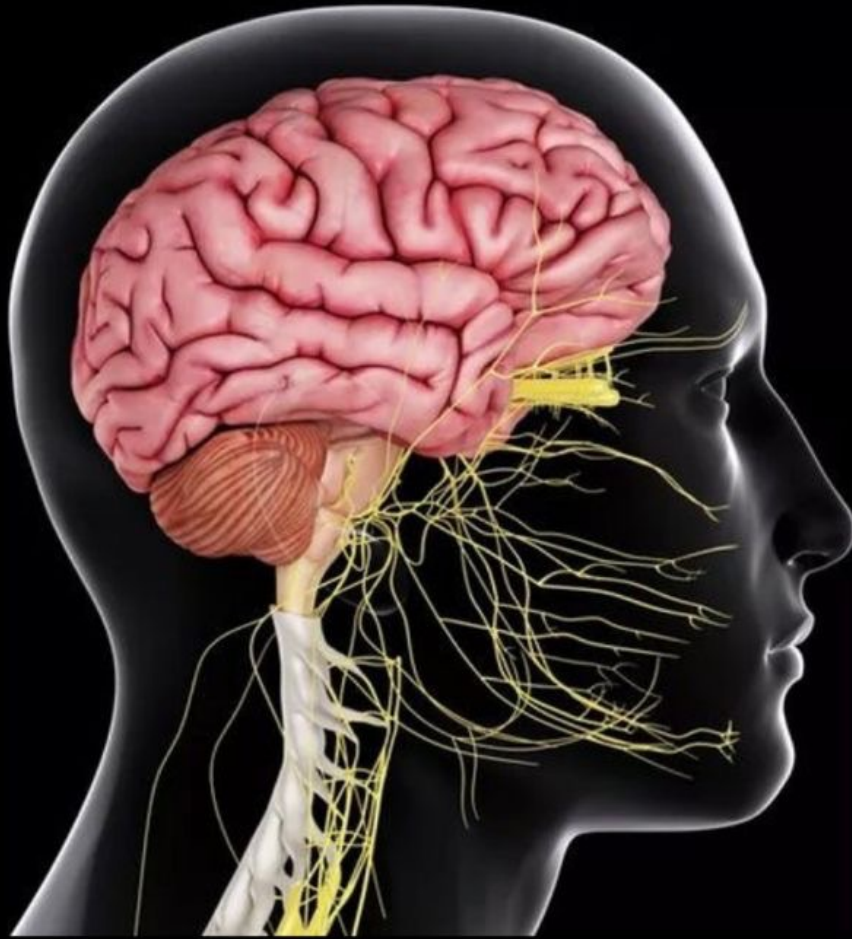




# CENTRAL NERVOUS SYSTEM



SUBJECT : Pharmacology

LEC NO. : 5

DONE BY : Batool ALzubaidi

وَقُلْ رَبِّ زِدْنِي عِلْمًا

قبل ما نبليش بس حبيت احكي ملاحظة عشان اطلع من خطيتكم، بحكم كنت اعمل التفاريغ الي في بعض السلايدات بتكون بالملف بس خلال المحاضرة اونلاين او وجاهي ما تكون موجودة و هو يشرح مش يفشق عنها ما كانت تبين ف انا كنت احذفهم و لما نزلت اول ة محاضرات راحت هاي النقطة عن بالي راح احطهم بهاد التفريغ عشان ما يكون علي اشي

## محاضرة ال opioid

### Definitions

**Hyperalgesia:** abnormally increased sensitivity to pain

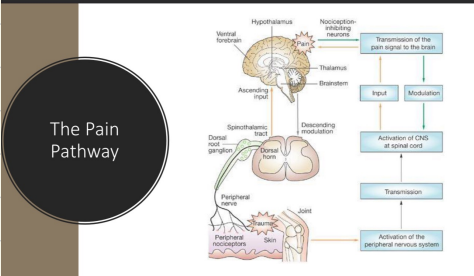
**Allodynia:** pain resulting from an originally non-painful stimulus

**Hypoalgesia:** decreased sensitivity to painful stimuli

**Analgesia:** reduction or relief of pain sensation without affecting other sensations

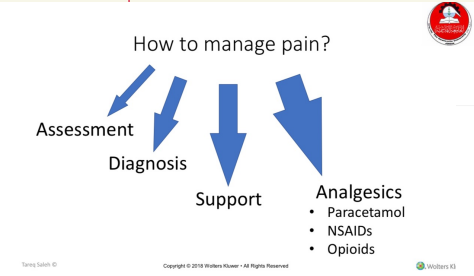
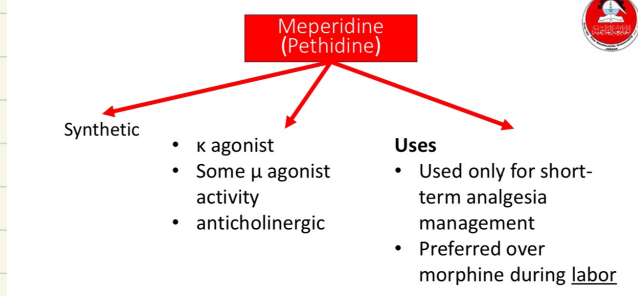
**Anesthesia:** local or general reduction or absence of all sensations (touch, pain, temperature, ...) with or without loss of motor function. This may be accompanied by loss of consciousness

**Paresthesia:** abnormal or altered sensation of the body (numbness, tingling, or burning)



### Summary of Morphine's Therapeutic Uses

Therapeutic Use	Comments	Treatment of acute pulmonary edema	Intravenous morphine
<b>Analgesia</b>	Morphine is the prototype opioid agonist. Opioids are used for pain in trauma, cancer, and other types of severe pain.	Intravenous morphine dramatically relieves dyspnea caused by pulmonary edema associated with left ventricular failure, possibly via the vasodilatory effect. This, in effect, decreases cardiac preload and afterload, as well as anxiety experienced by the patient.	Intravenous morphine
<b>Treatment of diarrhea</b>	Opioids decrease the motility and increase the tone of intestinal circular smooth muscle. [Note: Agents commonly used include diphenoxylate and loperamide (see Chapter 31).]		
<b>Relief of cough</b>	Morphine does suppress the cough reflex, but codeine and dextromethorphan are more commonly used.	<b>Anesthesia</b>	Opioids are used as pre-anesthetic medications, for systemic and spinal anesthesia, and for postoperative analgesia.



#### High-Yield Terms to Learn

<b>Opiate</b>	A drug derived from alkaloids of the opium poppy
<b>Opioid</b>	The class of drugs that includes opiates, opiopeptides, and all synthetic and semisynthetic drugs that mimic the actions of the opiates
<b>Opioid peptides</b>	Endogenous peptides that act on opioid receptors
<b>Opioid agonist</b>	A drug that activates some or all opioid receptor subtypes and does not block any
<b>Partial agonist</b>	A drug that can activate an opioid receptor to effect a submaximal response
<b>Opioid antagonist</b>	A drug that blocks some or all opioid receptor subtypes
<b>Mixed agonist-antagonist</b>	A drug that activates some opioid receptor subtypes and blocks other opioid receptor subtypes

Can you tell the difference between these terms:

- Opium?
- Opioid?
- Opiate?
- Narcotic?

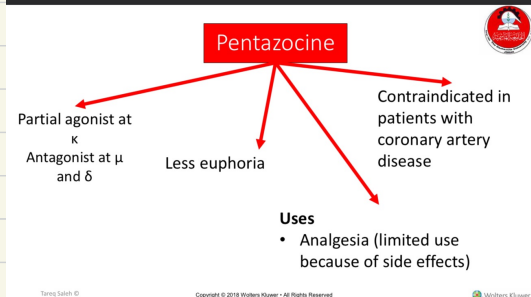
### Opioid Partial Agonists

Partial opioid agonists bind to opioid receptors but have only partial efficacy relative to full opioid agonists.

**Examples:** buprenorphine, butazocine, buphine

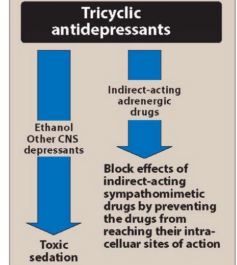
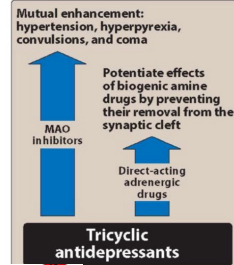
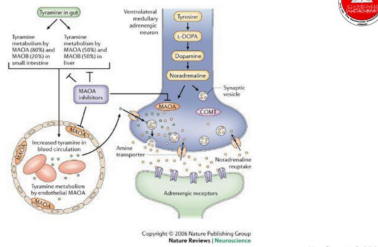
### Opioids

Phenanthrenes	Action on Opioid Receptors	Benzomorphan	
<b>Morphine</b>	Agonist	<b>Pentazocine</b>	Mixed Agonist/Antagonist
<b>Codeine</b>	Agonist	<b>Phenylpiperidines</b>	
<b>Oxycodone</b>	Agonist	<b>Fentanyl</b>	Agonist
<b>Oxymorphone</b>	Agonist	<b>Alfentanil</b>	Agonist
<b>Hydromorphone</b>	Agonist	<b>Sufentanil</b>	Agonist
<b>Hydrocodone</b>	Agonist	<b>Meperidine</b>	Agonist
<b>Buprenorphine</b>	Partial agonist	<b>Diphenylheptane</b>	
<b>Nalbuphine</b>	Mixed Agonist/Antagonist	<b>Methadone</b>	Agonist
<b>Butorphanol</b>	Mixed Agonist/Antagonist		



# محاضرة ال antidepressants

MAOIs +				
1. Tyramine - rich food	2. Cold Remedies (sympathomimetic)	3. TCAs (↑ CA)	4. Pethidine	5. SSRIs (↑ 5HT)
Hypertensive crisis (Cheese reaction)	Hypertensive Crisis.	-Hypertension -Hyperthermia -Convulsions	-Respiratory depression -Hyperthermia -Convulsions	"Serotonin syndrome": -Hyperthermia -Convulsions



## Monoamine Oxidase Inhibitors (MAOI)

### Precautions with MAOI

- Patients on nonselective MAOIs should be warned against serious drug interactions and should be given a list of the foods they should avoid.
- Patients on MAOIs should not receive TCAs or SSRIs except after 2 weeks from stopping MAOIs (effect persists for 2 weeks or 6 for fluoxetine).
- Avoid in the elderly because of postural hypotension.

## Summary of antidepressants mechanisms of action

### Mechanisms of Increase of Biogenic Amines by Antidepressants

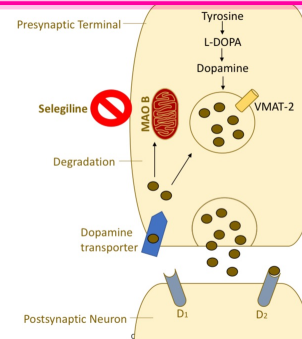
Amine Pump Inhibitors	MAO Inhibitors	Presynaptic α <sub>2</sub> Blockers
Inhibit uptake-1 of biogenic amines into neurons resulting in their accumulation in synaptic cleft, potentiating their action at post synaptic receptors.	Inhibit metabolism of biogenic amines by MAO enzyme inside nerve endings → ↑ stores available for release.	↑ NA release into synaptic cleft by preventing α <sub>2</sub> auto-inhibition.
<b>Members</b> 1. TCAs 2. TAD 3. SSRI 4. NSRI 5. Bupropion	<b>Members</b> Tranylcypromine Phenelzine Moclobemide	<b>Members</b> Mirtazapine

TCAs: Tricyclic antidepressants  
TADs: Tetracyclic antidepressants  
NSRI: Norepinephrine-Serotonin Reuptake Inhibitor  
SSRI: Selective Serotonin Reuptake Inhibitor.

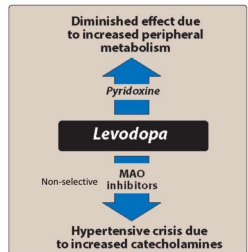
# محاضرة ال parkinson

## Parkinsonism: Etiology

- Idiopathic (Parkinson's disease):** primary or idiopathic destruction of dopaminergic neurons in the basal ganglia.
- Secondary parkinsonism:**
  - Viral encephalitis
  - CO or manganese poisoning.
  - Drug-Induced parkinsonism "pseudoparkinsonism" e.g., haloperidol



## Drug-drug Interaction



## Amantadine

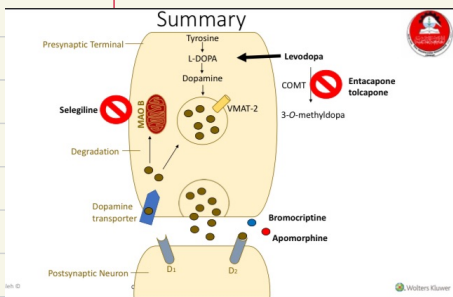
### Mechanism of action:

- Antiviral used to treat influenza.
- Amantadine increases the release of dopamine, blocks cholinergic receptors and inhibit NMDA glutamate receptors.

## Amantadine

### Therapeutic uses:

- Amantadine is less efficacious than levodopa in the treatment of Parkinson's disease.
- Effective against rigidity and bradykinesia



## Dopamine Receptor Agonists

### Pharmacokinetics

Characteristic	Pramipexole	Ropinirole	Rasagiline
Bioavailability	>90%	45%	45%
V <sub>d</sub>	7 L/kg	7.5 L/kg	84 L/kg
Half-life	8 hours <sup>1</sup>	6 hours	7 hours <sup>3</sup>
Metabolism	Negligible	Extensive	Extensive
Elimination	Renal	Renal <sup>2</sup>	Renal <sup>2</sup>

## Summary Of The Therapeutic Strategy

- Levodopa+carbidopa is the mainstay (first-line) therapy of Parkinson's disease (mostly in combination with a MAO B inhibitor or COMT inhibitor).
- MAO B inhibitors and COMT inhibitors are given in adjunct to levodopa+carbidopa therapy.
- MAO B inhibitors increase efficacy of levodopa and decrease fluctuation in motor response
- COMT inhibitors increase efficacy of levodopa and decrease "wearing off" mechanism.
- Dopamine agonists can be given alone in young and mild parkinsonians (to delay levodopa use) OR in combination with levodopa+carbidopa if disease is in progress.
- Antimuscarinics are used in adjunct with levodopa+carbidopa (or in cases of antipsychotics-induced parkinsonism).

## Summary of the therapeutic strategy

How to decrease fluctuation in motor response to levodopa?

Addition of a MAO B inhibitor or a COMT inhibitor or a dopamine agonist

Shortening of the interval between doses of levodopa+carbidopa

Using slow-release preparations of levodopa+carbidopa

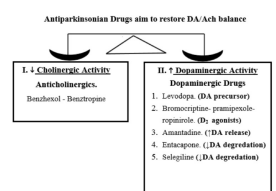
## Summary

Drug	Mechanism of Action	Adverse Effects
I. Bromocriptine, Pramipexole & Rotigotine (given alone or with L-dopa)	D1/D2 agonists (Less fluctuation due to rapid absorption - longer t <sub>1/2</sub> ). ↑ Vasopressin & cardiac (Bromocriptine)	Similar to L-dopa, with more psychosis.
II. Amantadine (given alone or with L-dopa)	↑ DA release (mild effect) → releases L-dopa effect. Blocks cholinergic receptors. Block glutamate receptor (NMDA) → a glutamate excitotoxicity → a neuronal degeneration. more effective against rigidity and bradykinesia	Insomnia, Hallucinations, Livedo reticularis, purple spotting of skin

## Summary

III. Selegiline (Adjunct to L-dopa+carbidopa)	Selective inhibitor of MAO-B → delays breakdown of nigrostriatal DA → prolongs L-dopa action → ↓ fluctuation	Insomnia (due to its metabolism to methamphetamine and amphetamine) -Hallucination -Very low risk of cheese reaction. No levodopa
Rasagiline	5 times more potent	
IV. Entacapone (Adjunct to L-dopa+carbidopa)	COMT inhibitor → ↓ L-dopa peripheral metabolism → ↑ its bioavailability & prolongs its action → ↓ fluctuation.	Similar to L-dopa -Diarrhea.
Tokapone	Relatively longer duration	Painful hepatic necrosis

## Strategy of treatment



## Drugs Used in Parkinson's Disease

- Levodopa and carbidopa
- Selegiline and rasagiline
- Catechol-O-methyltransferase inhibitors (COMTIs)
- Dopamine receptor agonist
- Amantadine
- Antimuscarinic agents

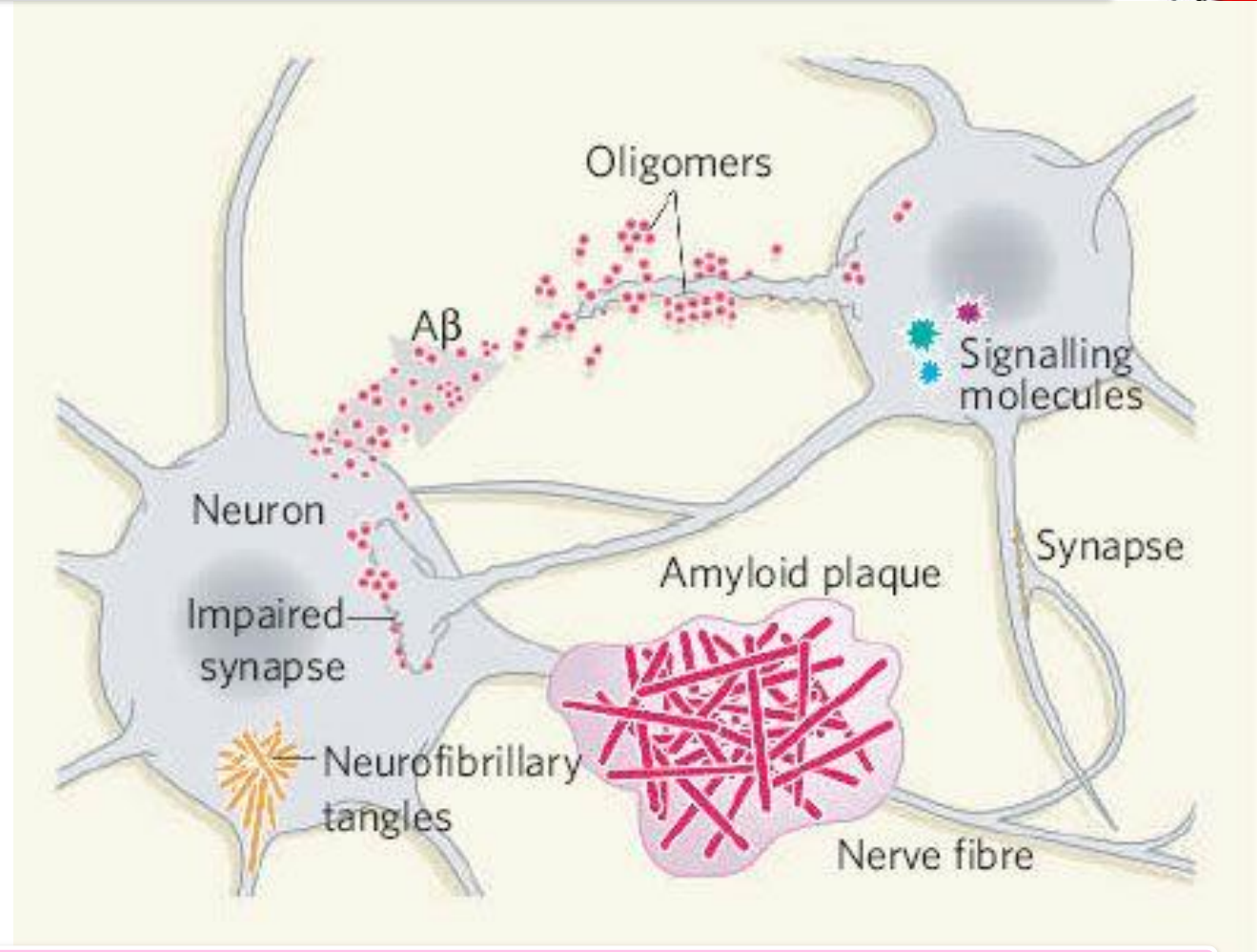
ANTI-PARKINSON DRUGS	
Amantadine	AMANTADINE
Apomorphine	APOMORPHINE
Benzhexol	BENZTROPINE
Biperiden	BIPERIDEN
Bromocriptine	BROMOCRIPTINE
Carbidopa	CARBDOPA
Entacapone	ENTACAPONE
Levodopa (or Carbidopa)	LEVODOPA
Rasagiline	RASAGILINE
Ropinirole	ROPINIROLE
Rotigotine	ROTIGOTINE
Selegiline (Ergoperidol)	SELEGININE, ERGOPERIDOL
Tokapone	OKAPONE
Tyrosine hydroxylase	TYROSINE HYDROXYLASE

One of the main features of Alzheimer disease is neural destruction and degeneration caused by accumulation of amyloid plaque and neurofibrillary tangles

## Overview: Alzheimer's Disease

- is a neurodegenerative disorder characterized by impairment of memory and cognitive function together with mood and personality changes.
- is the most common cause of dementia in the elderly.

Severe memory loss



Pathophysiology is known, etiology unknown, aging disorder, physical damage is due to destruction due to protein byproducts several byproducts of metabolism most likely protein polymers like amyloid will start accumulating in neurons in the brain their accumulation is associated with neural damage , related to higher functions in cerebral function like memory and learning abilities and decline in IQ

# Alzheimer's Disease: Pathophysiology

• Dementia of Alzheimer's disease has three distinct features:

1. Accumulation of senile plaques ( $\beta$ -amyloid accumulations)
2. Formation of numerous neurofibrillary tangles
3. Loss of cortical neurons (cholinergic neurons)

وحدة من المشاكل الرئيسية التي لازم نصلحها  
to try to restore as انه with treatment  
much cholinergic stimulation as possible

That's why Alzheimer's patients lose their cognitive abilities like learning and memory

Related to accumulation of aging related unprocessed metabolic byproducts like amyloid plaques and neurofibrillary tangles leading to neuronal degeneration and cell death

**Improve brain cholinergic transmission**

Reduce degradation and metabolism by using cholinergic antagonists

**Strategy of therapy**

Since Alzheimer's disease is associated with continuous destruction of neurons we can try to protect them by glutamate antagonists

**Reduce glutamate-NMDA-induced excitotoxicity**

Most important excitatory peripheral neurotransmitter is acetylcholine, glutamate is a neurotransmitter that exerts an important function in the brain related to movement thinking recognition but it carries with it some sort of toxicity called excitotoxicity because it facilitates rapid extensive influx of calcium in the neurons neurons as it's activating them, rapid calcium influx in any cell not just neurons can trigger apoptosis, normal glutamate physiology is associated with nerve damage with aging

# Alzheimer's Disease

# Drugs Used in Alzheimer's Disease

Work on degradation step

Progression of disease cannot be stopped they only reduce symptoms

- **Acetylcholinesterase inhibitors**

- Donepezil

Cross BBB first line for mild

- Galantamine

- Rivastigmine

cross BBB

There's some drugs of this class don't cross blood brain barrier like neostigmine which treats peripheral cholinergic deficiency associated with diseases like myasthenia gravis

- **NMDA receptor antagonists**

- Memantine



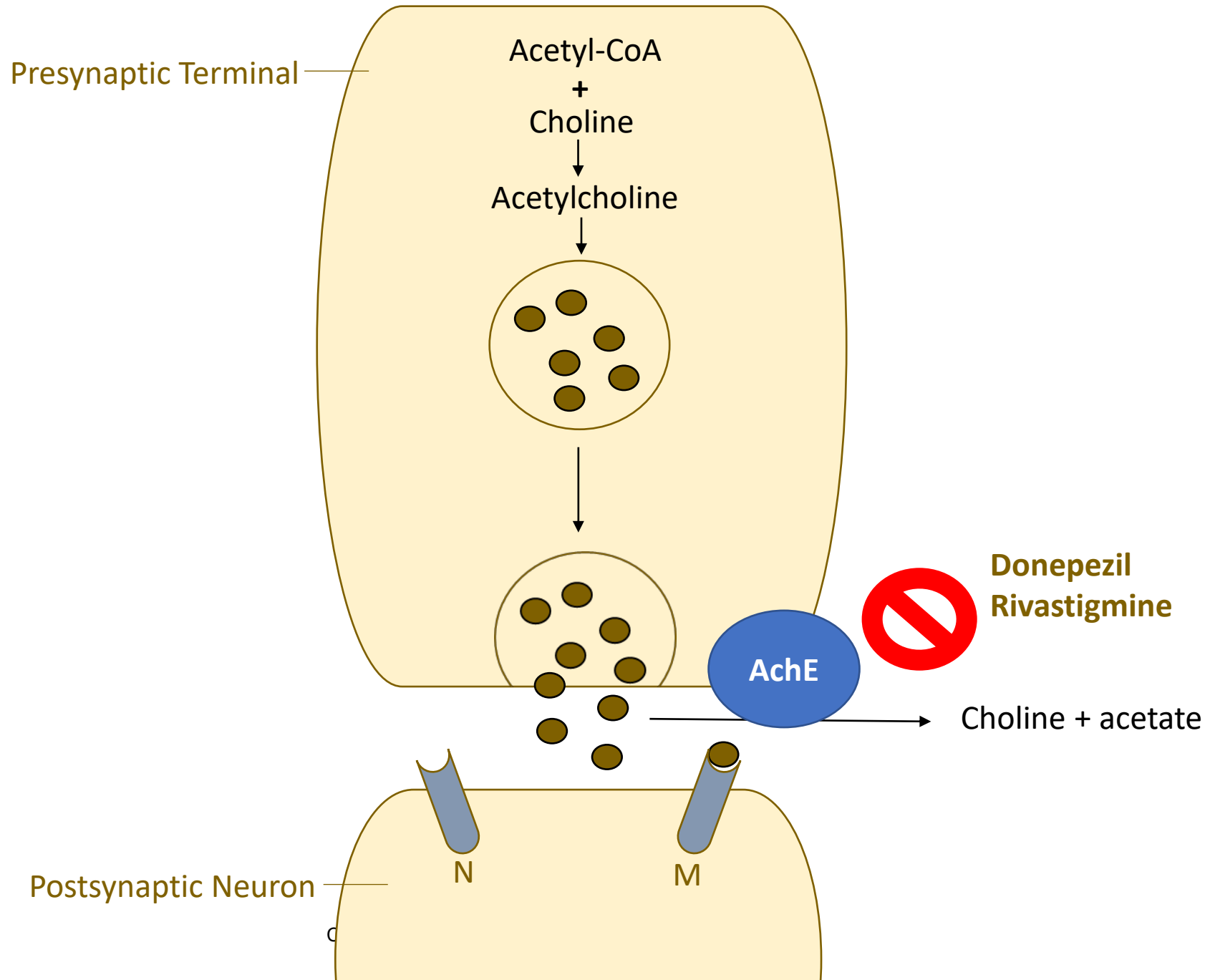
# Acetylcholinesterase Inhibitors

## Mechanism of action:

- hallmark of the disease: Progressive loss of cortical cholinergic transmission participates in Alzheimer's disease-associated dementia.
- Inhibition of acetylcholinesterase (AChE) → improve cholinergic transmission.

If this works it will only correct the symptoms of the disease but it has no role in slowing down the progression, acetylcholinesterase inhibitors don't reduce ongoing damage







# Acetylcholinesterase Inhibitors

## Therapeutic uses:

The reversible AchE inhibitors (Donepezil, galantamine and rivastigmine) are approved for the treatment of *mild to moderate* Alzheimer's disease.

- These drugs provide a modest reduction in rate of loss of cognitive function in Alzheimer patients.
- Rivastigmine is the **ONLY** agent approved for the management of **dementia associated with Parkinson's disease.**
- Rivastigmine is the **ONLY** agent available as a **transdermal patch.**

# Acetylcholinesterase Inhibitors

## Adverse effects

- Nausea
- Diarrhea
- Vomiting
- Anorexia
- Tremors
- Bradycardia
- Muscle cramps

Pupil dilatation



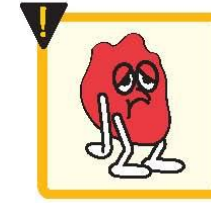
Increased cholinergic stimulation at the muscarinic receptors in the heart



Increased acetylcholine availability at the neuro-muscular junction



Tremors



Bradycardia



Nausea



Diarrhea



Anorexia



Myalgia



# NMDA Receptors Antagonists

## Mechanism of action:

- Overstimulation of NMDA glutamate receptors in the brain → increases intracellular calcium → neurodegenerative or apoptotic loss of neurons (excitotoxicity)



# NMDA Receptors Antagonists

## Therapeutic uses

- Memantine is an NMDA receptors antagonist approved for the treatment of moderate to severe Alzheimer's disease.
- Memantine is often given in combination with an AchE inhibitor to treat Alzheimer's disease.



# Treatment of Alzheimer's Disease

- Pharmacotherapy of Alzheimer's disease is symptomatic.
- The standard care includes AchE inhibitors + a NMDA antagonist.
- They both provide modest, short-term benefits but do NOT alter the underlying neurodegenerative process.

Neuronal damage will continue because it's mainly driven by accumulation of amyloid



# Future alternatives for the treatment of Alzheimer's Disease

They're tested with variable results

- **Cholesterol-lowering agents: statins**
- **Insulin sensitizers: PPAR- $\gamma$  agonists** (Rosiglitazone) (it sensitizes tissue to insulin and alters apolipoprotein E gene expression  $\rightarrow$   $\uparrow$  **break-down of  $\beta$ -amyloid**).
- **Intranasal insulin** (insulin **crosses BBB from the nasal mucosa** via transport from the olfactory receptor cells in the roof of the nasal cavity as patients with AD have lower insulin levels in CSF and higher plasma insulin levels)
- **NSAIDs:** low dose aspirin, celecoxib



# Future alternatives for the treatment of Alzheimer's Disease

## Experimental disease-modifying drugs:

- Amyloid lowering agents: Semagacestat (failed)
- Drugs interfering with amyloid- $\beta$  deposition: Tramiprosate
- Drugs increasing amyloid- $\beta$  clearance: anti-amyloid antibodies
- Drugs interfering with tau deposition: Li<sup>+</sup> small dose, valproate, methylene blue

Another protein metabolism byproduct accumulates in Alzheimer's brain



# Antipsychotic Drugs

=Neuroleptics, Major tranquilizers



# Definitions

## • Psychosis:

المشكلة بتكون بال thought, personality, behavior, bizarre irrational thinking

- Mental state involving detachment from the reality
- Madness; supernatural power
- Diagnosis by exclusion

## • Delusion:

Describes false bizarre fixed beliefs

بتكون قناعات عند المريض اعتقادات معينة من دون دليل او صلة بالواقع ما الها اصل حقيقي ثابتة صعب تغييرها، في انواع كثير لل delusions اشهرها persecutory delusion و هو ال delusion of safety معظمهم بكون خايفين او عندهم افكار انه they're haunted حدا بحاول يقتله او يسممه يراقب تحركاته براقبه من كاميرات و كلها اشياء ما الها بالواقع و ممكن الحدا يكون خايف منه من العيلة

2 main symptoms characterizing psychosis

## • Hallucination:

المريض راح يحس باشياء مش موجودة بالواقع the patient will create certain sensory image that's actually absent ممكن يكون visual or auditory ال most commonly auditory بكون بسمع اصوات مو موجودة فعليا اصوات بتكون تحكي معه شخصيات الها اسماء و بالعادة بتكون هاي الاصوات negative بتكون تحكي اشياء سيئة عنه بالعادة discouraging اذا كانت visual بكون يتخيل وجود شخصية معينة و يحكي معها و يتفاعل معها

Sensory dysfunction

## • Illusions?

Misperception of stimulus

في الحقيقة ال stimulus بكون موجود بس بفهمه او بشوفه بطريقة خاطئة يعني ممكن يشوف شجرة على انها شخص بده يهجم عليه



Unknown, poorly understood

# Psychosis: Causes ↗

1% prevalence

Function MRI doesn't show any abnormality

## • Genetic? ↗

## • Normal?

## • Environmental

- Stress →

Can trigger psychosis in patients who are predisposed to develop psychotic illnesses

## • Medical conditions: ↘

- 1. Drugs (dopa like)
- 2. rapid withdrawal of opioid
- 3. brain tumour
- 4. Alzheimer and parkinson could manifest psychotic illnesses later
- 5. Electrolytes imbalance
- 6. Fetal infections

## • Drugs:

- Alcohol; Cannabis

- Cocaine; Amphetamine; MDMA

- K-opioid receptor agonists

- NMDA Antagonists:

Amphetamine » increase release of dopamine in the brain



# Signs and symptoms

- Positive

- Hallucination & delusions
- Thought disorders
- Abnormal behaviors

- Negative

- Social contacts

They withdraw from social contact

- Emotional responses

Depressed most of the time, loss of pleasure

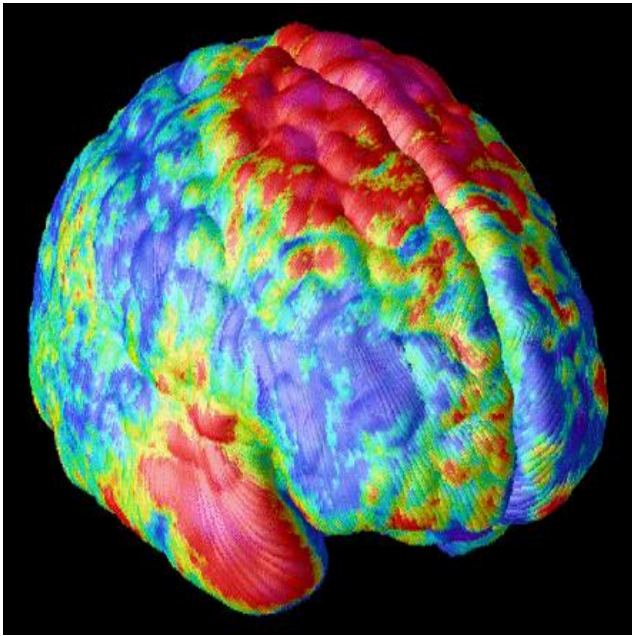
- Decrease attention and memory

- Anxiety and depression -- → Suicide



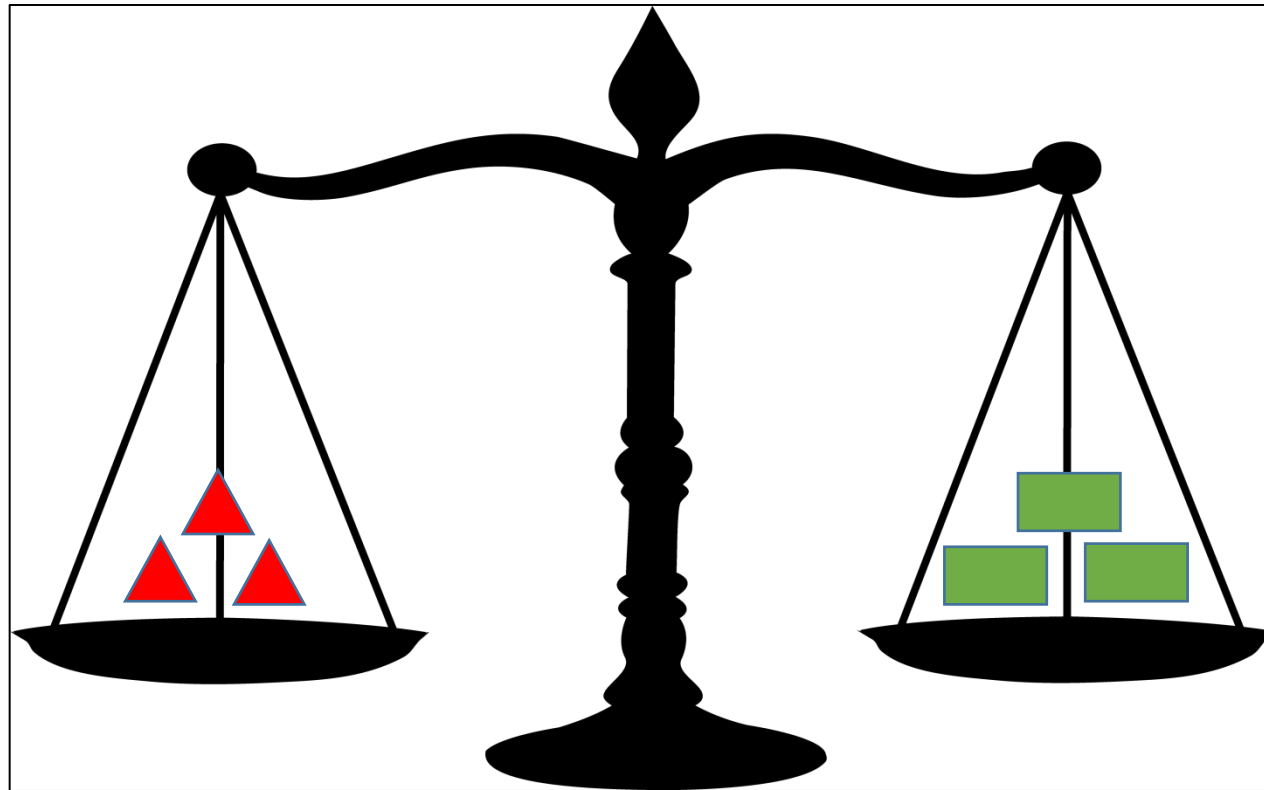
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# Psychosis: pathogenesis





# Pathophysiology: Dopamine Hypothesis



ال theory بتحكي  
balance هل ال  
between  
glutamate and  
dopamine هو  
السبب؟؟

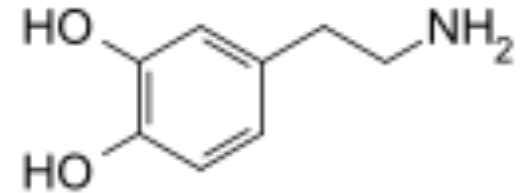
▲ Glutamate (Glu)

■ Dopamine (DA)



# Dopamine

- A catecholamine neurotransmitter
- Projections:
  - Substantia Nigra:
    - Basal Ganglia: Movement
  - Ventral tegmental area:
    - Mesolimbic pathway: Reward and cognition
  - Arcuate nucleus:
    - Pituitary gland: Inhibit prolactin secretion
- Receptors:
  - D 1,5 (Excitatory; Metabotropic; GPRC (Gs))
  - D 2, 3, 4 (Inhibitory; Metabotropic; GPCR (Gi))



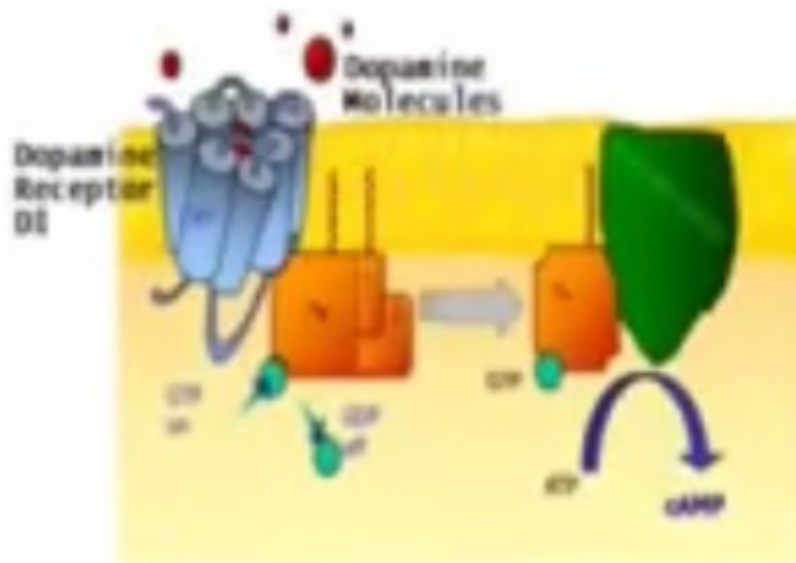
Difference in ability of dopamine to exert different brain functions because it's a mixed excitatory and inhibitory neurotransmitter



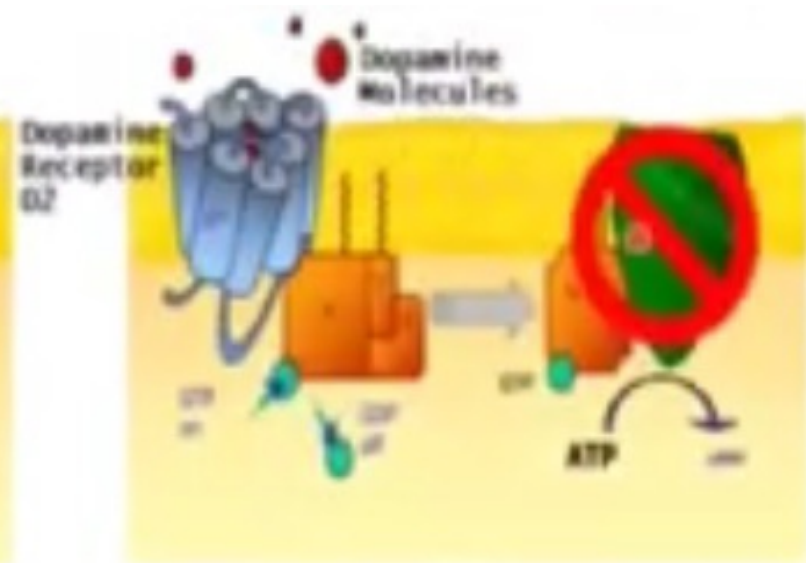


# D1 vs. D2

## D1-like Dopamine Receptors



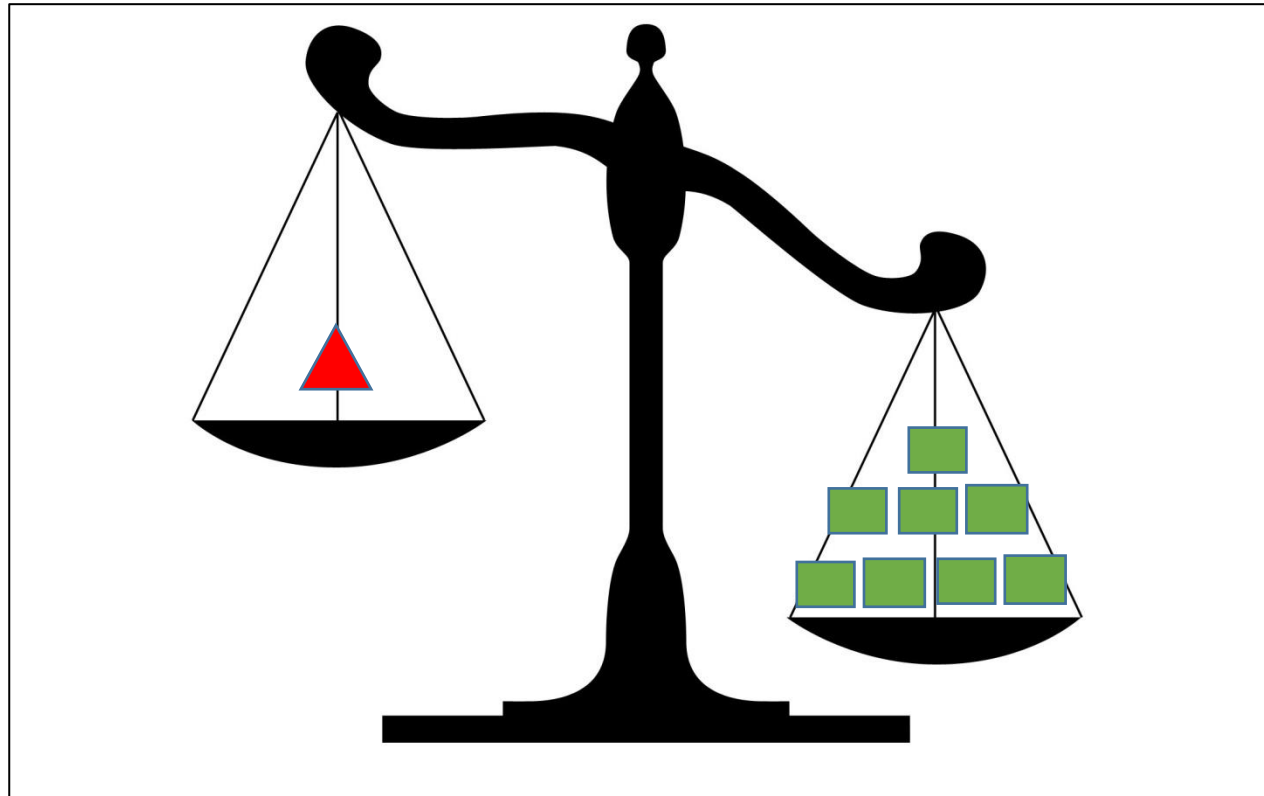
## D2-like Dopamine Receptors



Most anti-psychotics aim to decrease dopamine levels

# Pathophysiology:

## Dopamine Hypothesis



 **Glutamate (Glu)**

 **Dopamine (DA)**



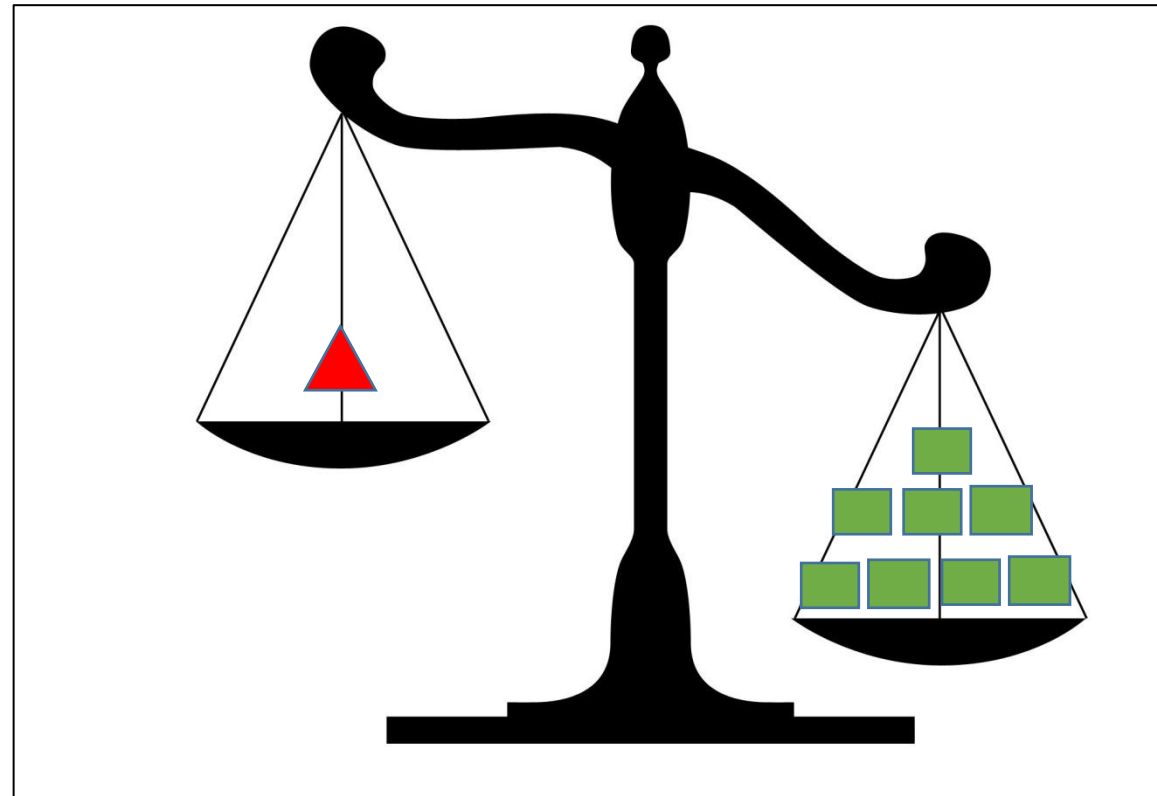
# Pathophysiology: Dopamine Hypothesis

## Pros:

- D2 agonists and dopamine releasers produce psychotic-like effects.
  - Amphetamine, bromocriptine
- Drugs block NMDA receptors produce psychotic-like effect.
  - Ketamine, Phencyclidine
- Antipsychotics are dopamine (D2) antagonists.
  - Clozapine, Olanzapine

## Cons:

- Antipsychotics are not always effective.
- Therapeutic effect is generally delayed.
- Newer antipsychotics have 5-HT antagonism (Pimavanserin )



Newer agents are histamine antagonists



**Glutamate (Glu)**



**Dopamine**



# Antipsychotic Drugs: Principles

- The exact Pathophysiology is not well understood.
- Many people do not respond fully to medications or respond partially
- Therapeutic effect may be delayed several weeks
- Significant side effects Main reason for non-compliance
- I • More effective against positive-symptoms Negative symptoms are only treated by psychological therapy
- Use the minimum effective dose.



# Antipsychotic Drugs: Major S/E

Life threatening condition characterised by circulatory shock, high fever, seizures

- **Hyperprolactinemia.**
  - Galactorrhoea
  - Gynecomastia
- **Sexual dysfunction:**
- **Neuroleptic malignant syndrome**
- **Tardive dyskinesia.**
- **Sedation??**
- **Hyperglycemia** and diabetes
- **Weight gain??**



Abnormal repetitive movements of facial muscles » irreversible effects



# Antipsychotic Drugs: Major S/E

- Hyperprolactinemia.
  - Galactorrhoea
  - Gynecomastia
- Sexual dysfunction: loss of libido.
- Neuroleptic malignant syndrome
- Tardive dyskinesia.
- Sedation??
- **Hyperglycemia and diabetes.**
- Weight gain??

**Typical**

**Atypical**



# Antipsychotic Drugs

Lees adverse effects

	Typical (First Generation)	↖ Atypical (Second Generation)
Discovery	Older	Newer
Effectiveness	Partially	Better?
MOA	D2: Antagonist	D2: antagonist 5-HT: antagonist (5-HT3c)
Extrapyramidal S/E	+++++++	++



• The first neuroleptic (1952)

*Associated with sedation*

## Typical

- Chlorpromazine
- Haloperidol

• Partial agonist at D2

• Antiemetic with cancer chemotherapy

*Amphetamine and LSD overdose*

• Decrease risk of suicide

*Has major side effects*

## Atypical

- Clozapine
- Olanzapine
- Risperidone
- Ziprasidone
- Amisulpride
- Aripiprazole





# Other Antipsychotics

- Pimavanserin:

- Approved in 2016.
- No dopamine action.
- 5-HT inverse agonist (i.e. antagonist)
- \$\$\$\$\$\$ → Very expensive
- Parkinson's disease psychosis.



# Antipsychotics: Other uses

- Anxiety Disorders: OCD
- Huntington Disease
- Autism
- Antiemetic



# Antipsychotic Drugs: Clinical notes

- Most are effective against positive symptoms.
- Smoking increase metabolism of Clozapine
- Change the medication
- Injectable forms:
  - Non-Compliance of the patient
  - Acute psychotic agitation or mania
- Safe during pregnancy

إذا ما كان في response او صار  
response و بعدها بفترة صار relapse



Thank you



# Question 1

- **Antipsychotics can produce all of the following except:**
  - A. Hyperglycemia
  - B. sedation
  - C. Weight loss
  - D. Sexual dysfunction
  - E. It can produce all of the above

## Question 2

- **Examples of typical antipsychotics:**

- A. Olanzapine
- B. Haloperidol
- C. Clozapine
- D. Ziprazidone
- E. All of the above

# Question 3

- **Dopamine (D1) receptors are:**

- A. Ionotropic excitatory
- B. Metabotropic excitatory
- C. Ionotropic Inhibitory
- D. Metabotropic inhibitory
- E. Voltage-gated receptors

# Question 4

• **A patient look at a tea cup, and he claims it is a bomb. This is an example of:**

- A. Dillusion
- B. Illusion
- C. Hallucination
- D. Schizophrenia
- E. Sounds like normal to me!