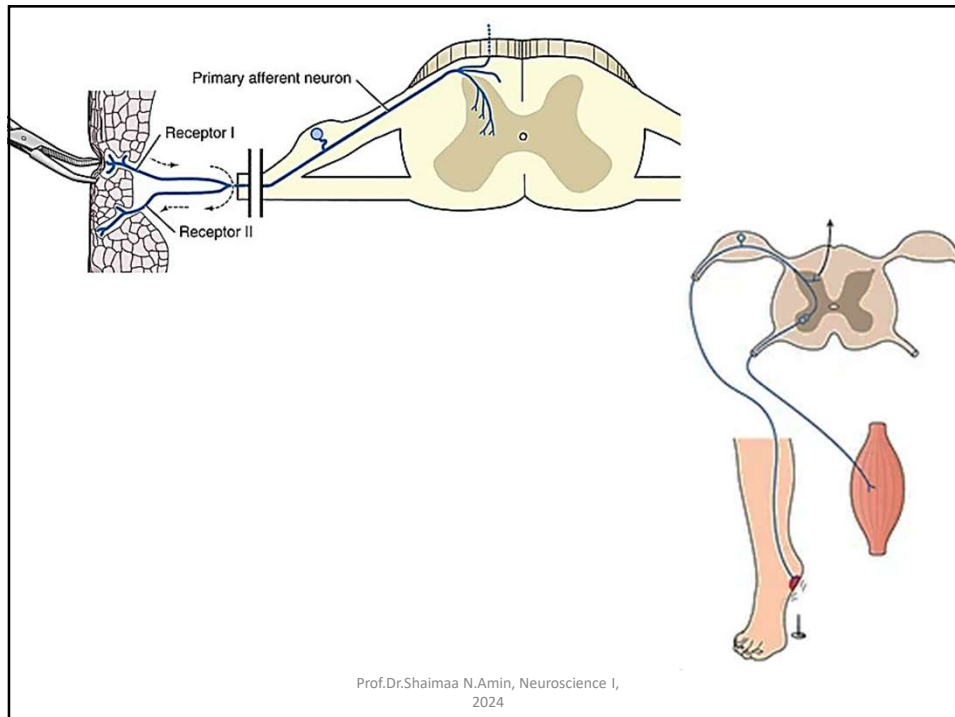
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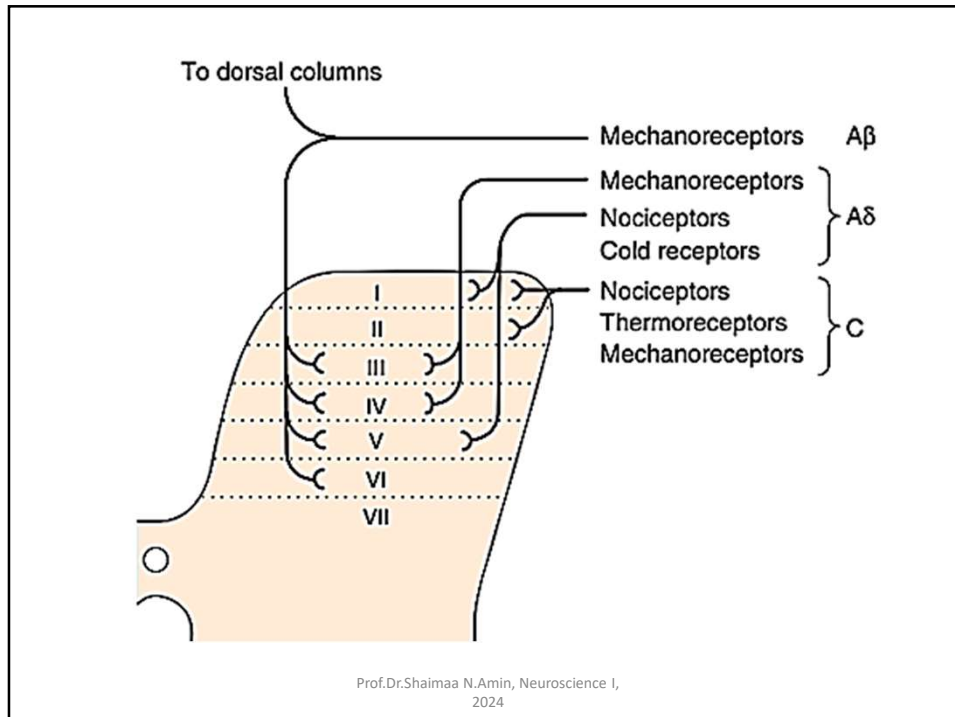
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Sensations carried by dorsal column

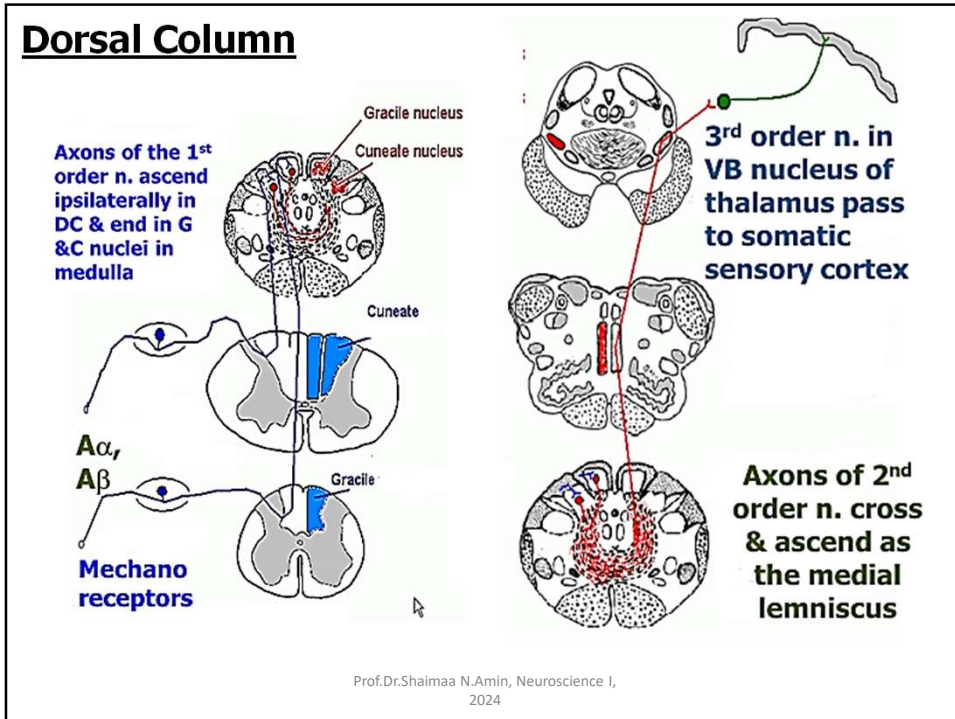
Sensation	Receptor	Afferent fiber
Fine touch	M & M	A β
Stereognosis	mixture	A β
Pressure	Pacinian & spray	A β
Vibration S.	Pacinian & Me.	A β
Position S.	Pacinian R & S	A α

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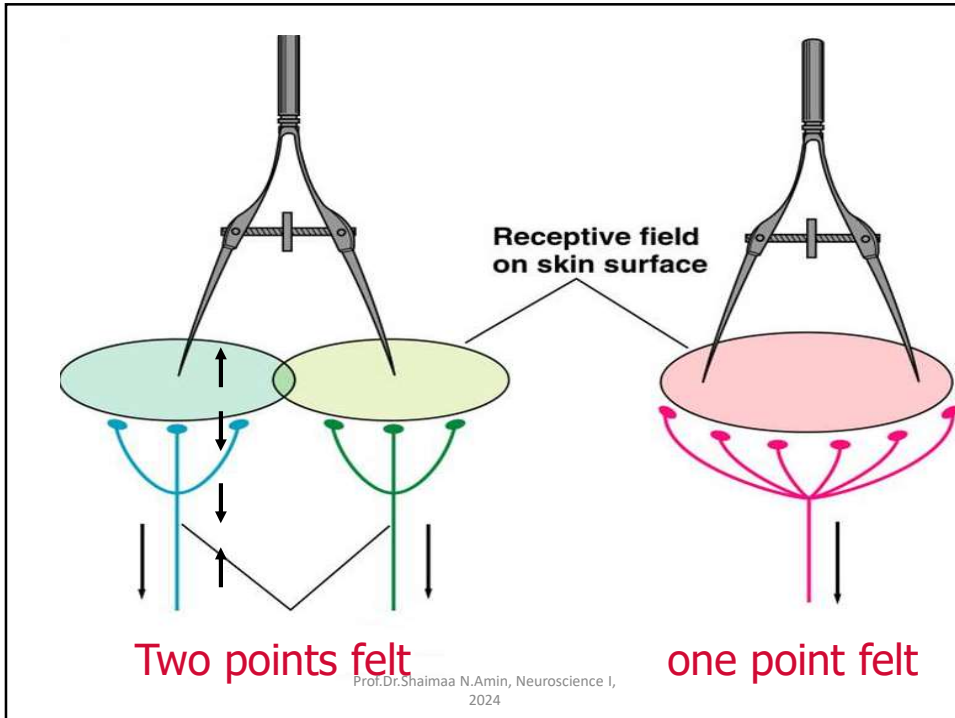
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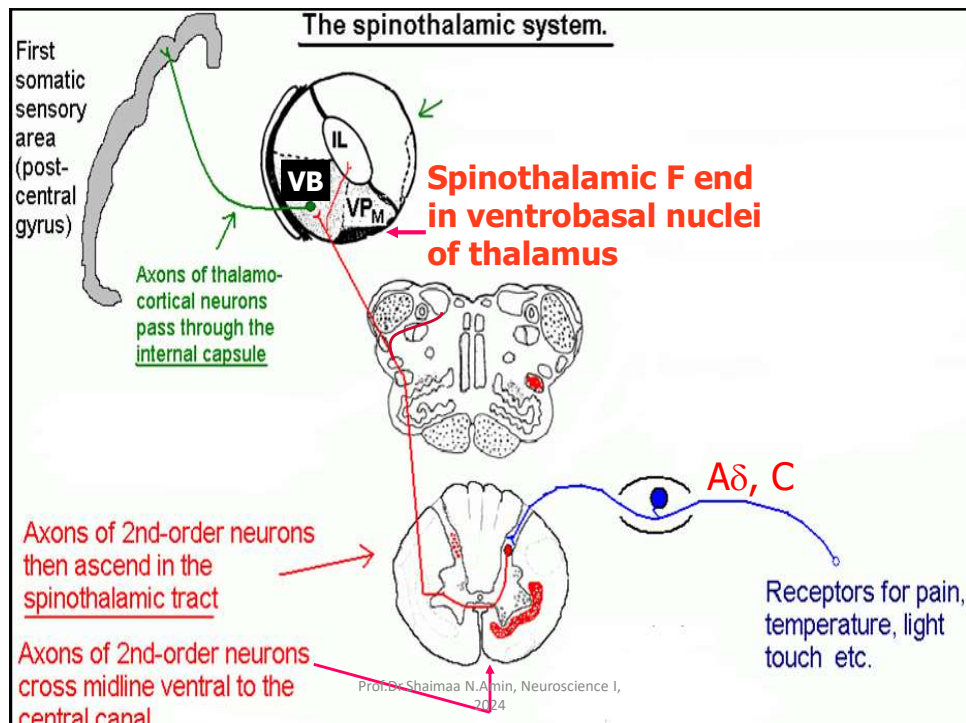
Important

Two-point Discrimination:

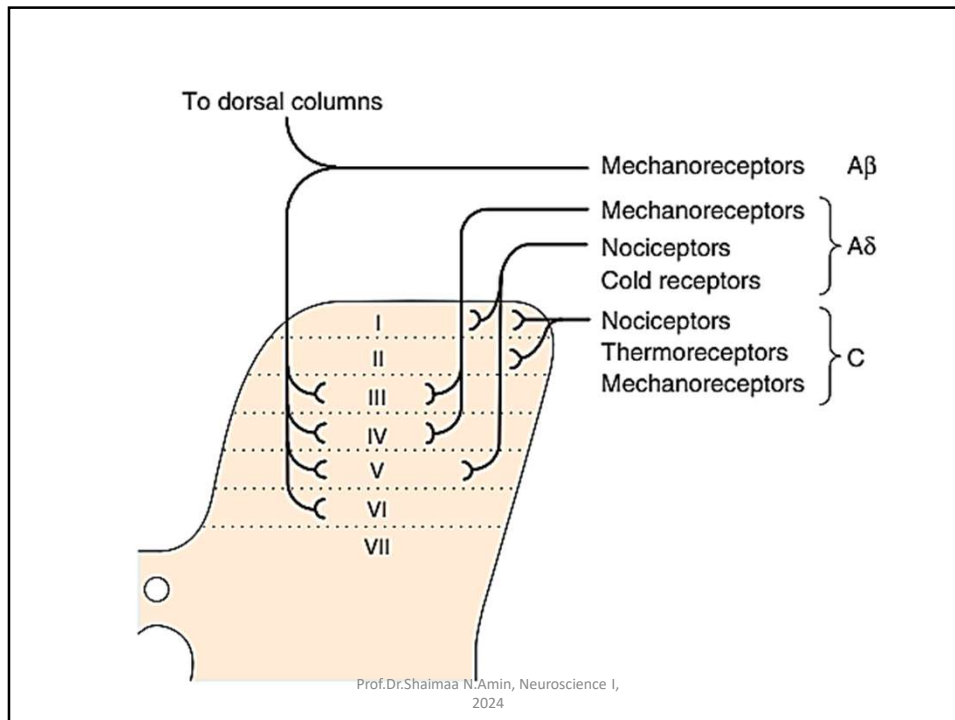
- 1 mm on the fingertips of young adults; by the sixth or seventh decade of life it declines on average to ~ 2 mm.
 - **Receptor: Merkel cell** >> *Meissner's corpuscle* (as Merkel cell has the smallest receptive field).
- Braille Reading: For blind person, **Braille dots** (spaced ~ 3 mm apart) are perceived as separate dot because of **Merkel cell**. *Meissner's corpuscle* also contributes to detection of Braille patterns because they sense motion.

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25



26

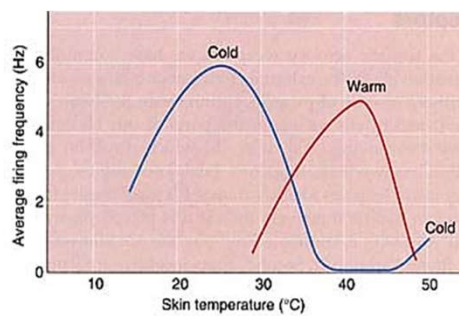


27

Thermoceptive Sensation

Characters of thermal receptors

- Have a small receptive field and widely separated.
- Cold R. are 10 times more numerous than warm R.
- Cold R. adapt more slowly than warm.



Thermoreceptors are stimulated chemically by changing the metabolic rate

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28

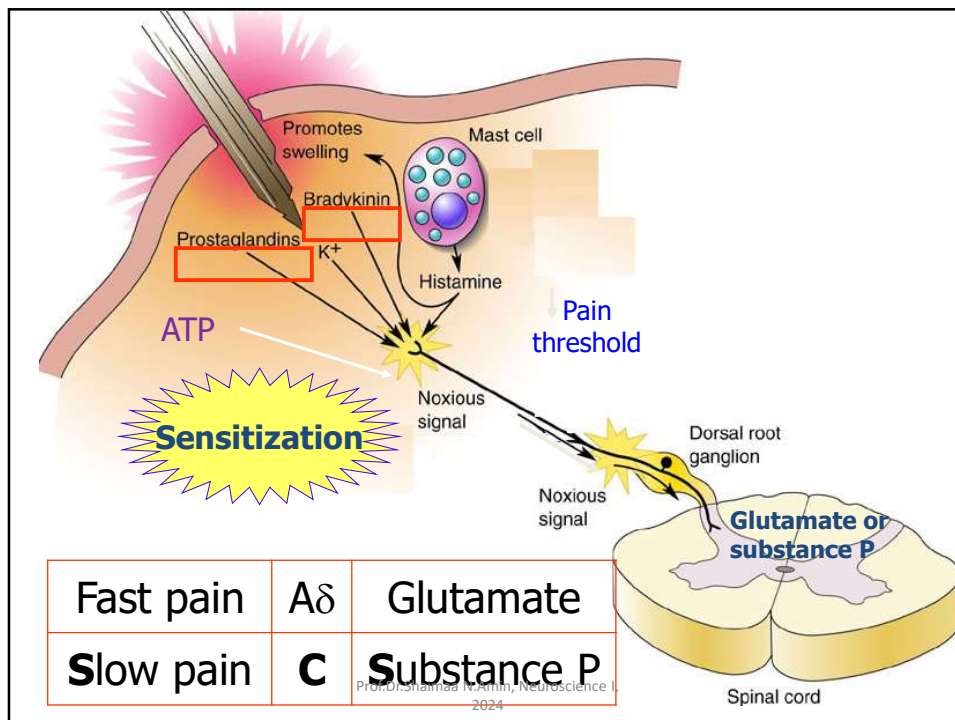
Pain

Nociceptors

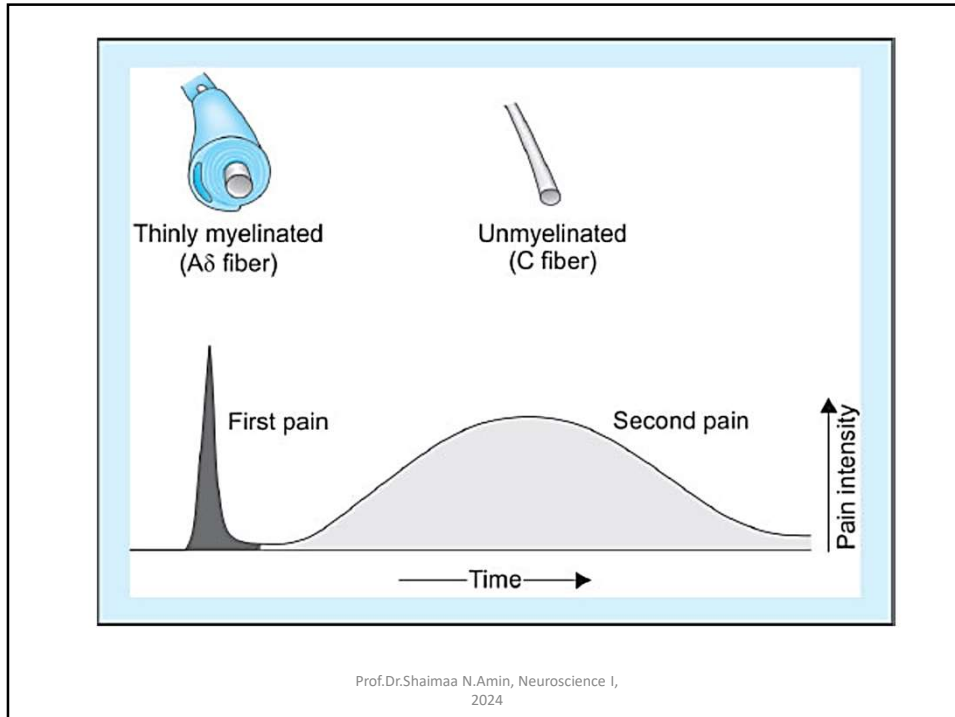
- Free nerve endings, slowly (non) adapting to prolonged stimulation
- 4 types:
 - a. Mechanical pain receptors.
 - b. Thermal pain receptors.
 - c. Chemical pain receptors.
 - d. Polymodal pain receptors

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29



30



31

Types of pain

Fast pain	Slow pain
Felt within 0.1 sec	Felt within 1 sec or more
Short duration	May be prolonged
Well localized	Poorly localized
Mechanical or thermal	All types of receptors
Usually in skin, rare in deep tissues	Skin, deep tissues & viscera

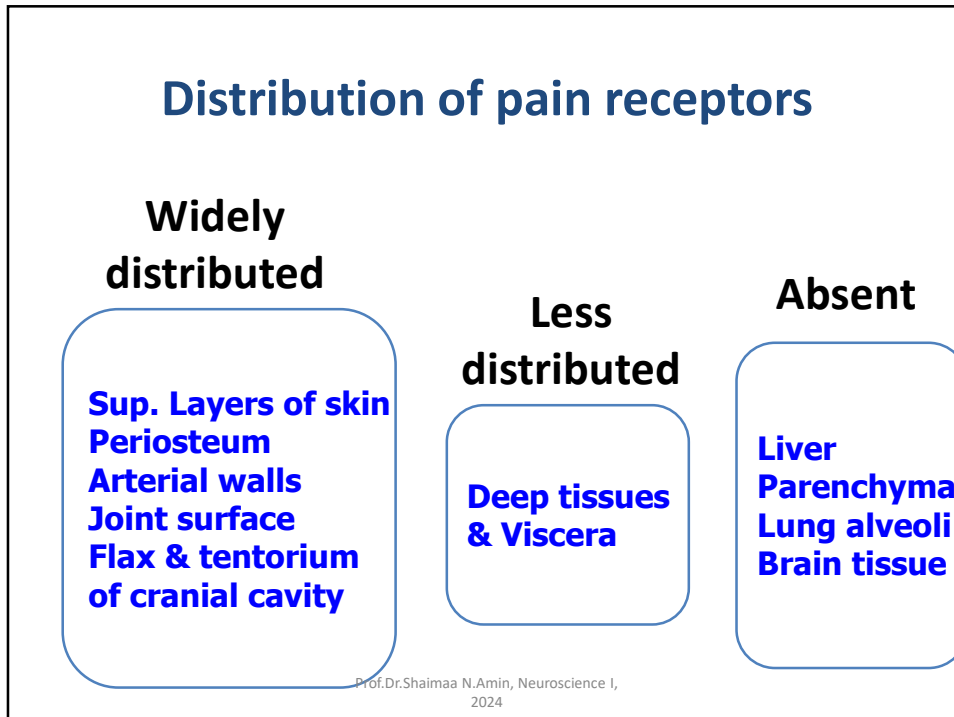
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32

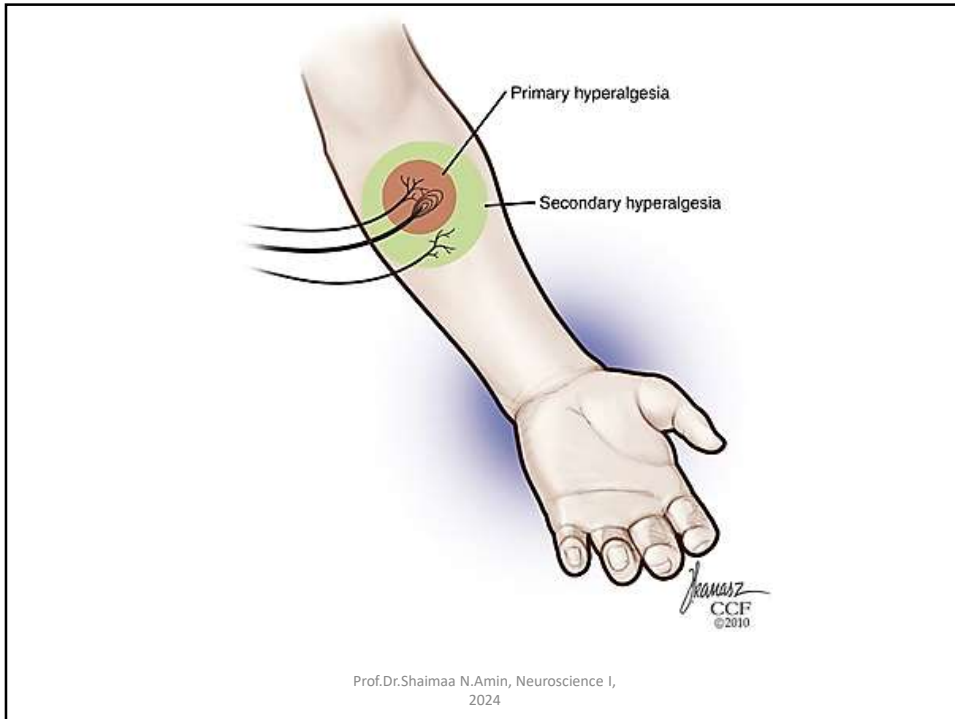
Fast pain	Slow pain
Carried by A δ , blocked by pressure	Carried by C, blocked by local anaesthetics
A δ release Glutamate	C release Substance P
Transmitted by Neo-spinothalamic T	Transmitted by Paleospinothalamic T
Its fibers end in sensory cortex	End in RF \rightarrow Non-specific thalamic nuclei \rightarrow whole cortex

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33



34



35

Roles of the cortex in pain perception are

- 1. Localization of pain.**
- 2. Discrimination of pain**
- 3. Modulation of pain.**

glutamate

A δ fiber

C Fibers

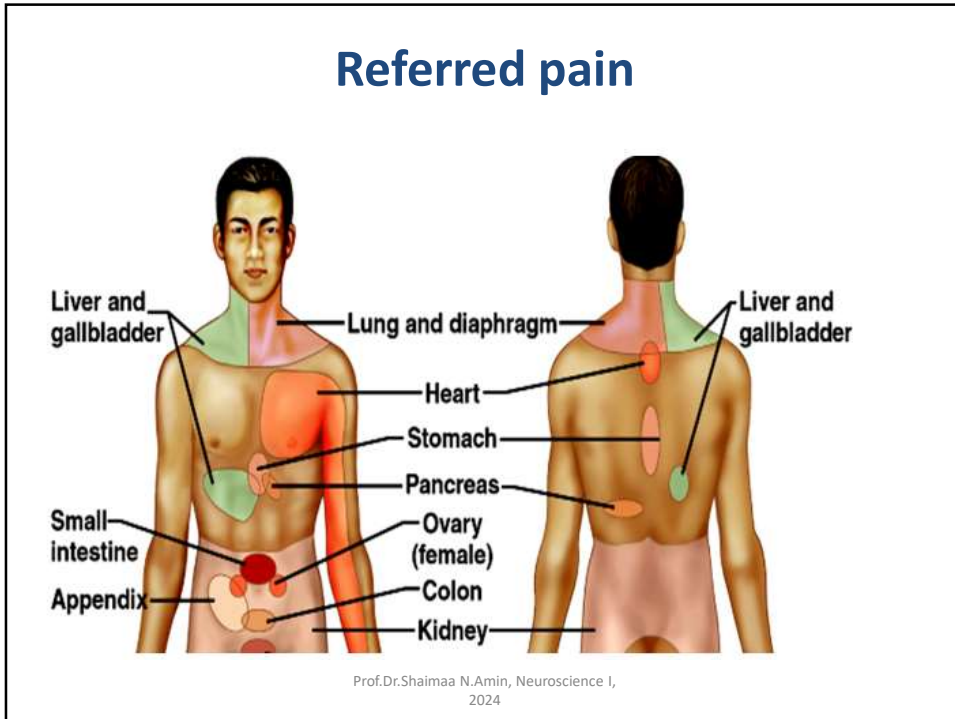
Subst. P

glutamate

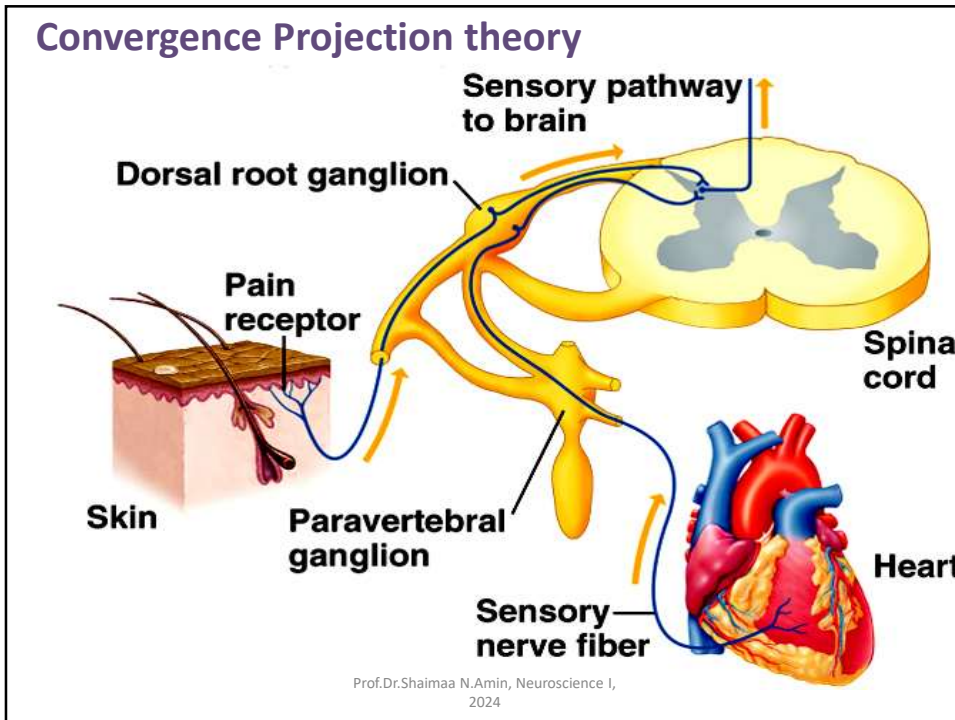
Substantia Gelatinosa of Rolandi (SGR)

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36



37



38

Headache

Pain referred to the surface of the head from deep structures.

I. Headache of intracranial origin

- **The brain is insensitive to pain**
- **Pain receptors are found only in :**
 - Venous sinuses
 - Dura
 - Dural arteries
 - Tentorium

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39

I. Causes of intracranial H.

Meningeal causes

1. Meningitis
2. Brain tumour
3. Alcohol
4. Trauma
5. Constipation

Non Meningeal intracranial causes

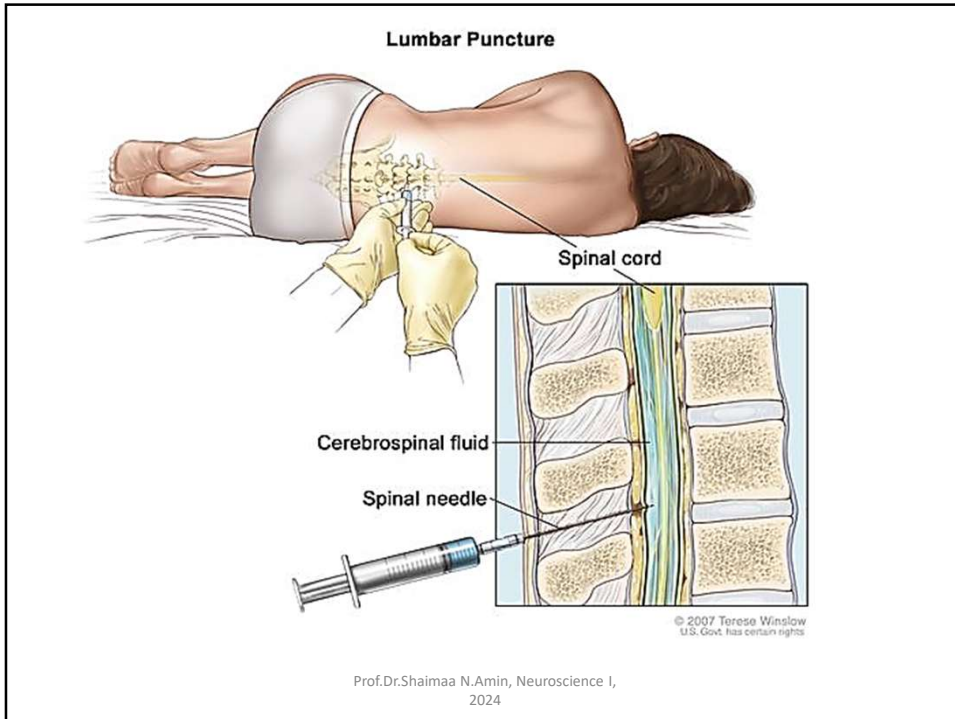
- 1.Hypertension
- 2.Drop of intracranial pressure
- 3.Migraine

II. Causes of extracranial H.

1. Muscular spasm
2. Inflammation of nasal sinuses
3. Errors of refraction
4. Otitis media
5. Toothache
6. Systemic disorders
7. Trigeminal neuralgia

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40



41

Pain control

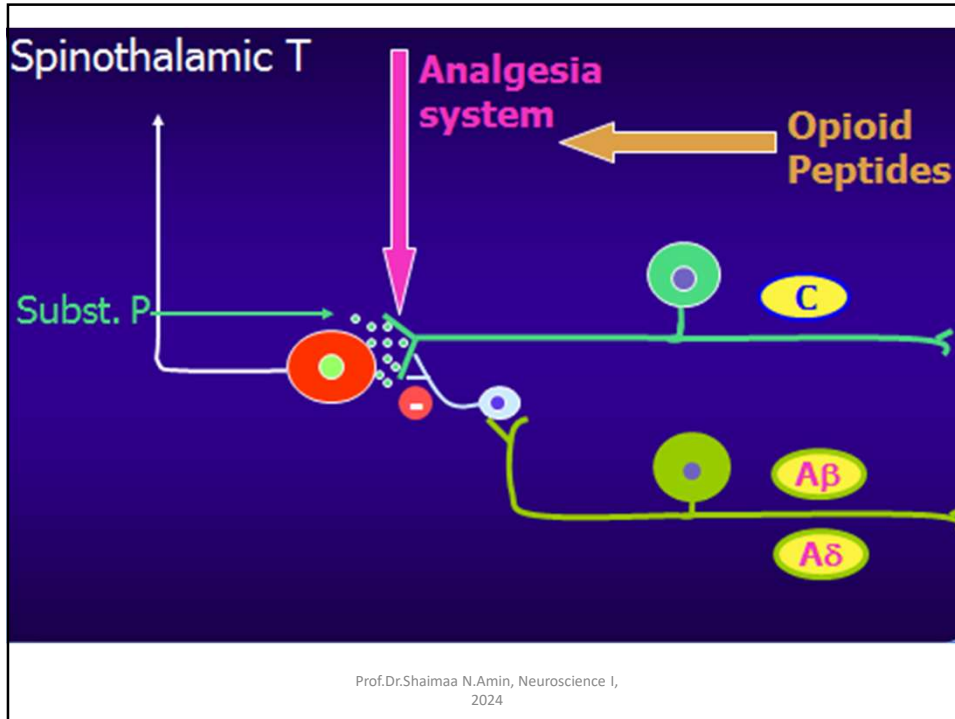
The gate theory

The dorsal horn cells of the spinal cord, in particular the cells of the SGR, act as a gate for the transmission of pain sensation to the brain

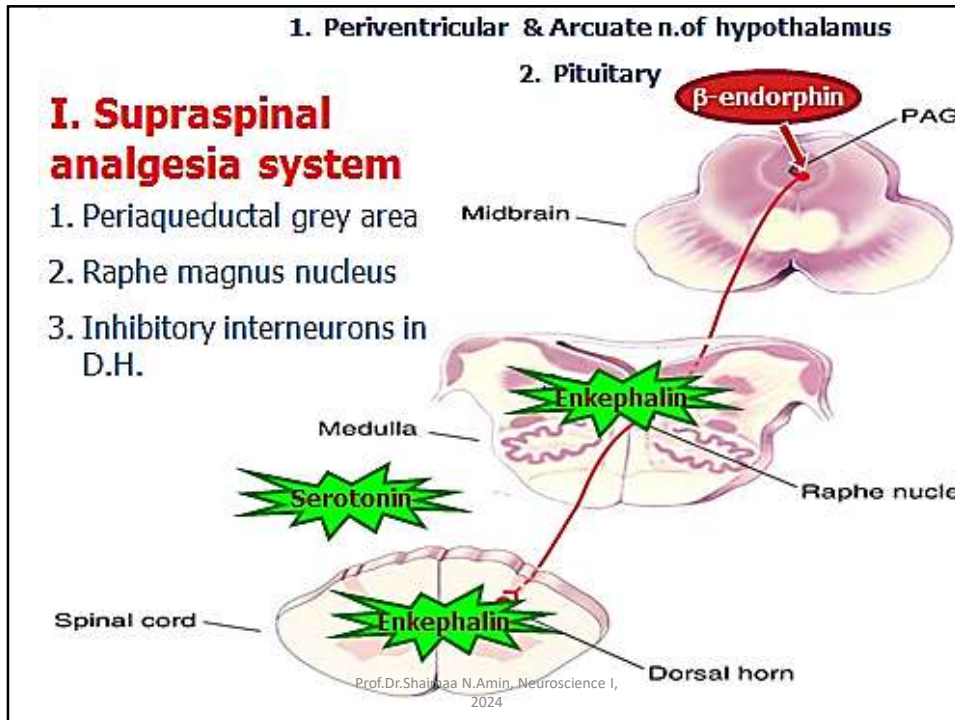
Opening of the gate	Closure of the gate
Impulses in C fibers	Analgesia system
	Opioid peptides
	Impulses in A β or A δ

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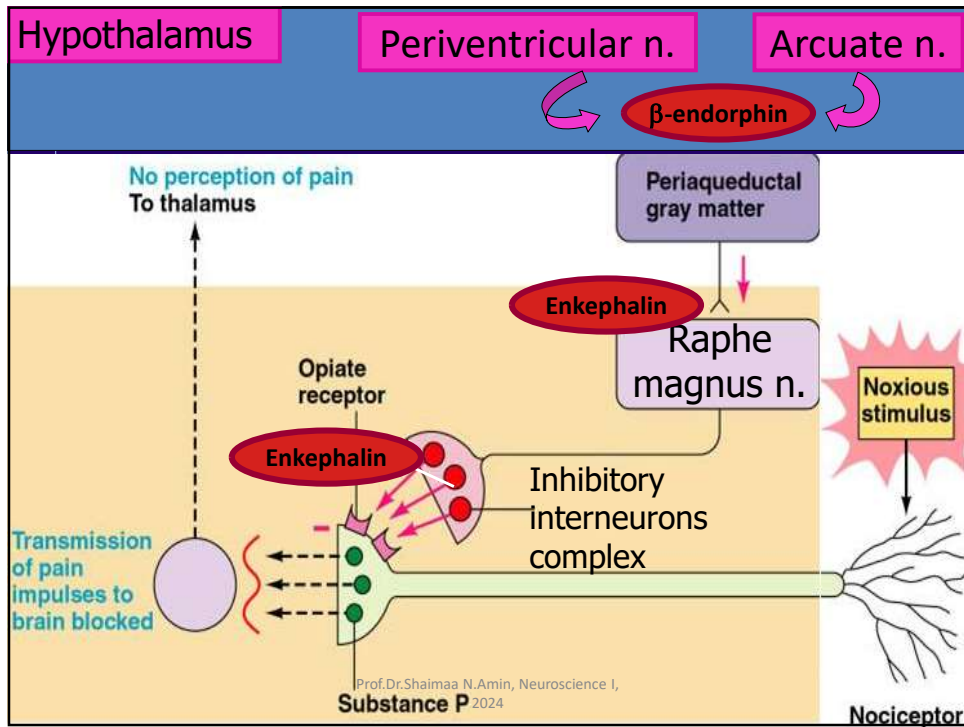
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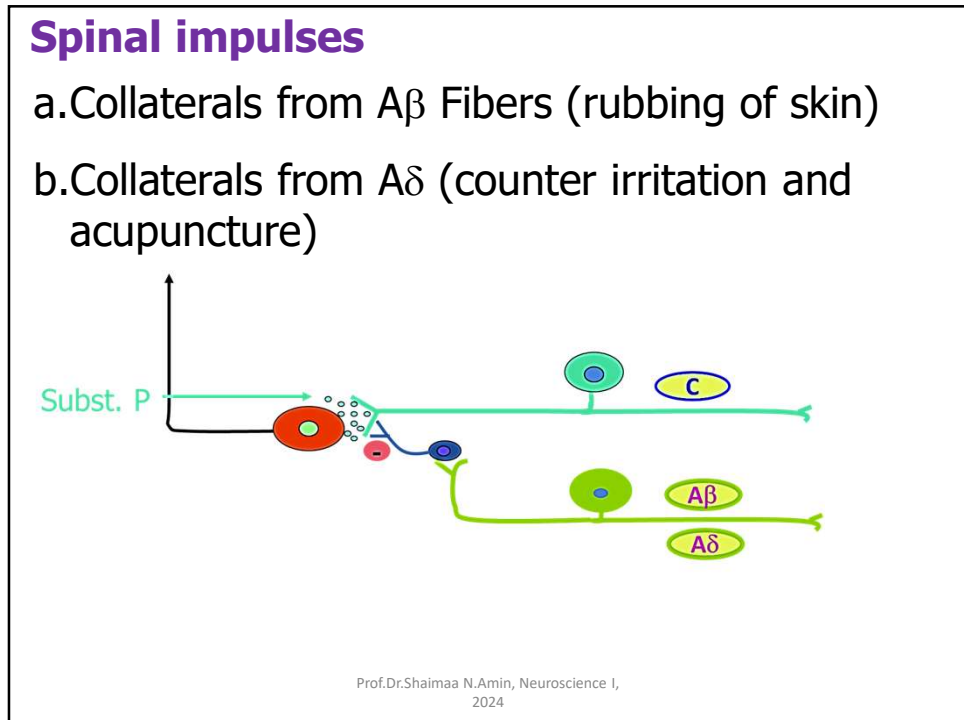
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44



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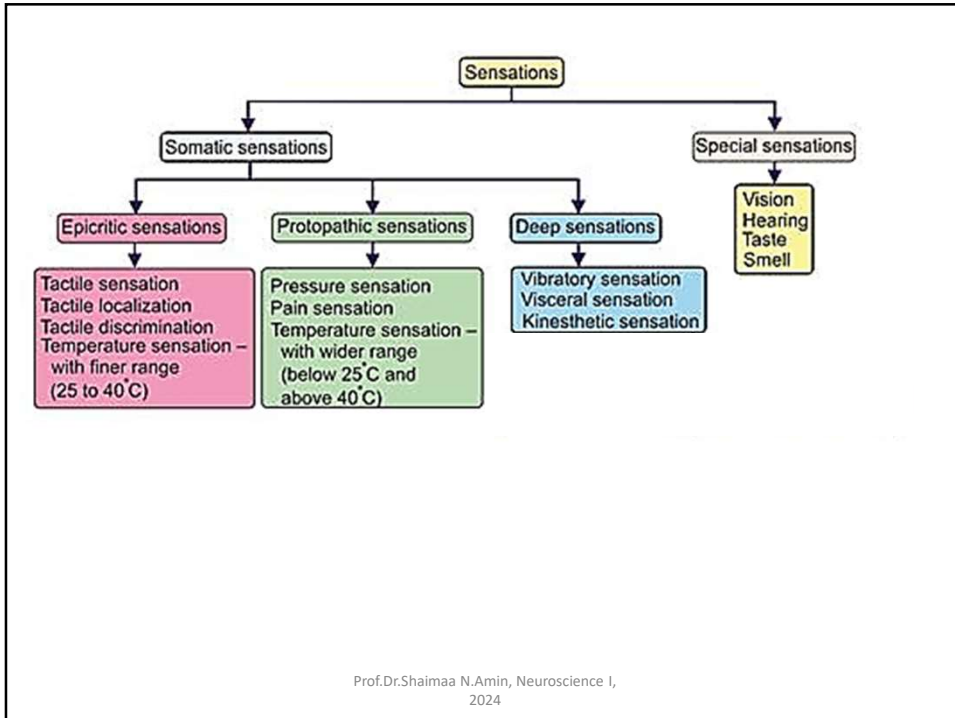
46

Transcutaneous Electrical Nerve Stimulation (TENS)

The diagram illustrates the mechanism of TENS. It shows a cross-section of a nerve with TENS electrodes on the skin surface. The TENS device sends electrical current through the electrodes into the nerve. This causes a 'Blockade of afferent activity in peripheral nerves' and 'Fibre activation'. The diagram identifies 'Low threshold non-noxious sensory receptors' and 'High threshold nociceptors' on the left, and 'Low threshold A-beta afferent' and 'High threshold A-delta afferent' on the right. Below the diagram are two photographs: one showing a hand with 'Self-adhering electrode pads' and a 'Battery-operated TENS device' with 'Electrode lead wires', and another showing a person's knee with an electrode pad being applied by a healthcare professional.

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47

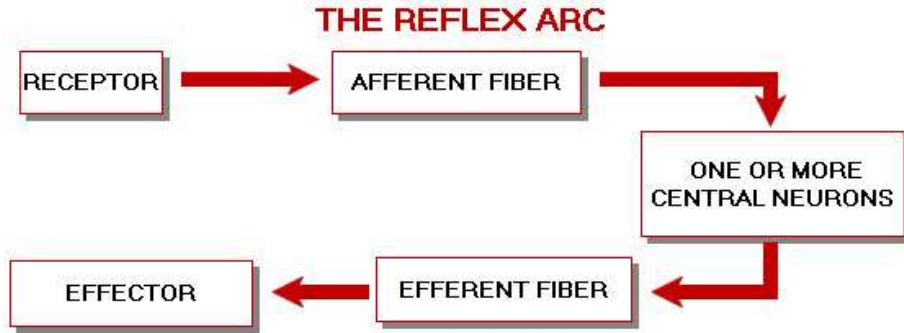


48

What is meant by a reflex?

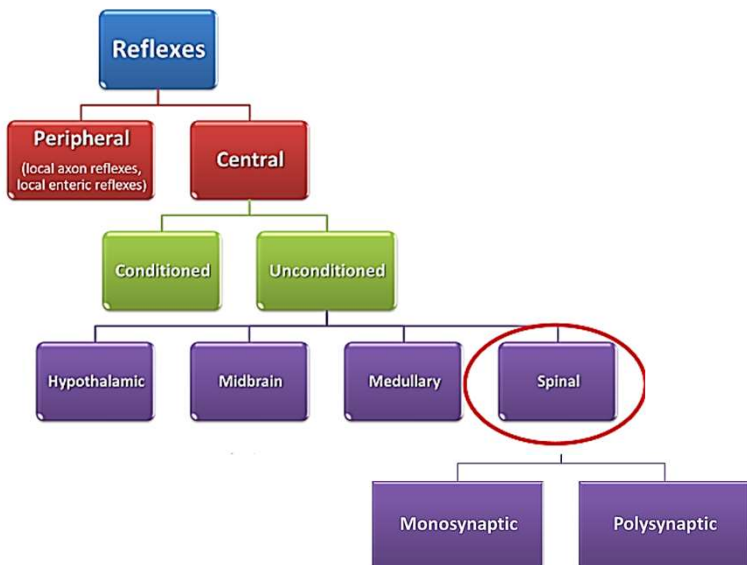
The reflex arc

-The basic circuit that underlies a reflex.



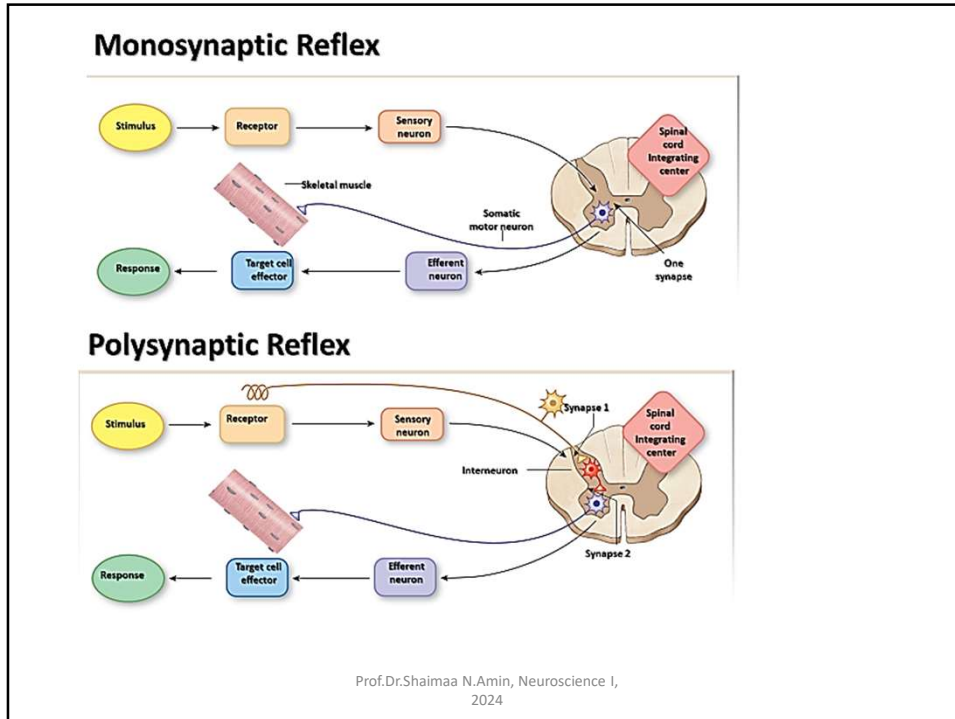
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49



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50



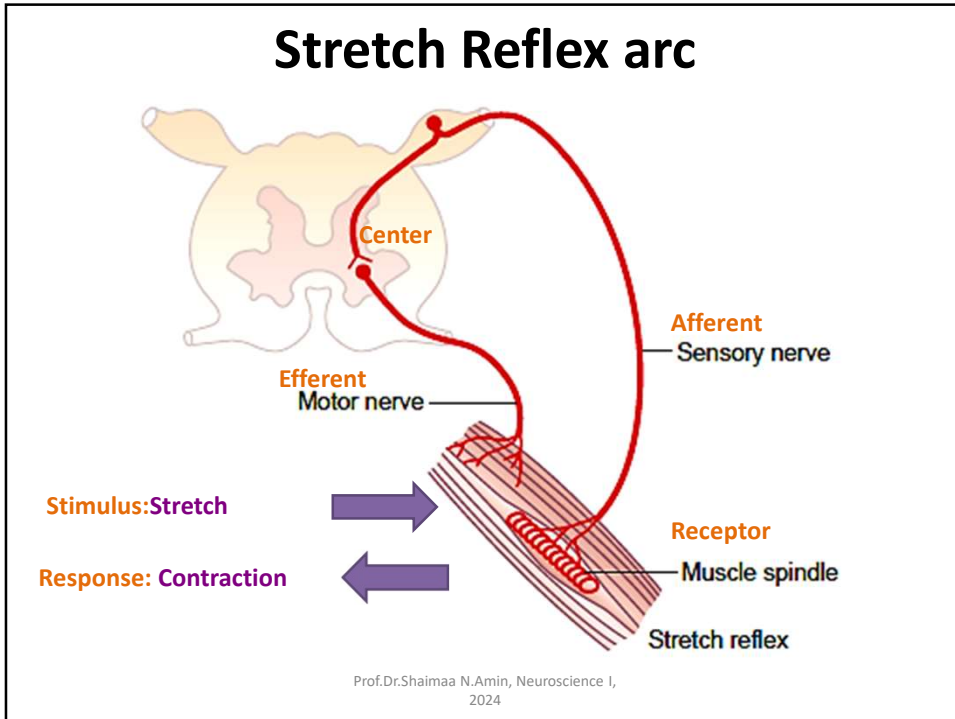
51

Table 36-1 Classification of Sensory Fibers from Muscle

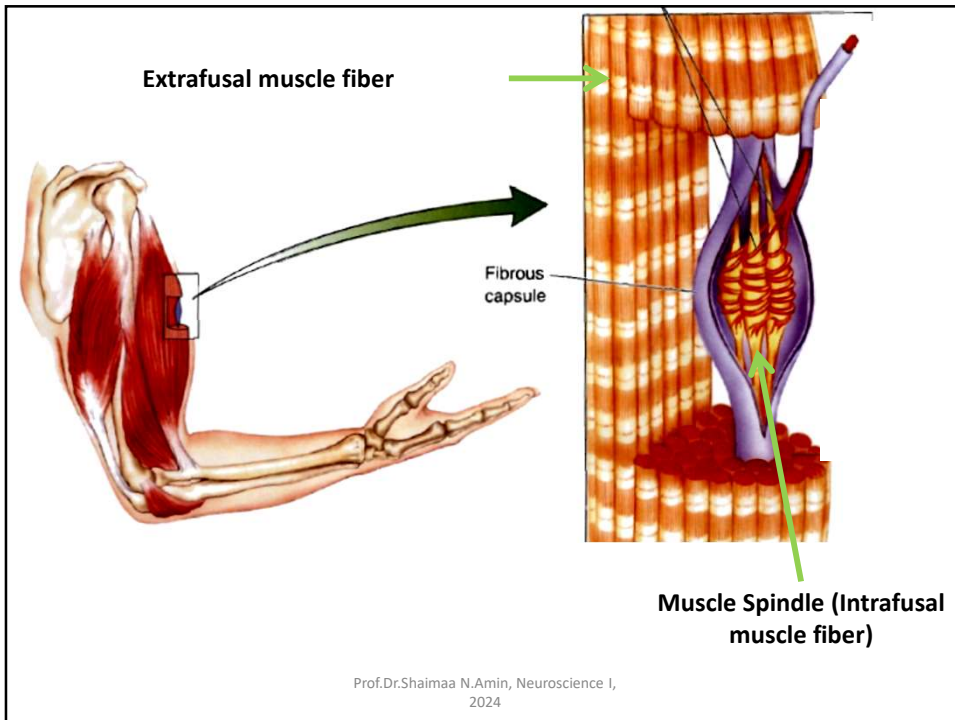
Type	Receptor	Axon	Sensitive to
Ia	Primary spindle endings	12-20 μm myelinated	Muscle length and rate of change of length
Ib	Golgi tendon organs	12-20 μm myelinated	Muscle tension
II	Secondary spindle endings	6-12 μm myelinated	Muscle length (little rate sensitivity)
II	Nonspindle endings	6-12 μm myelinated	Deep pressure
III	Free nerve endings	2-6 μm myelinated	Pain, chemical stimuli, and temperature (important for physiological response to exercise)
IV	Free nerve endings	0.5-2 μm nonmyelinated	Pain, chemical stimuli, and temperature

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52



53



54

Functional anatomy of the muscle spindle

Each intrafusal fiber consists of

Parallel arrangement of intrafusal and extrafusal muscle fiber

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55

Types of intrafusal fibres

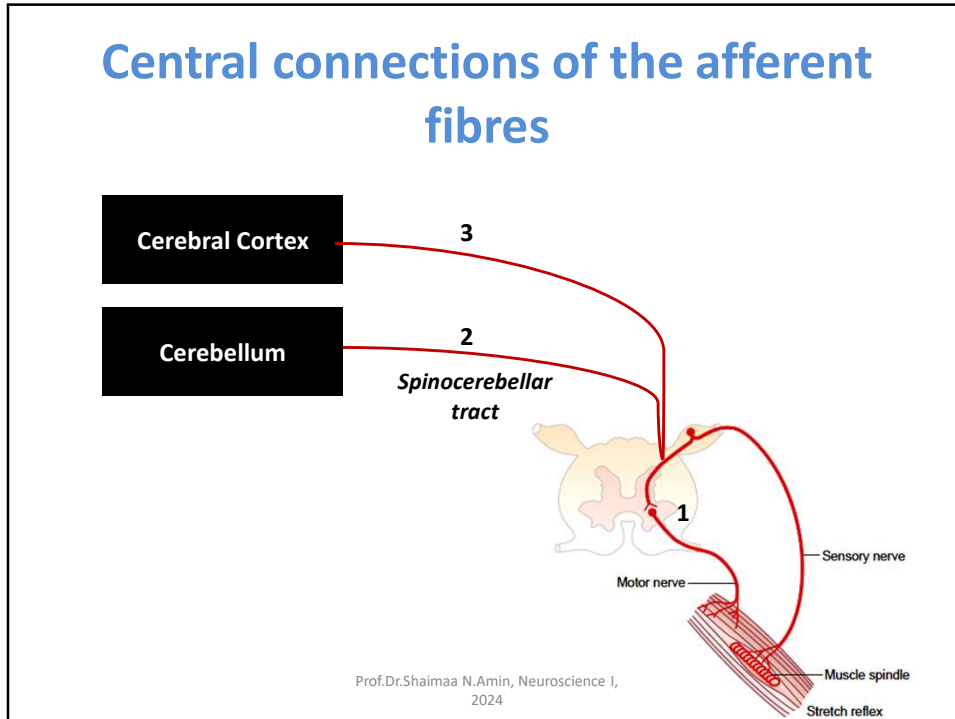
A Muscle spindle

B Intrafusal fibers of the muscle spindle

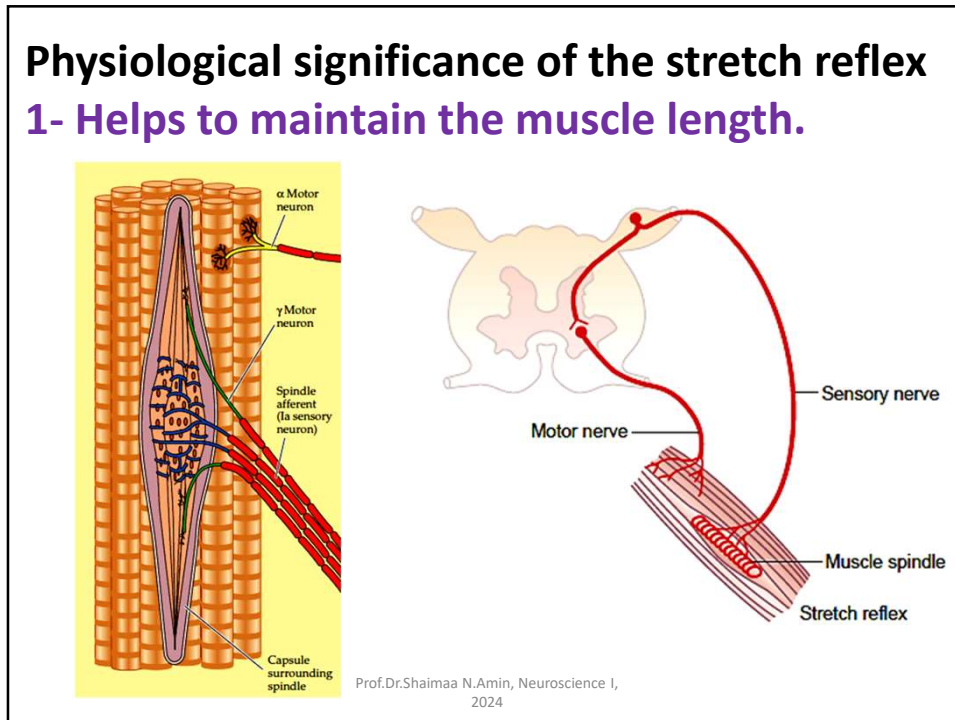
C Response of Ia sensory fiber to selective activation of motor neurons

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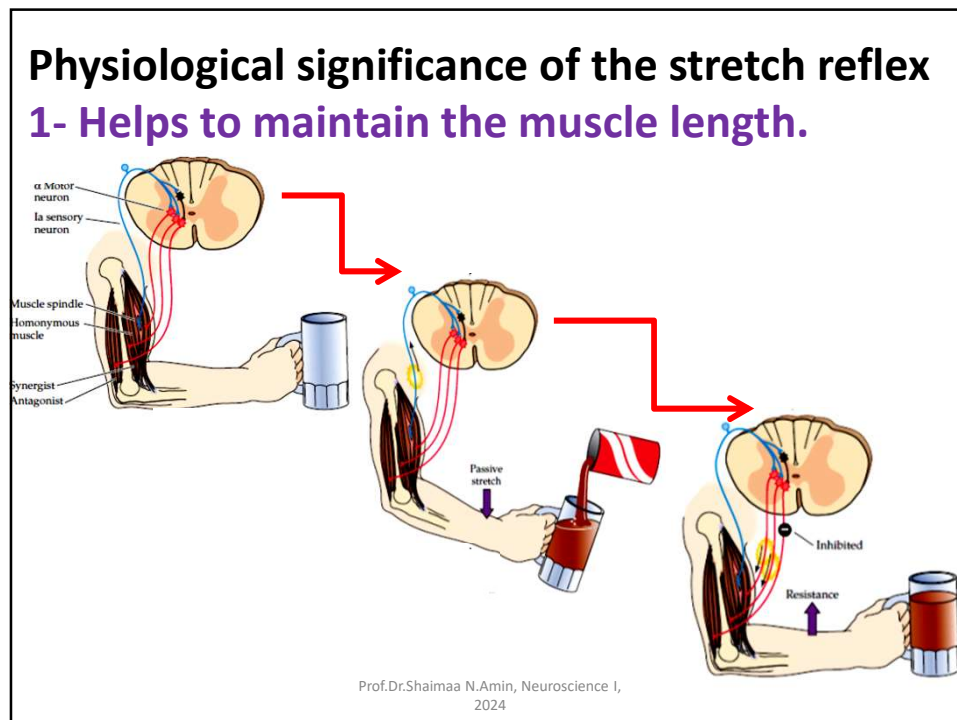
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57



58



59

Physiological significance of the stretch reflex

2-Muscle tone

Def: Muscle tone is **continuous, alternating, reflex, subtetanic** contraction of muscle fibres.

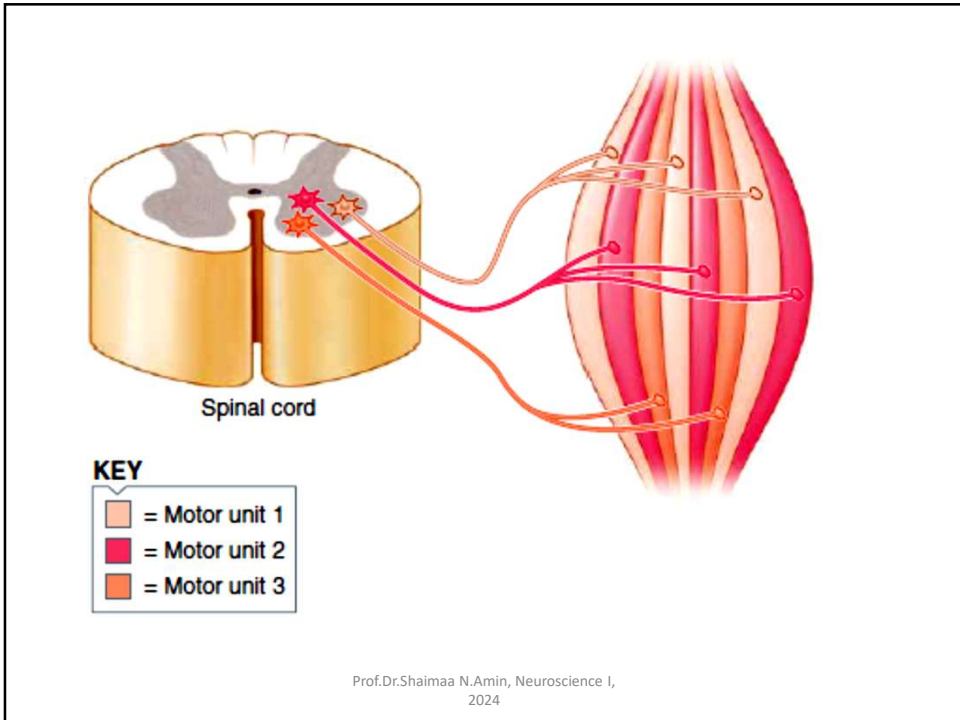
- It may also defined as the resistance of the muscle to stretch.
- Base of muscle tone: Static stretch reflex

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60



61



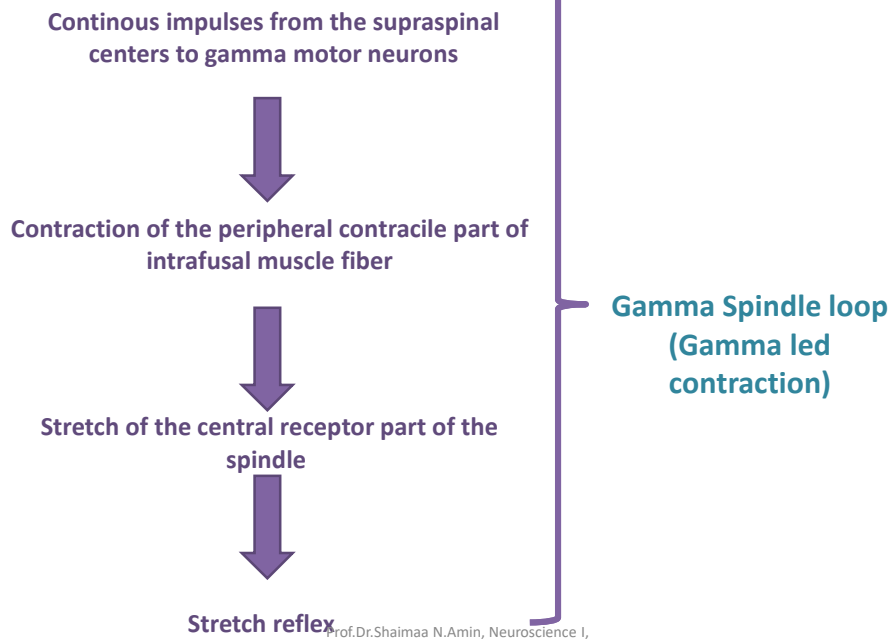
62

During rest the muscle spindle is continuously stretched



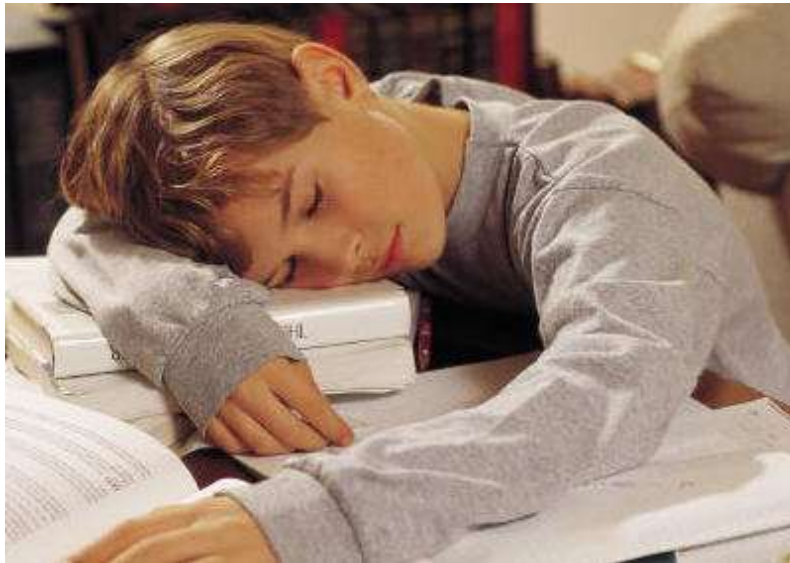
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63



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64



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65

Muscle tone does not cause fatigue ?



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66

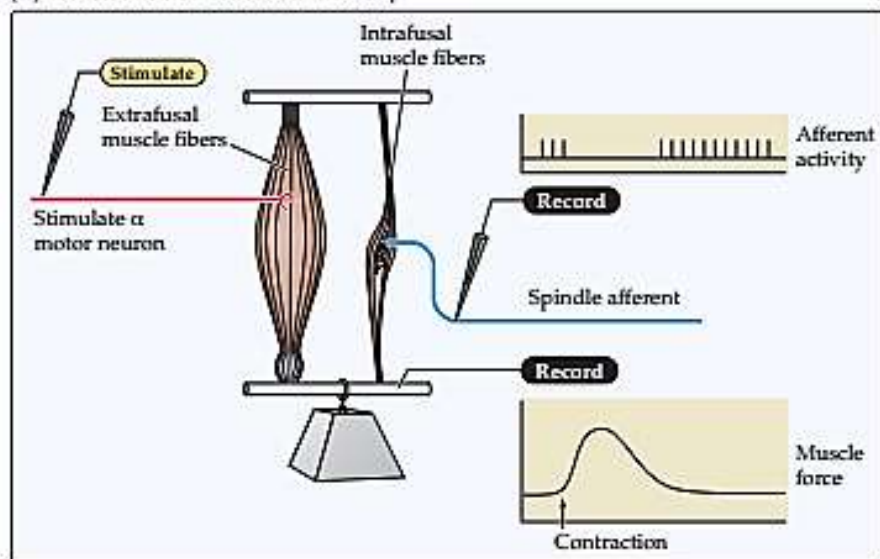
Testing Muscle Tone



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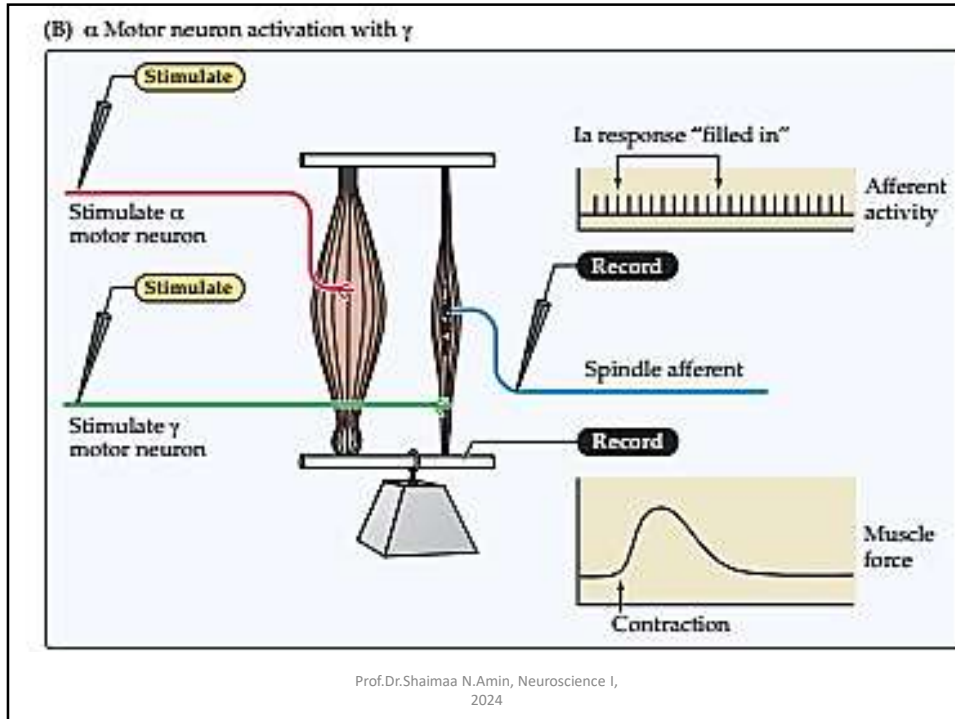
67

(A) α Motor neuron activation without γ

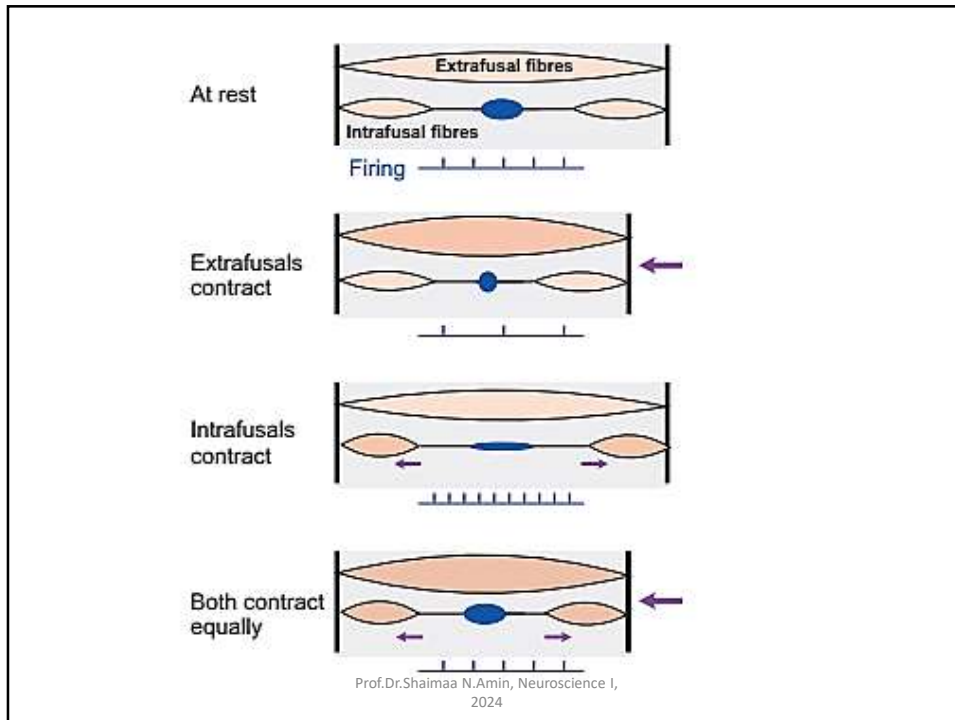


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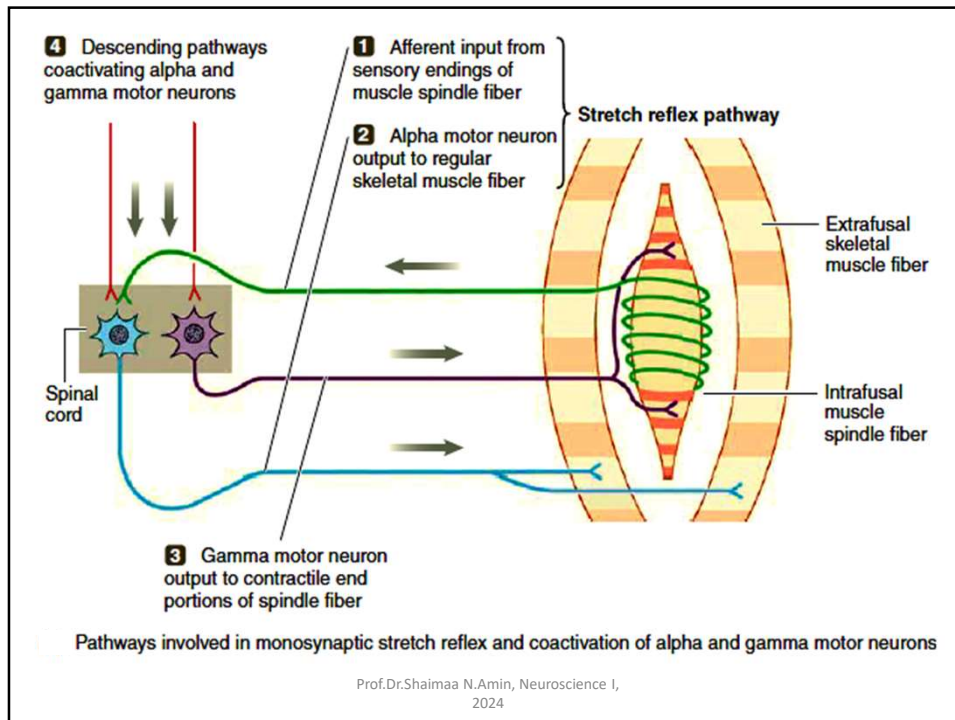
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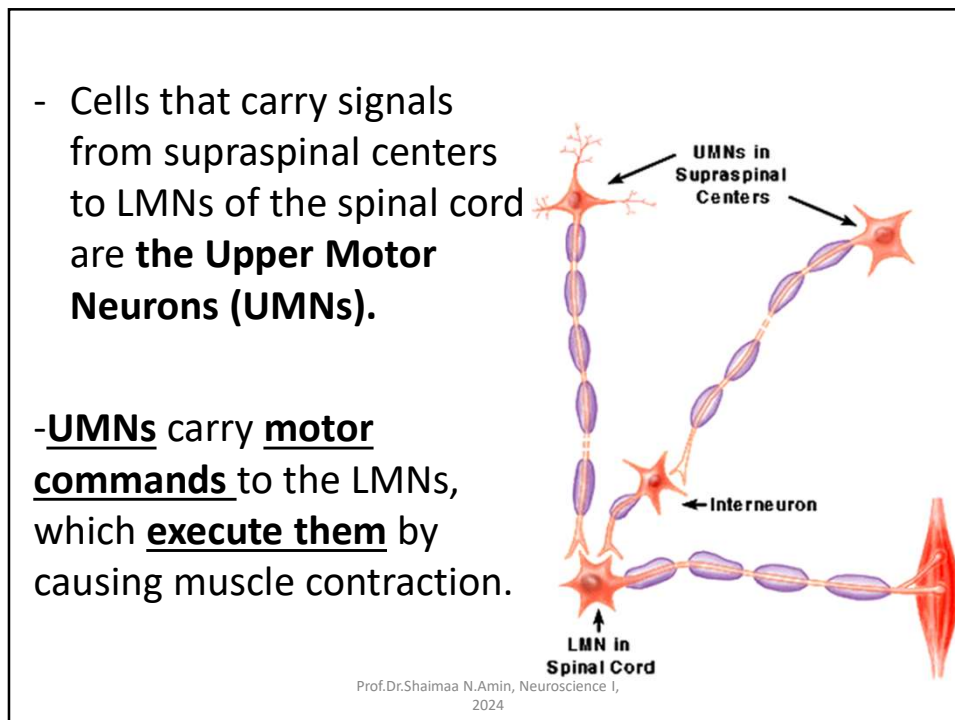
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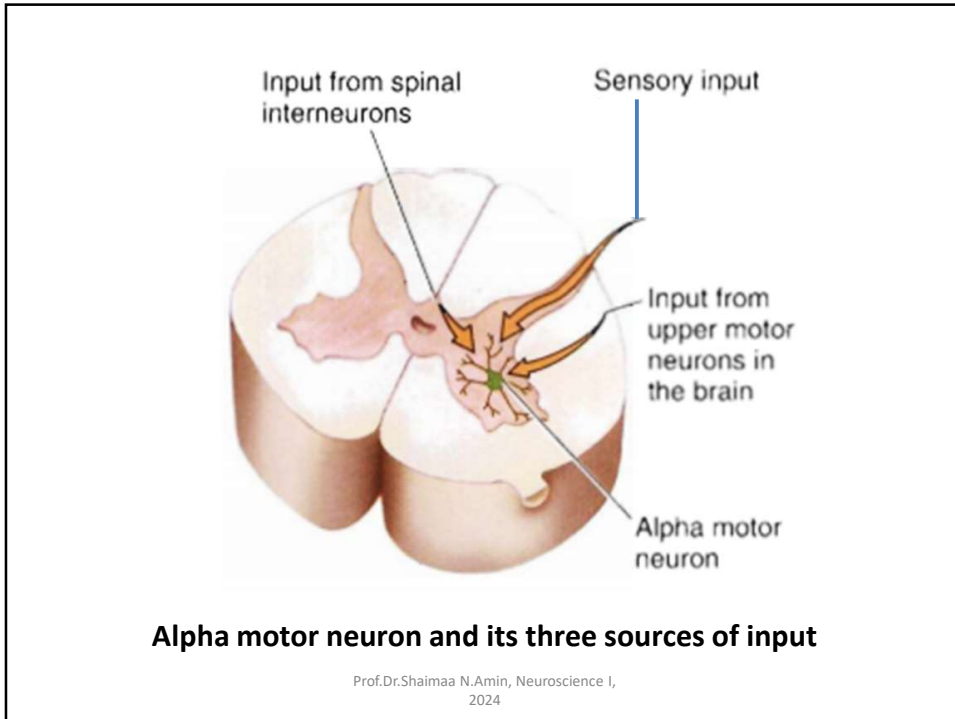
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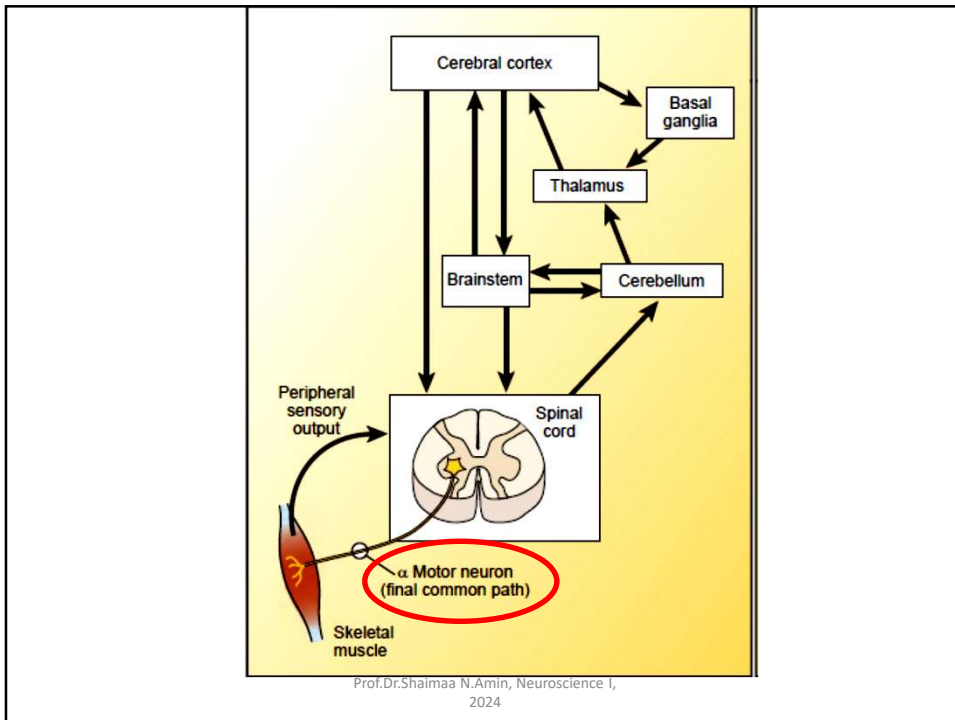
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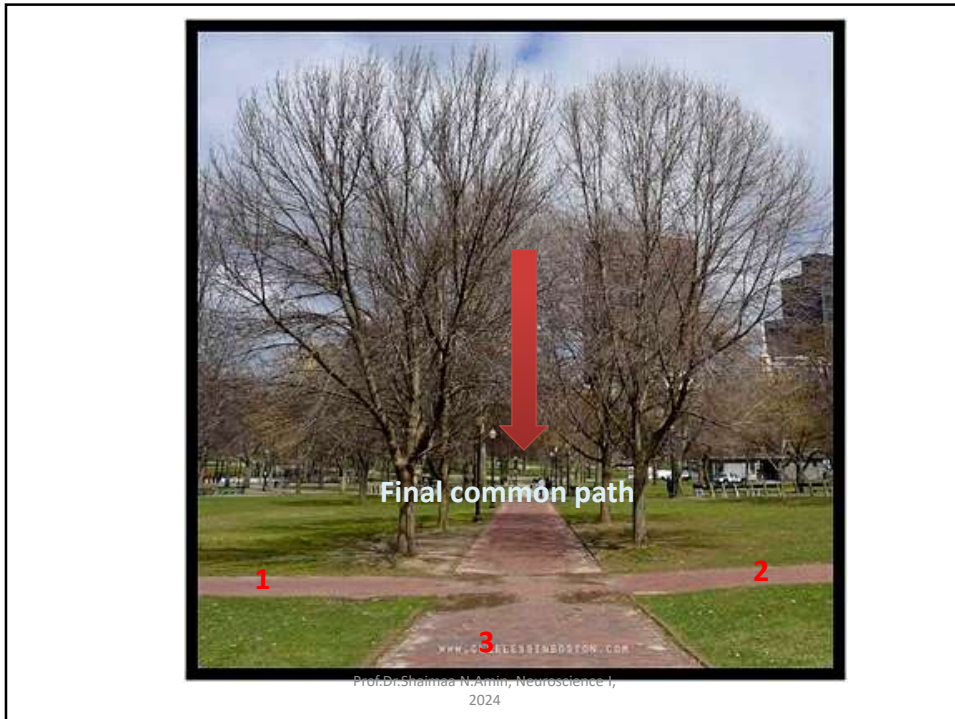
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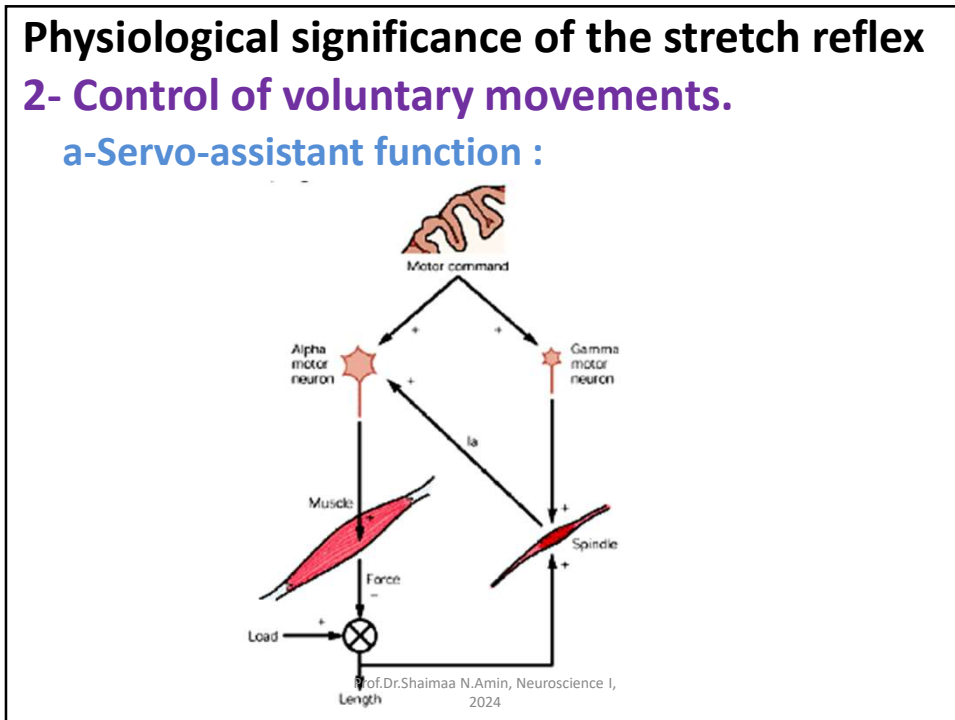
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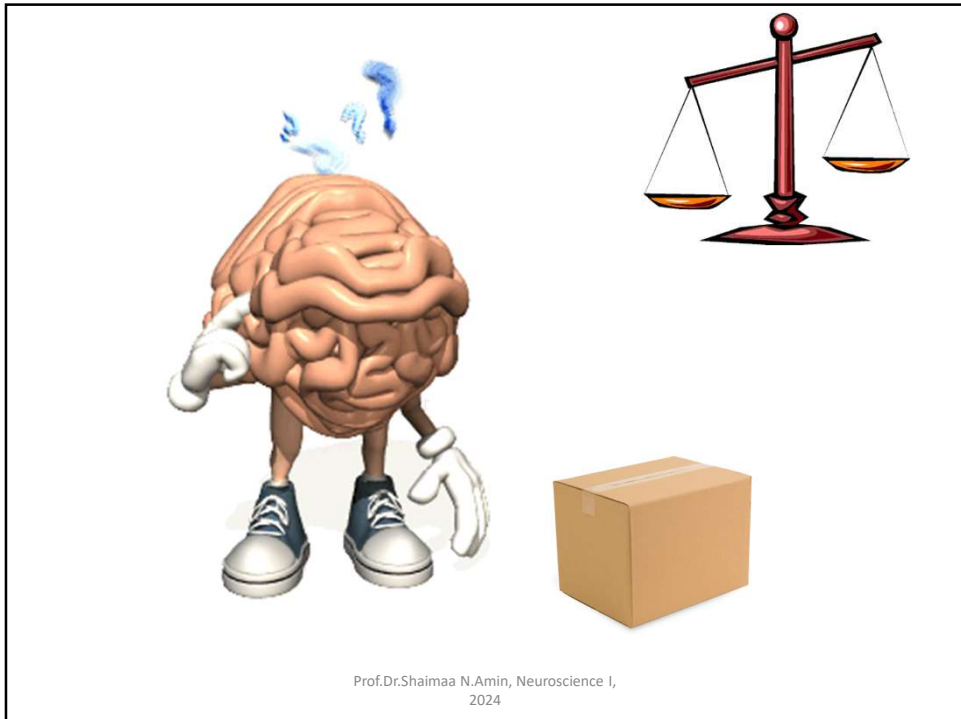
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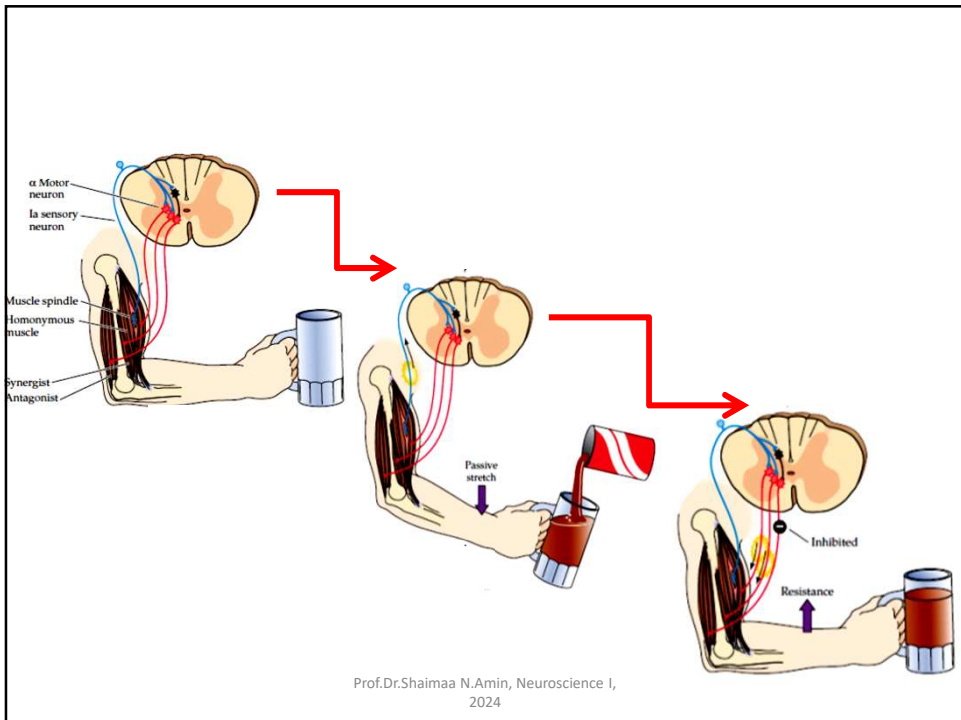
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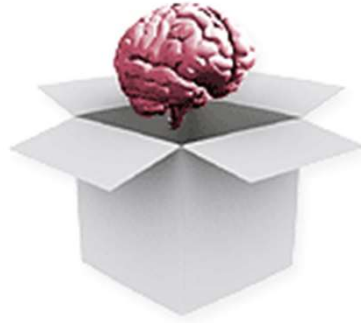
76



77



78



Supraspinal control of stretch reflex

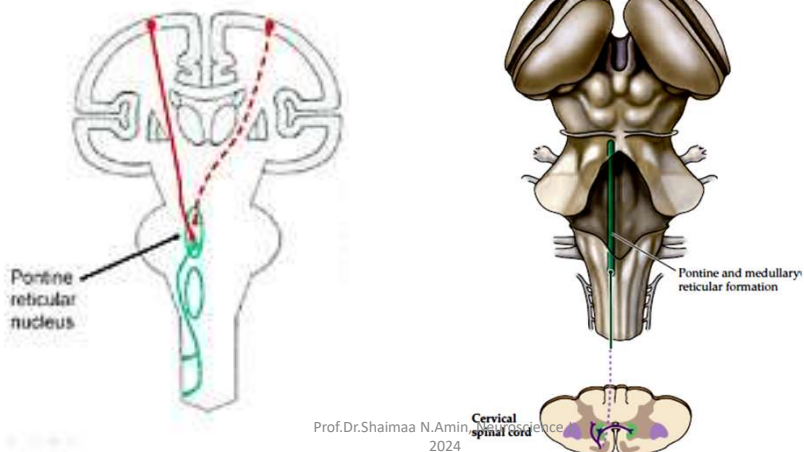
A-SUPRA SPINAL FACILITATORY AREAS

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79

Supraspinal Facilitatory Areas

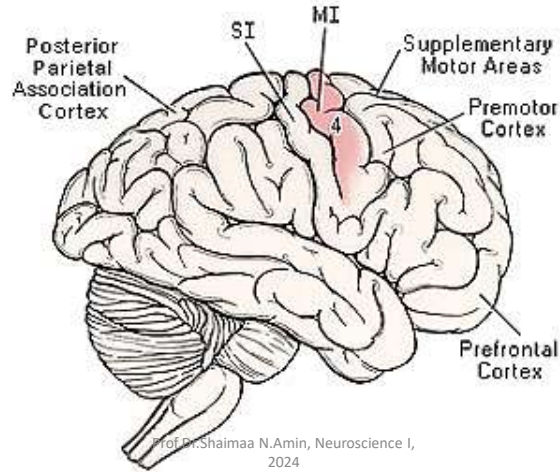
1-Facilitatory reticular formation



80

Supraspinal Facilitatory Areas

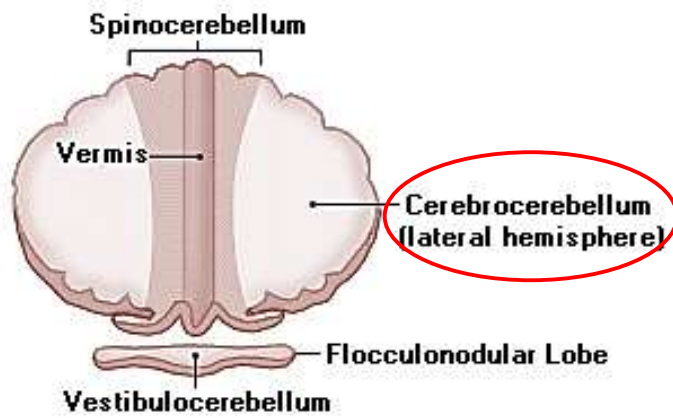
2-Primary motor area 4



81

Supraspinal Facilitatory Areas

3-Neocerebellum

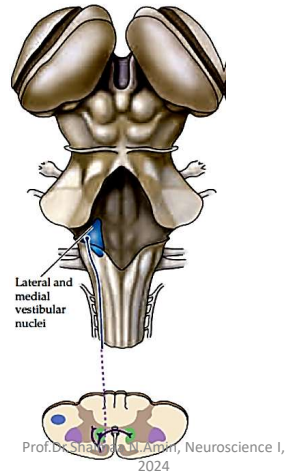


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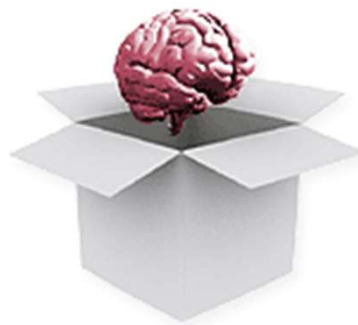
82

Supraspinal Facilitatory Areas

4-The lateral Vestibular nucleus



83



Supraspinal control of stretch reflex

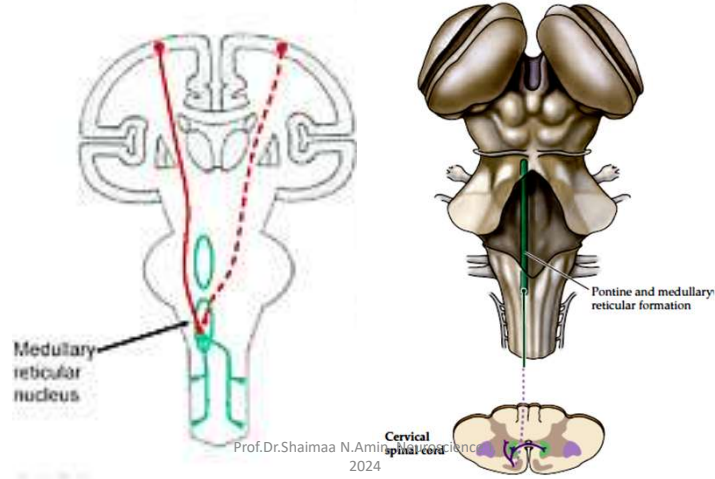
A-SUPRA SPINAL INHIBITORY AREAS

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84

Supraspinal Inhibitory Area

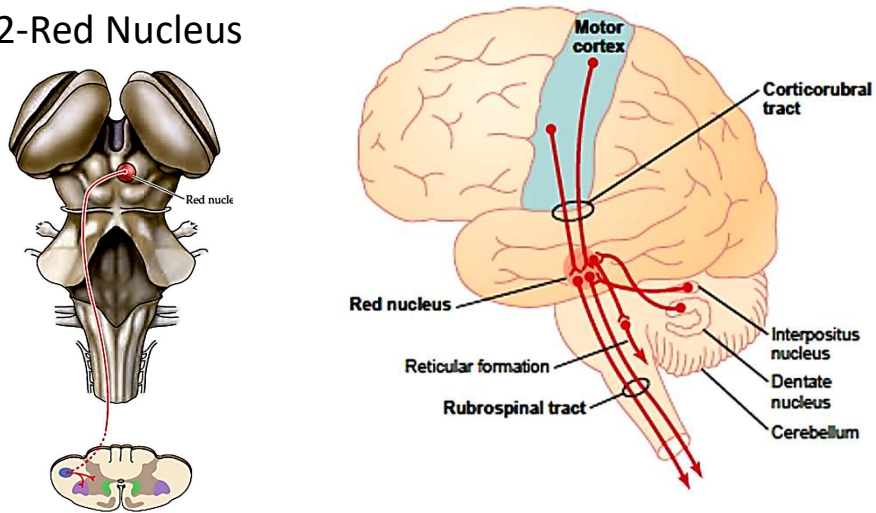
1-Inhibitory reticular formation



85

Supraspinal Inhibitory Area

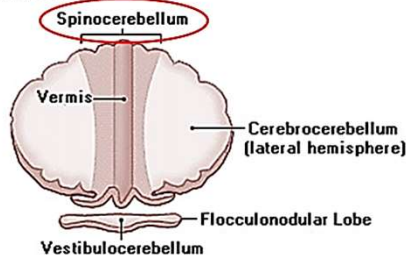
2-Red Nucleus



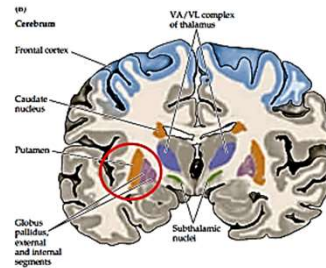
86

Supraspinal Inhibitory Area

3-Paleocerebellum



4-Basal ganglia (lentiform nucleus)



5-Cortical suppressor area (4S)

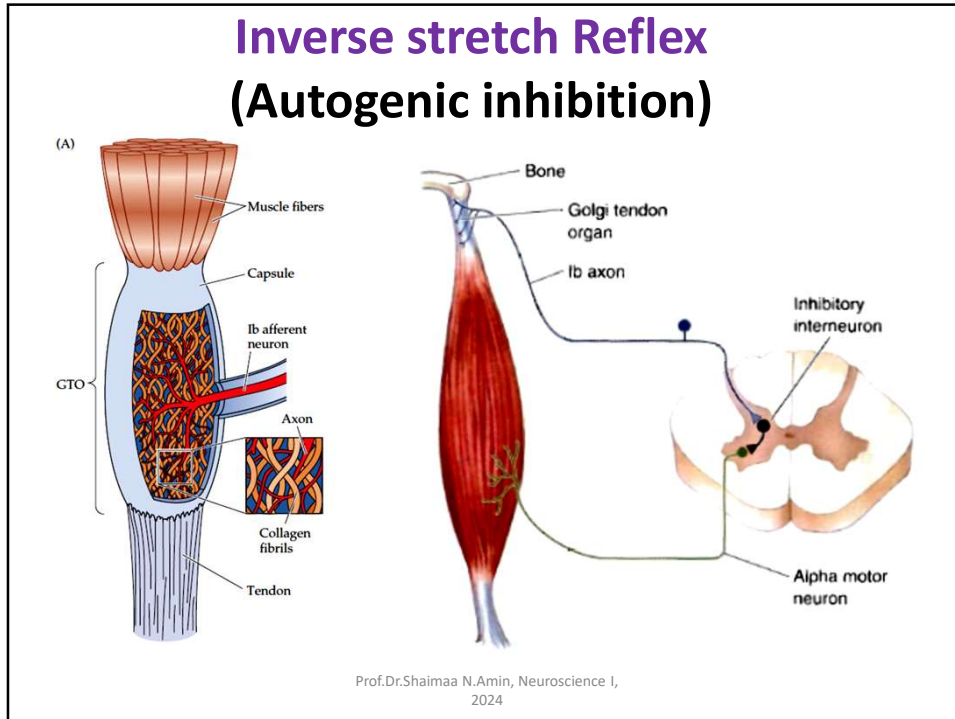
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87



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88



89

	STRETCH REFLEX	INVERSE STRETCH REFLEX
synapses	Monosynaptic	Disynaptic
Receptor	spindles	Golgi tendon organs
Stimulus	Muscle stretch (increased muscle length)	Excessive muscle stretch (increased muscle tension)
Effect	Muscle contraction	Muscle relaxation
Function	Maintenance of erect posture and smoothing movements	It prevents the tearing of tendons during strong muscle contraction

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90



CLO Nus

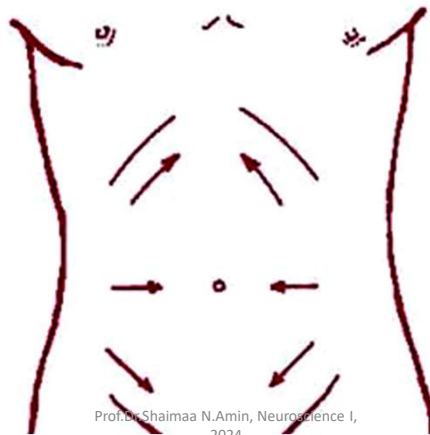
This is alternating rhythmic contractions and relaxations of a muscle in response to sudden maintained stretch.

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91

Polysynaptic reflexes

- **Superficial abdominal reflexes**

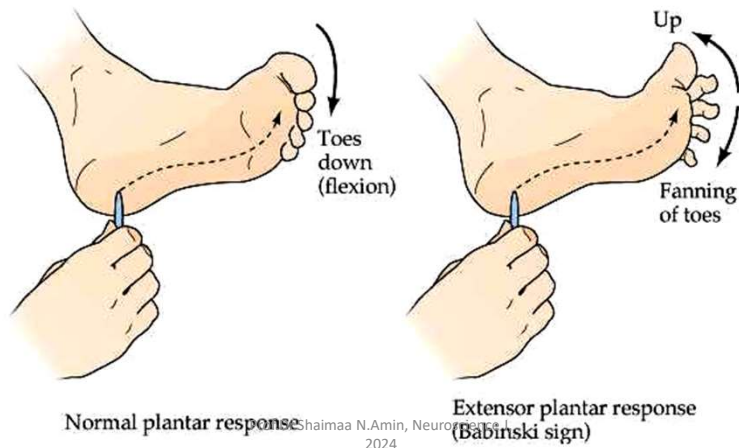


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92

Polysynaptic reflexes

- Planter reflex



93

Polysynaptic reflexes

- Planter reflex



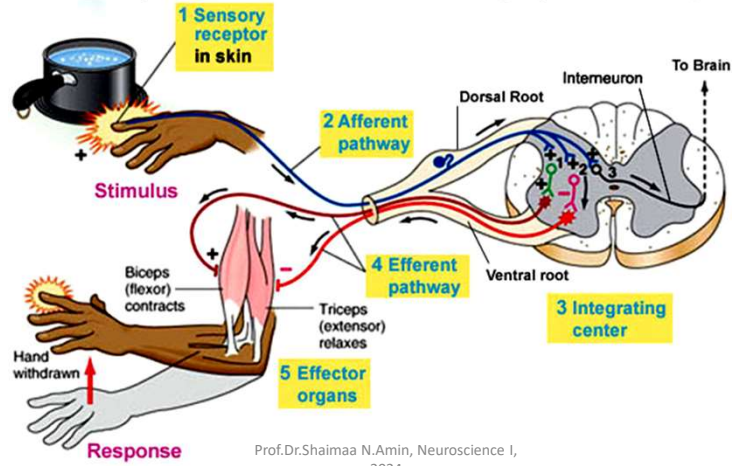
- Positive supporting reaction

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94

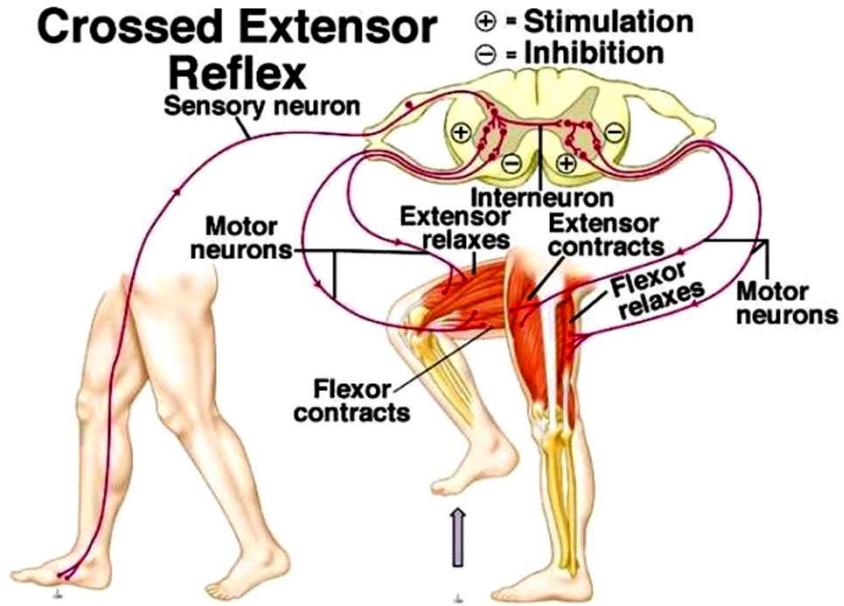
Polysynaptic reflexes

- Withdrawal reflex



95

Crossed Extensor Reflex



96

Polysynaptic reflexes

- Scratch reflex

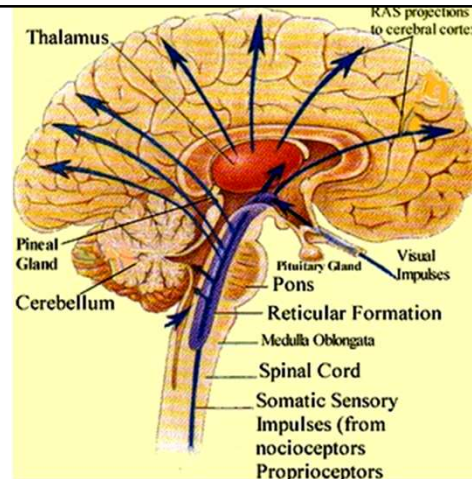


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97

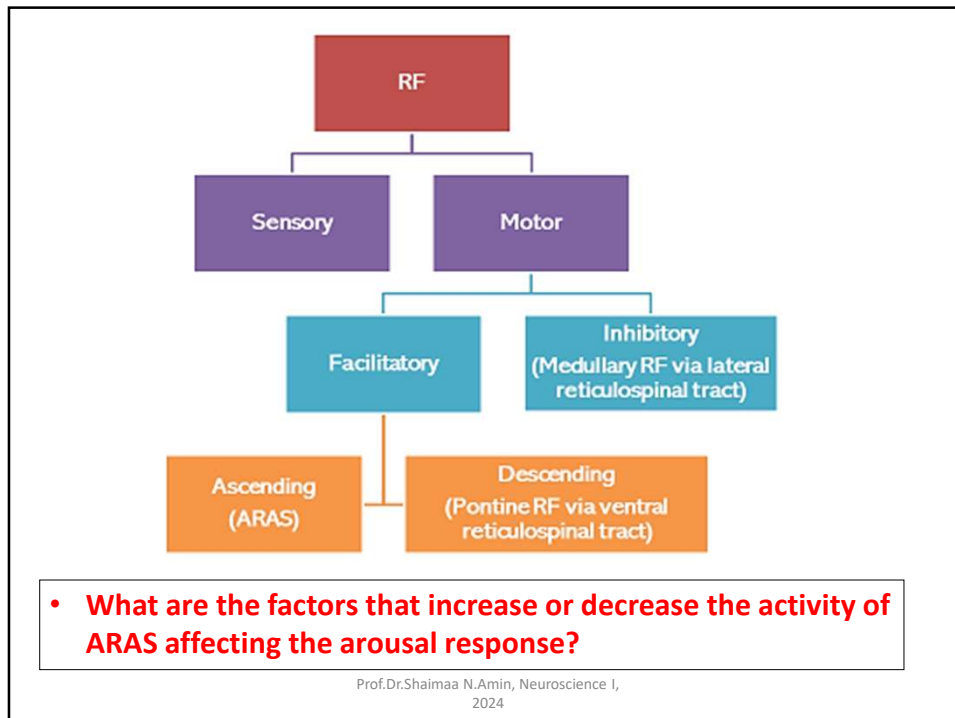
The Brain Stem

- The brain stem is a complex extension of the spinal cord, which performs sensory, motor and reflex functions.
- The reticular formation is a large structure occupying the core of the brain stem.

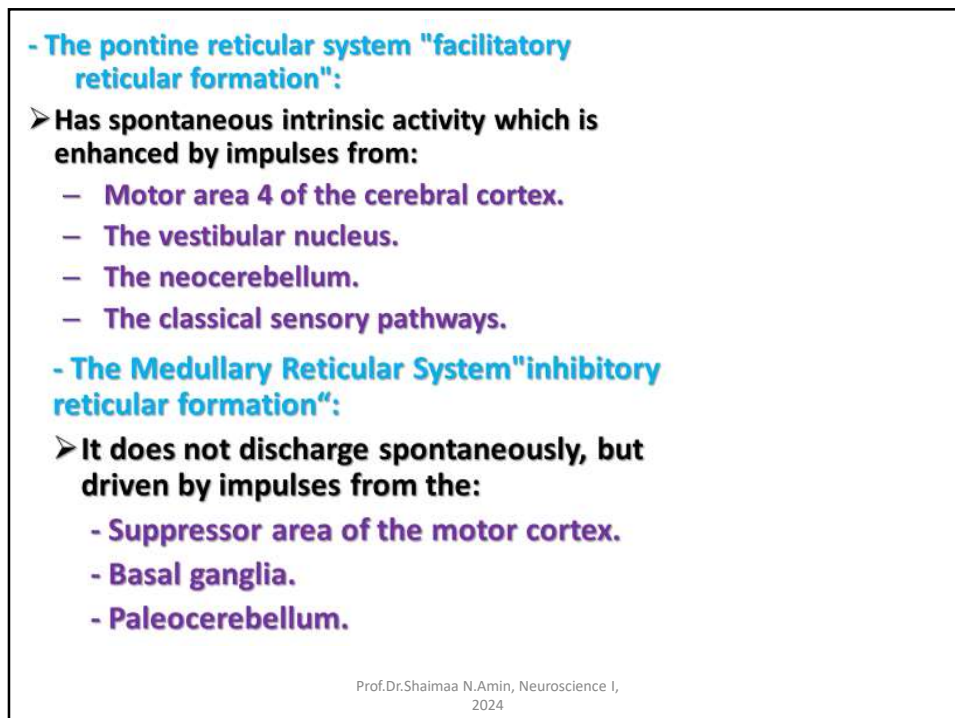


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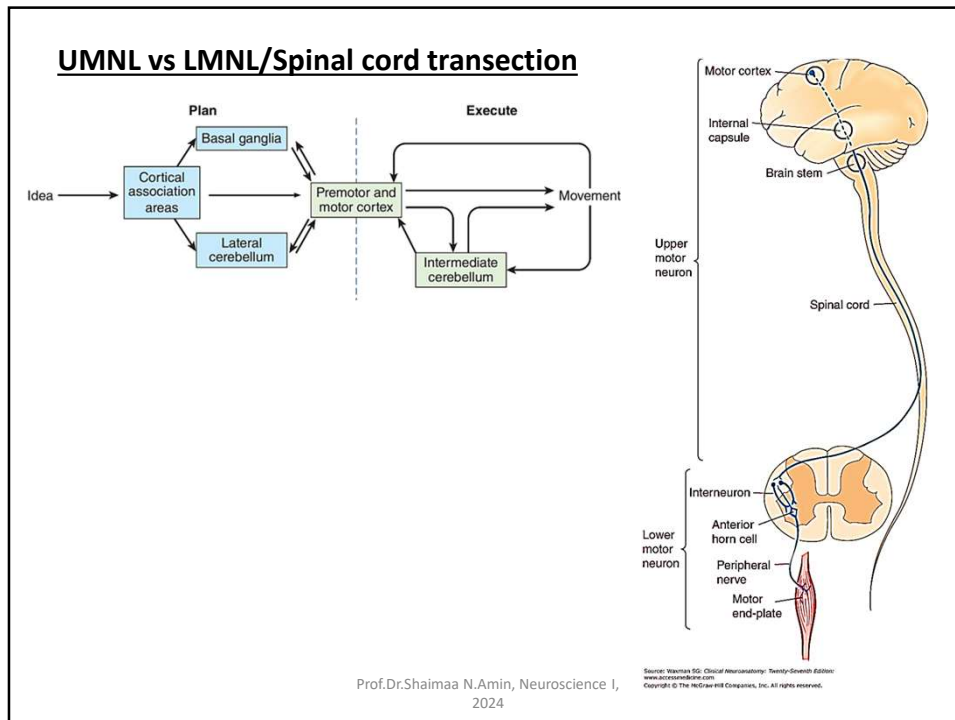
98



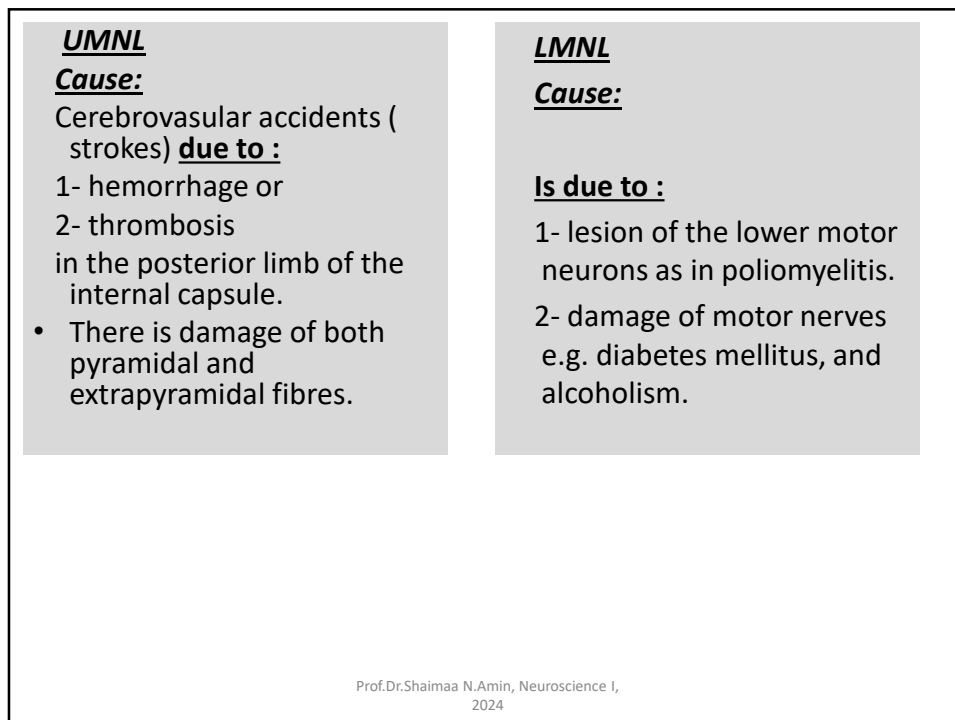
99



100



101



102

<p><u>UMNL</u> <u>1. Paralysis:</u> Occurs on the opposite side of the body i.e. contra lateral hemiplegia. It is widespread affecting lower half of the face, upper limb and lower limb. Recovery is poor</p>	<p><u>LMNL</u> <u>1. Paralysis:</u> Occurs in the muscles supplied by the affected segment only e.g. muscles of the limb only, on the same side of the lesion. Recovery may occur.</p>
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103

<p><u>UMNL</u> <u>2. Hypertonia</u> The paralyzed muscles show increased tone of the spastic type. <u>(Clasp Knife Type).</u> Hypertonia is due to ???</p>	<p><u>LMNL</u> <u>2. Hypotonia or atonia:</u> <ul style="list-style-type: none"> • The paralyzed muscles show decrease or loss of tone, referred to as flaccid paralysis. • Hypotonia is due to interruption of the stretch reflex. </p>
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104

GAMMA RIGIDITY AND ALPHA RIGIDITY

	Gamma rigidity	Alpha rigidity
Cause	Increased gamma discharge	Increased alpha discharge
Muscles affected	Antigravity muscles	All muscles
Resistance to movement	Uni-directional	Bi-directional
Type of rigidity	Clasp -knife	Lead- Pipe or cogwheel
Effect of velocity	Increases with velocity	Not velocity-dependent
Tendon jerks	Exaggerated and clonus may also be present	Not necessarily exaggerated
Common diseases	Upper motor neuron lesion	Parkinsonism



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105

UMNL

3. Exaggerated Tendon Reflexes.-

- Deep reflexes are exaggerated on the affected side .g. exaggerated knee jerk and ankle jerk, and are due to the release of the stretch reflex from cerebral inhibition.
- Clonus is present (see before).

LMNL

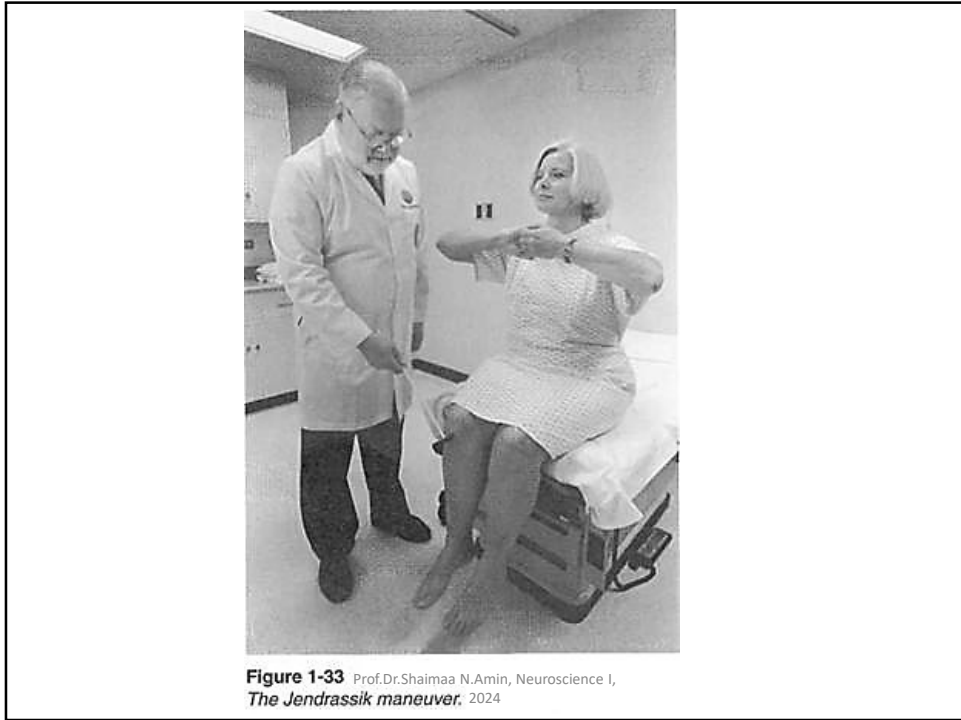
3. Absent Deep Reflexes.

This occurs in the muscles supplied by the affected segments or motor nerves.

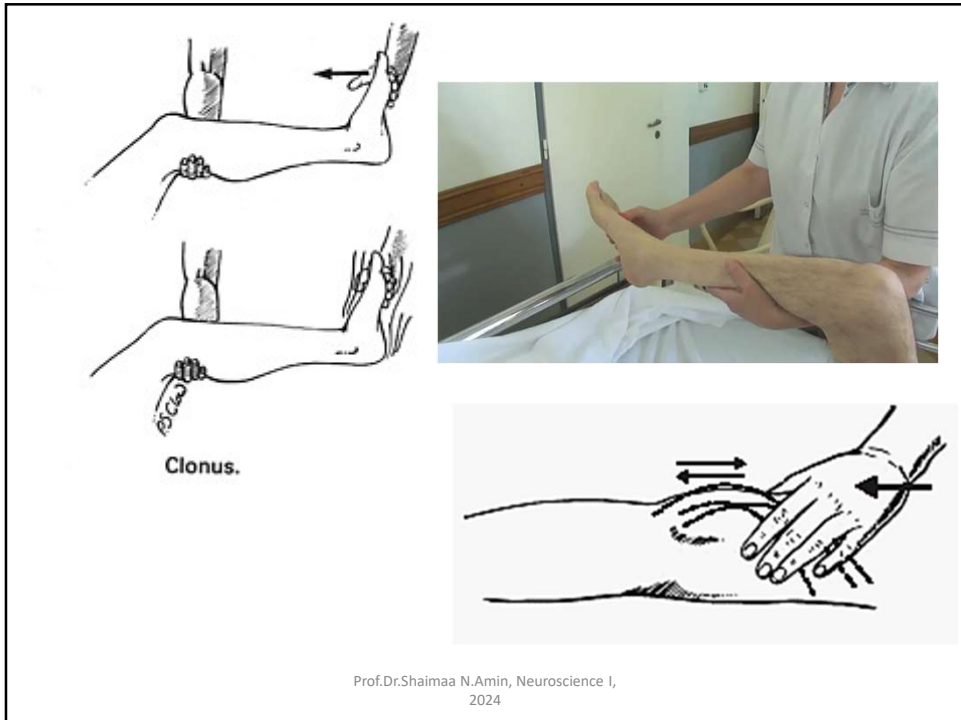
Have you done Jendrassik maneuver before reporting areflexia??

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106



107

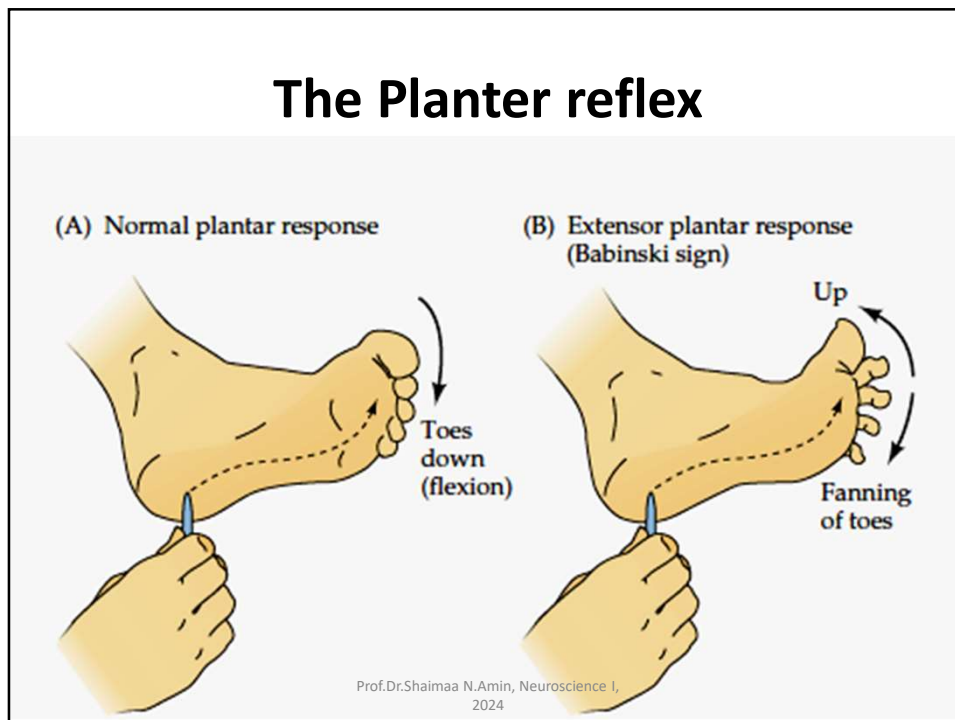


108

<u>UMNL</u>	<u>LMNL</u>
<p>4. Loss Of Superficial Reflexes</p> <ul style="list-style-type: none"> Occurs on the affected side, due to loss of supra-spinal facilitation. plantar reflex becomes extensor, known as a positive Babinski's sign. 	<p>4. Loss Of Superficial Reflexes</p> <p>Seen in the affected segments only.</p>

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109



110

<p><u>UMNL</u> <u>5. delayed Muscle-Wasting :</u></p> <p><u>This is because :</u> paralyzed muscles are still innervated and can contract reflexly.</p>	<p><u>LMNL</u> <u>5. early Marked Muscle-Wasting) :</u></p> <p>The affected muscles show marked atrophy <u>due to</u> the inability of the muscles to contract neither reflexly nor voluntarily.</p>
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111

Response to electric stimulation:

Normally, stimulation of skeletal muscles by Faradic (alternating) currents produces tetanus while their stimulation by Galvanic (direct) currents produces contraction only at the make closing) and break (= opening) of the circuit. whether the cathodal or the anodal electrode was used for stimulation. Therefore. in the latter condition, there are 4 contraction states (1) CCC (= cathodal closing contraction) (2) COC (= cathodal opening contraction) (3) ACC anodal closing contraction) (4) AOC anodal opening contraction). and the strength of contraction was found to be as follows:

CCC > ACC > AOC > COC

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112

In UMNL, the paralyzed muscles respond normally to both currents and their chronaxies are also normal. On the other hand, the response in the case of LMNL is altered and is called the reaction of degeneration.

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113

REACTION OF DEGENERATION (RD)

This is an abnormal response of skeletal muscles to electric stimuli that occurs in LMNL only. It is characterized by:

- (1) The chronaxie of the paralyzed muscles is prolonged.
- (2) There is no response to Faradic currents.
- (3) There is a sluggish (= weak) response to Galvanic currents.
- (4) The ACC becomes stronger than the CCC (due to unknown causes).

The RD is one of the manifestations of muscle denervation. The reaction of denervation is the diagnostic feature of LMNL.

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114

Complete transection of the spinal cord

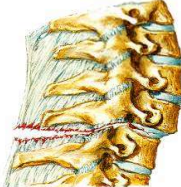

Cervical Spine Injury: Flexion and Flexion-Rotation

Mechanism


Head-on collision with stationary or moving object. Occupant not restrained by seat belt. Head strikes steering wheel, windshield or roof. Head hyperflexed on trunk.



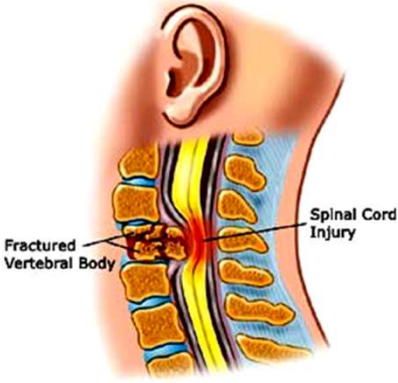
Blow to back of head from falling against hard surface when balance is compromised.



Anterior dislocation of C5-6 with tear of interspinous ligament, facet capsules and posterior fibers of intervertebral disc.



X-ray film (lateral view) showing bilateral indolent dislocation of C5-6.

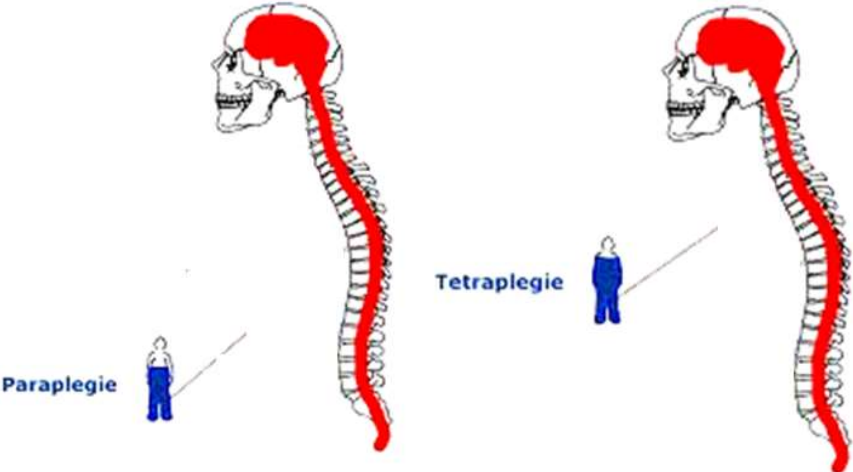


Fractured Vertebral Body

Spinal Cord Injury

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115



Paraplegie

Tetraplegie

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116

Stages after spinal cord lesion

A. Stage of spinal shock

B- Stage of recovery of reflexes

C- Failure of reflex activity (rare) .

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117

A -Stage of spinal shock

Duration of spinal shock

- Varies in duration depending on the degree of encephalization .
- Usually occupies a period of 2-6 weeks in human. (human>dog>cat>rat>frog).

Characterized by the following features, all of which occur below the level of the lesion:

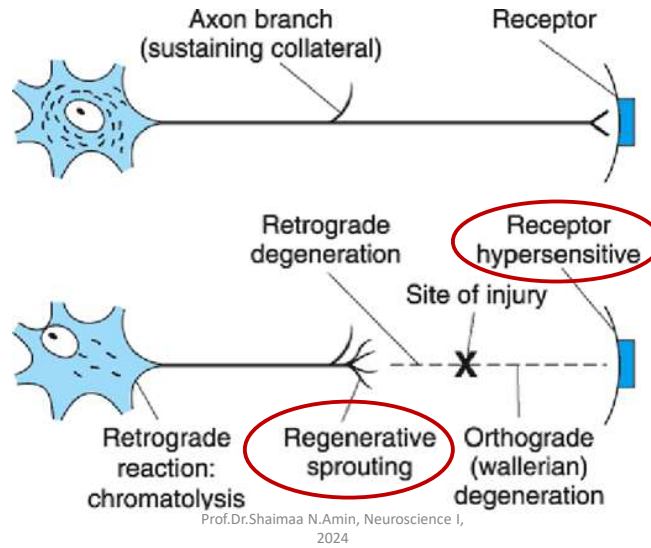
- 1- Loss of all reflexes (superficial, deep and visceral).**
- 2- Permanent Loss of all sensations .**
- 3- Permanent Loss of all voluntary movements.**

Micturation reflex: Retention with overflow

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118

B -Stage of recovery of reflex activity

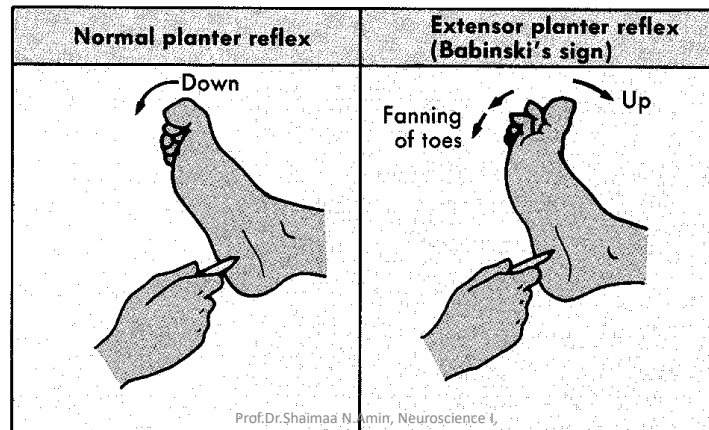


119

2- Return of spinal reflexes :

a- Flexor reflexes return earlier than extensor ones.

Planter reflex ? +ve Babniski sign ???



120

3- Return of visceral reflexes

automatic evacuation, **but** voluntary control over micturation and sensation of bladder fullness are **permanently lost**.

4- Mass reflex

A minor painful stimulus to the skin of the lower limbs will cause:

- 1- Flexion withdrawal of the limb.**
- 2- Evacuation of the bladder and rectum.**
- 3- Sweating of the skin.**
- 4- Rise of blood pressure.**

intentional mass reflex → MICTURATION & DEFECATION

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121

Advanced stage OF Recovery

- 1- The tone in extensor muscles gradually returns and becomes greater than in flexors "paraplegia in extension".
- 2- Positive supporting reflex becomes well developed and the patient can stand without support. (But he will never walk).

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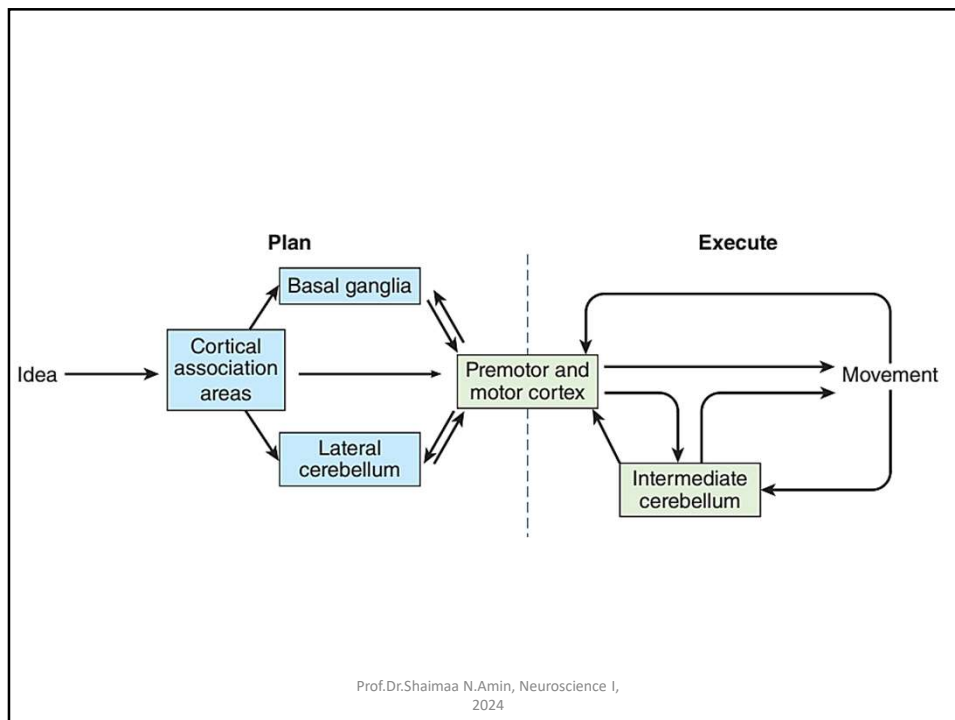
122

STAGE OF FAILURE OF SPINAL REFLEX ACTIVITY

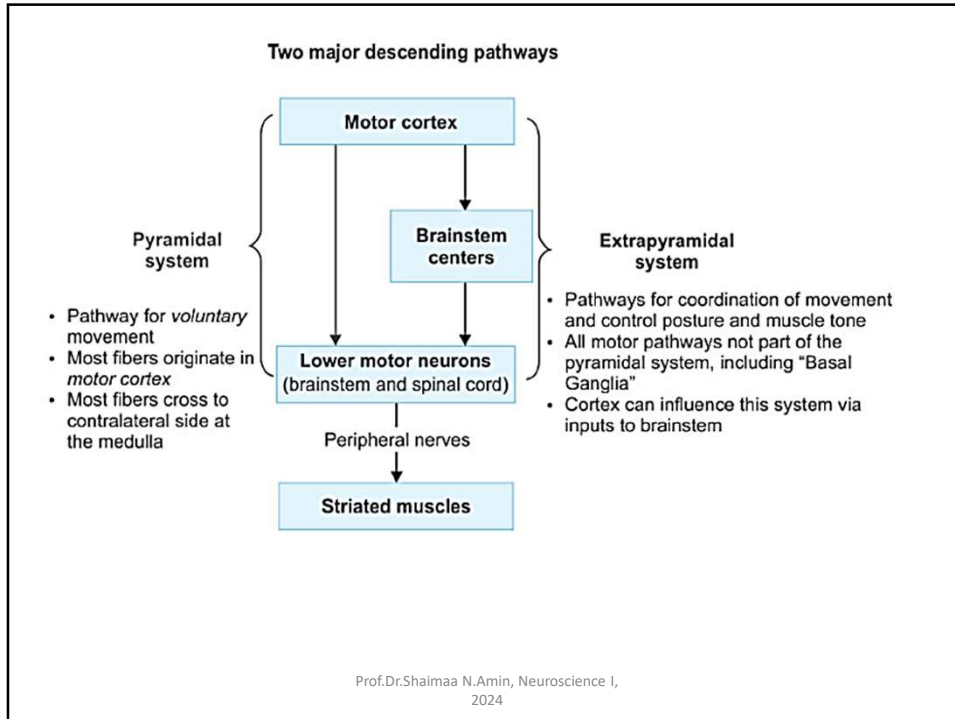
- This is a terminal stage that usually results from bad management during the recovery stage. It is often associated with general toxemia due to infection of the bed sores or the urinary tract (and the latter frequently terminates by uremia).

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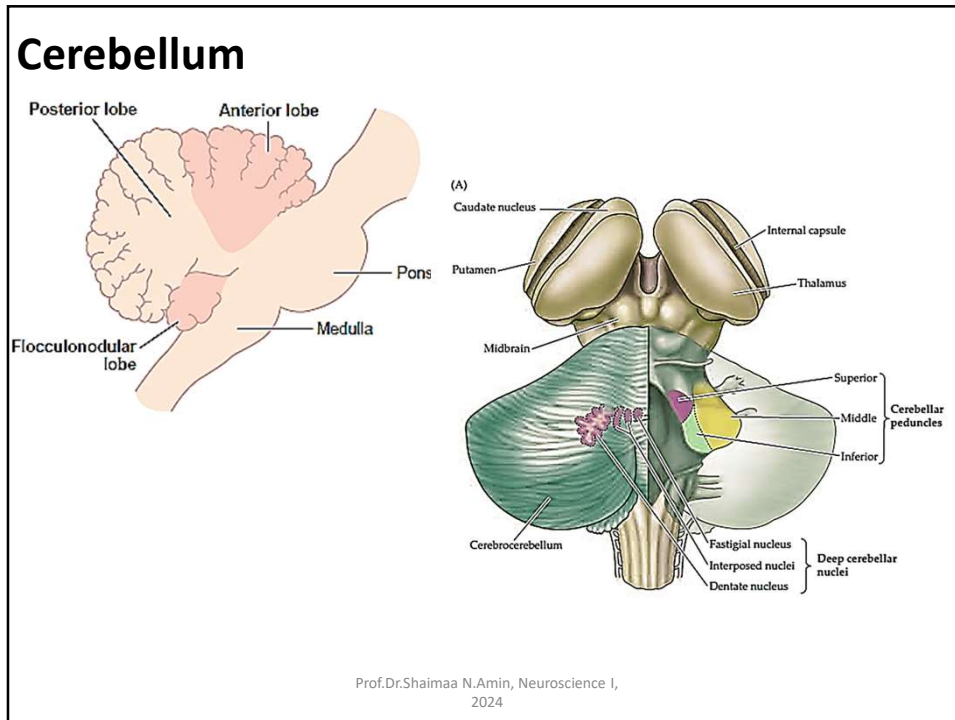
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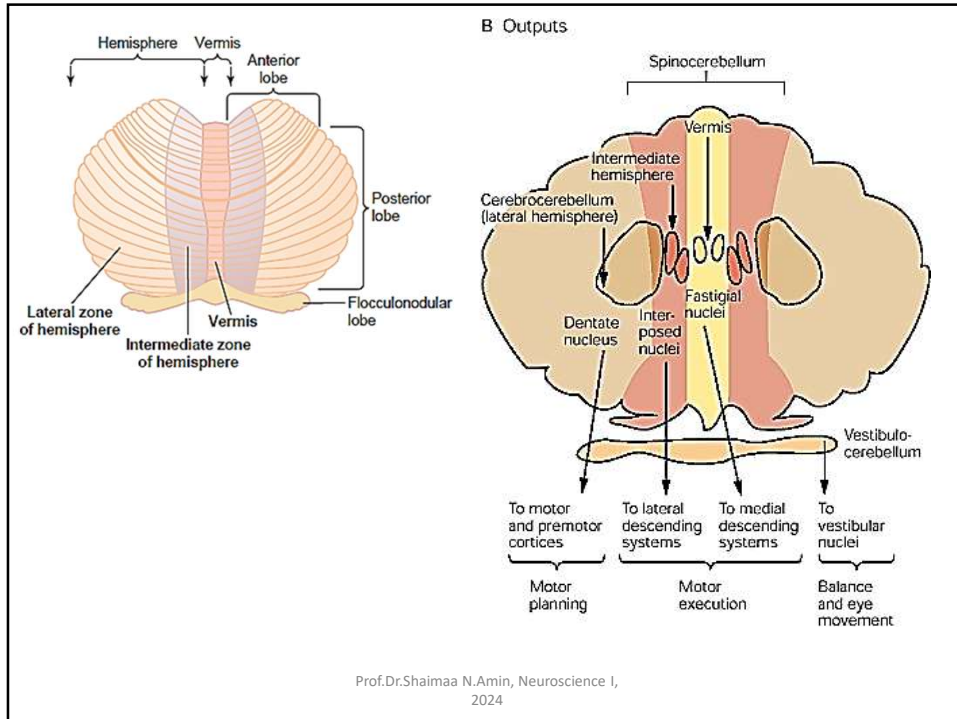
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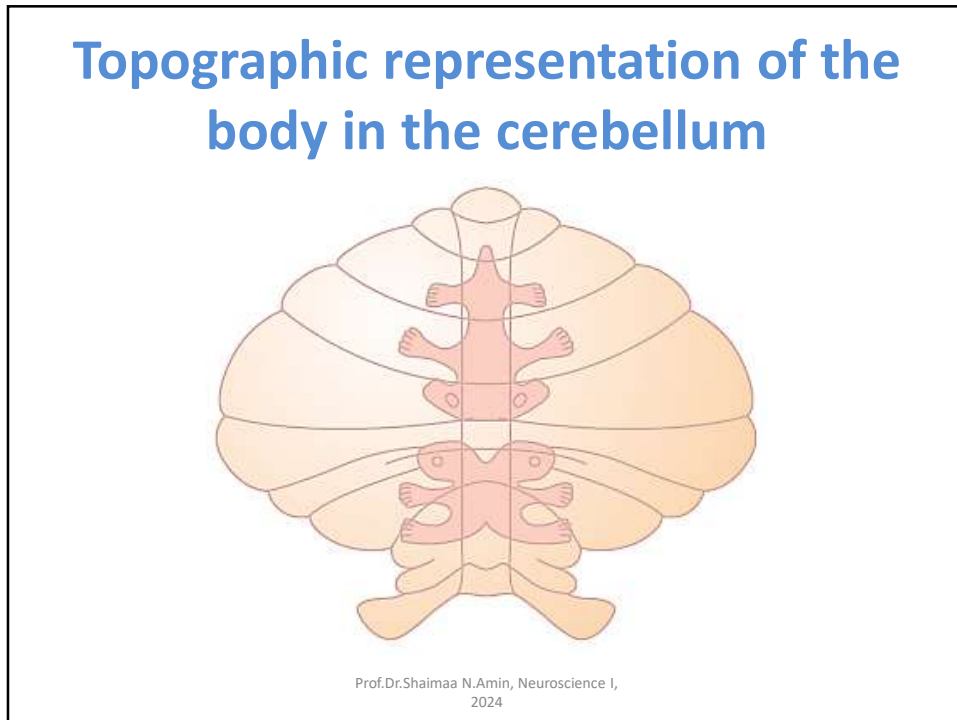
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126



127



128

Cerebellar Connections

- **Afferent fibres that pass to the cerebellum are:**

Peduncle	Afferent
1-Superior cerebellar peduncle	Ventral spino-cerebellar tract
2-Middle cerebellar peduncle	Cortico-ponto-cerebellar tract
3-Inferior cerebellar peduncle	A-Dorsal spinocerebellar tract B-Vestibulo-cerebellar tract C-Olivo-cerebellar tract

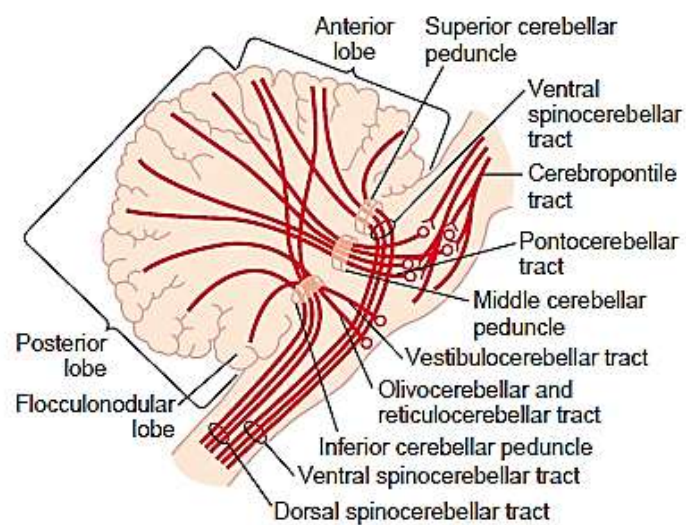
- **Efferent fibres from the cerebellum are:**

Peduncle	Afferent
1-Superior cerebellar peduncle	A-Dentato-thalamo-cortical tract B-Dentato-rubro-spinal tract.
3-Inferior cerebellar peduncle	A-fibers to reticular formation of the pons. B-Fibers to reticular formation of the medulla.

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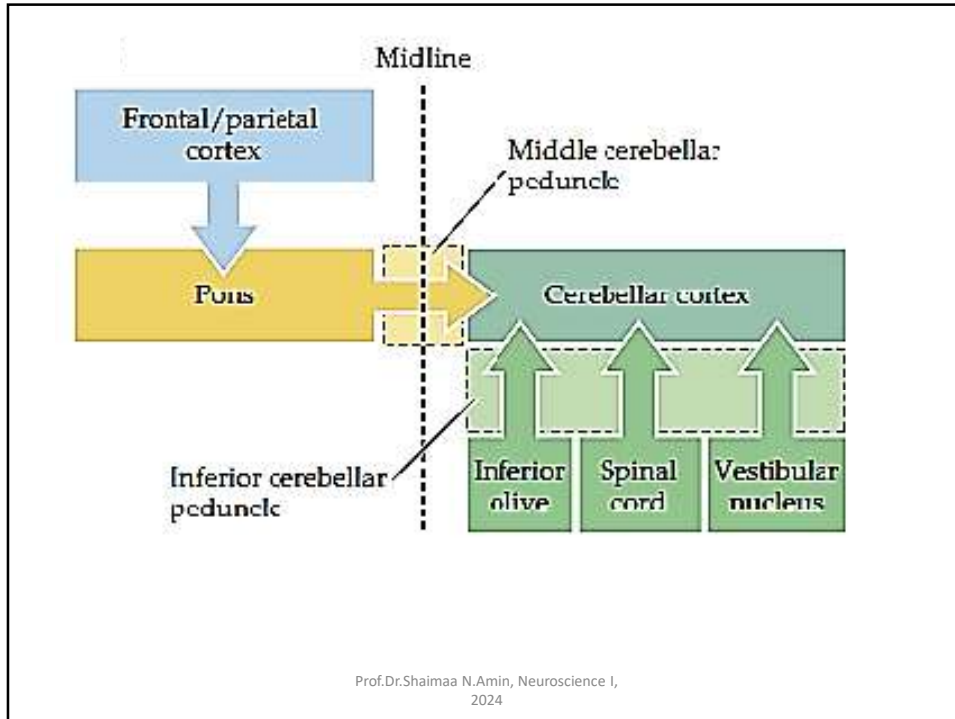
129

I. Afferent fibres to the cerebellum

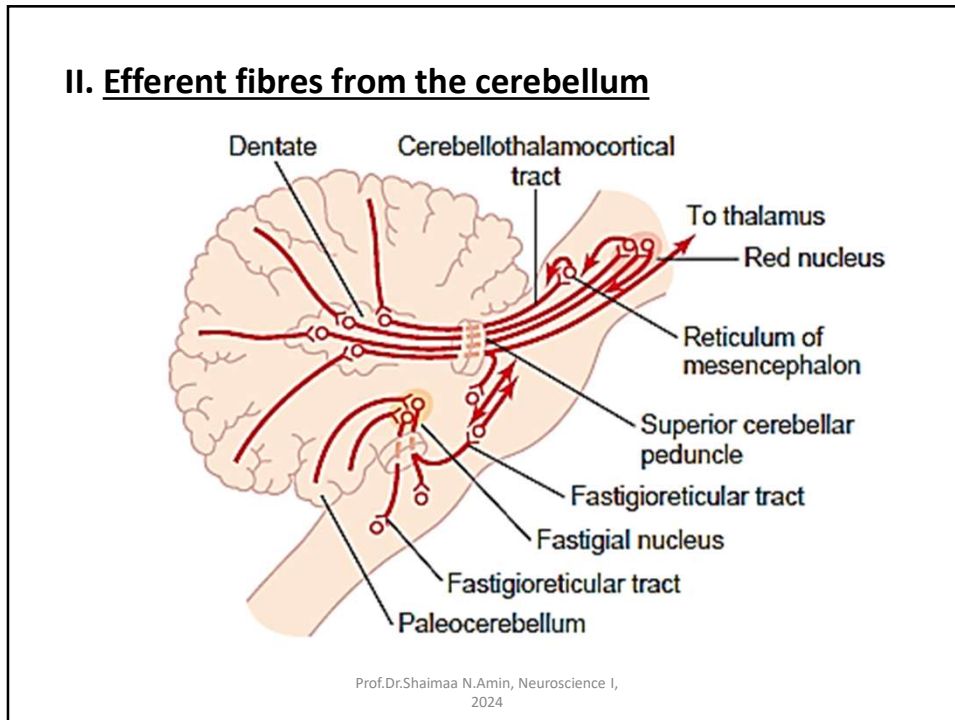


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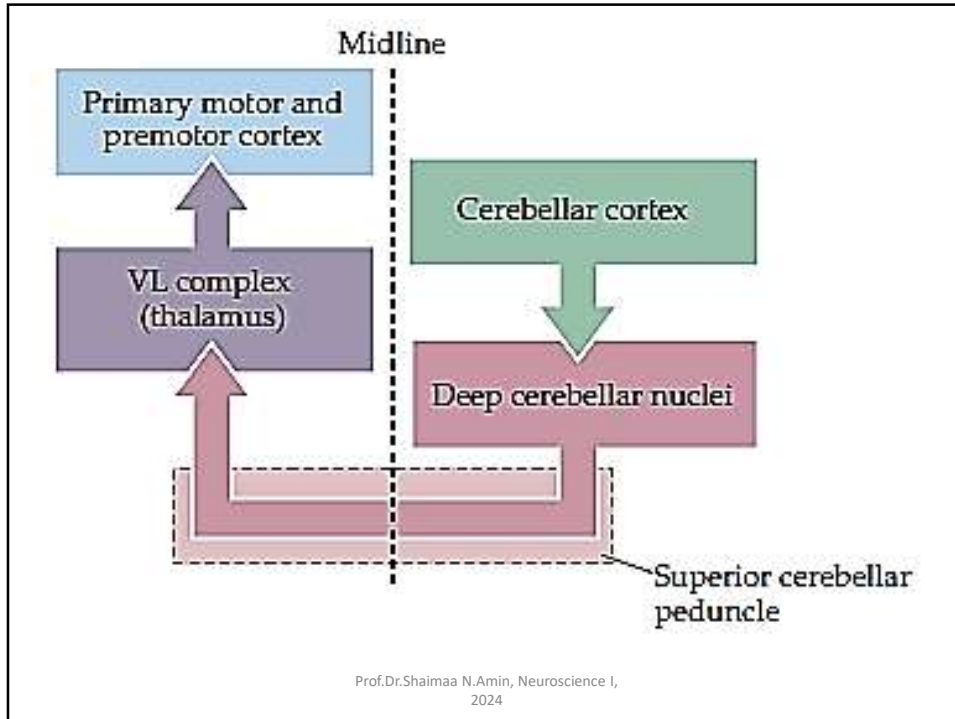
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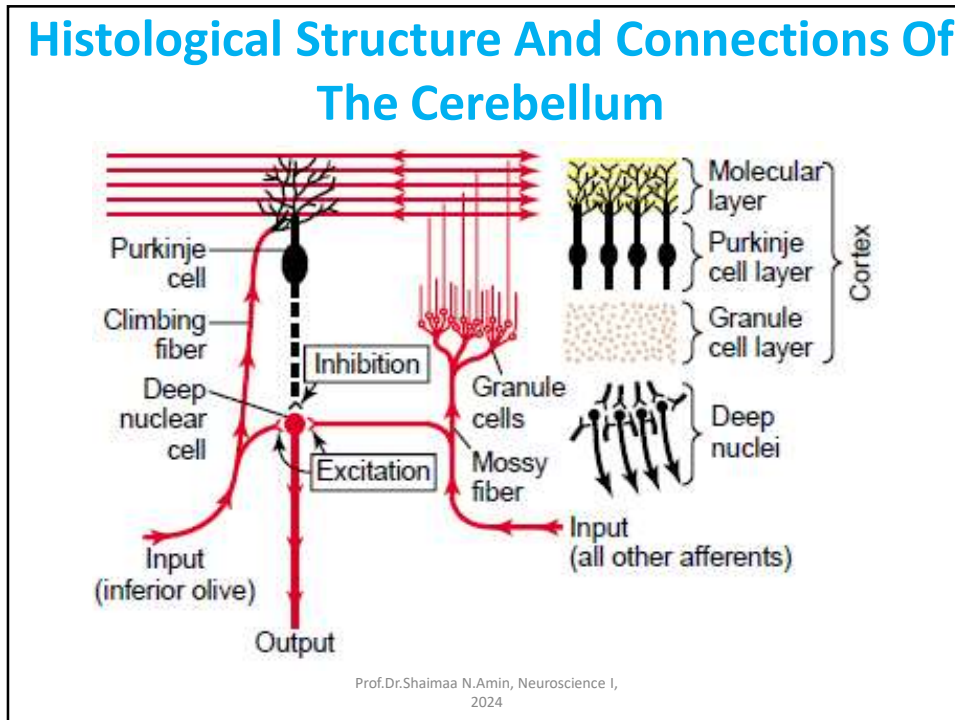
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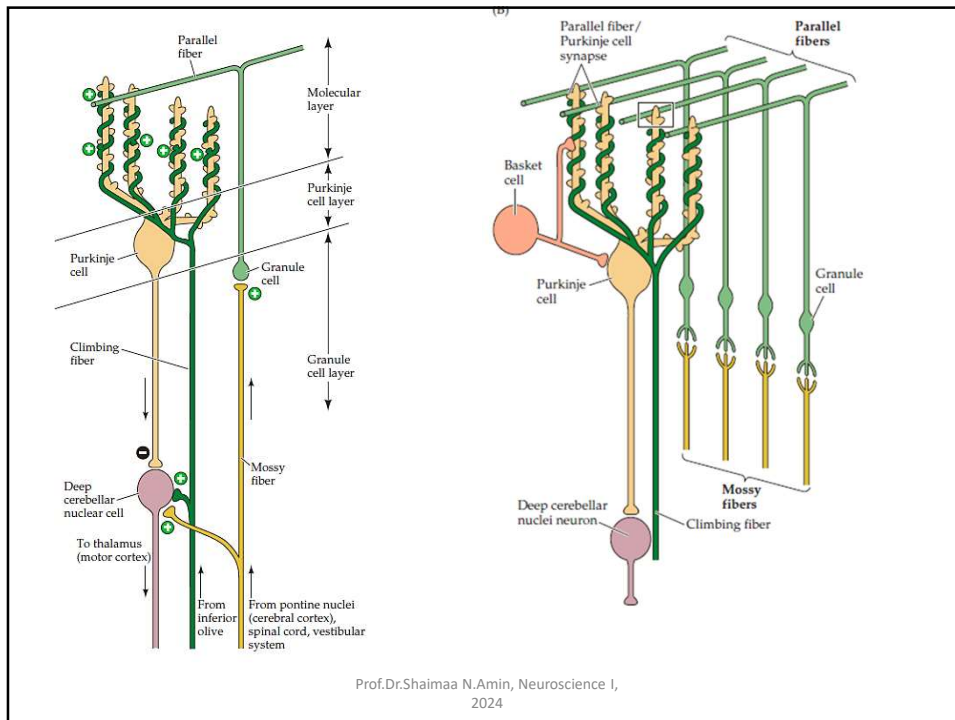
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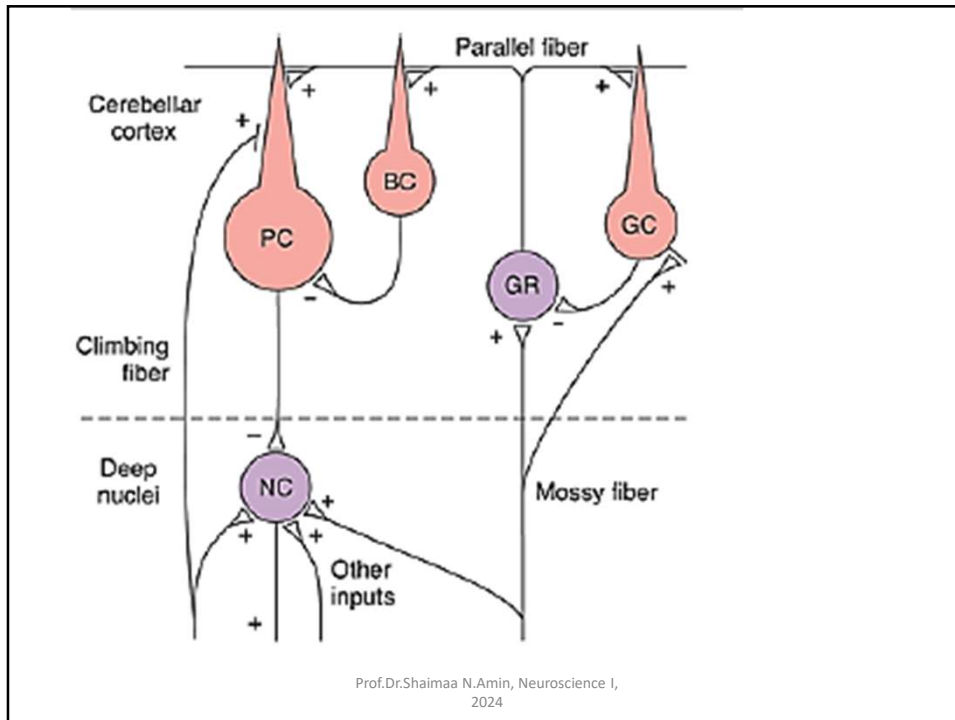
133



134



135



136

Functions of the cerebellum

A. Functions of the cerebellum in voluntary movements:

- 1-Servo-comparator function.
- 2-The braking effect.
- 3-Planning and timing function.

B. Other functions:

- 1-Function in equilibrium.
- 2-Function in muscle tone.

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137

The Neocerebellar syndrome

- Due to damage of the deep cerebellar nuclei as well as the cerebellar cortex.
- Manifestations occur on the *same side* of the lesion.

A.Ataxia:

B-Other manifestations

- 1- Disturbance of Posture and Gait
- 2- Dysarthria
- 3- Dysmetria
- 4-Intention tremors
- 5- Rebound phenomena
- 6- Adiadochokinesia
- 7- Decomposition of movements
- 8-Nystagmus
- 9-Hypotonia

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138

1- Disturbance of Posture and Gait :

- a- head is tilted to the side of the lesion.
- b- unsteady drunken gait (zigzag line) .
- C- patient tends to fall towards the side of the lesion .

2- Dysarthria :

Slurred or Scanning Speech

= Staccato speech

3- Dysmetria :

-----→ hypermetria

X

-----→ hypometria

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139

4-Intention tremors:

Mechanism:

Dysmetria initiates gross correction action →
correction overshoot to the other side → So
fingers oscillates back and forth

Appears only during movement

Absent : Rest and sleep

5- Rebound phenomena :

Inability to stop the movement at the proper
time = inability to put on the brake .

6- Adiadochokinesia

Inability to do rapid successive movements
e.g. repeated supination and pronation

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140



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141

7- Decomposition of movements :

Inability to do a complex movement that involves simultaneous motion at more than one joint

Test : Heel – knee test

8-Nystagmus :

This is tremor of the eye ball, which occurs when the patient attempts to fix his gaze on an object to the side of his head (*Horizontal nystagmus*).

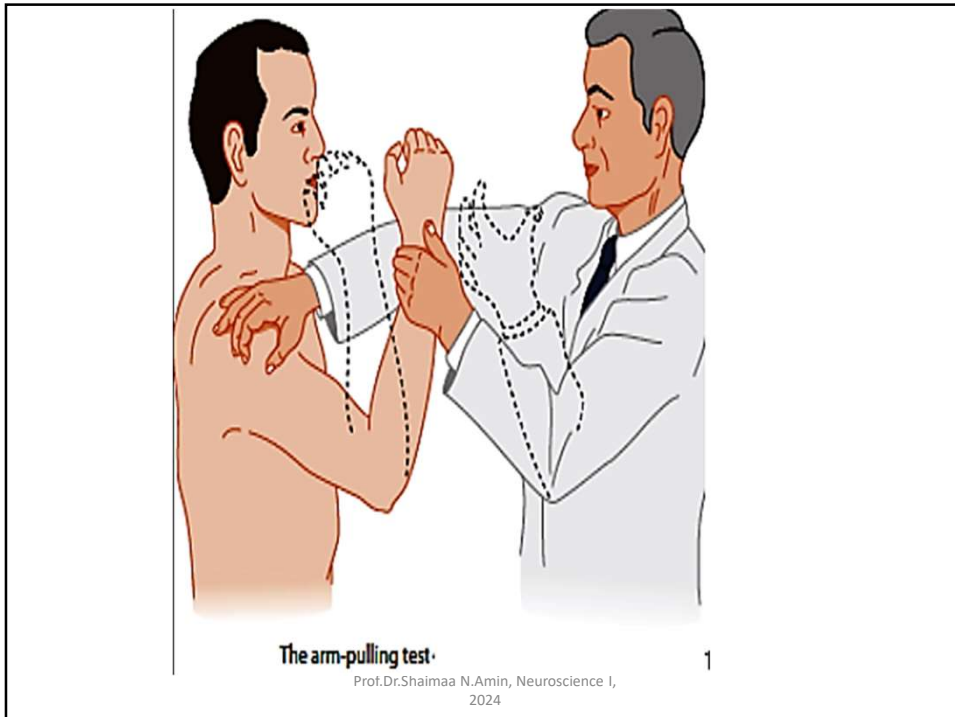
It is due to absence of damping function.

9-Hypotonia:

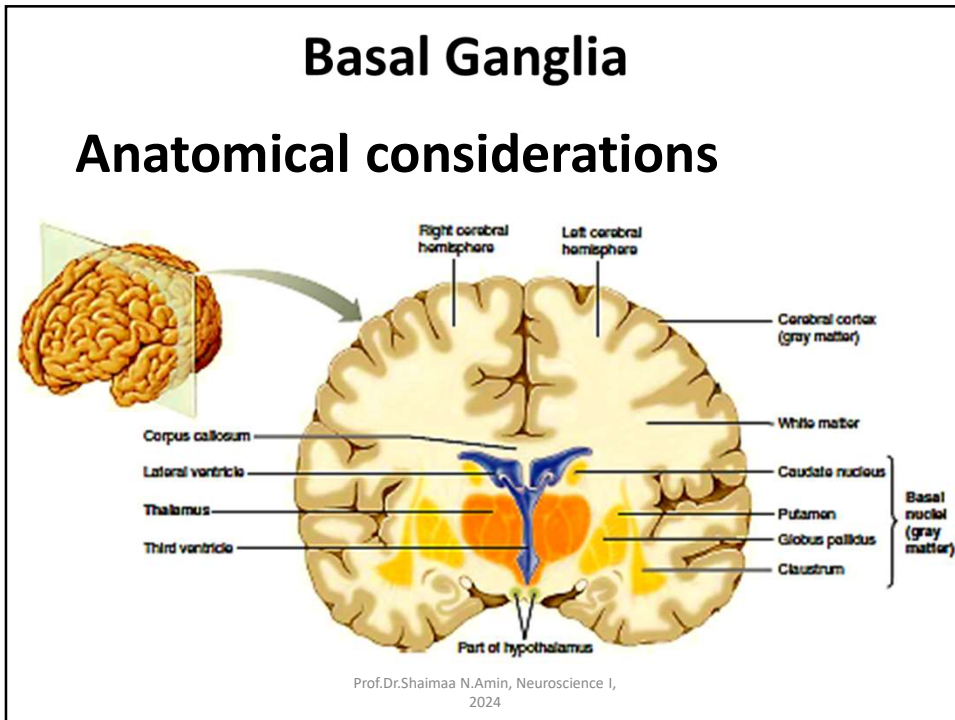
Marked hypotonia on the side of the lesion due to loss of the facilitatory effect of the cerebellum on the stretch reflex.

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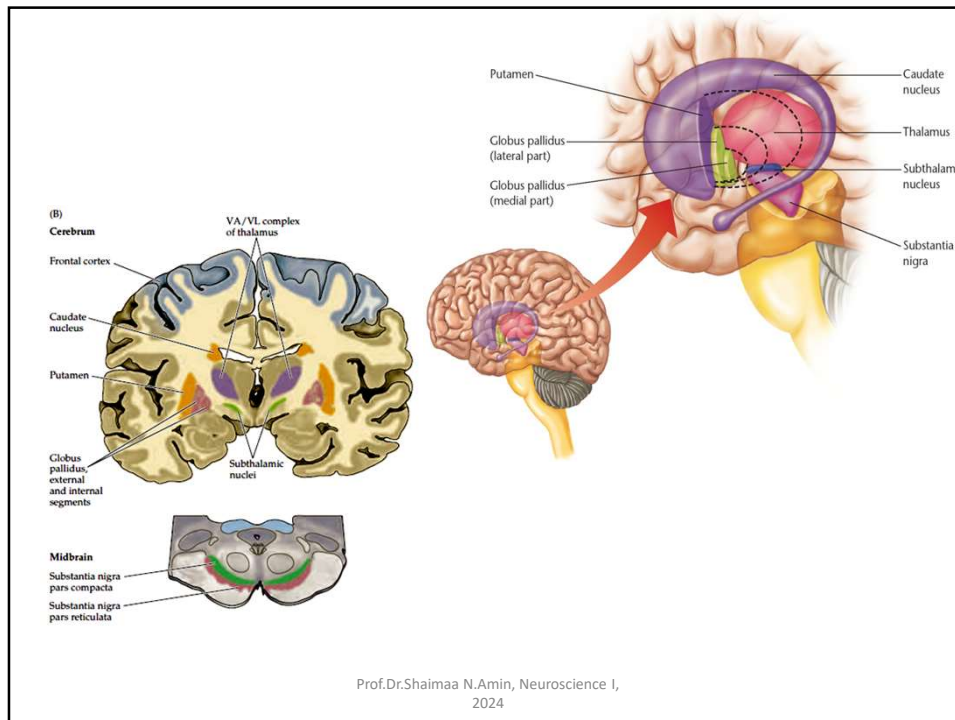
142



143



144



145

Connection of the Basal Ganglia

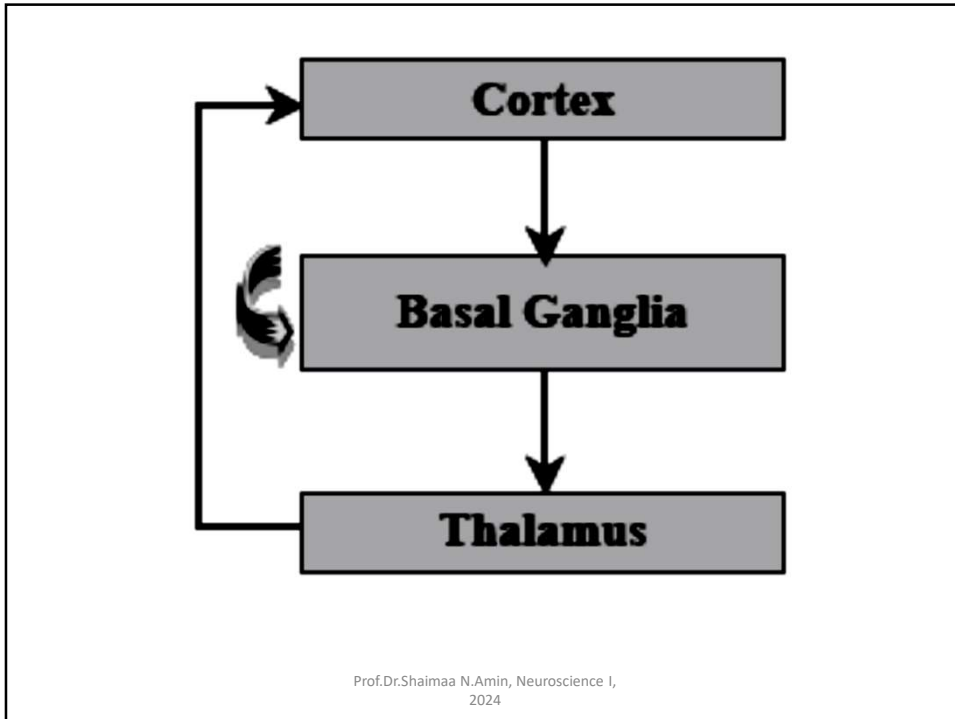
A-Cortical connections

B-Interconnections of the basal ganglia

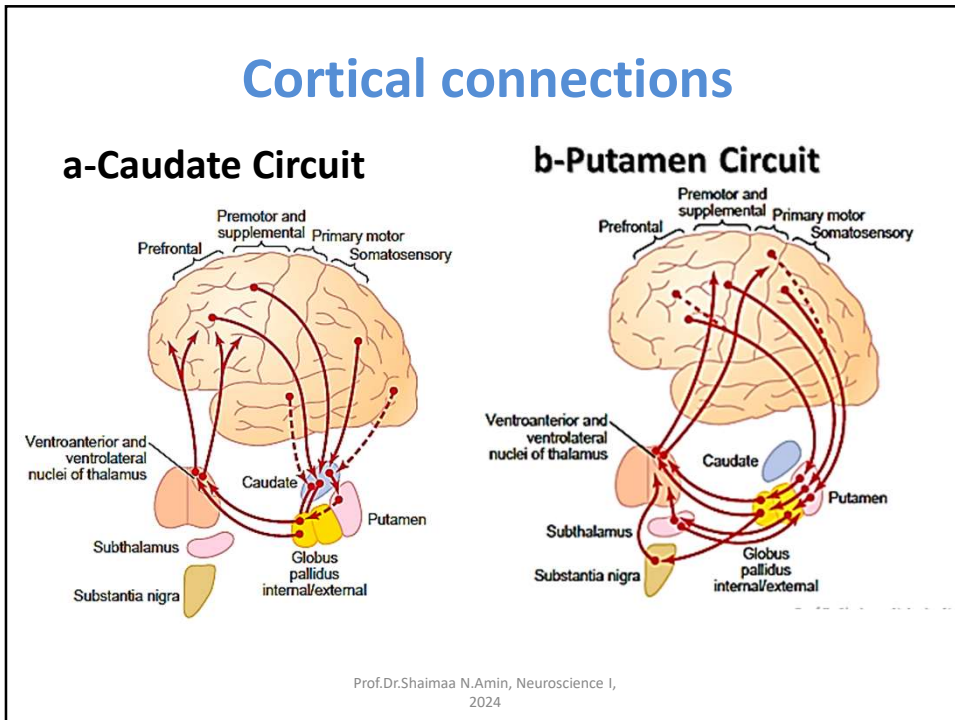
C-Brain stem Connections

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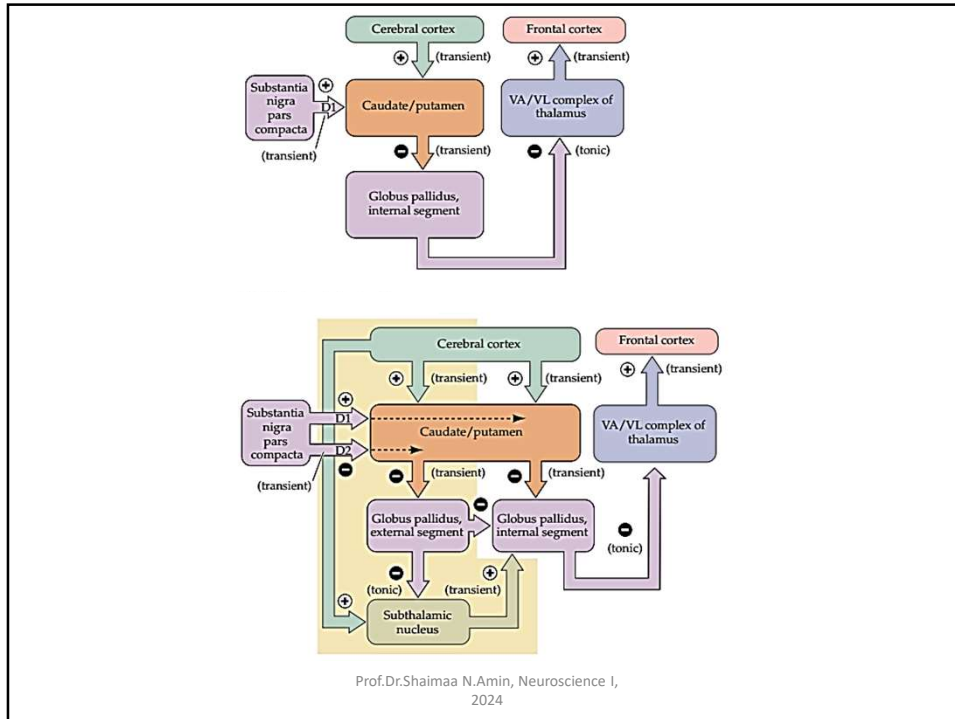
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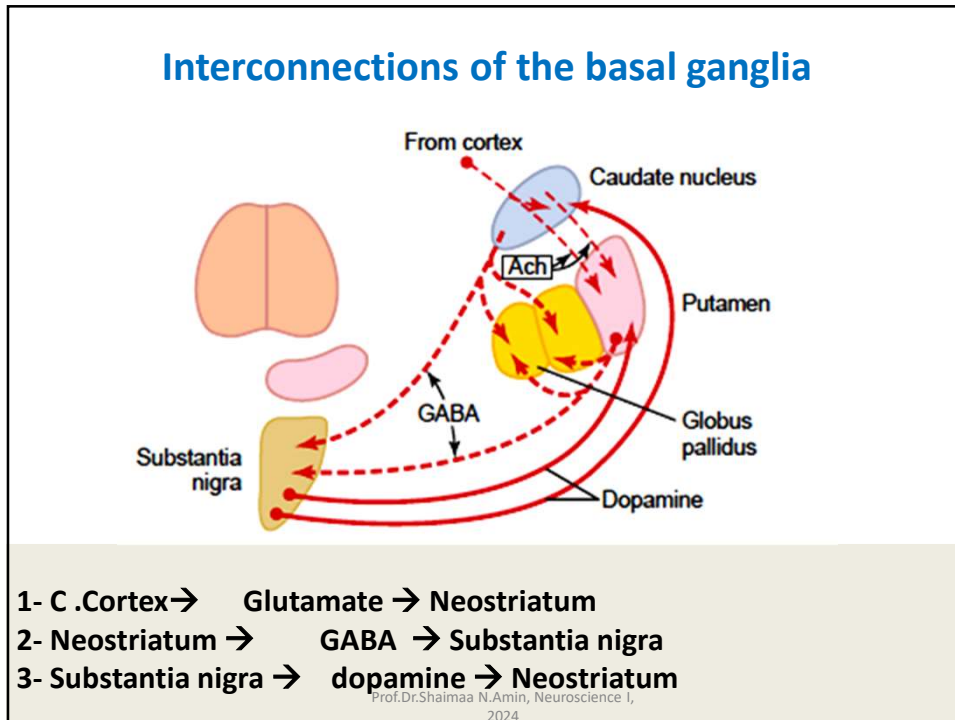
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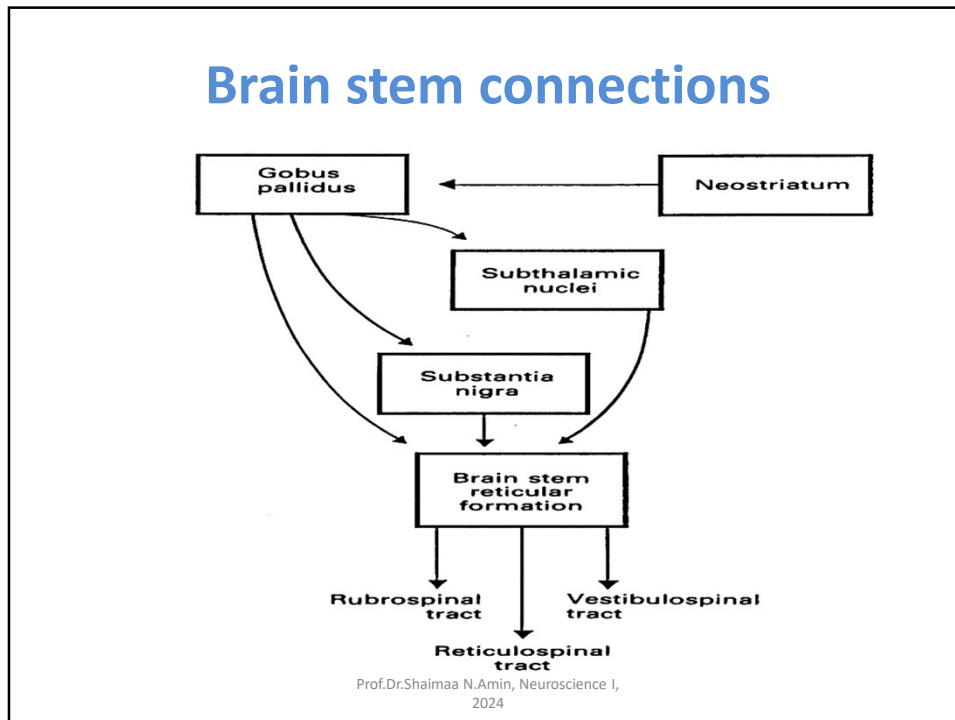
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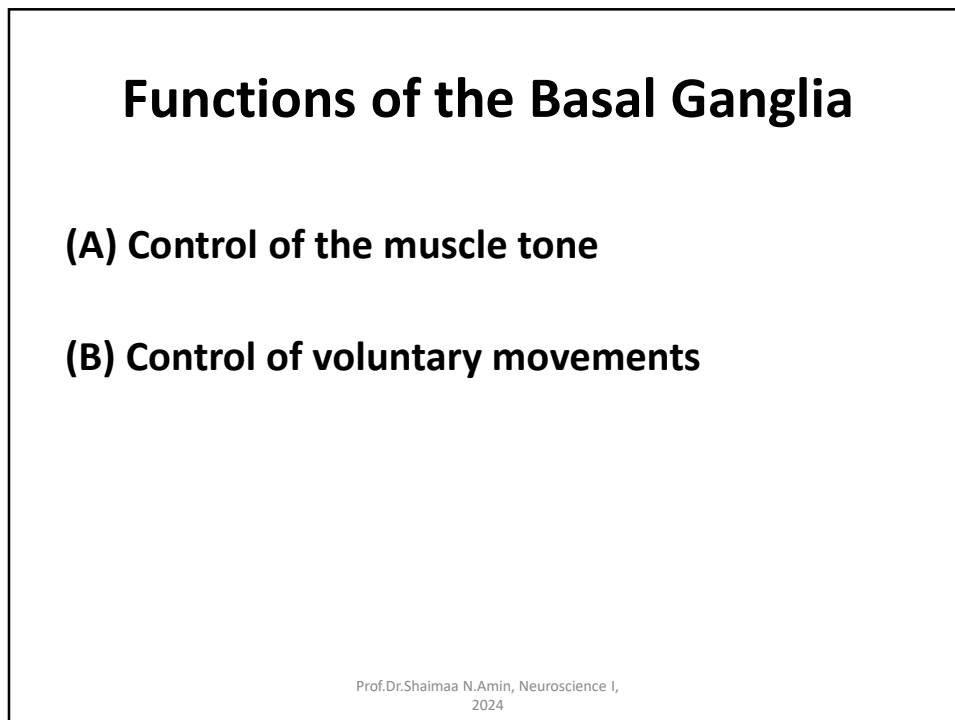
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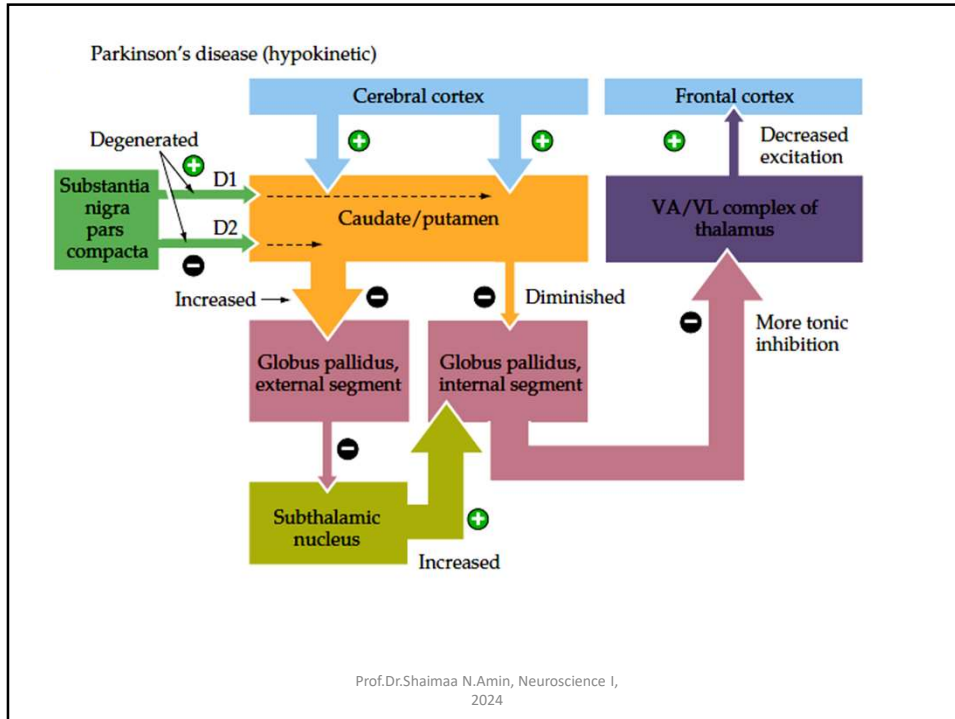
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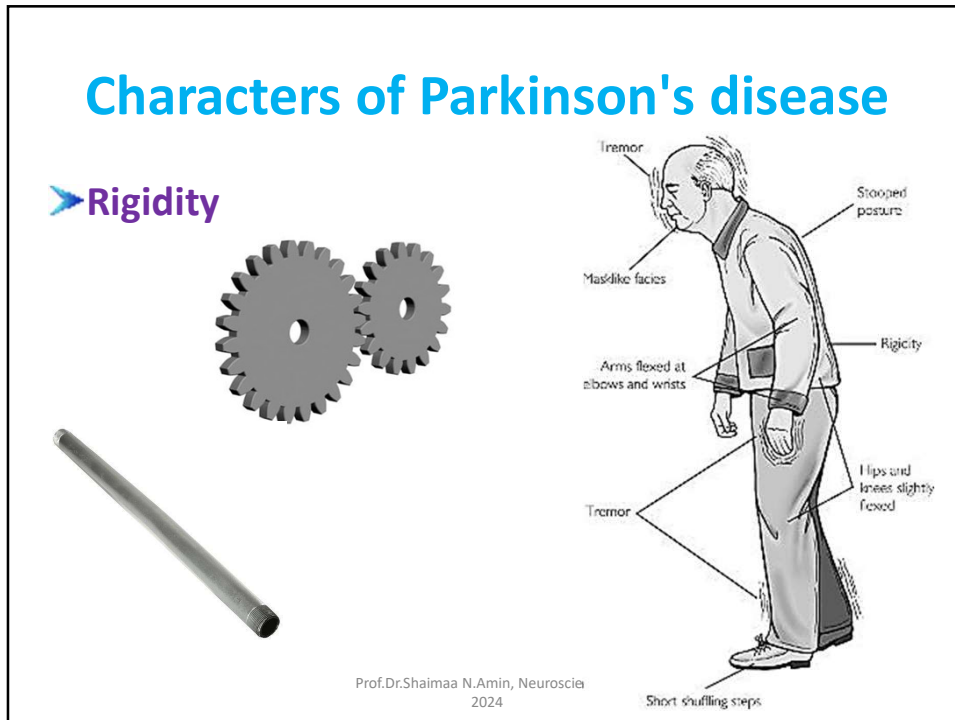
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152



153



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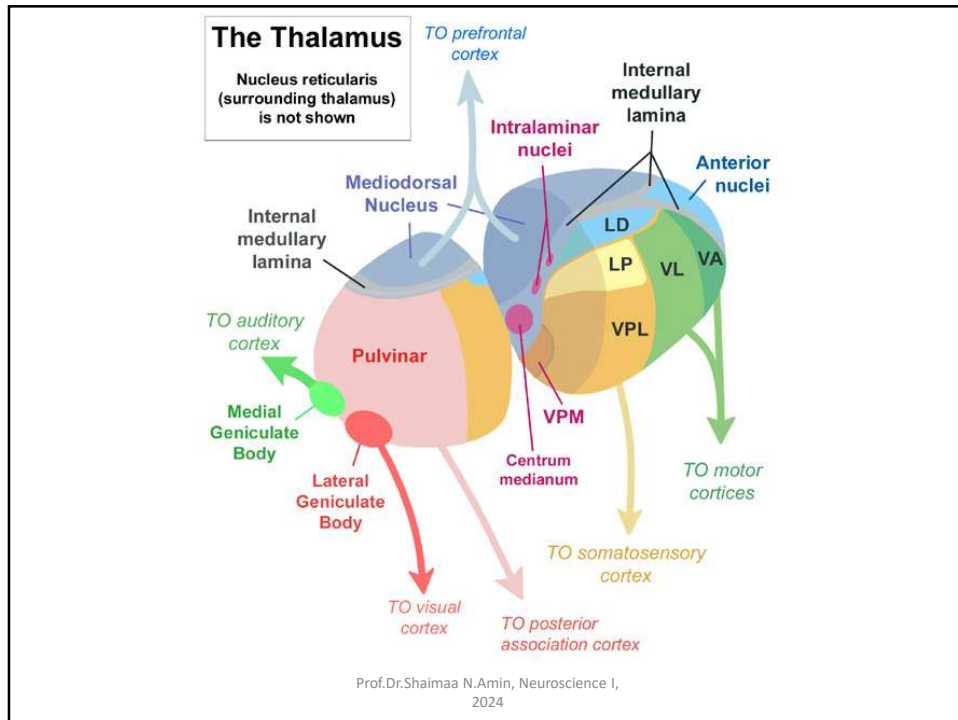
Motor CAUSES OF TREMORS

1. Static tremor: This occurs in Parkinsonism. It is present during rest and is associated with hypertonia.
2. Kinetic tremor: This occurs in neocerebellar disease. It is especially present at the end of movements and is associated with hypotonia.

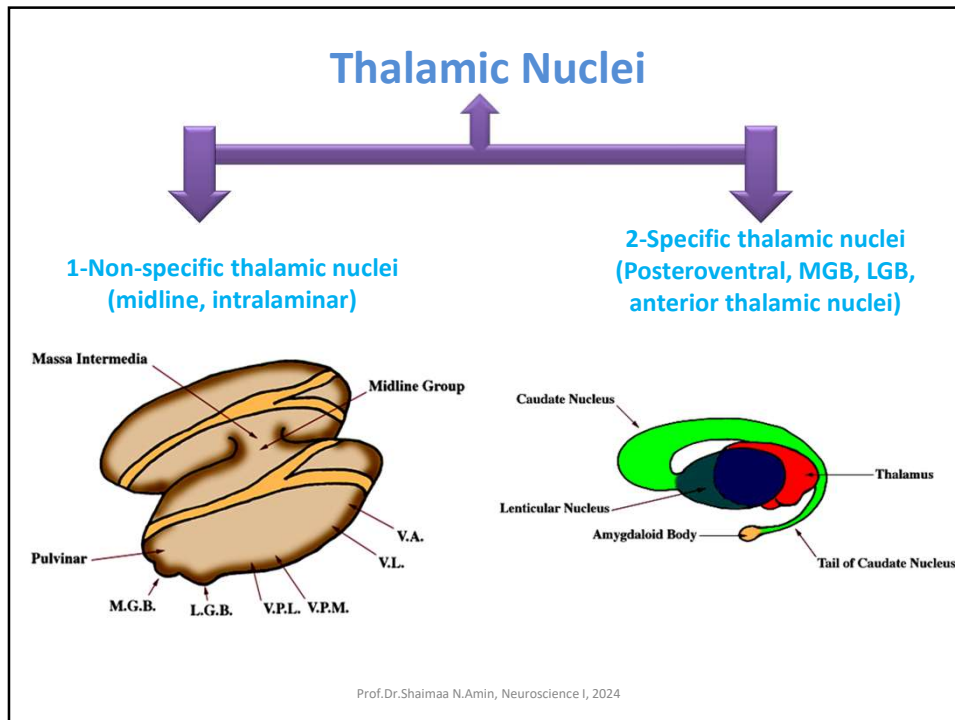
	SENSORY ATAXIA	MOTOR ATAXIA
Most common cause	Tabes dorsalis	Neocerebellar disease
Gait	high steppage (stamping gait)	Staggering (drunken gait)
Romberg's sign	Positive	Negative
Effect of vision	Corrected by vision	Not affected by vision
Deep sensations	impaired or lost	Normal
Tremors	Absent	Kinetic tremors present
Nystagmus	Absent	Present
Speech	Normal	Scanning or staccato

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155



156



157

Functions of the thalamus

- 1- It is a relay station for all types of sensation
- 2- The thalamus also relays signals, concerned with motor function, from the basal ganglia and cerebellum.
- 3- It relays autonomic signals and those related to emotional reactions.
- 4- It also has a role in coding, storing and recalling memories.
- 5- Impulses from non-specific thalamic nuclei are concerned with excitability of the cortex.

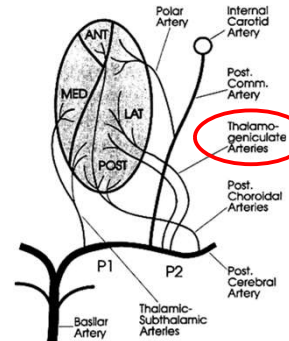
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158

The Thalamic Syndrome

The Patient presents with:

- 1- Loss all sensation on the opposite side of the body.
- 2- Ataxia.
- 3- 2ry hyperalgesia.
- 4- Emotional disturbance.



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159

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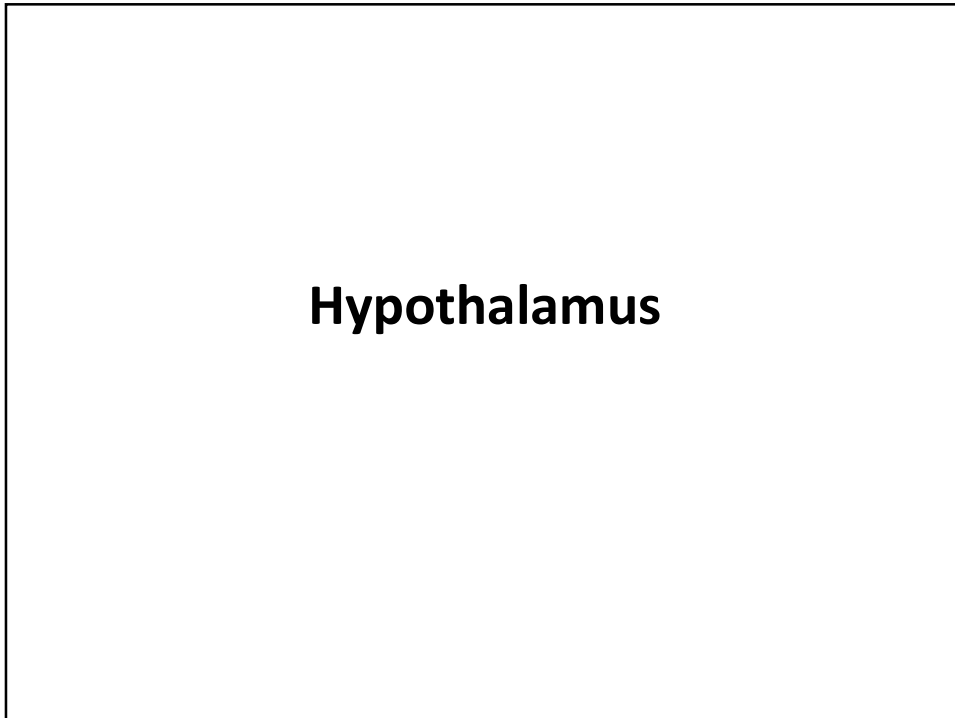
- This means incoordination of voluntary movements without paralysis, and it is either sensory or motor (sometimes mixed in the thalamic syndrome).

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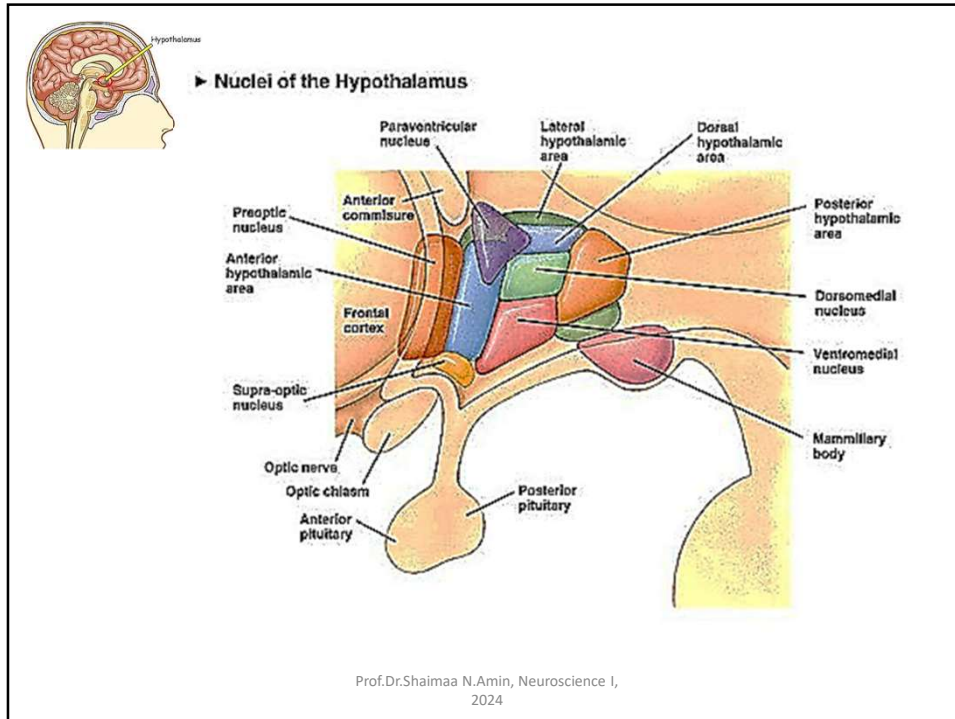
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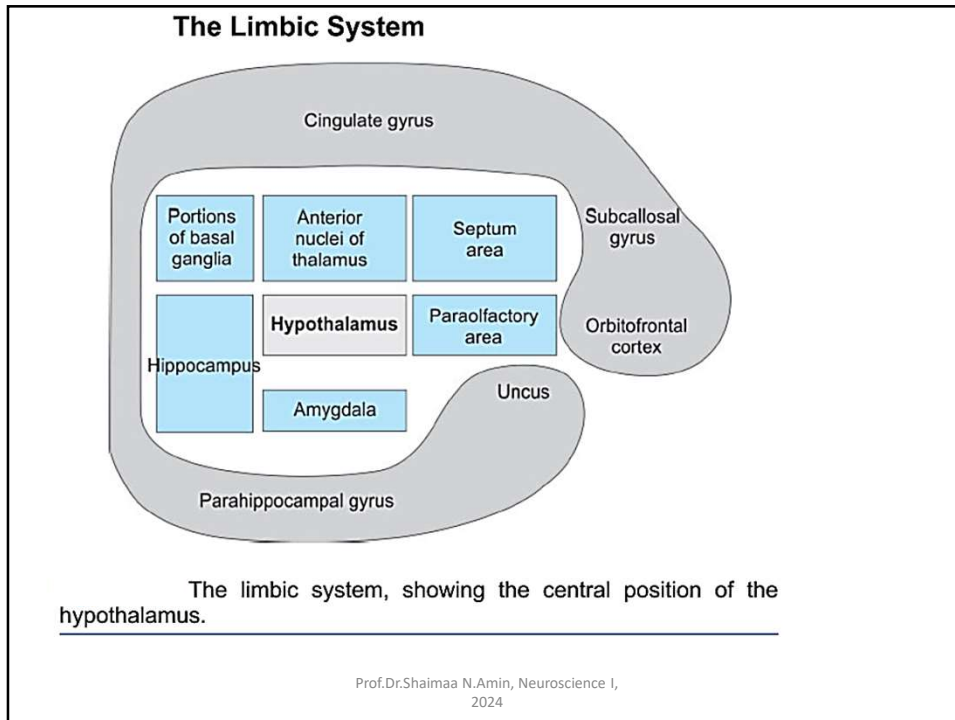
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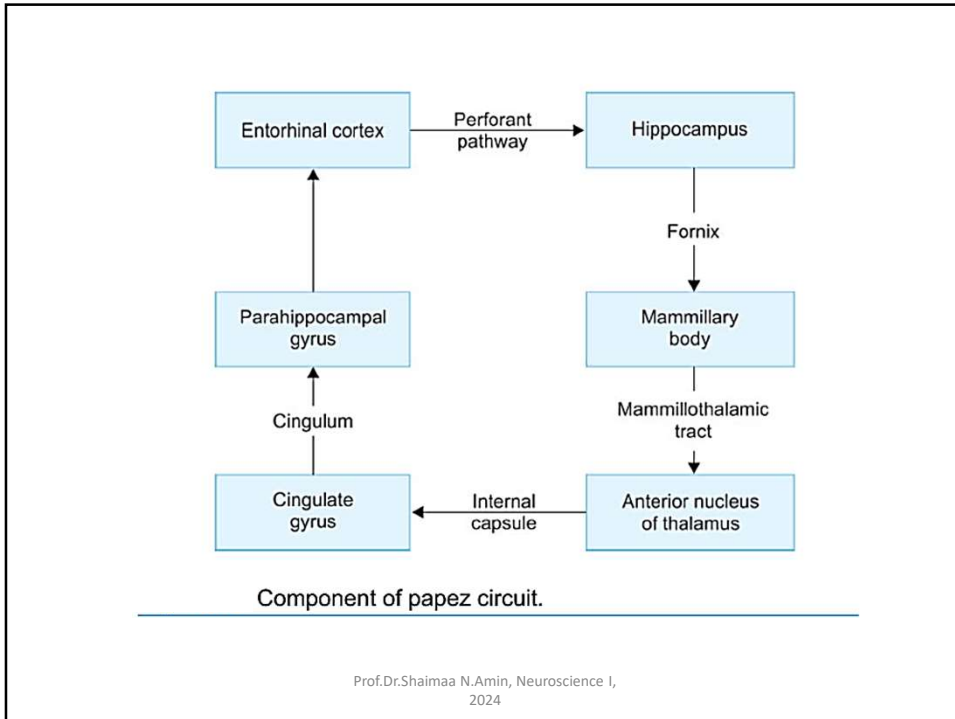
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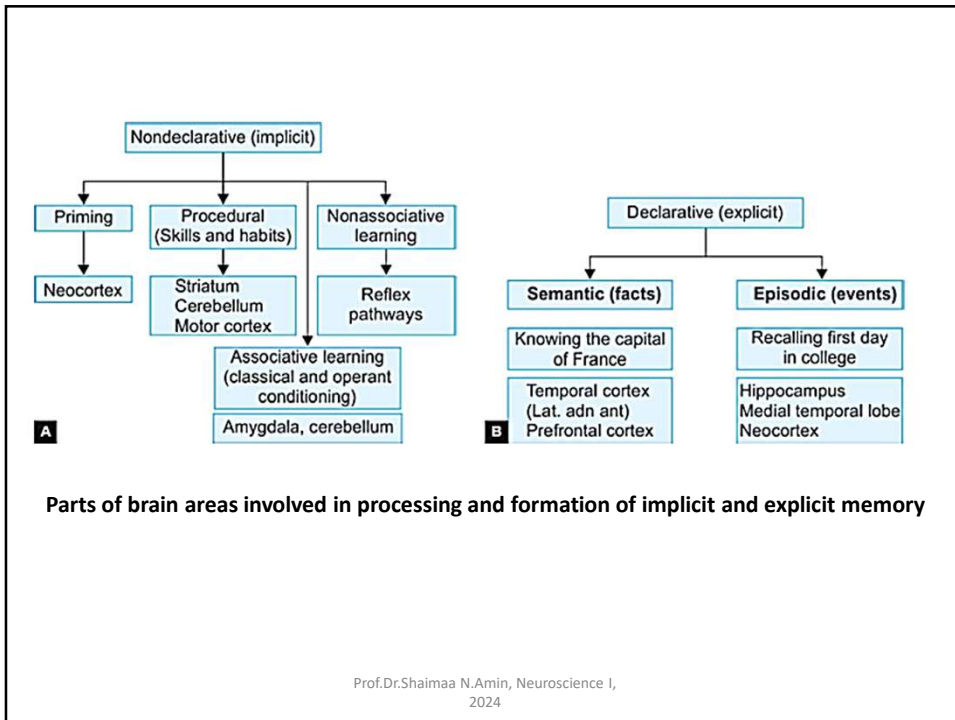
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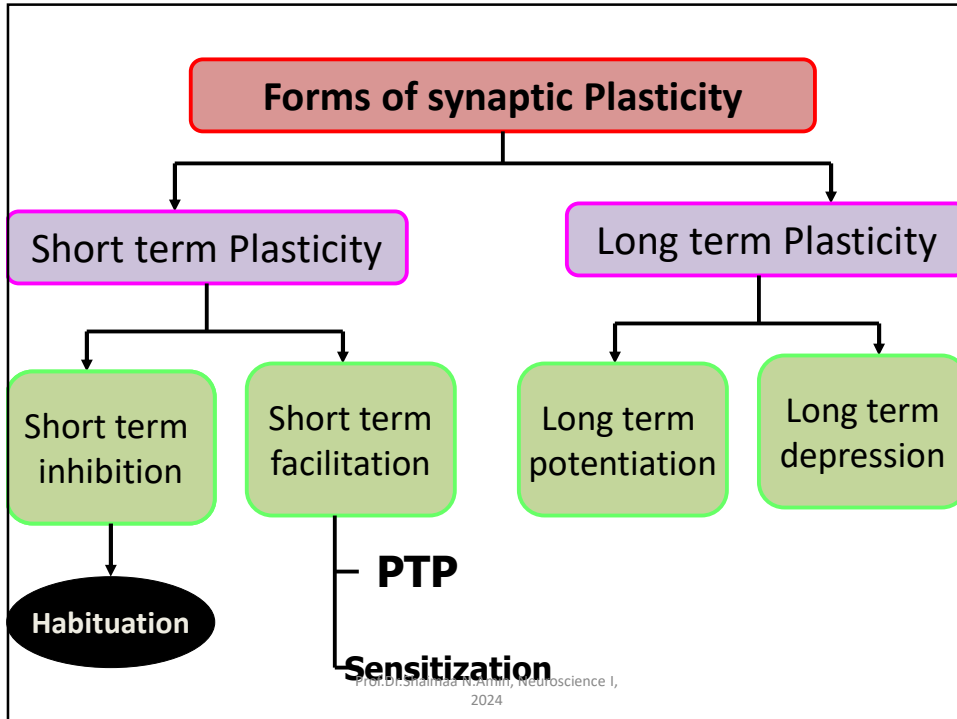
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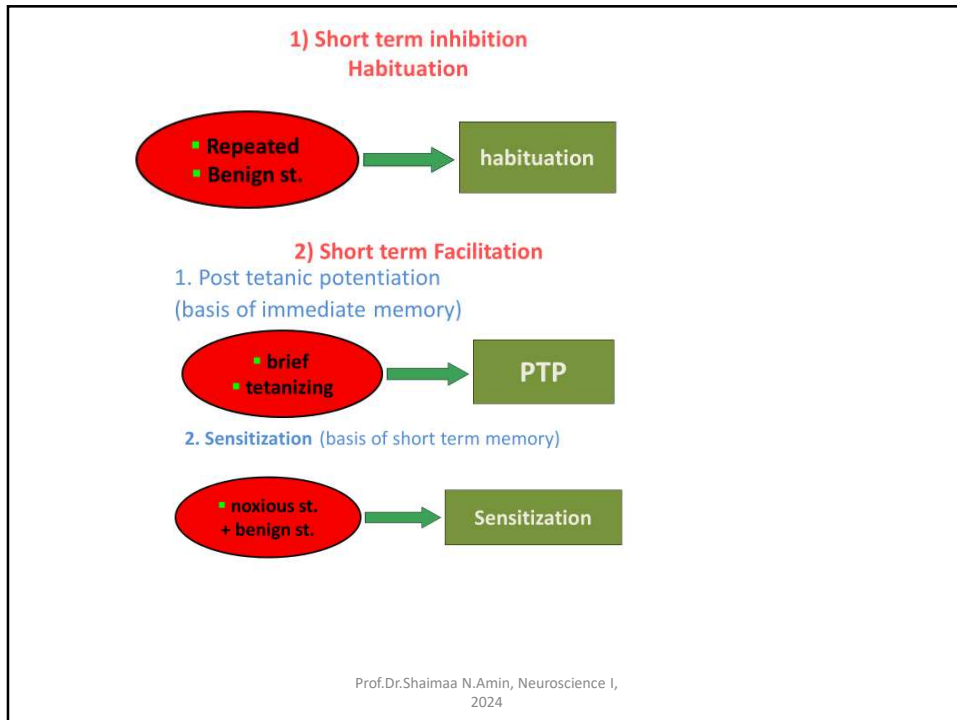
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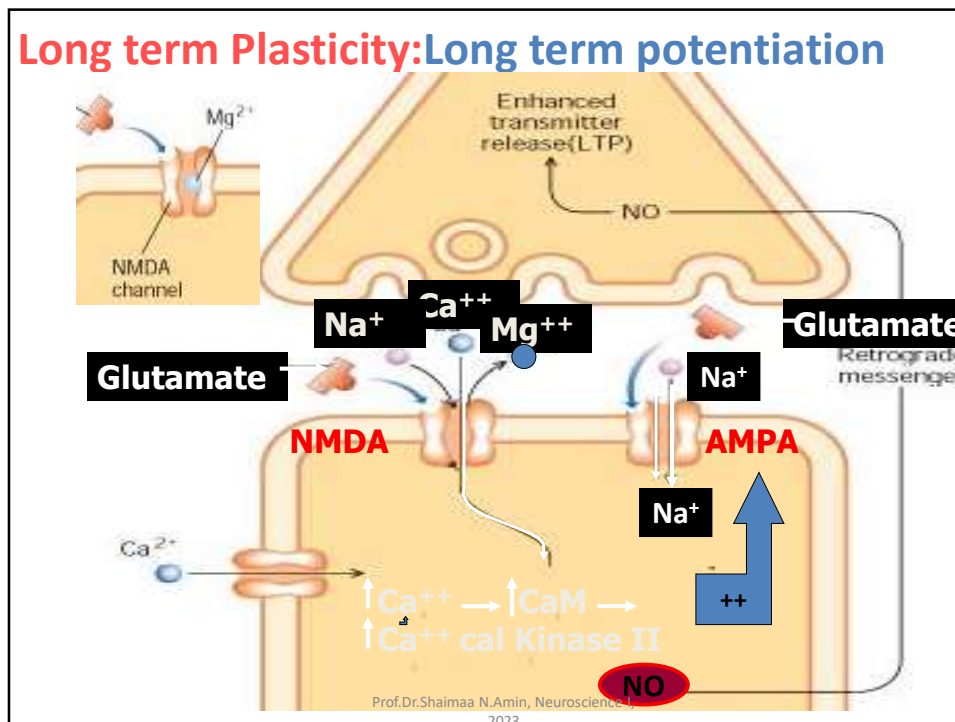
166



167



168



169

2. Long term Depression (LTD):

Presynaptic neuron stimulation \longrightarrow prolonged depression of postsynaptic neuron.

Ionic basis:

Occurs if presynaptic neuron stimulation \longrightarrow depolarization of postsynaptic neuron less than 20mv (threshold for NMDA receptors to open).

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170

Type of S. plasticity	Stimuli	Ionic basis
Habituation	<ul style="list-style-type: none"> ▪ Repeated ▪ Benign 	Inactivation of presy. Ca ⁺⁺ ch.
PTP (immediate m.)	<ul style="list-style-type: none"> ▪ Brief ▪ tetanizing 	Presy. Ca ⁺⁺ accumulation
Sensitization (STM)	<ul style="list-style-type: none"> ▪ Noxious + benign 	Presynaptic facilitation
LTP	<ul style="list-style-type: none"> ▪ as PTP (brief & repeated) 	Activation of NMDA
LTD	Slower st. of presyn. n.	Closure of NMDA

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171

Electrical activity of the Brain & Arousal response and sleep

- Two types of brain potentials can be recorded:

I- Evoked potentials : The electrical events that occur in the cortex after stimulation of a sense organ can be monitored with a recording electrode.

Types of Evoked potentials :

- 1- Somatosensory stimuli → SSEP
- 2- Auditory stimuli → AEP
- 3- Visual stimuli → VEP

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172

2- Spontaneous potential(Electroencephalogram)

the recording of the variations in brain potential.

The EEG can be recorded with scalp electrodes through the unopened skull or with electrodes on or in the brain. The term electrocorticogram is used for the recording obtained with electrodes on the pial surface of the cortex.

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173

(II) The Electro-encephalogram (EEG)

- The EEG is the record of the spontaneous electric activity of the brain.
- It can be recorded by applying electrodes on the scalp of patient.
- The electric activity appears on a multi-channel recorder as waves of variable intensity (0-200 mV) and frequency (1-50 Hz).

Conditions Required :


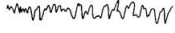
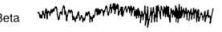
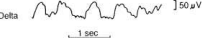
- 1- Recording of EEG should be done in a calm room at a comfortable temperature
- 2- The subject should be in complete physical and mental rest.

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174



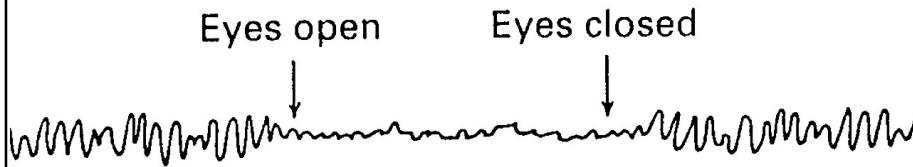
175

<p>Alpha</p> <ul style="list-style-type: none"> -8-13 Hz & 50 μv -Regular & rhythmic -Adult -Parieto-occipital region. -Physical and mental rest -Awake but with eyes closed <p style="text-align: center;">Alpha </p>	<p>Theta</p> <ul style="list-style-type: none"> 4-7 Hz & 100 μv Regular and large Parietal & Temporal In Children & in adult during light sleep and may be in adults during emotional disappointment <p style="text-align: center;">Theta </p>
<p>Beta</p> <ul style="list-style-type: none"> -18-30Hz & 20 μv -Irregular & non-rhythmic -Adult -Frontal region -Intense activation of the CNS i.e. during thinking and tension <p style="text-align: center;">Beta </p>	<p>Delta</p> <ul style="list-style-type: none"> -1-3 Hz & 100 μv -Regular & high voltage -Infants & in adults during deep sleep, coma, anasthesia <p style="text-align: center;">Delta </p>

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176

Desynchronization:alpha block : Alert or Arousal response :



While the eyes are closed, synchronous discharge of many cerebral neurons produces alpha waves, but when the eyes are opened, faster low voltage irregular beta waves are recorded. This is known as “alpha block”. It has also been called “de-synchronization” because it represents breaking up of the synchronized neural activity necessary to produce regular waves.

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177

Clinical Uses of the EEG

- 1-Localizing brain tumors
2. Diagnosis of epilepsy
- 3.Diagnosis of sleep disorders.
- 4.Confirmation of brain death (flat EEG).

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178

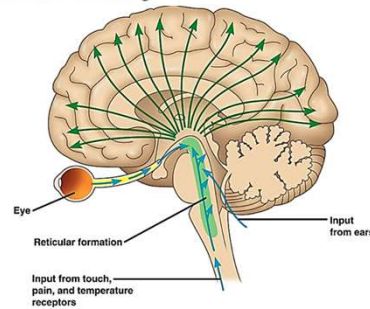
Wakefulness And Sleep Cycle

sleep and **wakefulness**

= state-dependent behavior

Reflected by changes in cortical electrical activity:
EEG changes

What are the factors that increase or decrease RAS activity?



179

In mammals there are two sleep states:

- REM: rapid eye movement;
- NREM (non-REM)

Defined by:

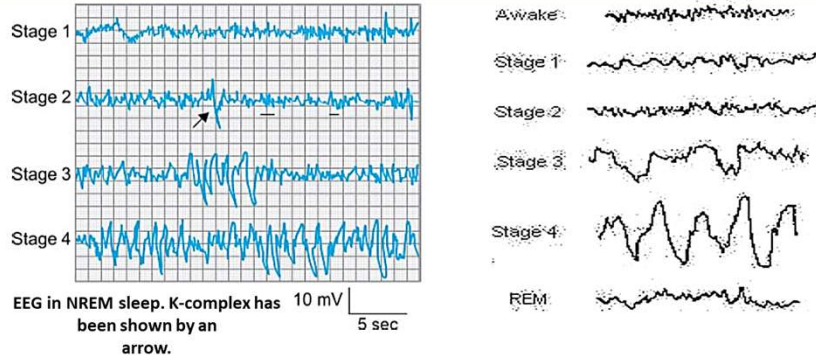
- EEG
- + EOG, electroculography,
- + EMG, electromyography
- (= polysomnography)

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180

**- REM: rapid eye movement;
- NREM (non-REM)**

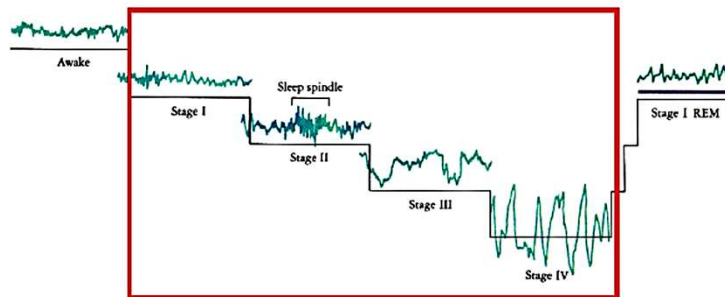
Recent stage	Old stage	% of total sleep duration	Features
N1	Stage 1	2-5%	Low amplitude, high frequency EEG activity, Alpha wave <50%
N2	Stage 2	45-55%	Sleep spindles (alpha-like 10-14/sec, 50 μv amplitude), K complexes
N3	Stage 3	10-15%	Low frequency, increased amplitude
	Stage 4		Maximum slowing (least frequency), large waves (rhythmic slow waves, synchronized)



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181

**- REM: rapid eye movement;
- NREM (non-REM)**



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182

Mechanisms of sleep

(1) **Passive mechanism** i.e. as a result of its *fatigue* (after a period of wakefulness) or by *decreasing its activity* through elimination of its exciting stimuli e.g. the visual, auditory, painful and other stimuli.

(2) **Active mechanism** : This is *more accepted* as a mechanism of sleep.

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183

One theory regarding the basis for transitions from sleep to wakefulness involves alternating reciprocal activity of different groups of RAS neurons.

In this model, wakefulness and REM sleep are at opposite extremes. When the activity of norepinephrine- and serotonin-containing neurons is dominant, there is a reduced level of activity in acetylcholine-containing neurons in the pontine reticular formation.

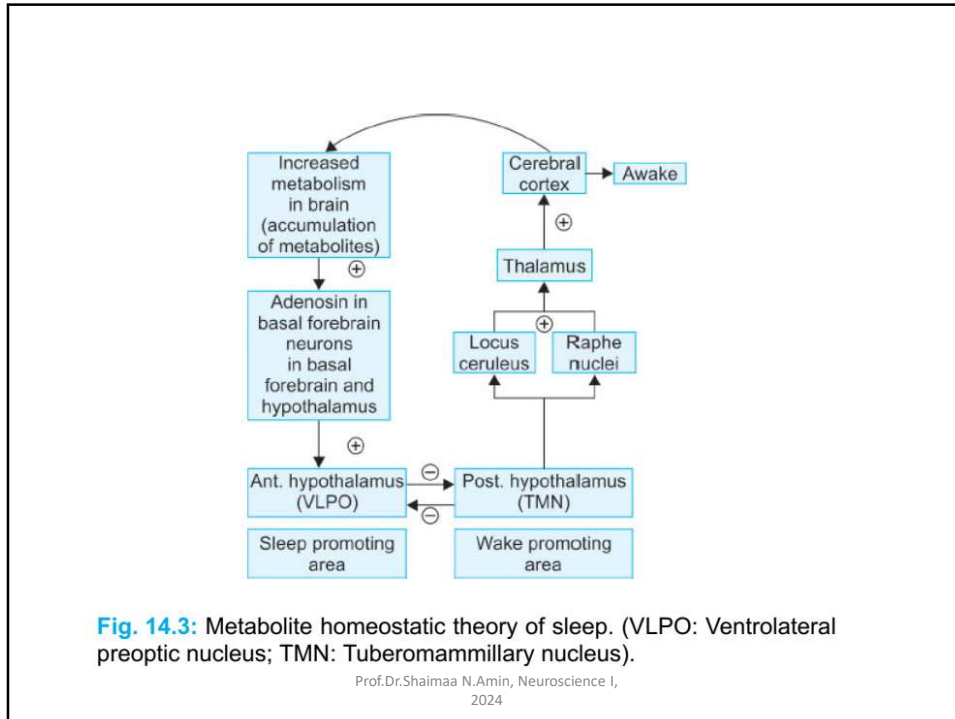
This pattern of activity contributes to the appearance of the awake state. The reverse of this pattern leads to REM sleep.

When there is a more even balance in the activity of the aminergic and cholinergic neurons, NREM sleep occurs. In addition, an increased release of GABA and reduced release of histamine increase the likelihood of NREM sleep

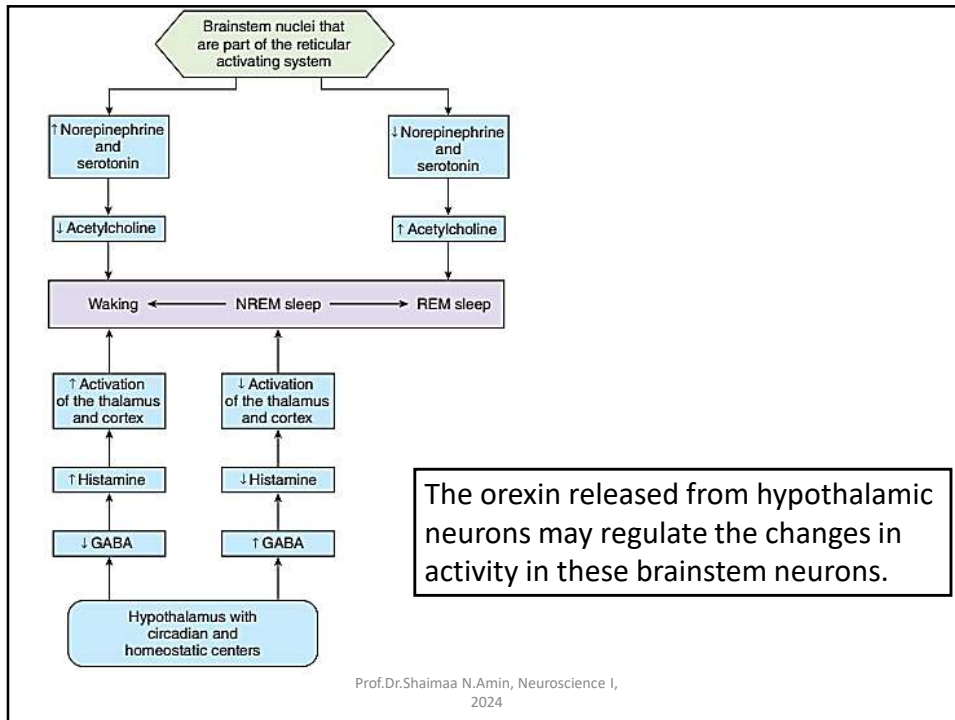
The orexin released from hypothalamic neurons may regulate the changes in activity in these brainstem neurons.

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184



185



186

Sleep disorders

1- Insomnia:

It is insufficient sleep that occurs in adults due to :

- 1- Psychological factors
e.g. anxiety
- 2- Intake of analeptics
e.g. coffee.



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187

2- Somnambulism:

"sleep walking"

- More common in male children.
- The person walks with eyes opened, and avoid obstacle and when awakened can not remember what he did.



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188

3- Narcolepsy:

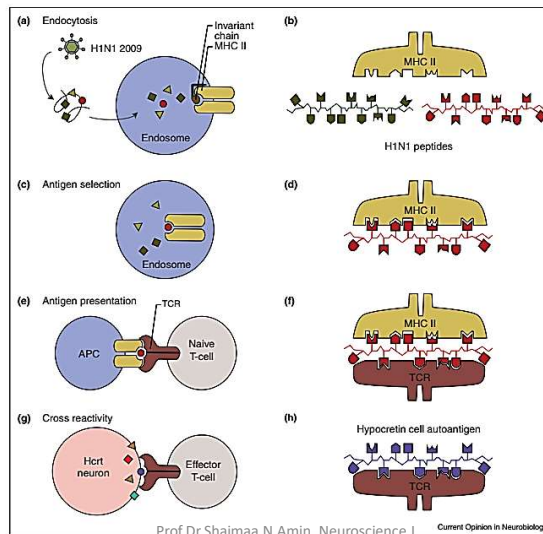
Irresistible sleep during daytime activities which starts with sudden onset of REM sleep.



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189

Autoimmune Basis of Narcolepsy

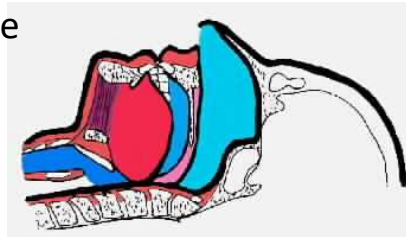


190

4- Sleep apnea:

-Caused by obstruction of the airways during sleep.

-Effort to overcome the obstruction awakens the person from sleep.



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191

5- REM behavior disorder:

- Hypotonia fails to occur.
- The patients with this condition act out their dreams, they even jump out of bed to do battle with imagined aggressors.

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192

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- 4-Review of Physiology, Soumen Manna, 5th edition

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193



194