



Immunology

Title : Adaptive Immunity
(humoral Immunity)

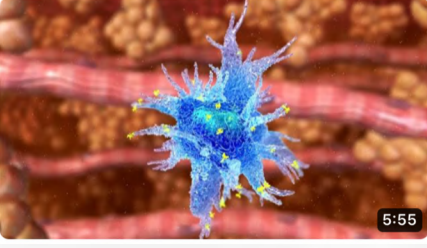
Lec no : 9

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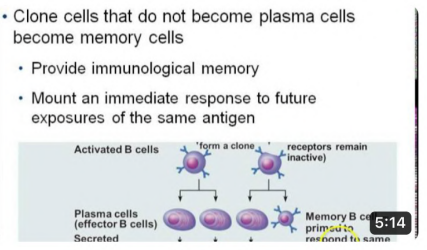
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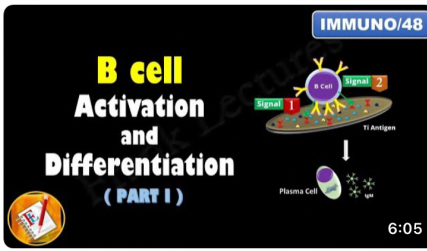
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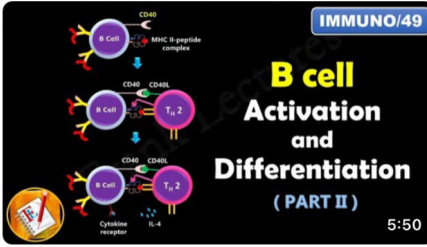
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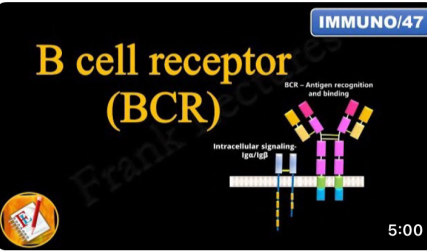
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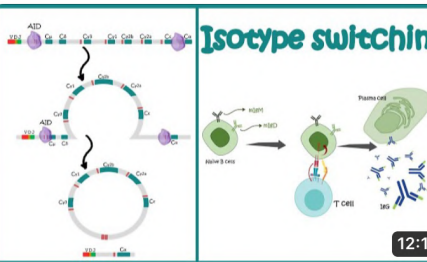
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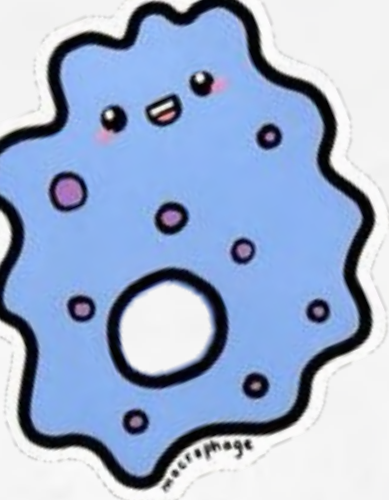
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رسالة اليوم

يجب أن يكون احساسك ايجابياً مهما كانت الظروف
ومهما كانت التحديات و مهما كان المؤثر الخارجي

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Why are HIV patients more susceptible for viral infections and tumor?

حكيانا المرة الماضية عن ال cross priming او ال cross presentation، يكون عنا ال antigen extracellular و جزء منه بروج عال endocytic vessicle و بصير اله destruction و fusion مع ال MHC II و جزء منه بروج على cytoplasm و بصير اله destruction عبر ال proteosomes بعدين بصير الها displaying على MHC I لهيك ال antigen presenting cell بتكون رابطة +CD4 و ال +CD8 و بنفس الوقت ال CD4 حيفرز cytokines لتنشط و تفعل ال CD8، و لما يصير هاد الحكي ال CD8 بتكون activated هسا مرضى ال HIV يكون عندهم ال CD4 قليل و بالتالي ال activation تبع cd8 حيتأثر .

الدكتور رجع ذكرنا بال B7 و انها مهمة و تعتبر rate limiting step لنحول ال T cell الى active cell اذا ناسيينها راجعوا محاضرة 8 الان 😊، و سألنا سؤال كواجب

شو علاقة ال B7 الي هي costimulatory بال vaccine adjuvants و شو دورها

Protein antigens, such as those used in vaccines, fail to elicit T cell–dependent immune responses unless these antigens are administered with substances that activate APCs, especially dendritic cells. Such substances are called **adjuvants**, and they function mainly by **inducing the expression of costimulators on APCs and by stimulating the APCs to secrete cytokines that activate T cells.**

الفكرة من الفقرة الي فوق نعرف شو يعني adjuvants الي هي عبارة عن مواد بتنحط باللقاح لحتى تثير الاستجابة المناعية و تحديدا ال T cells

Most adjuvants used in experimental immunology are products of microbes (e.g., killed mycobacteria, which is often used in experimental studies) or substances that mimic microbes, and they **bind to pattern recognition receptors of the innate immune system, such as Toll-like receptors and NOD-like receptors).**

بهاي الفقرة حكالنا من وين بجيب هدول ال adjuvants

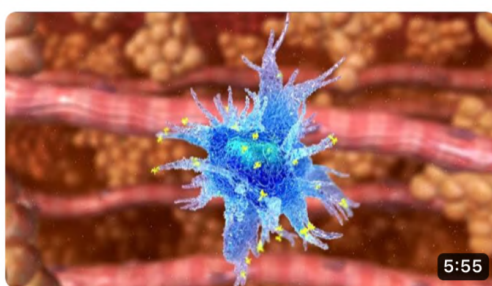
Adjuvants used in human vaccines are mainly **aluminum salts** that **induce local inflammation**, which **secondarily leads to dendritic cell costimulator expression**. Thus, adjuvants trick the immune system into **responding to purified protein antigens** in a vaccine as if these proteins were parts of infectious microbes.

هي بتخدع جهاز المناعة لحتى يستجيب لبروتينات مش pathogen اصلا، بتخليه بالاول يعمل التهاب موضعي و الي يؤدي لبعدين الي تحفيز ال dendritic cells

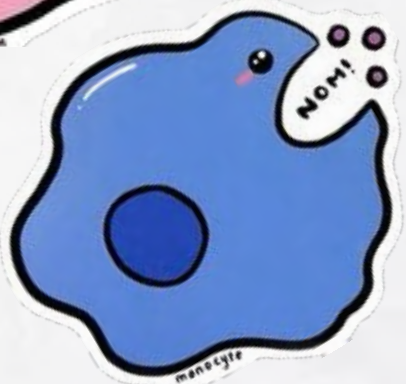
*** اذاهي بتحفز خروج B7 ليرتبط بـ CD28**

The increasing understanding of costimulators has led to new strategies for inhibiting harmful immune responses. Agents that **block B7:CD28 interactions** are used in the **treatment of disorders in which T cell activation causes organ dysfunction**, such as certain autoimmune diseases and graft rejection, and antibodies that block CD40:CD40L interactions are being tested in these diseases.

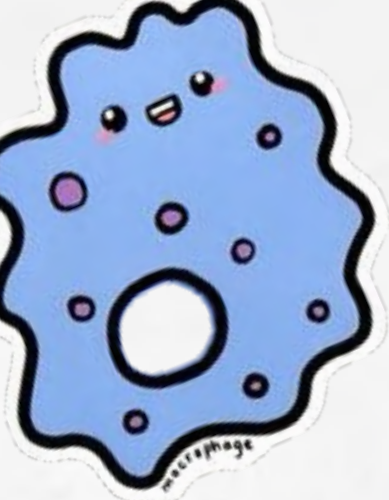
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Introduction - Humoral immunity

- Arise and mature in the red bone marrow
- Found primarily in the spleen, lymph nodes, and (The mucosa-associated lymphoid tissue (MALT), also called mucosa-associated lymphatic tissue, is a diffuse system of small concentrations of lymphoid tissue found in various submucosal membrane sites of the body, such as the gastrointestinal tract, thyroid, breast, lung, salivary glands, eye, and skin).
- Small percentage of B cells circulates in the blood
- Major function is the secretion of antibodies

Importance:

- Humoral immunity helps cellular immunity to perform action through interaction of T helper cells with B cells
- Is the arm of adaptive immunity in killing extracellular microbes and microbial toxins
- Important in defending against microbes with capsule

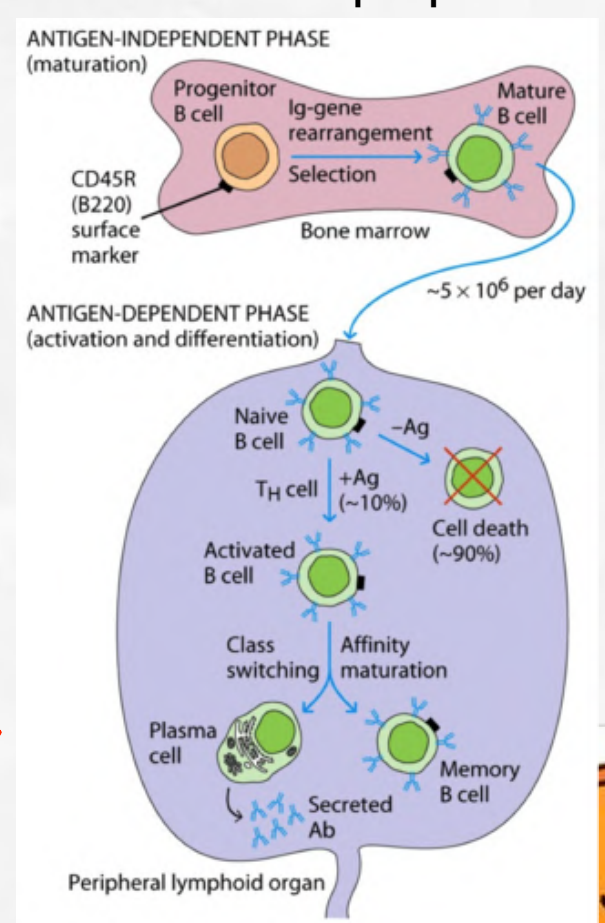
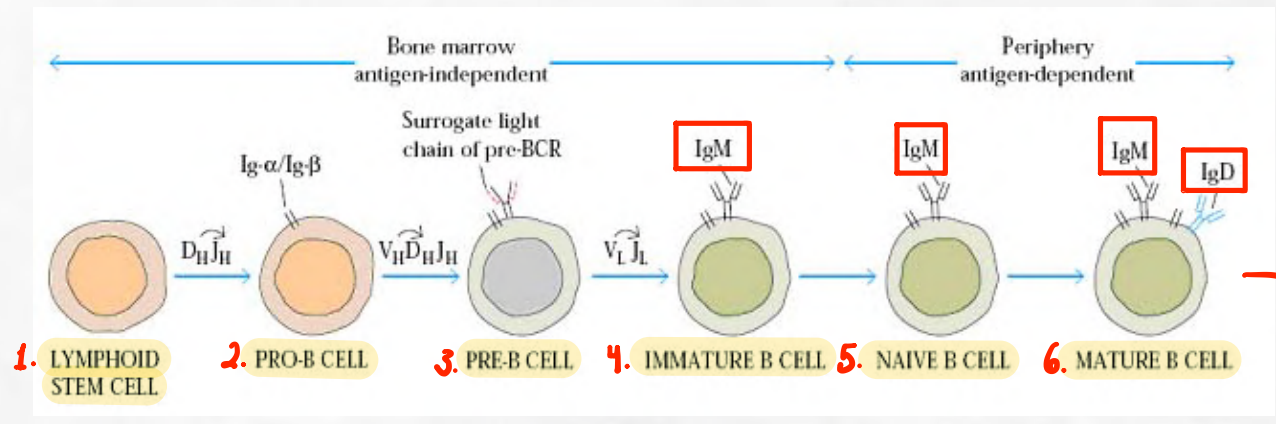
When taling about the Capsule, we are talking about the Bacteria which is usually compsed of polysaccarides, so this is a T-independant activation of B -cells

لو كانت بروتينات لكانت T-dependant

B Cells Maturation

• B cells matures in bone marrow independent of antigen, then continue to mature in peripheral lymphoid organs with the presence of antigen

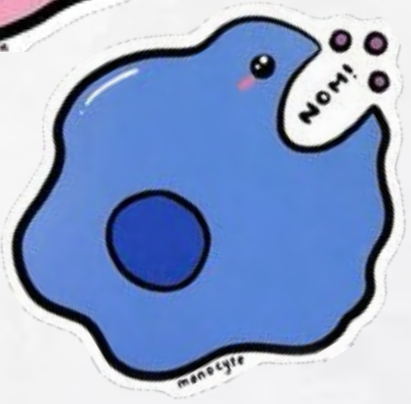
- Three main steps of maturation: **الدكتور ماركن عليم**
 1. Progenitor- Ig alpha and beta- for signal transduction (long tails)
 2. Pre-B cell- IgM heavy chain, and light chain
 3. "mature"- IgD

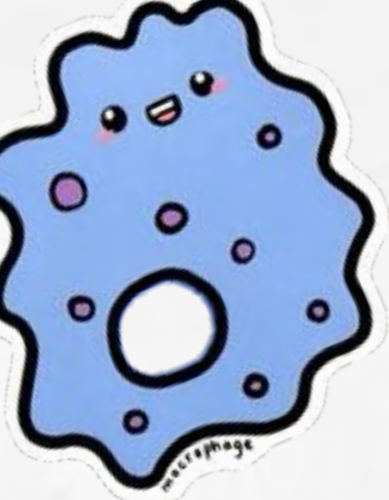


بس هاي الرسمة الدكتور ركز عليها، احفظوا الترتيب و اعرفوا كل نوع خلية شو نوع ال antibody الي يكون عليها presented

Most pre-B cells synthesize mu heavy chains but, without light-chain partners, these undergo rapid cytoplasmic degradation

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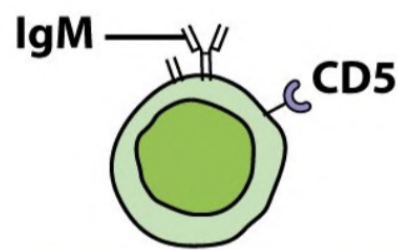
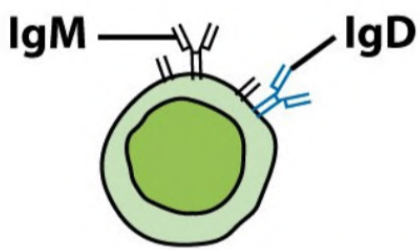
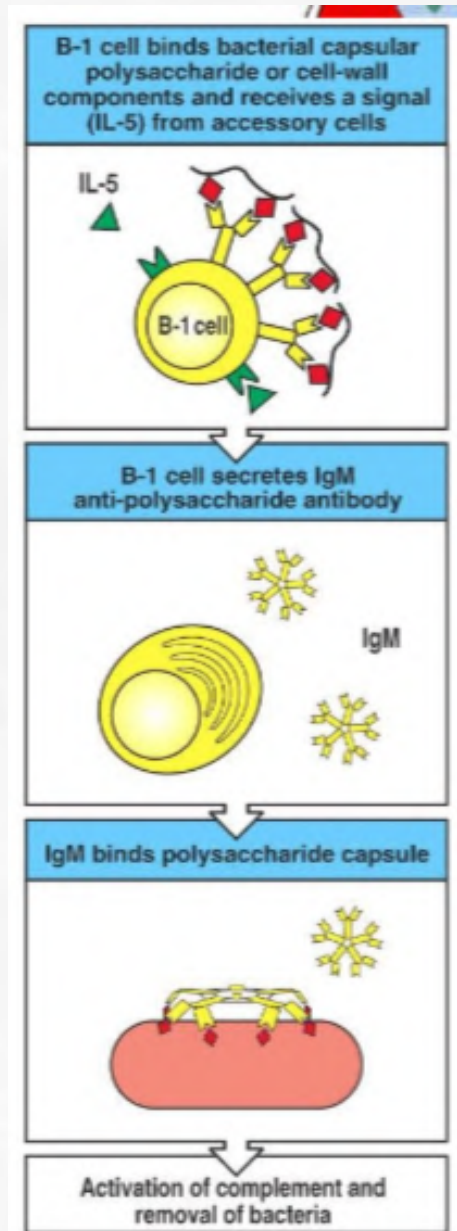




B-1 B cells

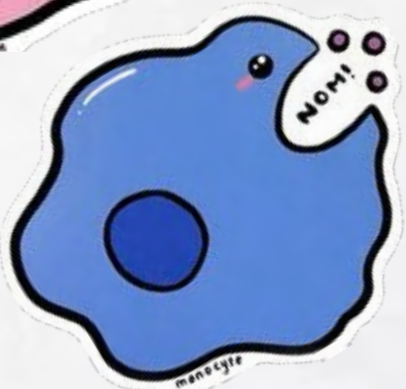


- "Innate-like" subset of B cells.
- Appear during fetal life and express IgM but little IgD and display CD5. Are also found in peritoneum and pleural space.
- Originates from stem cell in bone marrow, but also from proliferation of B-1 cells outside the BM.
- Responds poorly to protein antigen, but strongly to carbohydrate antigens.
- Antibodies produced are of low affinity.
- No memory produced

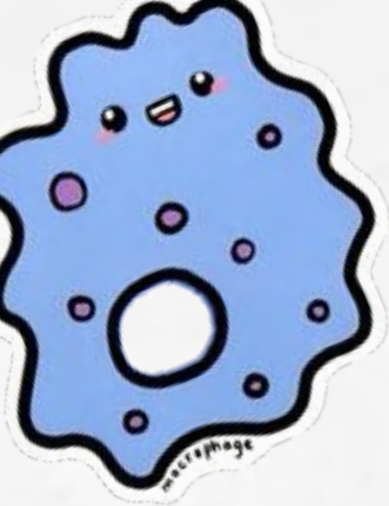


| Attribute | Conventional B cells (B-2 B cells) | B-1 B cells |
|-----------------------------------|------------------------------------|--|
| Major sites | Secondary lymphoid organs | Peritoneal and pleural cavities |
| Source of new B cells | From precursors in bone marrow | Self-renewing (division of existing B-1 cells) |
| V-region diversity | Highly diverse | Restricted diversity |
| Somatic hypermutation | Yes | No |
| Requirements for T-cell help | Yes | No |
| Isotypes produced | High levels of IgG | High levels of IgM |
| Response to carbohydrate antigens | Possibly | Definitely |
| Response to protein antigens | Definitely | Possibly |
| Memory | Yes | Very little or none |
| Surface IgD on mature B cells | Present on naive B cells | Little or none |

Somatic hypermutation involves a programmed process of mutation affecting the variable regions of immunoglobulin genes



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B cells Clonal Selection

- Self-reactive B cells are eliminated in bone marrow (BM).

The self antigens are presented on the surface of B cells and if they recognize these self antigens and bind to them, these B cells won't be matured and they will be deleted in the bone marrow

- BM produces 5×10^7 B cells/day, but only 5×10^6 B cells/day or 10% actually enter the circulation.

احنا بننتج اعداد كبيرة و لكن نسبة صغيرة جداً بتدخل ال circulation ليصيروا mature و function في ال immune system

- Some of this loss is due to negative selection and elimination or clonal deletion of immature B cells expressing auto antibodies to self-antigens.

ال negative selection يعني اذا ال antigen كان non harmful زي self antigen معناته ال B cell ما بتكمل عنا maturation و بصير الها deletion و ما بتوصل ال circulation

- "Cross-linking" of mIgM by self Ag may lead to cell death or anergy

لو انعرض ال self antigen و صار عنا cross linking يعني binding of multiple epitopes على اكثر من immunoglobulin molecule الي موجودين على ال surface تبع B-CELL لو تعرف عليهم ك self antigen معناته رح يصير الها deletion (كله اعادة نفس الفكرة)

- The clones of lymphocytes that can be interacted with corresponding Ag will be selected and lead to activation, proliferation, produce Ab and specific memory cells.

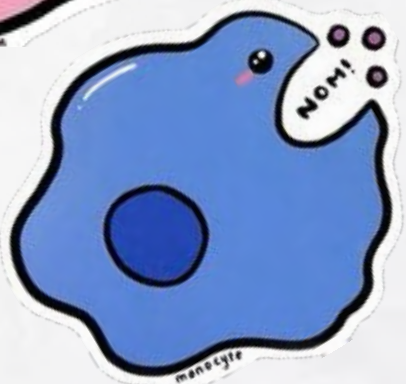
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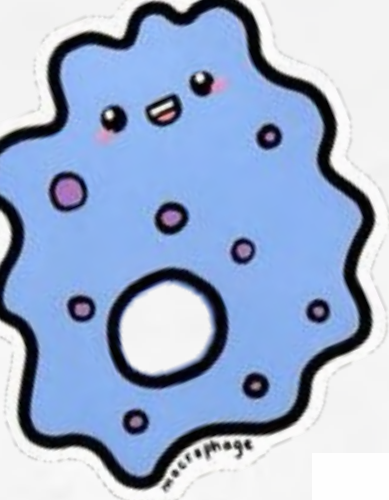
Stages of B cells Activation

• B cells development involve three main stages:

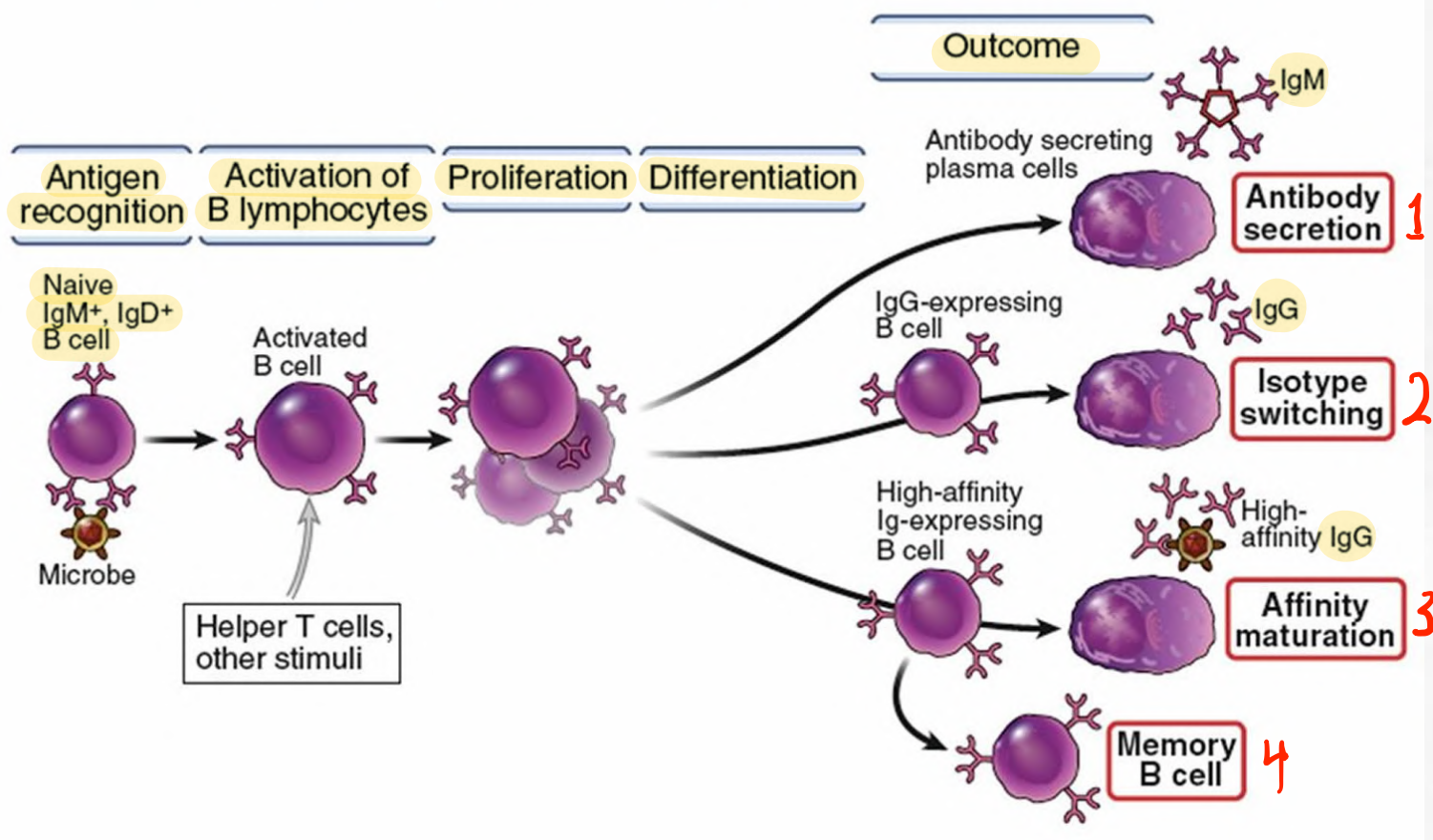
1. B cells recognition and binding
2. B cells undergo Ag-induced activation, proliferation and differentiation in the periphery
3. Activated B cells give rise to Ab-secreting plasma cells and memory cells
4. Effector B cells start to function
5. Shut down of immune response



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B cell activation and antibody production



حنشرح
بالتفصيل
😊

عنا naive B cell عاملة displaying ال IgM و ال IgD، حتتعرض لAntigen و تتعرف عليه، بالتالي بصير
عنا B cell activation ال اما بمساعدة ال T cell و هاد بنحكيه T cell dependent B cell activation
بدون مساعدة T cell و هاد بنحكيه T cell independant B cell activation
نوع ال antigen بال T independent هو protein, polysaccharides, lipid

بعدين بصير عنا proliferation و differentiation لل cells بعدين بصير عنا antibody secretion

ال IgM اول واحد بصير ال secretion و الي هو جزء من ال IgA الي موجودة على سطح ال B cell هي و ال IgD
لهيك ما بصير الهم isotype switching

هسا لو بدنا نحول ال IgA او ال IgE او ال IgG حنحتاج شي اسمه isotype switching
ال بيعمل reorganisation في ال constant region تبعت ال heavy chain و بالتالي بتحول من ال IgM الى
ال IgA او ال IgG او ال IgE

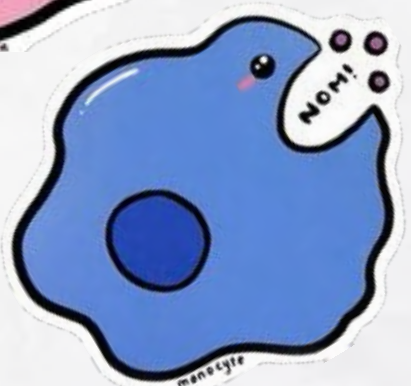
عملية اختيار ال specific antibodies بنسميها ال affinity maturation

بالاضافة الى انتاج memory B cells

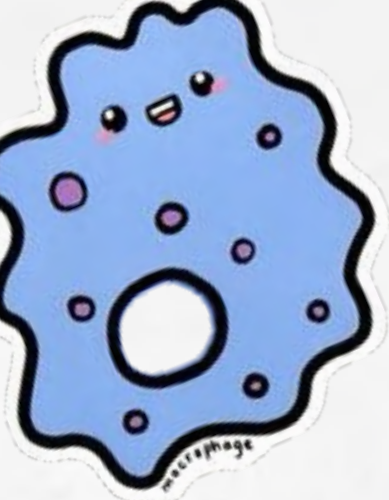
هدول الفيديوين حلوين كمقدمة على اللي حنشرحه

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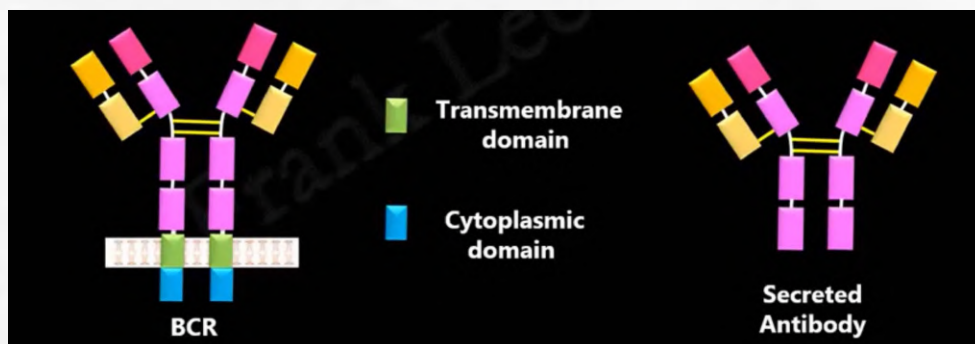
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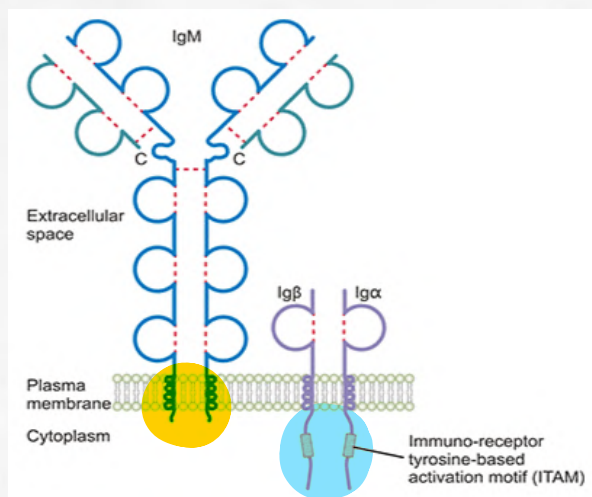
1. Antigen Recognition

- Naive B lymphocyte too express membrane bound antibodies IgM and IgD that function as antigen receptors (B cells receptors – BCR)

حكيانا انه بال T cell عننا T cell receptor ، بال B cell عننا immunoglobulins زي IgD و IgM
 These immunoglobulins by themselves are not called a B cell receptor, they are immunoglobulins and are responsible for the binding of the antigen in the variable region in the antigen binding site
 الي بميزهم عن ال free Ig هو وجود cytosolic domain و transmembrane domain

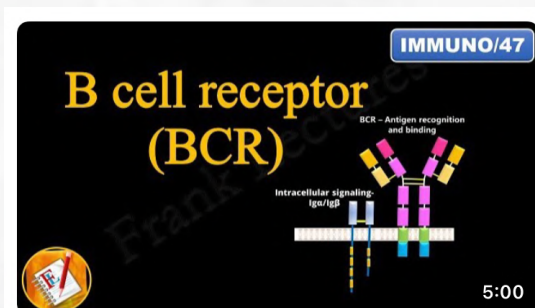


ال cytosolic part من ال immunoglobulins ما بيوصل لل deep (اللون الاصفر) و بالتالي B cell بحاجة الى Ig alpha و Ig beta الي بكون مربوط ب covalent bond مع ال Ig على ال surface تبع ال B cells (اللون الازرق)
 هسا هاد ال cytosolic part بكون اطول من ال Ig و بكون مسؤول عن signaling cascades الي بتصير نتيجة لل antigen recognition بال B cell
 و بالتالي ال combination of both ممكن نسميه B cell receptor

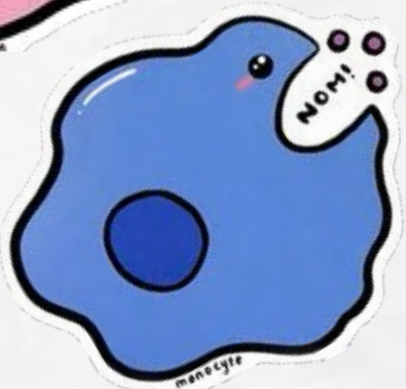


- Protein antigen only processed by APCs and recognized by helper T cells that play important role in B cells activation this is referred to as T dependent B cell activation
- Non protein antigen including lipids and polysaccharides activate B cells directly without involvement of helper T cells (T-independent activation). B cells in return can activate T helper cells

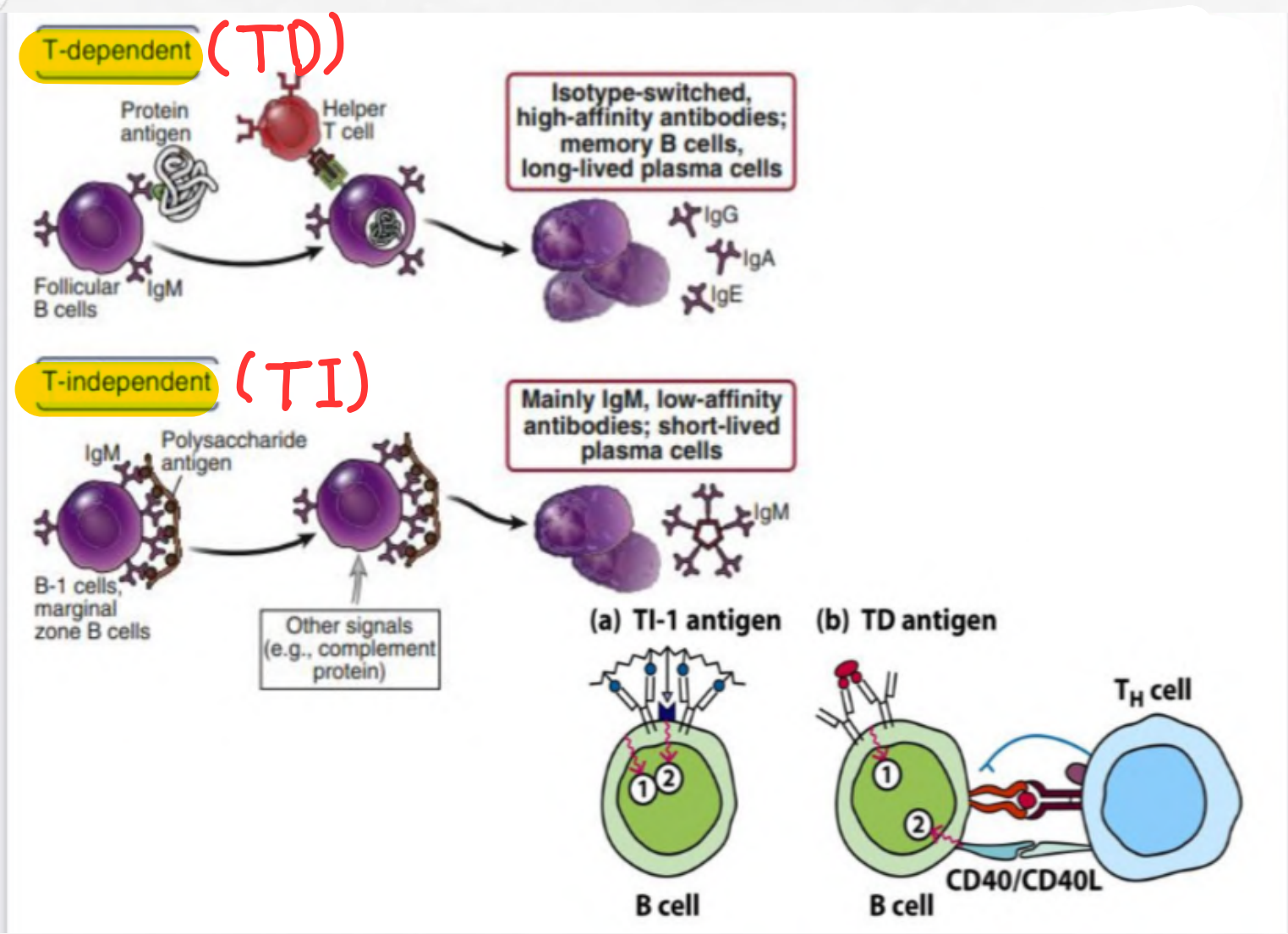
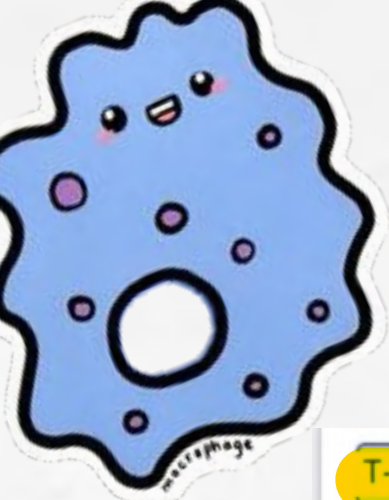
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بال TD عننا ال protein antigen بصير اله recognition من T cell بعدين ال helper T cell بتعمل اله displaying عال MHC و بصير عننا هاد الحكي بال lymph node ال B cell موجودة في ال primary follicle و ال T cell بال center of lymph node بعدين بصير عننا attraction فال T cell بتنتقل من منطقتها ال B cell ال و ال B cell بتنتقل من منطقتها ال منطقة ال T cell

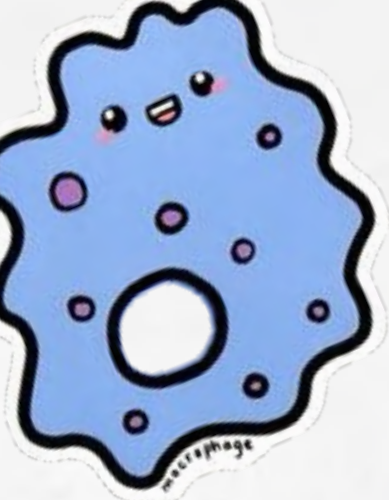
بال TI بصير عننا cross linking يعني ال polysaccharide antigen ال structure تبعه في عليه epitopes بتكون repetitive يعني ال polysaccharide الموجود قد يكون عليه عدة epitopes ولكن epitope a عشرين تليثين بروح يرتبط مع عدة ig يعني ارتباط ال epitope تبع ال antigen مع عدة antibodies

مطلوب
تأمل

| | TD Antigens | TI Antigens |
|---|-------------------------|---|
| Chemical nature | Proteins | Polymeric antigens, especially polysaccharides; also glycolipids, nucleic acids |
| Features of Response | | |
| Primary B cell subset | Follicular B (B2) cells | MZ(/B1) B cells |
| Germinal center formation | Yes | No |
| Secondary isotypes (isotype switching) | Yes; IgG, IgE, and IgA | Little; some IgG and IgA |
| High affinity Ab's (affinity maturation) | Yes | No |
| Secondary response and memory B cells | Yes | Limited, only for some antigens |
| Long-lasting serum antibody titers (long-lived PCs) | Yes | No/limited |



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2. B Cell Activation and Signaling

• Antigen induce clustering (cross linking- or bring together) of membrane Ig receptors. Ig clustering occurs when antigen molecules forms aggregates, or antigen have repeated epitopes molecules

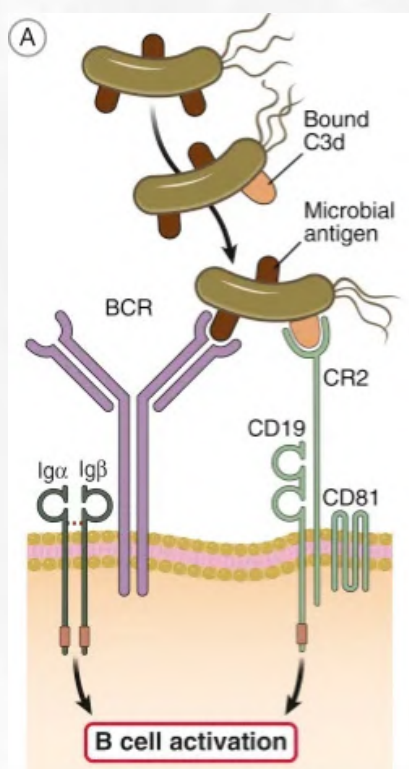
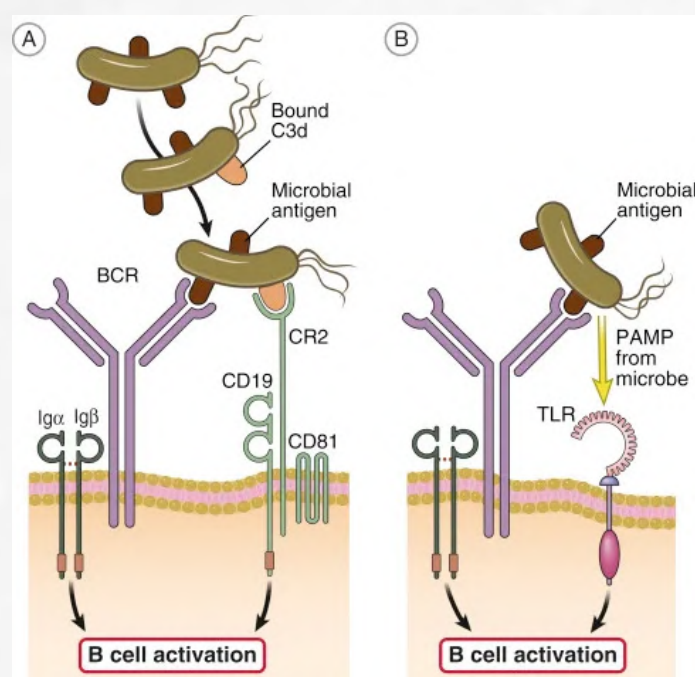
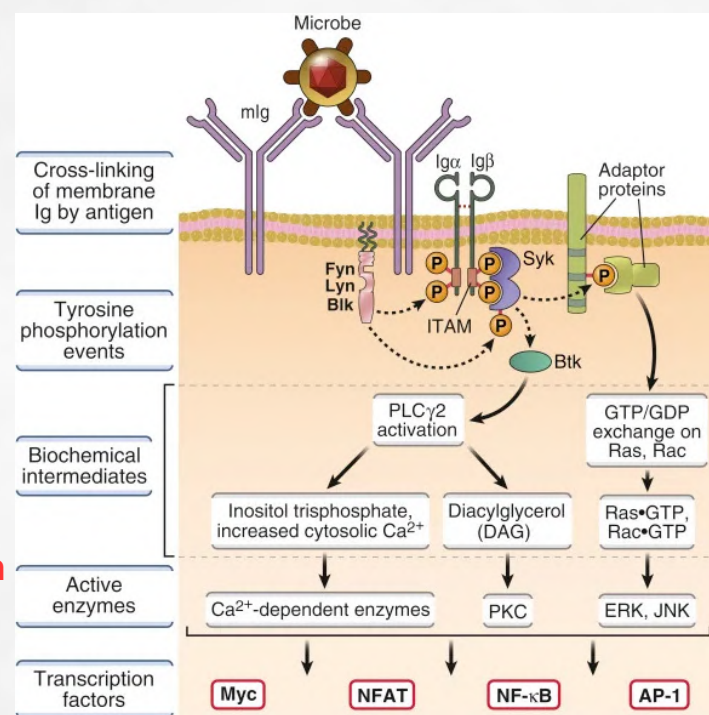
• Ig clustering induce signaling through Iga and Igβ proteins in the B cell receptor complex

Cross linking : 2 epitopes bound to 2 different types of antibodies on B cells

Notice that Ig alpha and Ig beta are uncovalently bound to the Ig signaling pathway و بعدها بنبدأ بالsignaling pathway التي تفاصيلها مو مطلوبة في عنا cd3 و zeta chain protein التي بشكلوا ال ITAM و بعدها بتبدأ ال signaling pathway لتعمل ال NF-KB

• Furthermore, microbes can activates complement system including C3 to form C3d. C3d can directly bind to B cells through CR2 and other receptors which enhance B cells activation (second signal)

• Later on signal from Ig and CR2 activates many biochemical's and enzymes that ends by formation of different transcription factors



ال innate immunity لها دور بال activation تبع ال B-cells ، و ممكن تحصل عبر شغلتين : الاولى ، complement system ،

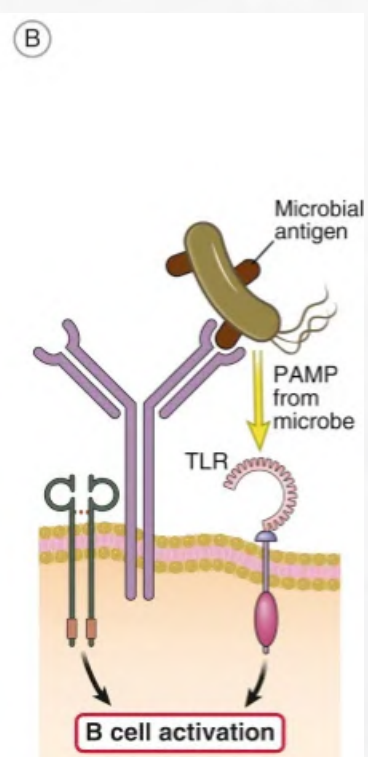
فبال alternative pathway بصير عنا autolysis لل C3 و بتعطينا مكونات من ضمنهم ال Epitope التي بتلتصق في microbe ليصير الها selection من ال B cell فبرتب مع ال complement receptor 2 عبر ال B cell و بنفس الوقت مع ال CR2 الموجود على ال B cell و بيعمل لنا Further activation لل CD 19 و C3d برتب مع ال CR2 الموجودة على ال B cell و بيعمل ال signaling pathway و بعدها بتبدأ ال B cell receptor complex و ال antigen برتب مع ال B cell و ال Ig alpha و ال Ig beta بيعمل cell activation اذا صار عنا activation لل B cell من طرفين

ال الثانية ، عن طريق ال PAMPs ، حكيينا في مناطق على ال microbe بكونوا unique لل pathogen بالتالي برتب ال epitope تبع ال pathogen مع ال surface of B cell و نفس الوقت ال PAMPs برتب بال-toll like receptor

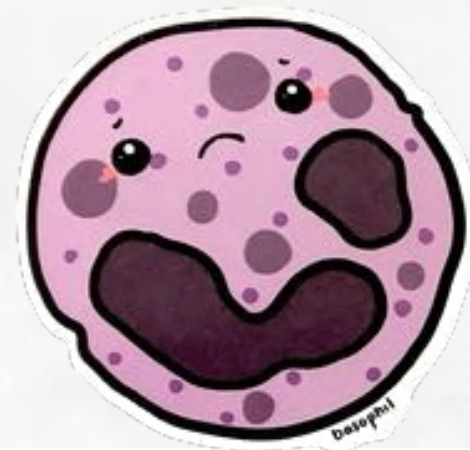
التالية ال signals بتيجي من ال toll like receptor و من B cell receptor

بالتالي ال B cell receptor و من toll like receptor

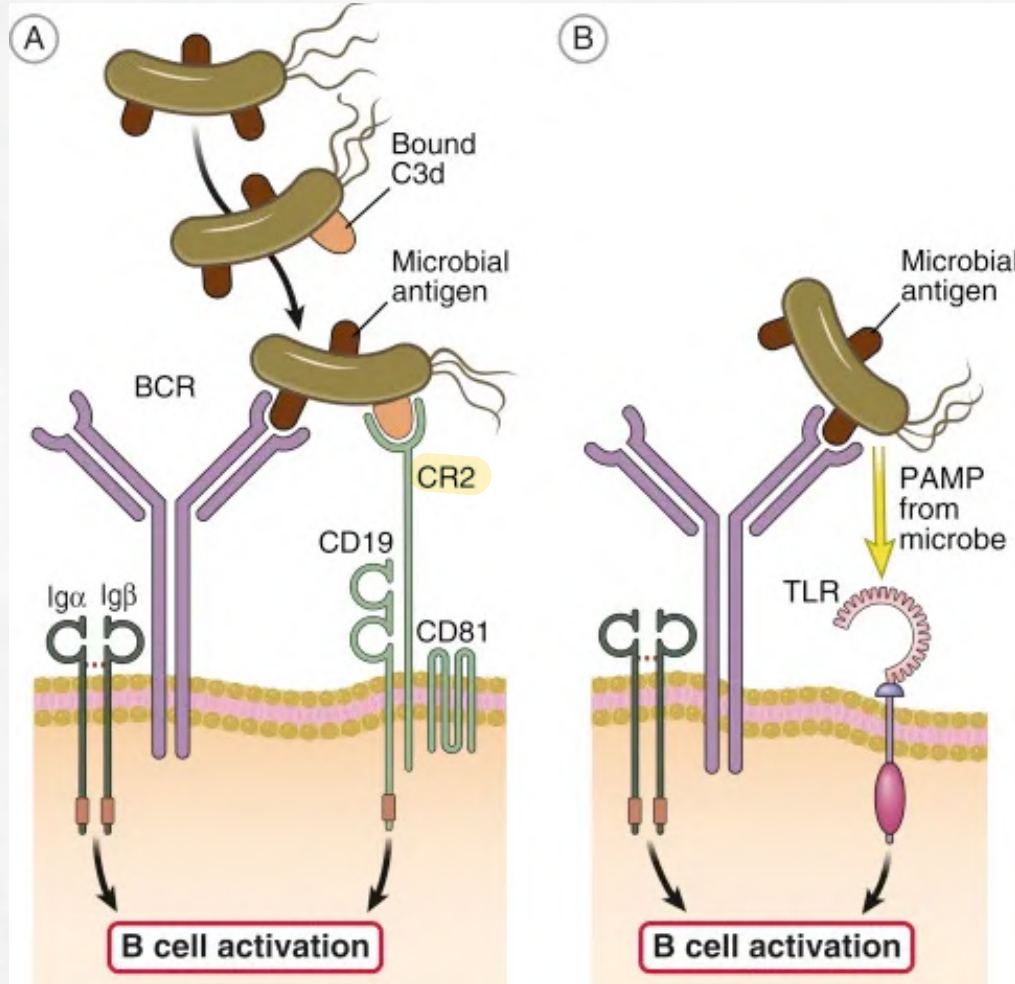
بالتالي ال B cell receptor و من toll like receptor



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Role of Innate Immune Signals in B Cell Activation



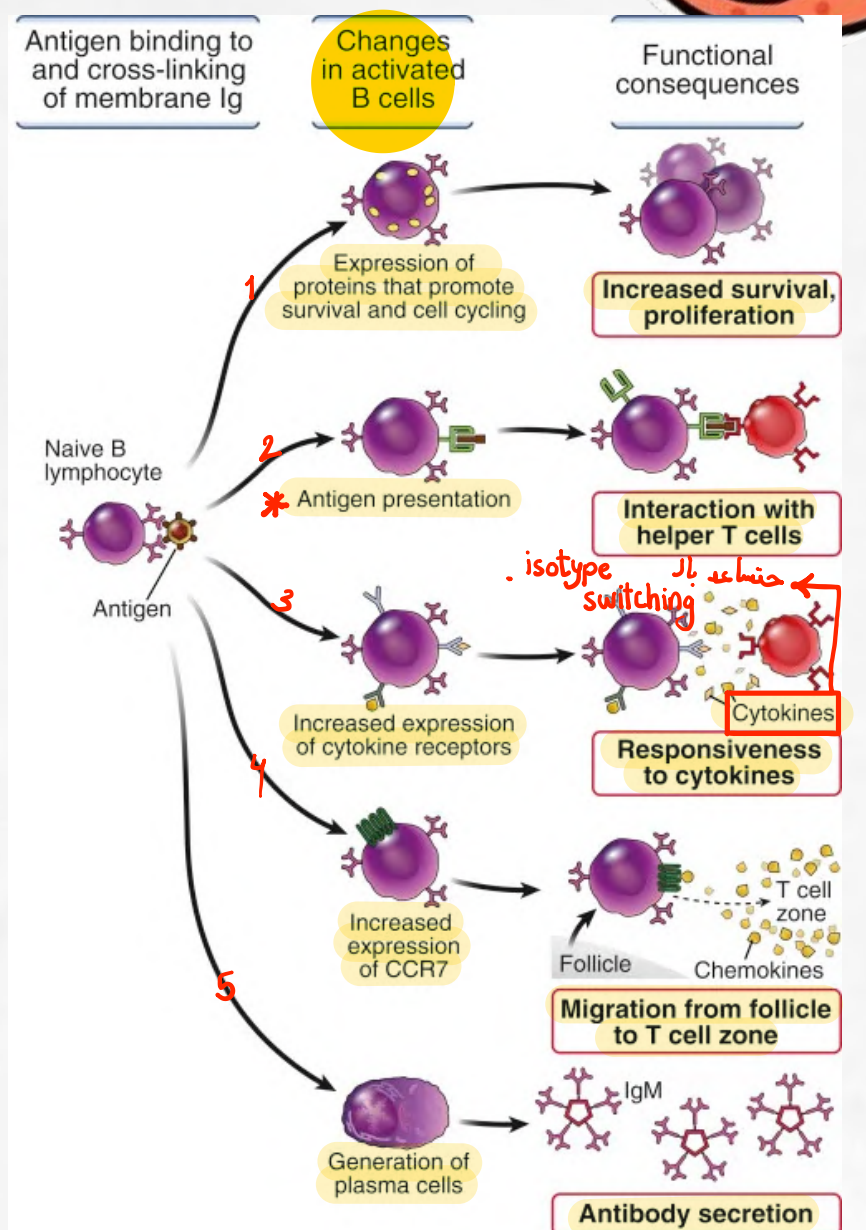
B lymphocytes express a receptor for a complement system protein that provides second signals for the activation of these cells. The complement system, is a collection of plasma proteins that are activated by microbes and by antibodies attached to microbes and function as effector mechanisms of host defense. When the complement system is activated by a microbe as part of the innate immune response, the microbe becomes coated with proteolytic fragments of the most abundant complement protein, C3. One of these fragments is called C3d. B lymphocytes express a receptor for C3d called complement receptor type 2 (CR2, or CD21). B cells that are specific for a microbe's antigens recognize the antigens by their BCRs and simultaneously recognize the bound C3d via the CR2 receptor. Engagement of CR2 greatly enhances antigen-dependent activation responses of B cells by enhancing tyrosine phosphorylation of ITAMs. This role of complement in humoral immune responses illustrates the fundamental tenet of the two-signal hypothesis, that microbes or innate immune responses to microbes provide signals in addition to antigen that are necessary for lymphocyte activation. In humoral immunity, complement activation represents one way in which innate immunity facilitates B lymphocyte activation.

Microbial products also directly activate B cells by engaging innate pattern recognition receptors. B lymphocytes, similar to dendritic cells and other leukocytes, express numerous Toll-like receptors. Pathogen-associated molecular patterns (PAMPs) bind to TLRs on the B cells, which triggers activating signals that work in concert with signals from the antigen receptor. This combination of signals stimulates B cell proliferation, differentiation, and Ig secretion, thus promoting antibody responses against microbes.

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Functional Consequences of B Cell

Activation by Antigen



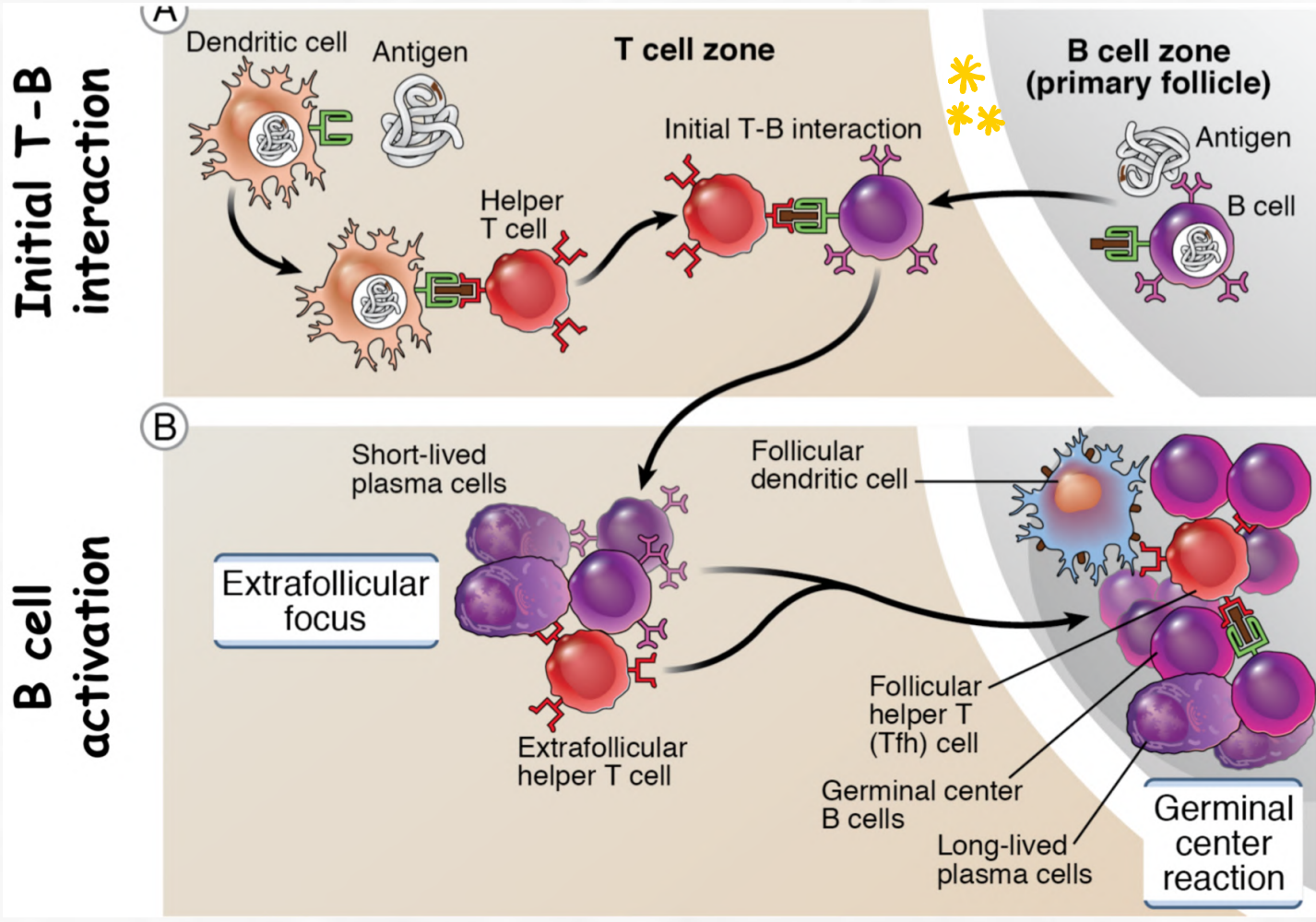
بالنسبة لنقطة 3 , افراز ال cytokines حترتبط بال cytokine receptor الموجود على B cell و تعمل isotype switching الي حنشرح عنه لبعدين

فلو صار عنا افراز لل IF-gamma كمان و ارتبطت مع ال receptors هاد حيعمل isotyping switching لل class تبع IgG

بالنسبة لنقطة 4, ال CCR7 حيصير الها display على B cell و T cell الي كل وحدة منهم الها موقع بال lymph node, ال CCR7 الها علاقة بال chemotaxis و ال movement لل B cells

Activation and migration of helper T cells and B cells

cells and B cells

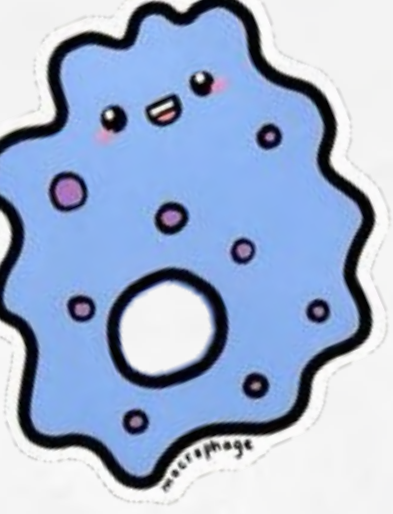


Sequence of events in helper T cell-dependent antibody responses.

A) T and B lymphocytes independently recognize the antigen in different regions of peripheral lymphoid organs and are activated. The activated cells migrate toward one another and interact at the edges of lymphoid follicles.

B) Antibody-secreting plasma cells are initially produced in the extrafollicular focus where the antigen-activated T and B cells interact. Some of the activated B and T cells migrate back into the follicle to form the germinal center, where the antibody response develops fully.

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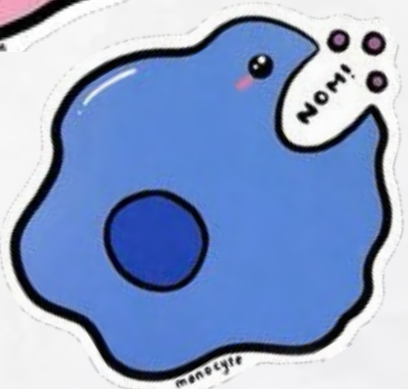
Activation and Migration of Helper T Cells and B cells



- Helper T cells that have been activated by dendritic cells migrate toward the B cell zone and interact with antigen-stimulated B lymphocytes in parafollicular areas of the peripheral lymphoid organs.

- The initial activation of T cells requires antigen recognition and costimulation. The antigens that stimulate CD4+ helper T cells are proteins derived from microbes that are internalized, processed in late endosomes and lysosomes, and displayed as peptides bound to class II MHC molecules of antigen-presenting cells (APCs) in the T cell-rich zones of peripheral lymphoid tissues. T cell activation is induced best by microbial protein antigens and, in the case of vaccines, by protein antigens that are administered with adjuvants, which stimulate the expression of costimulators on APCs. The CD4+ T cells differentiate into effector cells capable of producing various cytokines and CD40 ligand, and some of these T lymphocytes migrate toward the edges of lymphoid follicles.

- B lymphocytes are activated by antigen in the follicles, as described above, and the activated B cells begin to move out of the follicles toward the T cells. The directed migration of activated B and T cells toward one another depends on changes in the expression of certain chemokine receptors on the activated lymphocytes. Activated T cells reduce expression of the chemokine receptor CCR7, which recognizes chemokines produced in T cell zones, and increase expression of the chemokine receptor CXCR5, which binds a chemokine produced in B cell follicles. Activated B cells undergo precisely the opposite changes, decreasing CXCR5 and increasing CCR7 expression. As a result, antigen-stimulated B and T cells migrate toward one another and meet at the edges of lymphoid follicles or in inter-follicular areas. The next step in their interaction occurs here. Because antigen recognition is required for these changes, the cells that move towards one another are the ones that have been stimulated by antigen. This regulated migration is one mechanism for ensuring that rare antigen-specific lymphocytes can locate one another and interact productively during immune responses to the antigen.



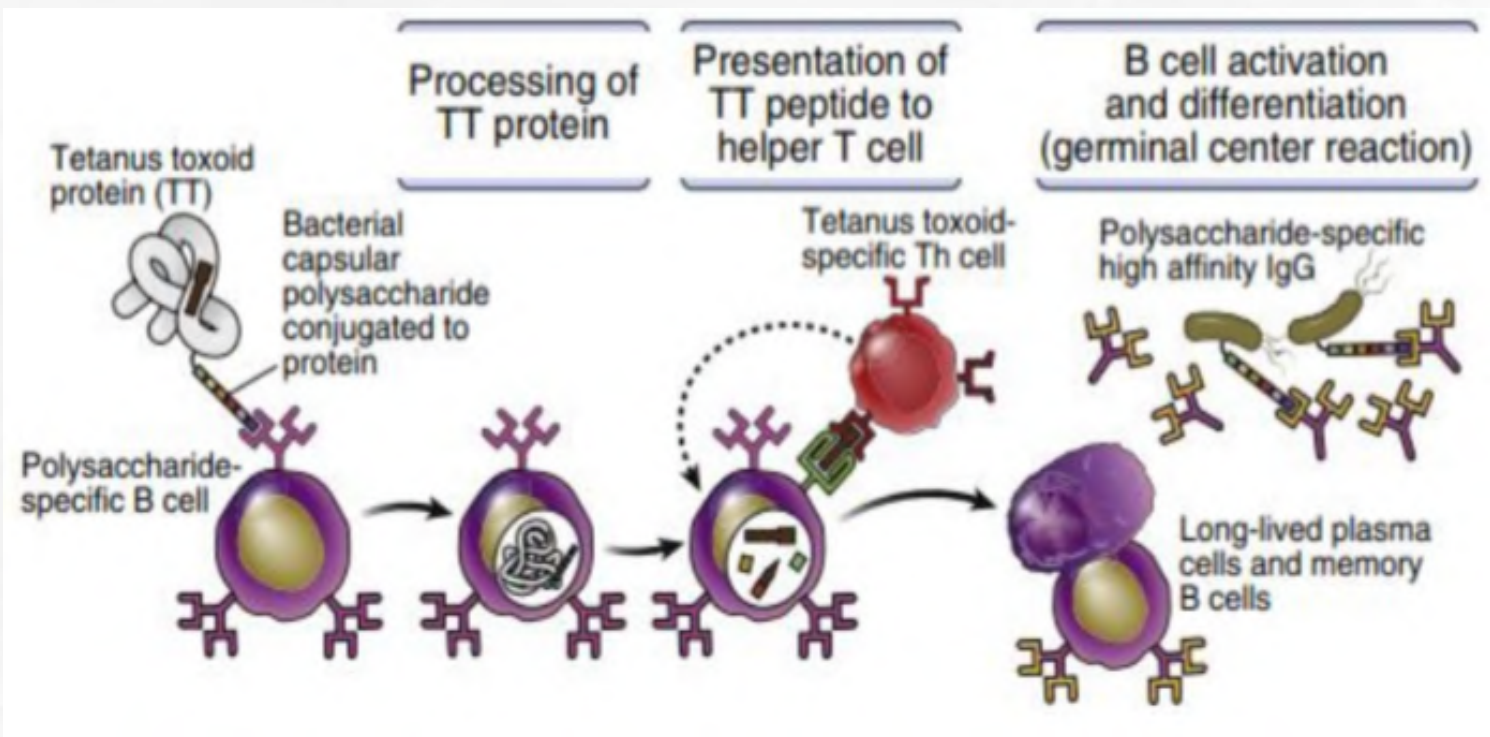
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Conjugate vaccine

-The idea that a B cell recognizes one epitope of an intact antigen and displays different epitopes (peptides) for recognition by helper T cells was first demonstrated by studies using **hapten-carrier conjugates**. A hapten is a small chemical that is recognized by B cells but stimulates strong antibody responses only if it is attached to a carrier protein.

-In this situation, **the B cell binds the hapten portion, ingests the conjugate, and displays peptides derived from the carrier to helper T cells**. The antibody response is, of course, specific for the epitope that the B cell recognized (the hapten in this example), and the peptides derived from the carrier protein simply **bring helper T cells into the reaction**. This concept has been exploited to develop effective vaccines against **microbial polysaccharides**.

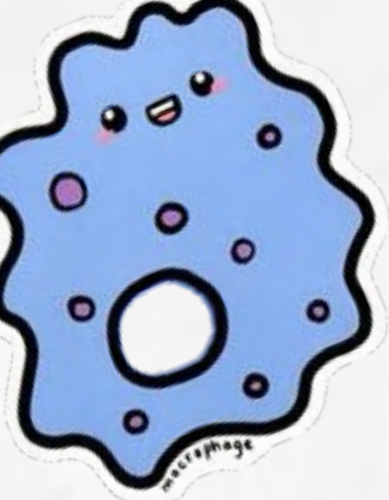
-Some bacteria have polysaccharide-rich capsules, and the **polysaccharides themselves stimulate T-independent antibody responses**, which are **weak in infants and young children**. If the **polysaccharide is coupled to a carrier protein**, however, **effective T-dependent responses are induced** against the polysaccharide because helper T cells specific for the carrier are engaged in the response. In this situation, the B cell recognizes the polysaccharide (equivalent to the hapten) and the T cell recognizes peptides from the attached protein (the carrier); the antibody response is specific for the polysaccharide, but it is much stronger than conventional T-independent responses because helper T cells are "forced" to participate. Such conjugate vaccines have been very useful for inducing protective immunity against bacteria such as **Haemophilus influenzae**, especially in infants, and current vaccines against **pneumococcus** are also conjugate vaccines.



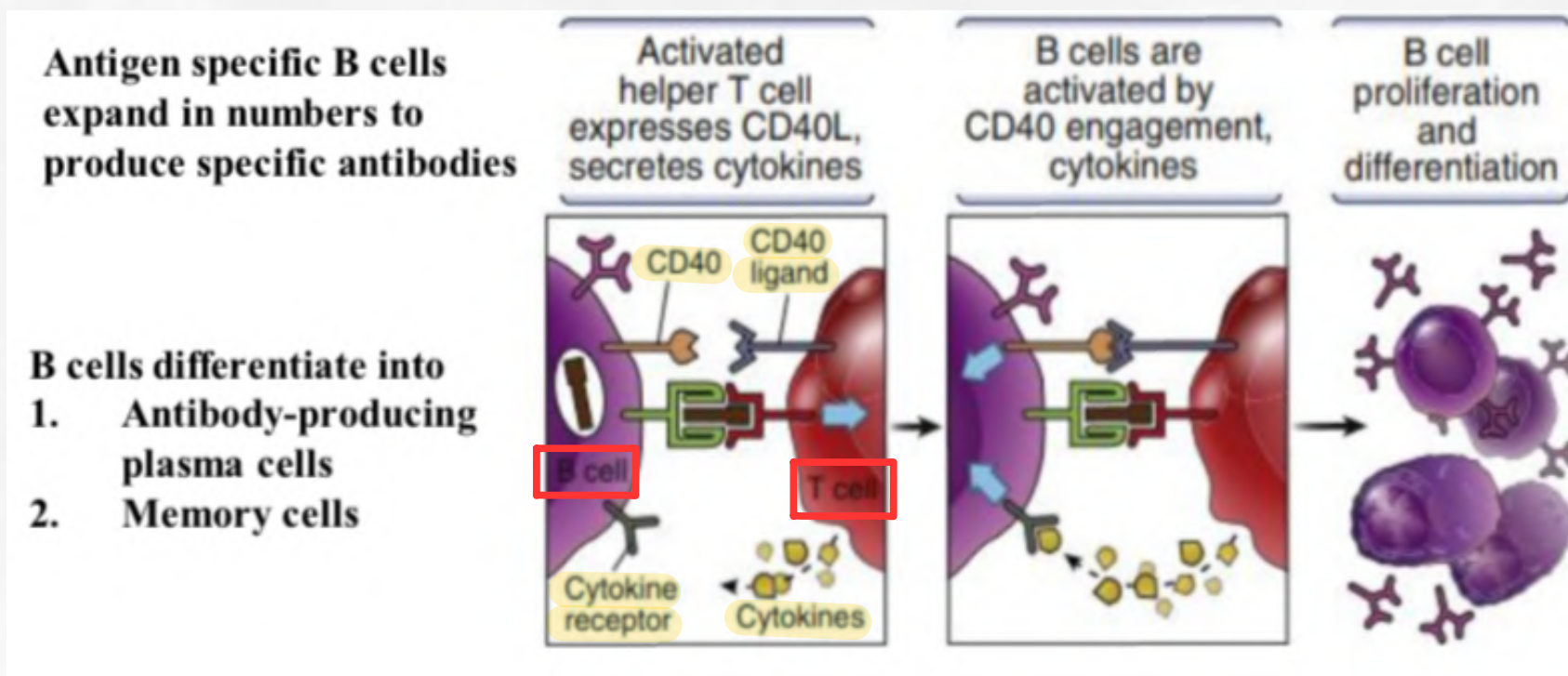
So The principle of conjugate vaccines: **the hapten-carrier concept**.

In order to generate **strong antibody responses against a microbial polysaccharide**, the polysaccharide is coupled to a protein (in this case, **tetanus toxoid**). B cells that recognize the polysaccharide ingest it and present peptides from the protein to helper T cells, which stimulate the polysaccharide-specific B cells. Thus isotype switching, affinity maturation, and long-lived plasma cells and memory cells (all features of responses to proteins) are induced in a response to polysaccharides. (Note that some B cells will also recognize the tetanus toxoid and antibodies will be produced against the carrier protein, but this has no bearing on the antipolysaccharide response.) Ig, Immunoglobulin.

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3. Clonal Expansion, proliferation and differentiation.



Mechanisms of Helper T Cell-Mediated Activation of B Lymphocytes:

- Activated helper T lymphocytes that recognize antigen presented by B cells use CD40 ligand (CD40L) and secreted cytokines to activate the antigen-specific B cells.

- The process of helper T cell-mediated B lymphocyte activation is analogous to the process of T cell-mediated macrophage activation in cell-mediated immunity.

- CD40L expressed on activated helper T cells binds to CD40 on B lymphocytes. Engagement of CD40 generates signals in the B cells that stimulate proliferation and the synthesis and secretion of antibodies. At the same time, cytokines produced by the helper T cells bind to cytokine receptors on B lymphocytes and stimulate more B cell proliferation and Ig production.

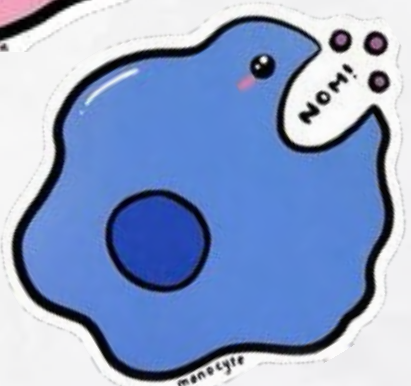
- The requirement for the CD40L-CD40 interaction ensures that only T and B lymphocytes in physical contact engage in productive interactions. As described previously, the antigen-specific lymphocytes are the cells that physically interact, thus ensuring that the antigen-specific B cells are the cells that receive T cell help and are activated.

← حنشرع عنهم كمان شوي

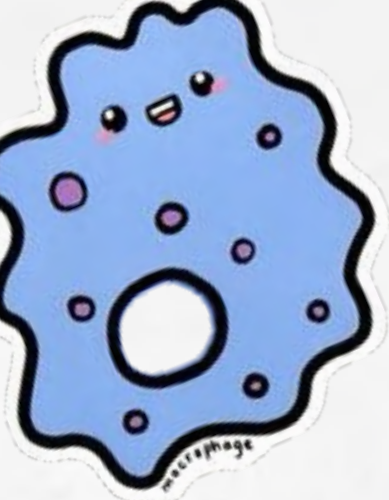
- The CD40L-CD40 interaction also stimulates heavy-chain isotype switching and affinity maturation, which explains why these changes typically are seen in antibody responses to T-dependent protein antigens.

* Cytokines are responsible for isotype switching.

* The first Ig to be released is IgM



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4. Antibodies Production (isotype switching)

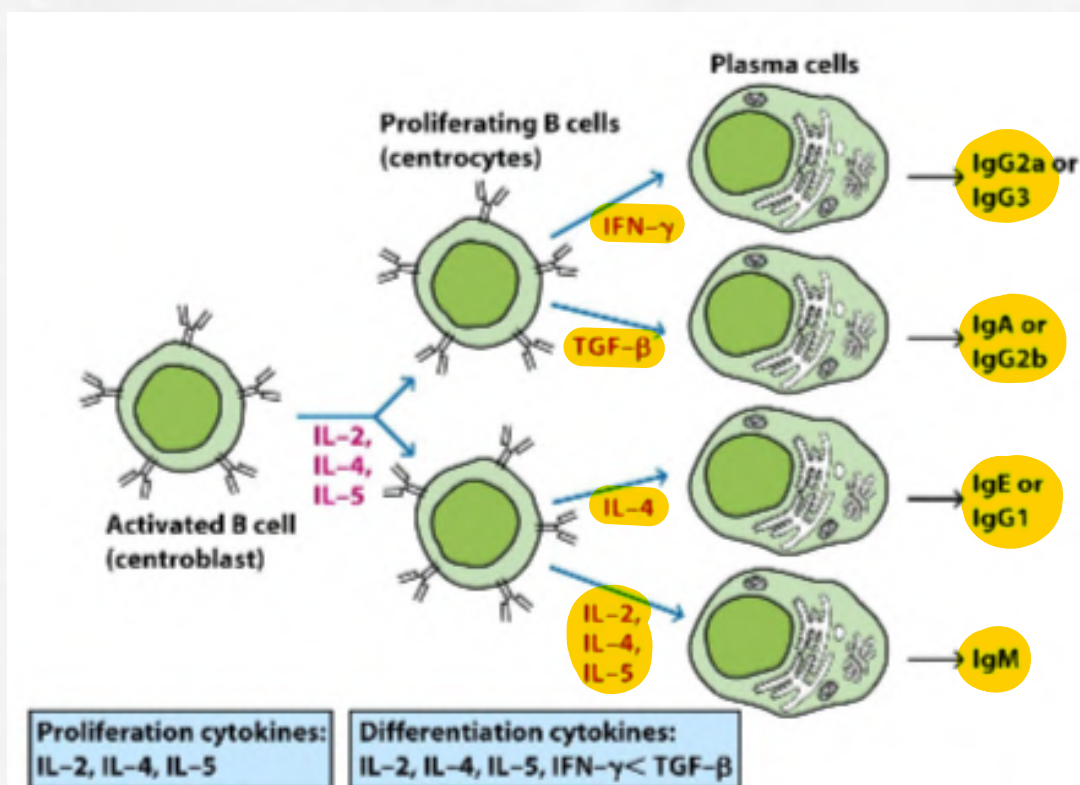
• Activated B cells start to produce different classes of antibodies in large amount to eliminate infection

• Antigen stimulated B cells may differentiate into IgM producing antibodies, however, later on, under the influence of CD40L and cytokines B cells can differentiate into cells producing other classes of heavy chain antibodies (antibody switching)

This step is the rate limiting step for isotype switching.

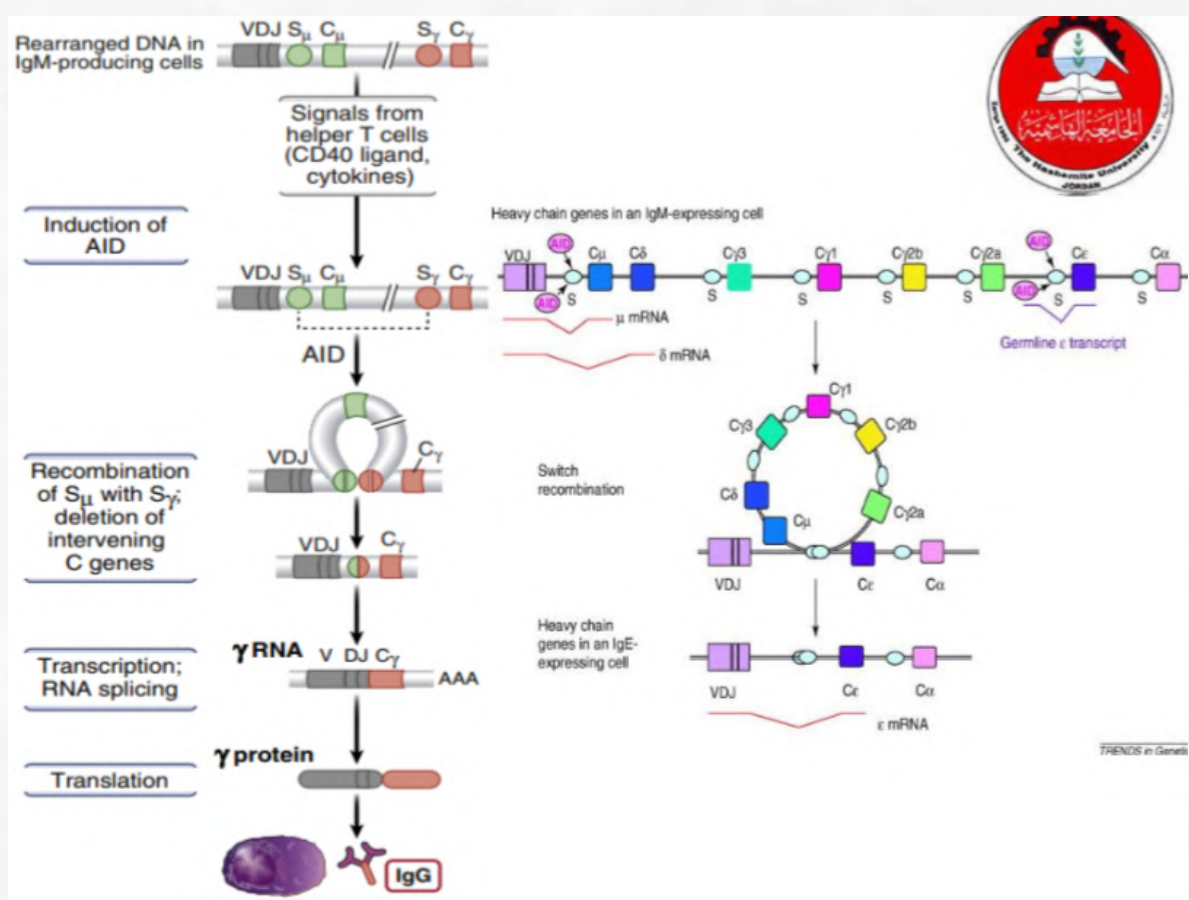
And if there is a mutation in CD40L as in x-linked hyper IgM syndrome, it will not bind to CD40 on B cells -> cytokines will not be released -> isotype switching will not occur -> the produced Ig are only IgM.

• Repeated exposure to antigen leads to increase the binding abilities of antibodies through affinity maturation, where high affinity B cells are selected to produce antibodies



الرسمه حفظه

The molecular mechanism of isotype switching



بتصير على ال heavy chain على كروموسوم رقم 14 من ال Ig و في عليه ال gamma و ال epsilon. ال gamma هي التي بتعطينا ال IgG و ال epsilon هي التي بتعطينا ال IgE و ال alpha بتعطينا ال IgA

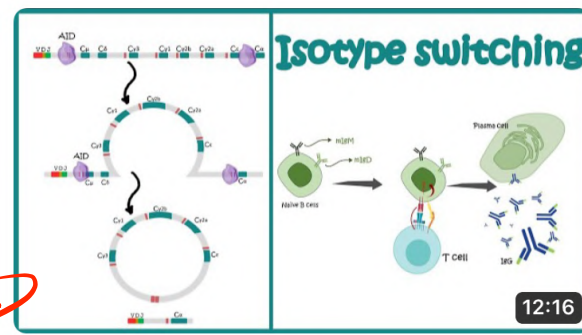
ارتباط ال CD40L على ال T cells مع CD40 على B cells يعمل activation NF kB و لما يصير عنا cytokine production و ارتباطه على ال receptors على B cells حيصير عنا 2 molecules الي هم NF kB و STAT 1

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The molecular mechanism of isotype switching

you must watch this video!



Isotype switching | class switching recombination | Antibody class switc...
61K views · 3 years ago

Animated biology With arpan

الموضوع هاد شوي معقد و نصيحة احضروا الفيديو، اجباري تحضروه لانو صعب حتى تفهموا شرح الكتاب اله ، كل شي عليه هايلايت فالدكتور بكون ذكره بالمحاضرة

The molecular mechanism of isotype switching, called switch recombination, takes the previously formed VDJ exon encoding the Variable domain of an Ig μ heavy chain and moves it adjacent to a downstream Constant region. IgM-producing B cells, which have not undergone switching, contain in their Ig heavy-chain locus a rearranged VDJ exon adjacent to the first constant region cluster, which is C μ .

The heavy-chain mRNA is produced by splicing a VDJ exon to C μ exons in the initially transcribed RNA, and this mRNA is translated to produce a μ heavy chain, which combines with a light chain to give rise to an IgM antibody. Thus, the first antibody produced by B cells is IgM.

In the intron 5' of each constant region is a guanine-cytosine (GC) rich sequence called the switch region. Signals from CD40 and cytokine receptors stimulate transcription through one of the constant regions that is downstream of C μ . During switch recombination, the switch region upstream of C μ recombines with the switch region adjacent to the transcriptionally active downstream constant region, and the intervening DNA is deleted.

An enzyme called activation-induced deaminase (AID), which is induced by CD40 signals, plays a key role in this process. AID converts cytosines in the transcribed switch region DNA to uracil (U). The sequential action of other enzymes results in the removal of the U's and the creation of nicks in the DNA. Such a process on both strands leads to double-stranded DNA breaks. When double-stranded DNA breaks in two switch regions are brought together and repaired, the intervening DNA is removed, and the rearranged VDJ exon that was originally close to C μ may now be brought immediately upstream of the constant region of a different isotype (e.g., IgG, IgA, IgE).

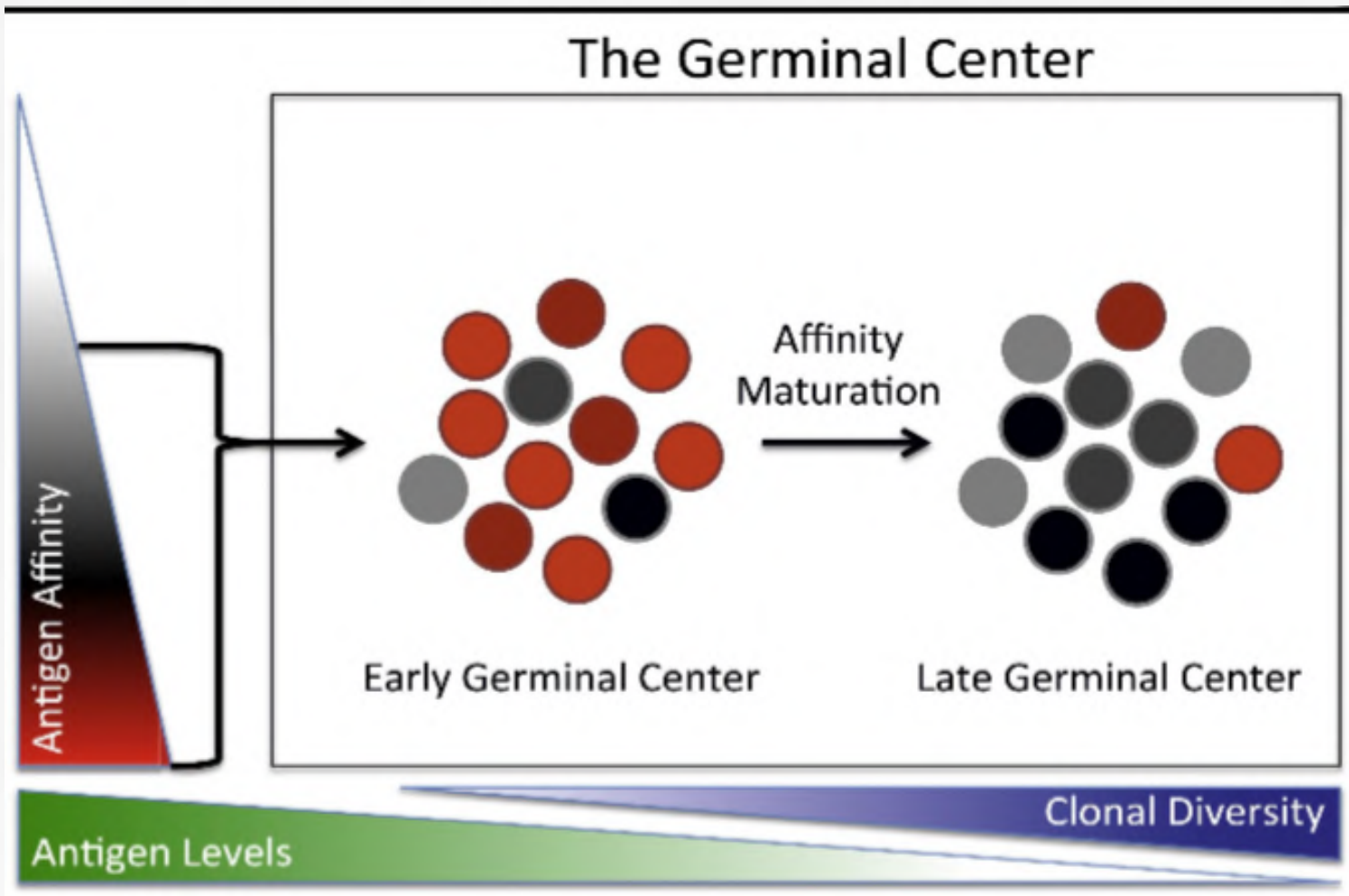
The result is that the B cell begins to produce a new heavy-chain isotype (determined by the C region of the antibody) with the same specificity as that of the original B cell, because specificity is determined by the sequence of the VDJ exon, which is not altered.

Cytokines produced by follicular helper T cells determine which heavy-chain isotype is produced. The production of opsonizing IgG antibodies, which bind to phagocyte Fc receptors, is stimulated by IL-10 and other cytokines in humans and mainly by IFN- γ in mice. Thus, the nature of the helper T cell response to a microbe guides the subsequent antibody response, making it optimal for combatting that microbe. These are excellent examples of how different components of the immune system are regulated coordinately and function together in defense against different types of microbes and how helper T cells may function as the master controllers of immune responses.

The antibody isotype produced is also influenced by the site of immune responses.

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Affinity maturation



Affinity maturation is the process by which the affinity of antibodies produced in response to a protein antigen increases with prolonged or repeated exposure to that antigen.

هي عملية انتاج antibodies و plasma cells الـ best fit for the antigen. عنا اول شي الخط الاخضر الي هو بمثل ال antigen level: تركيز ال Ag اول ما يدخل على ال lymph node اول شي يكون تركيزه عالي بعدين بقل مع الوقت

ال clonal diversity: اول ما يدخل ال antigen يكون التنوع قليل بعدين ببدأ يزيد ال antigen affinity: اول ما يتم تصنيع ال antibodies بتكون ال affinity بالاول broad و بعديم بتبدأ تزيد ال specificity مع الوقت

بنلاحظ من الرسمة انه مع الوقت بتصير ال affinity اقوى من ال antigen

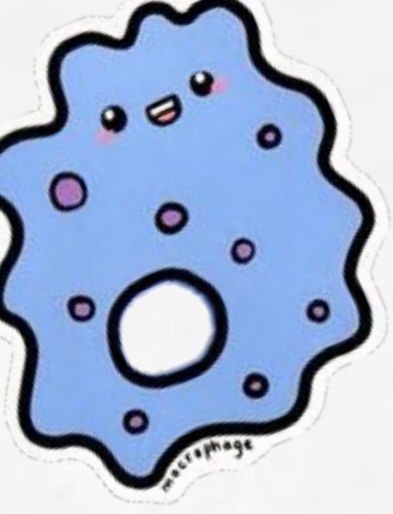
كيف بتصير؟ نحكي مثلاً بال first cycle انتجنا 1000 antibody هذول الالف في جزء منهم يرتبط مع ال antigen فبضل عايش و في جزء ما يرتبط مع ال Ag و بصير ال apoptosis على فرض بكل cycle انتجنا 1000 antibody بضل منهم بكل دورة بس 100 الهدف يكون احصل ال Ab الي عندهم افضل affinity لاعمل الهم release على circulation

اذا ضلينا نعمل mutation لحتى نحصل على افضل affinity

هسا بالرسمة اللون الاحمر بمثل ال affinity القليلة و الاسود affinity عالية، بنلاحظ انه مع الوقت و بعد مرور عدة cycles ضل عنا ال Ab الي عندهم افضل affinity

حكينا فوق انه ال antibody مع الوقت بتنعرض على concentration اقل من ال Ag و لكن ال response تبعها قوي

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Affinity Mutation

Because of affinity maturation, the ability of antibodies to bind to a microbe or microbial antigen increases if the infection is persistent or recurrent. This increase in affinity is caused by point mutations in the V regions, and particularly in the antigen-binding hypervariable regions, of the genes encoding the antibodies produced.

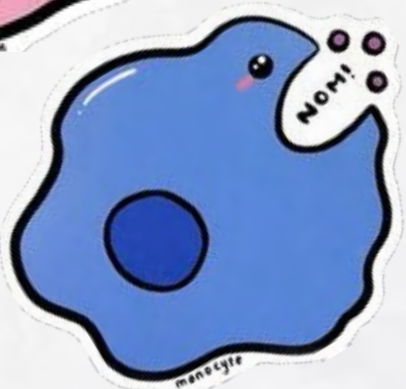
Affinity maturation is seen only in responses to helper T cell-dependent protein antigens, indicating that helper cells are critical in the process. These findings raise two intriguing questions: how are mutations in Ig genes induced in B cells, and how are the highest affinity (i.e., most useful) B cells selected to become progressively more numerous?

Affinity maturation occurs in the germinal centers of lymphoid follicles and is the result of somatic hypermutation of Ig genes in dividing B cells, followed by the selection of high-affinity B cells by antigen. In the dark zones of germinal centers (where the proliferating B cells are concentrated), numerous point mutations are introduced into the Ig genes of the rapidly dividing B cells.

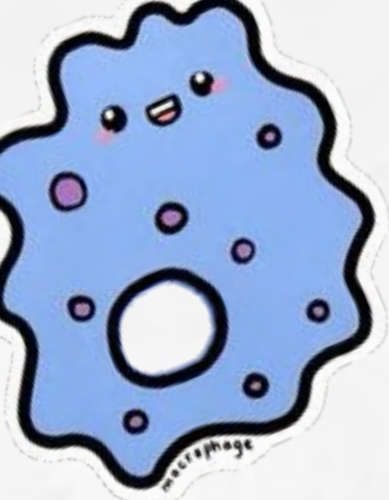
The enzyme AID, which is required for isotype switching, also plays a critical role in somatic mutation. This enzyme, as stated above, converts C into U. The uracils that are produced in Ig V-region DNA are frequently replaced by thymidines during DNA replication, creating C-to-T mutations, or they are removed and repaired by error-prone mechanisms that often lead to introduction of nucleotides other than the original mutated cytosine. The frequency of Ig gene mutations is estimated to be one in 10³ base pairs per cell division, which is much greater than the mutation rate in most other genes. For this reason, Ig mutation in germinal center B cells is called somatic hypermutation. This extensive mutation results in the generation of different B cell clones whose Ig molecules may bind with widely varying affinities to the antigen that initiated the response. The next step in the process is the selection of B cells with the most useful antigen receptors.

Germinal center B cells undergo apoptosis unless rescued by antigen recognition and T cell help. While somatic hypermutation of Ig genes is taking place in germinal centers, the antibody secreted earlier during the immune response binds residual antigen. The antigen-antibody complexes that are formed may activate complement. These complexes are displayed by follicular dendritic cells (FDCs), which reside in the light zone of the germinal center and express receptors for the Fc portions of antibodies and for complement products, both of which help to display the antigen-antibody complexes. B cells that have undergone somatic hyper-mutation are given a chance to bind antigen either on FDCs or free in the germinal center. These B cells can internalize the antigen, process it, and present peptides to germinal center Tfh cells, which then provide critical survival signals. High-affinity B cells more effectively compete for the antigen and thus are more likely to survive than B cells with Igs that have lower affinities for the antigen, akin to a process of Darwinian survival of the fittest.

As the immune response to a protein antigen develops, and also with repeated antigen exposure, the amount of antibody produced increases. As a result, the amount of antigen available in the germinal center decreases. The B cells that are selected to survive must be able to bind antigen at lower and lower concentrations, and therefore these are cells whose antigen receptors are of higher and higher affinity.

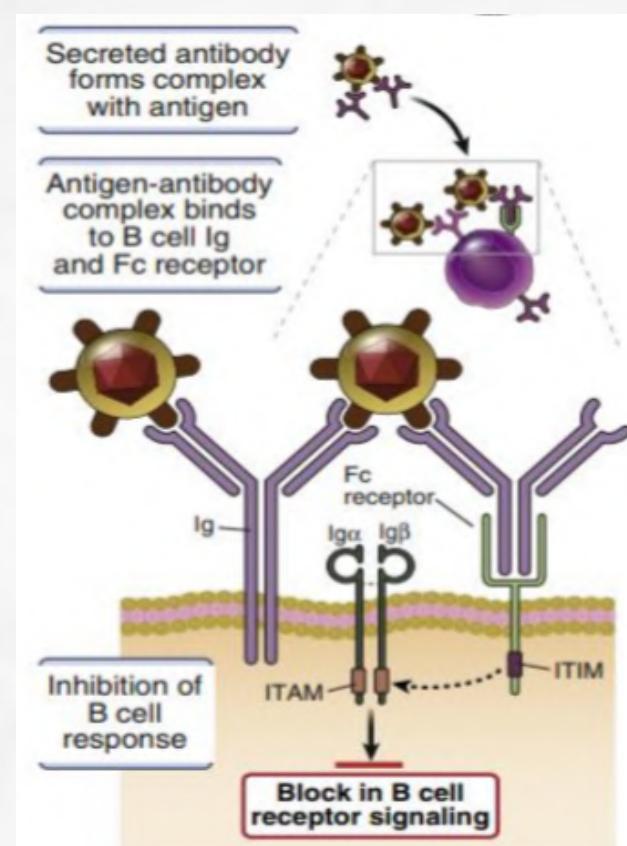


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6. Humoral immunity shut down and formation of memory B cells

- After antibodies are capable of killing invading microorganisms, most of activated B cells die by programmed cell death
- Furthermore, circulating IgG antibodies that binds to antigen in periphery induce negative feedback mechanism to inhibit further antibody production



لما نعمل elimination لل Pathogen بصير دور نعمل inhibition لل immune response و هون في عنا طريقتين :
 الاولى : قل عدد ال antigen = قل عدد ال signals = بصير عنا apoptosis لل B cells
 الثانية : يرتبط ال free antibody مع ال antigen الي كمان مرتبط مع B cell و هاد بي عمل تغذية راجعة ليصير عنا shut down

- Memory B cells are formed and stay for long time to facilitate faster antibodies production when the body is exposed to same antigen next time

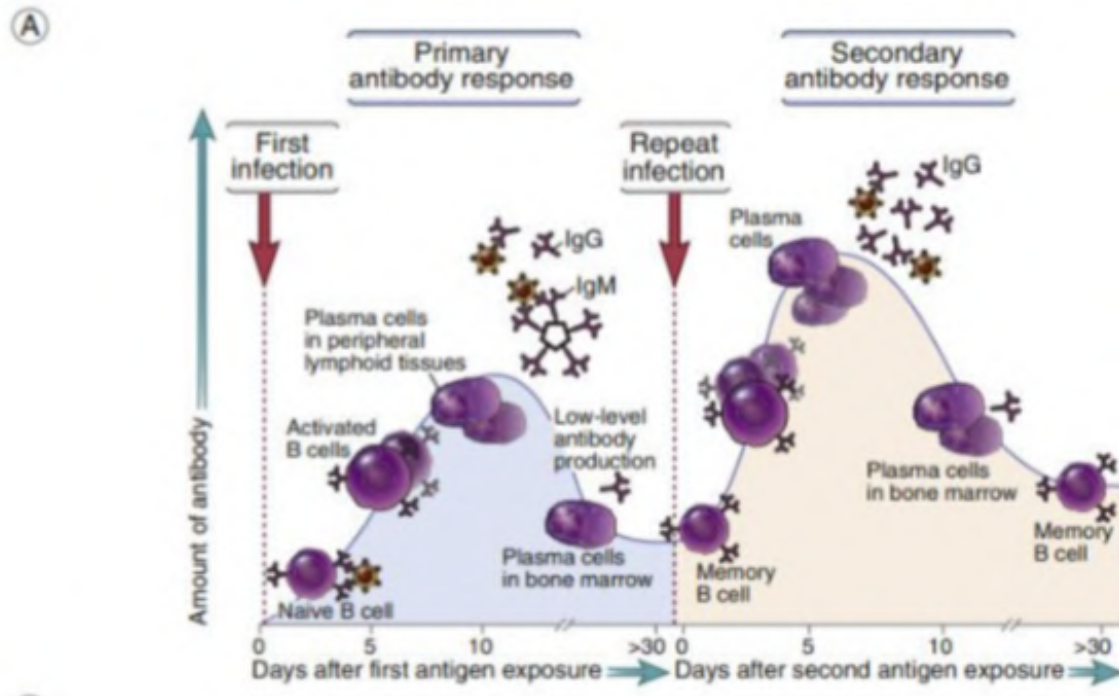
| Property | Naive B cell | Memory B cell |
|---------------------|------------------------|---|
| Membrane markers | | |
| Immunoglobulin | IgM, IgD | IgM, IgD(?), IgG, IgA, IgE |
| Complement receptor | Low | High |
| Anatomic location | Spleen | Bone marrow, lymph node, spleen |
| Life span | Short-lived | May be long-lived |
| Recirculation | Yes | Yes |
| Receptor affinity | Lower average affinity | Higher average affinity due to affinity maturation* |
| Adhesion molecules | Low ICAM-1 | High ICAM-1 |

*Affinity maturation results from somatic mutation during proliferation of centroblasts and subsequent antigen selection of centrocytes bearing high-affinity mlg.



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Primary and secondary humoral immunity



(B)

| | Primary response | Secondary response |
|------------------------|---------------------------------------|---|
| Lag after immunization | Usually 5–10 days | Usually 1–3 days |
| Peak response | Smaller | Larger |
| Antibody isotype | Usually IgM>IgG | Relative increase in IgG and, under certain situations, in IgA or IgE (heavy-chain isotype switching) |
| Antibody affinity | Lower average affinity, more variable | Higher average affinity (affinity maturation) |

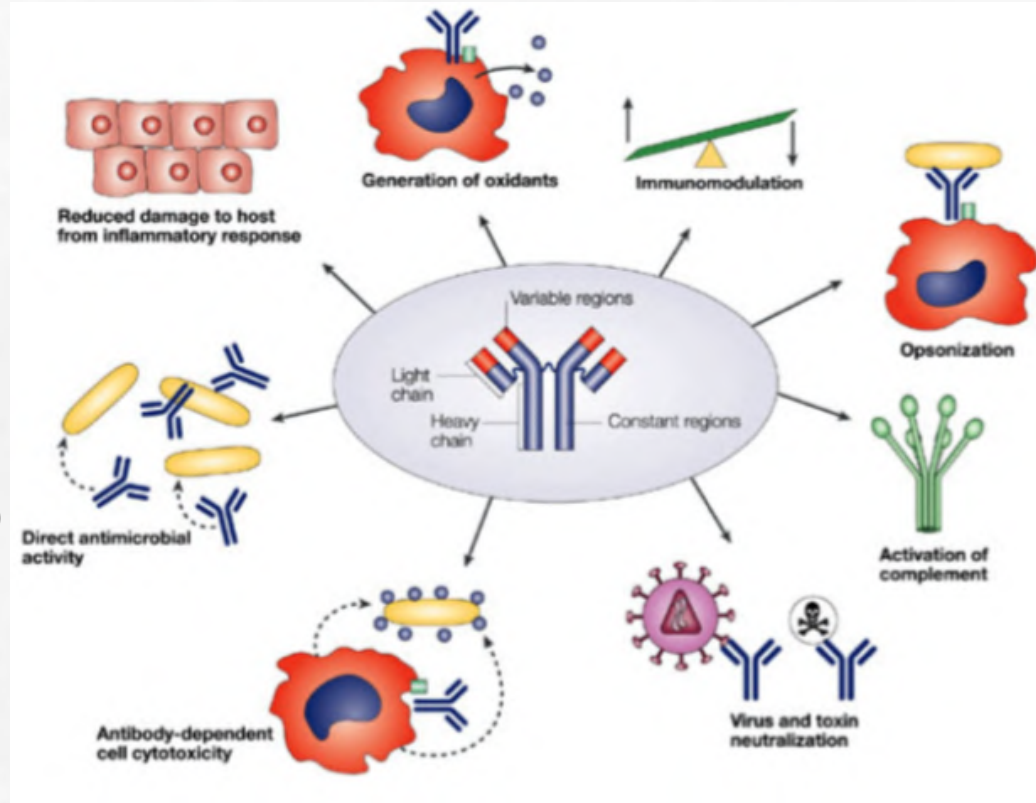
Primary and secondary antibody responses differ in several respects.

In a primary response, naive B cells in peripheral lymphoid tissues are activated to proliferate and differentiate into antibody-secreting plasma cells and memory cells. Some plasma cells may migrate to and survive in the bone marrow for long periods.

In a secondary response, memory B cells are activated to produce larger amounts of antibodies, often with more heavy-chain class switching and affinity maturation. These features of secondary responses are seen mainly in responses to protein antigens, because these changes in B cells are stimulated by helper T cells, and only proteins activate T cells (not shown). The kinetics of the responses may vary with different antigens and types of immunization. Ig, Immunoglobulin

5. Effector Mechanisms

- Neutralization
- Opsonization
- Complement activation
- Antibody dependent cell mediated toxicity (ADCC)
- Transcytosis- movement across epithelial cells



﴿ فَمَا ظَنُّكُمْ بِرَبِّ الْعَالَمِينَ ﴾

الثقة بالله شقت لموسى البحر، وبردت النار على إبراهيم، ألا
تنق بأنه سيغير أحوالك للأفضل ❤️

﴿ قُلْ رَبِّ زِدْنِي عِلْمًا ﴾