



# Immunology

**Title** : Adaptive Immunity  
(cellular Immunity)

**Lec no** : 8


**Done By** : Johainah Taha

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# Useful Links

1.  <https://youtube.com/watch?v=nqRn5fN22t4&feature=shareb>

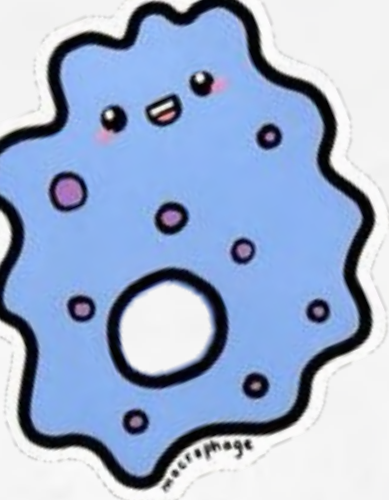
2.  <https://youtube.com/watch?v=JPh9P1aEfMI&feature=shareb>

3.  <https://youtube.com/watch?v=Kdsunt6s-E8&feature=shareb>

4.  <https://youtube.com/watch?v=Q7RqXSP67IM&feature=shareb>

عادي.. مو لازم  
كل شي يكون پيرفكت!

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# Adaptive Immunity

Adaptive immunity :

-Induced resistance to a **specific pathogen**

في ال innate immunity كانت non-specific، فكان عنا immune response بهاجم ال pathogen بنفس الطريقة بغض النظر عن ال type او ال number of exposures

-Learnt by **experience**

The more the immune system is exposed to this antigen the more immunity is going to develop.

-Confers pathogen-specific immunity

-Enhanced by **second exposure**

-Has **memory**

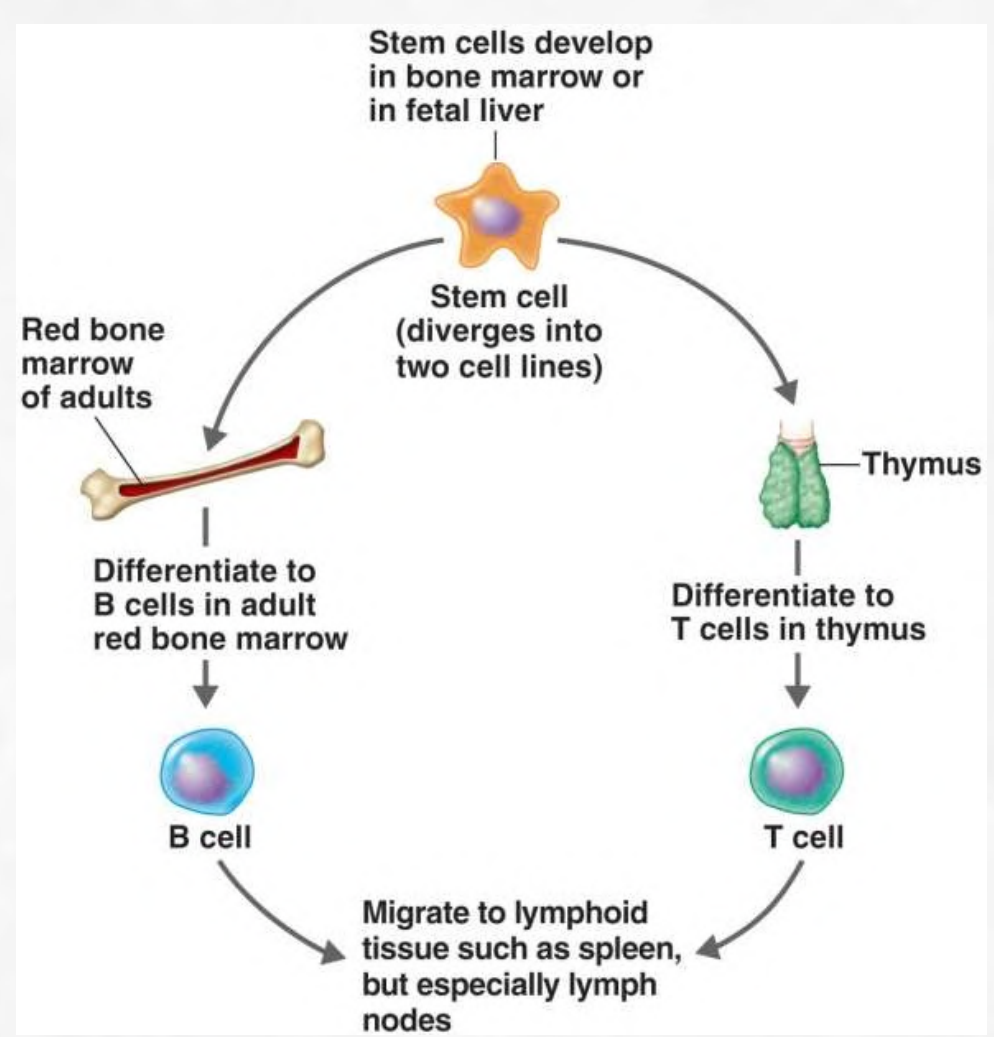
-Is **poorly effective** without innate immunity

-Adaptive immunity is devided into :

1. Humoral immunity: B cells and antibodies
2. Cellular immunity: T cells and cytokines

خلاصة هاد السلايد أنه ال adaptive immunity عكس ال innate immunity وأهم ما يميزها أنها تقدر تكون memory , بحيث أنها تتعامل مع ال foreign Ag للمرة الثانية بشكل أقوى وأسرع مو مثل ال innate يلي كانت تتعامل معه سواء دخل لأول مرة أو للمرة الألف بنفس الطريقة .

## Dual Nature of Adaptive Immunity



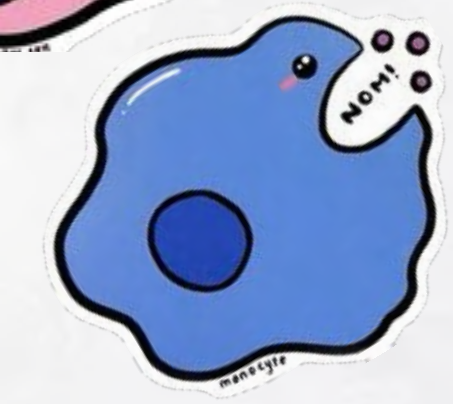
-The B and T cells are produced in the bone marrow -> T cells develop in Thymus

-> B cells develop in Bone marrow

-Both of them circulate in lymphoid organs








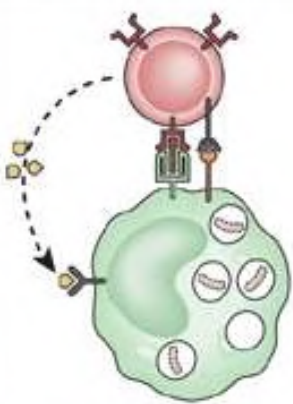

-Once T cells recognise the antigen, they become activated, then they go to the site of the infection .

B cells do not go to the site of infection, they produce antibodies that circulate in the blood to reach the site of the infection



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## Types of Adaptive Immunity

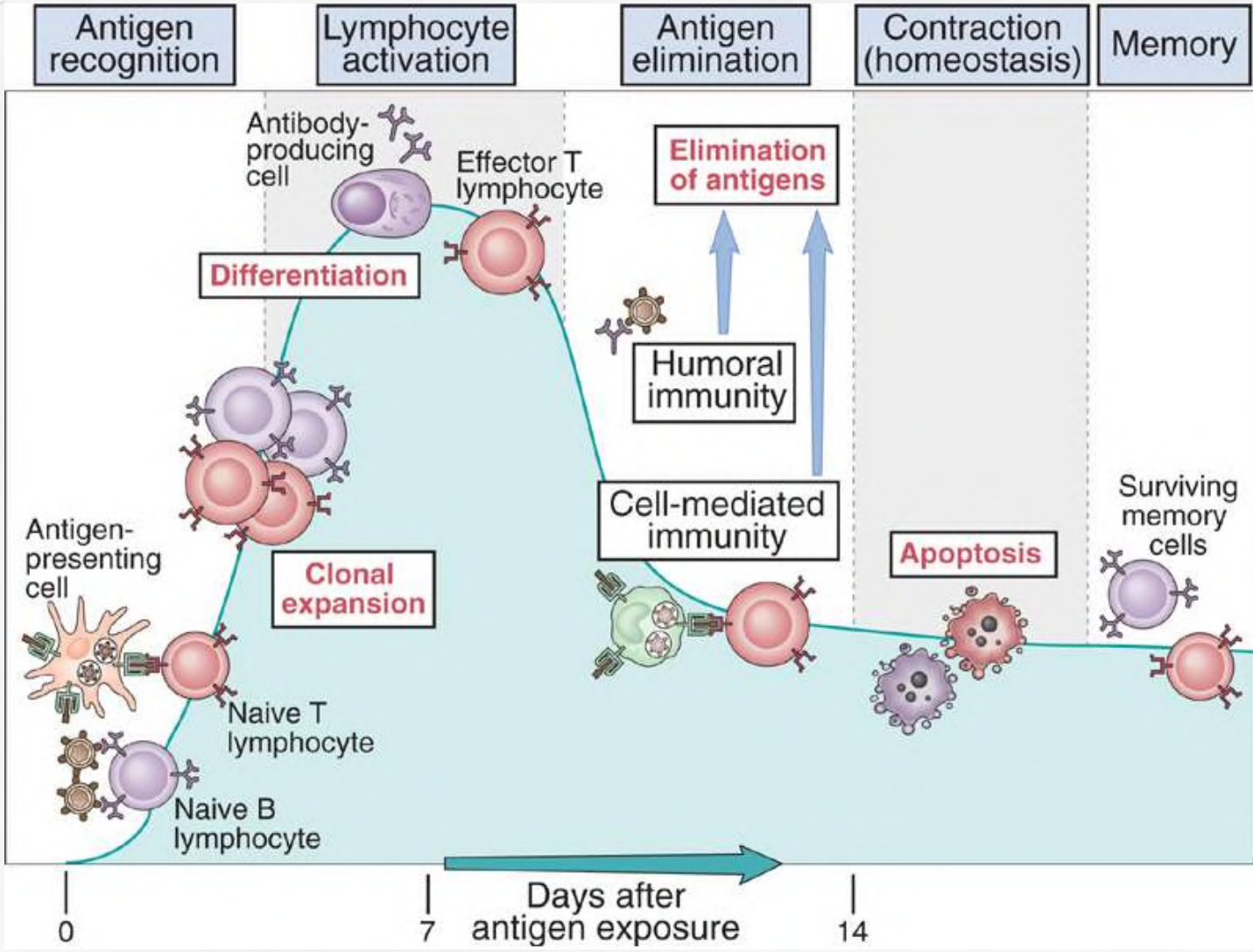
	Humoral immunity	Cell-mediated immunity	
Microbe	 <p>Extracellular microbes</p>	 <p>Phagocytosed microbes in macrophage</p>	 <p>Intracellular microbes (e.g., viruses) replicating within infected cell</p>
Responding lymphocytes	 <p>B lymphocyte</p>	 <p>Helper T lymphocyte</p>	 <p>Cytotoxic T lymphocyte</p>
Effector mechanism	 <p>Secreted antibody</p>		
Functions	<p>Block infections and eliminate extracellular microbes</p>	<p>Activate macrophages to kill phagocytosed microbes</p>	<p>Kill infected cells and eliminate reservoirs of infection</p>

In the cellular immunity, antigens are going to be recognized by the T helper lymphocyte which will give us multiple T helper cells (T helper 1, Th2, Th17, T<sub>H</sub> helper) + cytotoxic T lymphocyte

سَمُّرٌ بِإِذْنِ اللَّهِ وَكَأَنَّهُمْ لَمْ تَكُنْ

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## Phases of Adaptive Immune Responses



The foreign antigen enters the body, then it is going to be captured by antigen presenting cells and presented to the T cells or antigen binding on the B cell  
After that the clonal expansion occurs either on the B cell or T cell

الدكتور بعدين سأل شو يعني clone ؟

هو ال B cell او ال T cell الي بكونوا specific ل certain antigen

يعني ال antigen فلنفرض انه HIV Virus، اذا ال T cell او ال B cell الي بتكون specific لل Gp41 من ال HIV virus هاي ال specificity بنسميها clone .

ال clonal expansion يعني زيادة ملحوظة و كبيرة في عدد ال T cells او ال B cells الي بتكون against ال specific antigen بعدين بصير في عنا differentiation لل B cells ليعطونا antibodies و ال effector T cells حيعطونا الخلايا الي حكيها عنهم زي (Th1-Th2-T cytotoxic)

وبعدين حيصير عنا humoral immunity بحيث ال antibody is produced against this antigen او بصير عنا cell mediated immunity

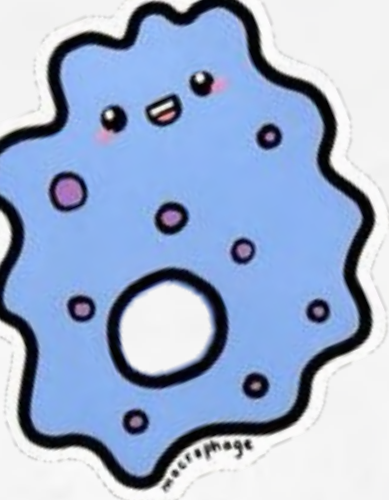
بعدين بصير عنا apoptosis لهي الخلايا و elimination لل eradicating antigen

و حتبداً ال immune responses تعمل subside يعني كل ال signals زي ال cytokines حتخف بالتدريج لما تخف ال T cells و ال B cells الي شاركووا بال immune response حيصير الها apoptosis and death و بالتالي حيعزل منهم ال memory cells، و هدول survive لسنوات و السبب انه فينا عنا cytokines مثل IL7 و IL15 الي بخلوا ال memory cells تضل عايشة لفترات طويلة و ببطؤوا ال metabolic activity

Each naïve B & T cells can recognize single Ag , once it exposed to these Ag , clonal expansion will occur -> differentiation of Naïve cells to effector B & T cells -> humoral & cellular immunity -> death of the effected cell -> formation of memory against this Ag .

\* clonal expansion : increase in the number of the activated T or B cell the that carries the code of the antigen encountered.

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now, we're going to talk about cellular immunity



## T Cells and Cellular Immunity

المنحة مهمة  
جداً جداً

- This type of immunity is performed by T cells to combat infection by intracellular microbes
- Intracellular infections include:

- Microbes ingested by macrophage that resist microbicidal activity of macrophage
- Viruses that binds to cells receptors and replicate in the cytoplasm of these cells

حكيانا الفيروس أول ما يدخل عالجسم وقبل ما يربط عال receptor على target cell يعتبر exogenous أما لو ارتبط عال receptor و عمل fusion و دخل جوا الخلية بصير endogenous

- T cells help B cells to produce antibodies
- T cells interact with other cells of the immune system
- Types of T cells: 1. Helper T cells

2. Cytotoxic T cells
3. Regulatory T cells

شرح تفصيلي هام جداً

- In the intracellular infections (cells infected with viruses or bacteria which replicate intracellularly) , the cell mediated immunity will be activated to give us a cytotoxic T cells (CD8+) in order to target these infected cells and kill them .

- If the bacteria or virus is engulfed by the macrophages or dendritic cells , these pathogen still can survive and evade (for example they can move from the phagosome into the cytoplasm of the antigen presenting cells)

\*\*\* - Example of MO that can survive and evade from cell mediated immunity:

Bacteria -> Mycobacterium, listeria, TB, legionella

Fungi -> Creptococcus neoformans

Protozoa -> Leishmania, Trypanosoma

Viruses -> herpes simplex virus, cytomegalovirus , Epstein barr virus, Pox virus

- Let talk about viruses in more details...

When the virus enters the cell it should be displayed on MHC 1

Some viruses can evade this whole mechanism of presentation

كلهم بيعملوا inhibition لل antigen presentation ولكن ب mechanism مختلفة

**Herpes simplex = interfere with transport of antigen**

ال transport of antigen هي مثل القناة الي بمر منها الفيروس بعد ما تكسر من ال proteosomes ليوصل لل ER و يتصنع ال MHC1 و يرتبط فيه و بعدها يصير ال presentation

هسا ال herpes شو بيعمل؟؟ بينتج peptides بتوقف عملية ال transporting لل ER

**CMV = inhibit the proteosomal activity**

يعني طريقته مختلفة عن ال herpes , هاد الفيروس بمنع عملية تكسير ال antigen و تصنيع ال MHC في ال ER

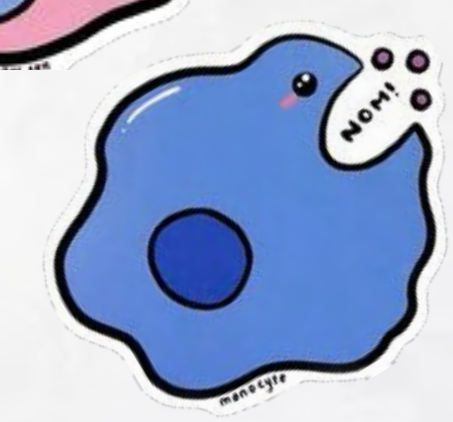
**EBV = proteosomal activity + it produces IL10 (cytokine) to inhibit macrophage + dendritic cell activation**

**Pox Virus = inhibit effector T cells activation**

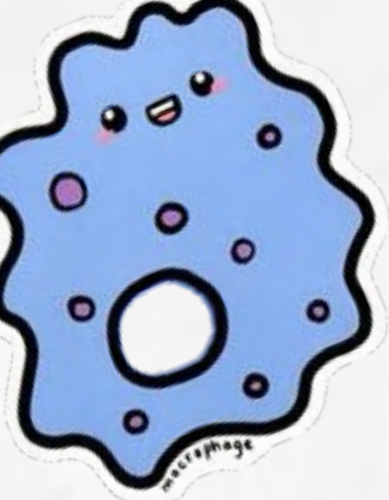
IL1 and IF gamma induce the activation of T cells, this virus produces a soluble IL1 and IF gamma receptors

بدل ما ترتبط هاي ال cytokines مع ال receptors على ال effector T cells بتروح ترتبط مع ال soluble receptors الي انتجهم ال pox

هاي ال receptors و كأنها عم تعمل لل neutralization لل cytokines



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## Stages of Cellular Immunity

کمان شوي حنڦهلم ...

1. Antigen processing and presentations (APC's and MHC's)  
This step happen through antigen presenting cells.  
In cellular immunity -> dendritic cells
2. T cells recognize and bind to Ag by T-cell receptors (TCRs)
3. Activation and signaling
4. Clonal expansion and differentiation of T cells
5. Effector functions
6. Shut down of immune response and formation of T memory cells

### 1. Antigen Processing and Presentation

- Naïve T cells can not recognize antigens directly before processing

لازم يصير عنا presentation قبل و بالغالب طالما بنحكي عن T cell ال presentation حيصير عبر dendritic cells

Superantigen can interact with T cells in different ways (how?) (homework)

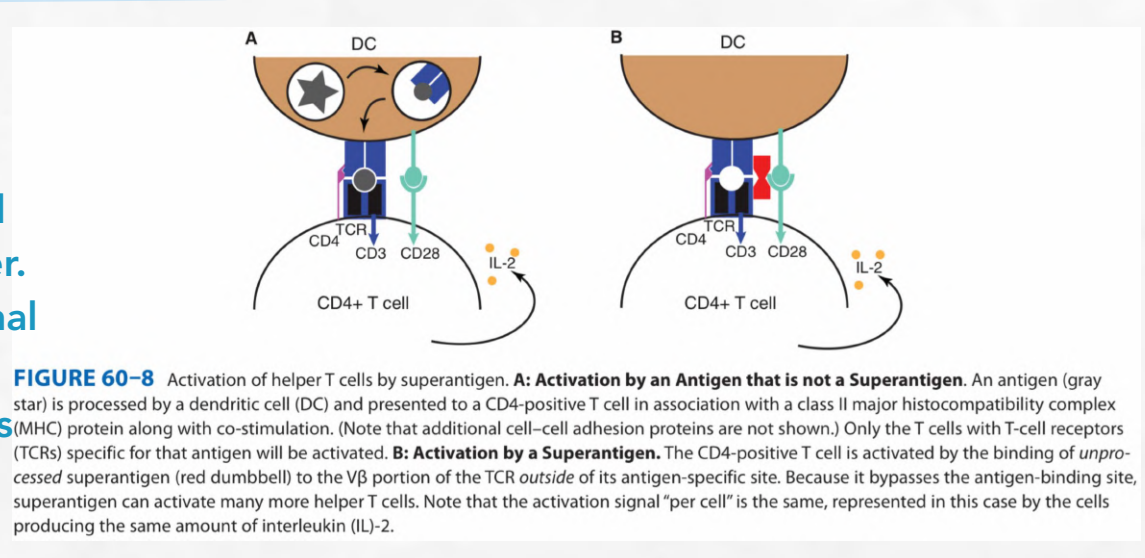
- The antigens need to be processed and displayed by MHC molecules on professional antigen presenting cells
- For details see lecture on antigen presentation and processing

### EFFECT OF SUPERANTIGENS ON T CELLS

Superantigens bind to the MHC proteins and the TCRs (T cell receptors) on the surfaces of adjacent APCs (antigen presenting cells) and T cells, forcing the signaling molecules together. As a result, the T cell receives a strong TCR signal regardless of the peptide that is displayed in complex with the MHC molecule. Superantigens are "super" not because they activate each individual T cell more strongly, but rather because they activate a vastly larger number of the available T cells, in many cases bypassing the need for co-stimulation.

For example, staphylococcal toxic shock syndrome toxin-1 (TSST-1) binds class II MHC proteins directly to the variable portion of the  $\beta$  chain of the TCR, specifically  $V\beta 2$ . This causes unrestrained activation of any CD4-positive T cells that use this  $V\beta$  in their TCR, regardless of that TCR's antigen specificity and regardless of the peptide complexed with the MHC protein. Because a large percentage of human T cells use  $V\beta 2$  (up to 30%), if all of these T cells are activated, it causes massive amounts of IL-2 released from the T cells and IL-1 and TNF from macrophages. These cytokines account for many of the findings seen in toxin-mediated staphylococcal diseases, such as toxic shock syndrome.

Certain viral proteins (e.g., those of mouse mammary tumor virus [a retrovirus]) also possess superantigen activity. (Although not all superantigens bind  $V\beta 2$ , they all cause pathology by activating an excessive number of T cells irrespective of those cells' TCR specificities.)



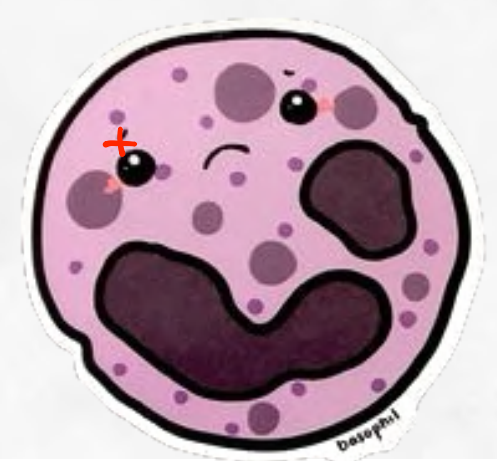
**FIGURE 60-8** Activation of helper T cells by superantigen. **A: Activation by an Antigen that is not a Superantigen.** An antigen (gray star) is processed by a dendritic cell (DC) and presented to a CD4-positive T cell in association with a class II major histocompatibility complex (MHC) protein along with co-stimulation. (Note that additional cell-cell adhesion proteins are not shown.) Only the T cells with T-cell receptors (TCRs) specific for that antigen will be activated. **B: Activation by a Superantigen.** The CD4-positive T cell is activated by the binding of unprocessed superantigen (red dumbbell) to the  $V\beta$  portion of the TCR outside of its antigen-specific site. Because it bypasses the antigen-binding site, superantigen can activate many more helper T cells. Note that the activation signal "per cell" is the same, represented in this case by the cells producing the same amount of interleukin (IL)-2.

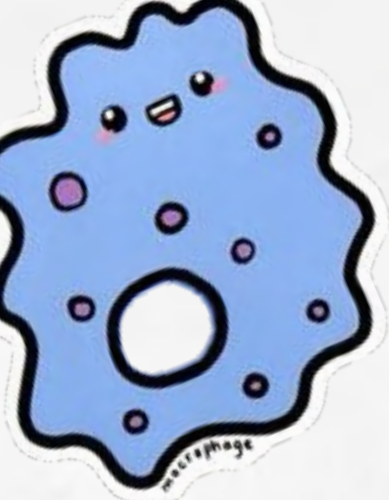


لوفى ابي اضافات او تعديلات

ببفكم بار Comments

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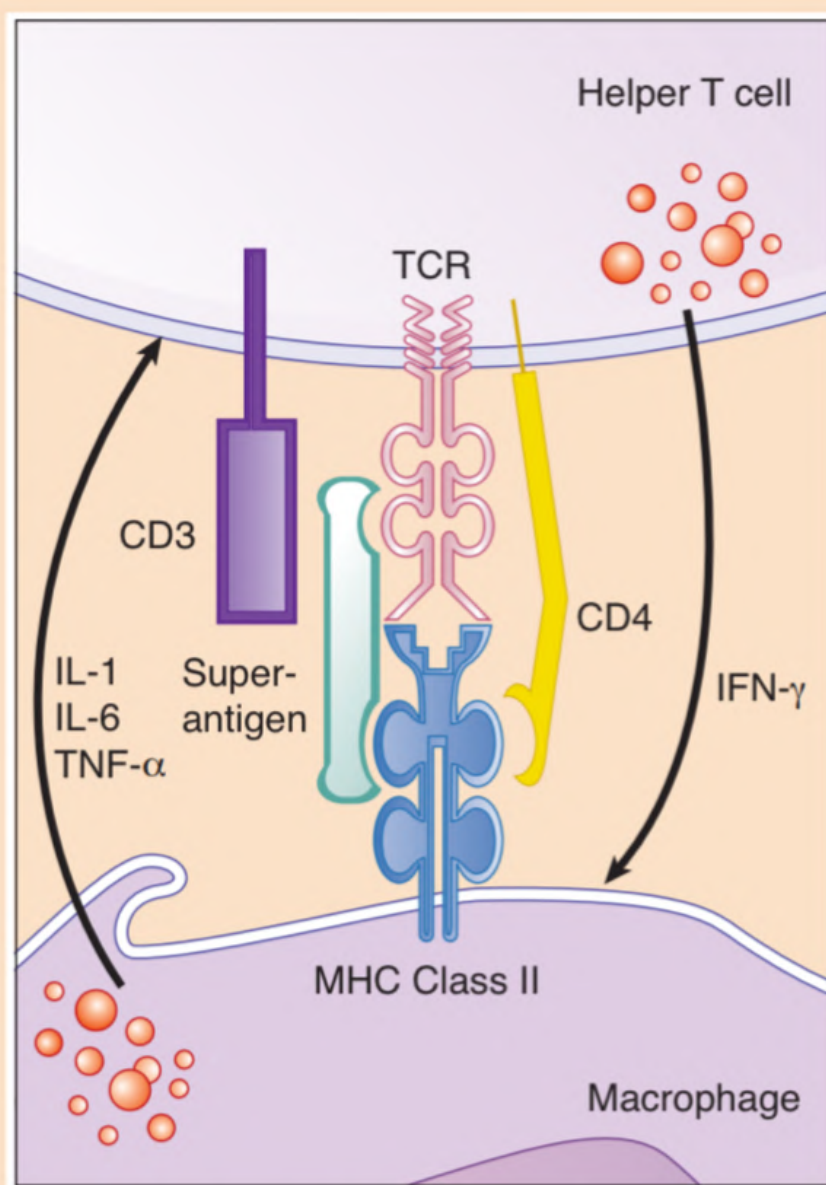




## Clinical Correlate

Superantigens are viral and bacterial proteins that cross-link the variable  $\beta$  domain of a T-cell receptor to an  $\alpha$  chain of a class II MHC molecule outside the normal peptide-binding groove. This cross-linkage provides an activating signal that induces T-cell activation and proliferation, in the absence of antigen-specific recognition of peptides in the MHC class II groove.

Because superantigens bind outside of the antigen-binding cleft, they activate any **clones** of T cells expressing a particular variable  $\beta$  sequence and thus cause polyclonal activation of T cells, resulting in the over-production of IFN- $\gamma$ . This, in turn, activates macrophages, resulting in overexpression of proinflammatory cytokines (IL-1, IL-6 and TNF- $\alpha$ ). Excess amounts of these cytokines induce systemic toxicity. Molecules produced during infectious processes and known to act as superantigens include staphylococcal enterotoxins, toxic-shock syndrome toxin-1 (TSST-1), and streptococcal pyrogenic exotoxins.



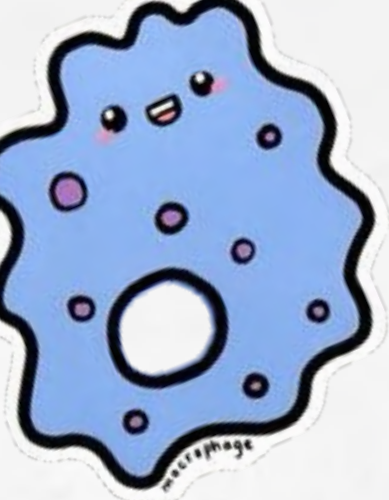
Superantigen Activation

Note that there is no complementarity between the TCR and MHC/peptide complex.



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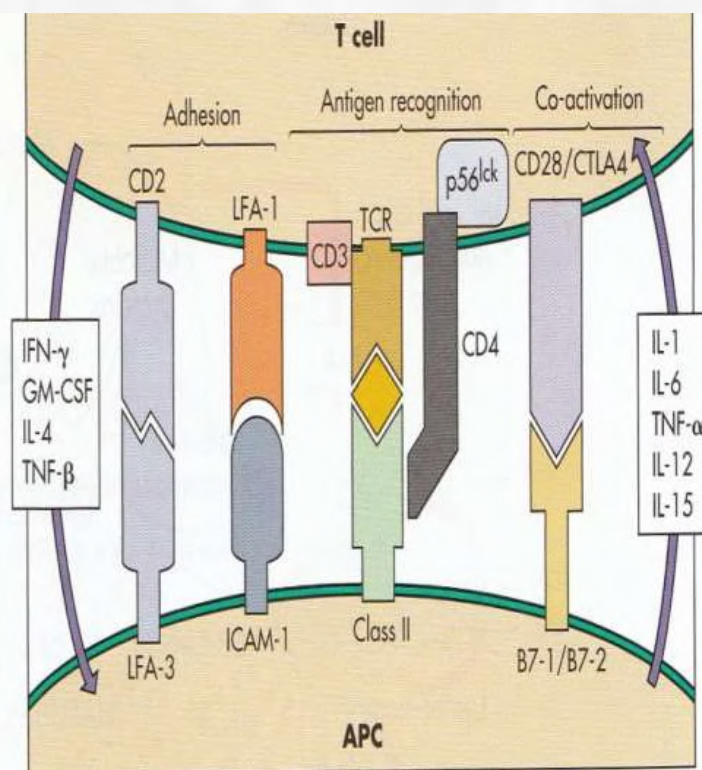
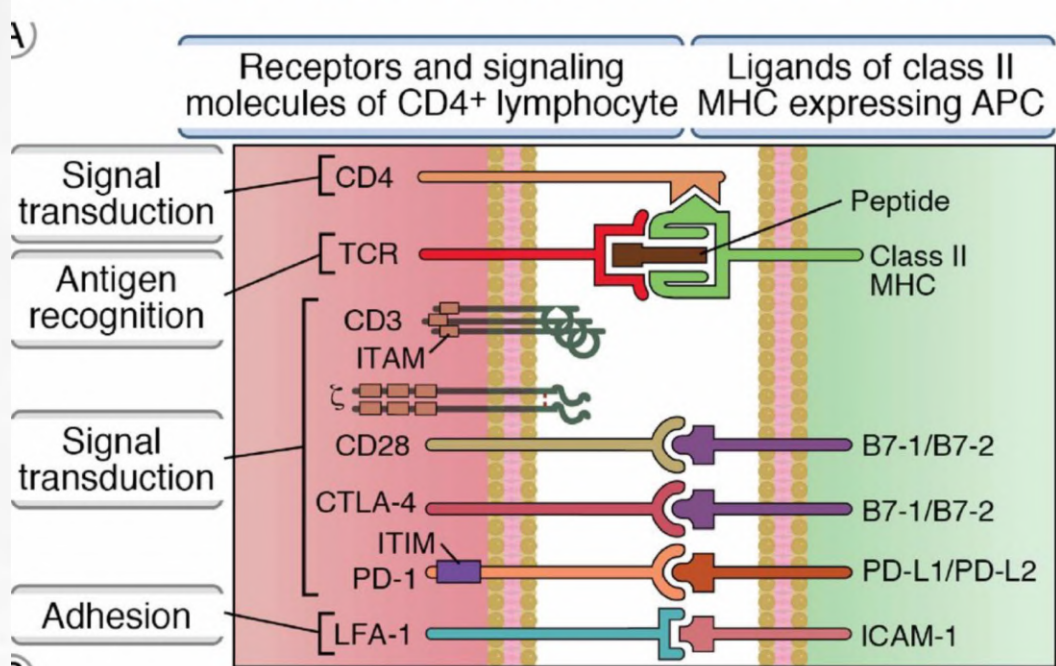
## 2. Recognition and Binding

- Naive T cells circulate through peripheral lymphoid organs
- T cells possess specific receptors that bind antigen ligands on APCs these receptors called **TCR**
- TCRs bind epitopes associated with an MHC protein

↪ T-Cell Receptor

– Adhesion molecules strengthen the binding of T cells to APCs through **integrins, selctins, LFA** (leukocyte function-associated antigen)-1, **CD2** adhesion molecules

### Molecules involved in T cell activation



### Molecules involved in T cell activation :

- 1- **TCR (T cell receptor)** bind to the **peptide of MHC II** receptor
- 2- **Adhesion molecules (LFA-1)** binds to **ICAM-1** to allow enough time for the interaction between T cell and the dendritic cells to have an effector T cells (بتعطيني وقت زيادة لأكمل كل الخطوات)
- 3- **The coreceptor (CD4 or CD8)** binds to the **ligand of MHC (I or II)** presented on the antigen presenting cell

MHC II مع CD4 = T cell مع antigen presenting cell لو كانت

MHC I مع CD8 = T cell مع خلية عادية لو كانت

- 4- the **signal transductor molecule** -> (3 molecules of CD3 + zeta chain)

هدول الثنتين ما الهم علاقة بالantigen presenting cell بل عملهم هو signaling inside T cell بعد ما صارت الprocess تبع الantigen presentation

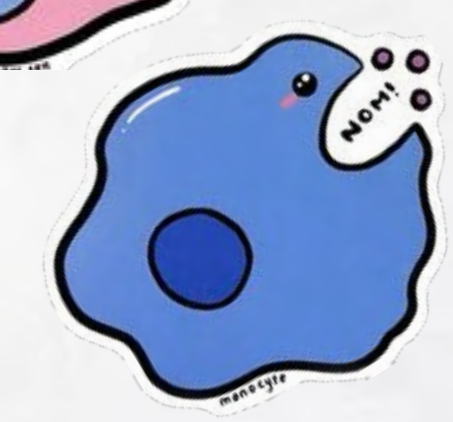
-> **(CD 28)** binds to **B7-1/B7-2**

CD28 is a costimulatory signal

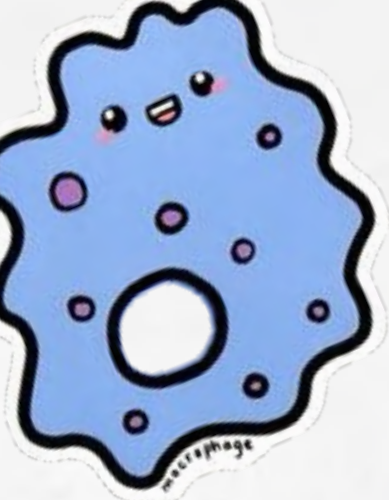
-> **(CTLA-4)** that binds to **B7-1/B7-2**

-> **(PD-1)** that binds to **PD-L1/PD-L2**

CTLA-4 and PD-1 have an inhibitory effect so we can call them (coinhibitors)



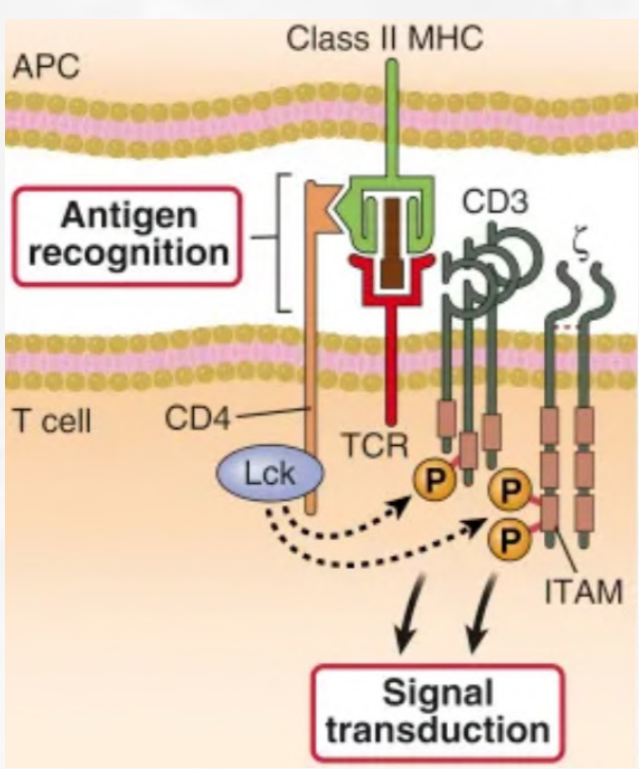
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Zeta Chain

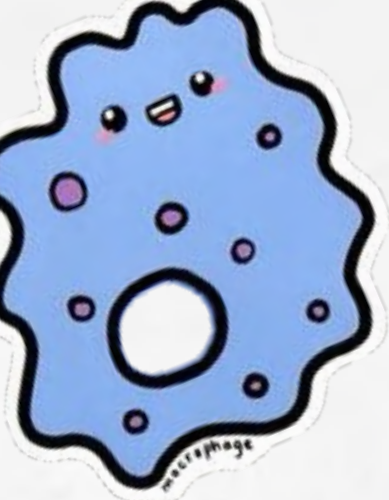
Surface molecules of T lymphocytes	Function	Ligand	
		Name	Expressed on
TCR	Antigen recognition	Peptide-MHC	All T cells
CD3	Signal transduction by TCR complex	None	
ζ		None	
CD4	Signal transduction	Class II MHC	Antigen-presenting cells
CD8	Signal transduction	Class I MHC	All nucleated cells
CD28	Signal transduction (costimulation)	B7-1/B7-2	Antigen-presenting cells
CTLA-4	Negative regulation	B7-1/B7-2	Antigen-presenting cells
PD-1	Negative regulation	PD-L1/PD-L2	Antigen-presenting cells, tissue cells, tumor cells
LFA-1	Adhesion	ICAM-1	Antigen-presenting cells, endothelium



Antigen recognition and signal transduction during T cell activation. Different T cell molecules recognize antigen and deliver biochemical signals to the interior of the cell as a result of antigen recognition. The CD3 and ζ proteins are noncovalently attached to the T cell receptor (TCR) α and β chains by interactions between charged amino acids in the transmembrane domains of these proteins (not shown). The figure illustrates a CD4 + T cell; the same interactions are involved in the activation of CD8 + T cells, except that the coreceptor is CD8 and the TCR recognizes a peptide-class I MHC complex. APC, Antigen-presenting cell; ITAM, immunoreceptor tyrosine-based activation motifs; MHC, major histocompatibility complex



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## شرح اضافي خارجي ولكن مهم لتفهموا تسلسل الأحداث للآن

\*\*We know that Mature T cells are 2 types :

1. CD4+ T cells
2. CD8+ T cells

These are naive T cells since they have not encountered any antigen

\*\*APC digest the engulfed antigen into peptides fragments and display them on its plasma membrane.

Now peptide antigen is presented on the surface of the antigen presenting cell as MHC II - peptide complex , this process is called Antigen processing and presentation

Now these cells migrate from the site of the infection to the lymph nodes where they present antigen to the recirculating naive T cells, these cells are CD4+ naive cells because they recognize MHC II peptide complex displayed by antigen presenting cell

\*\*The activation of this naive T cell requires 2 signals (So T cell activation is a two signal process)

1- First signal :

Recognition and binding by TCR and CD4 generates the first signal of T cell activation

2- Second signal :

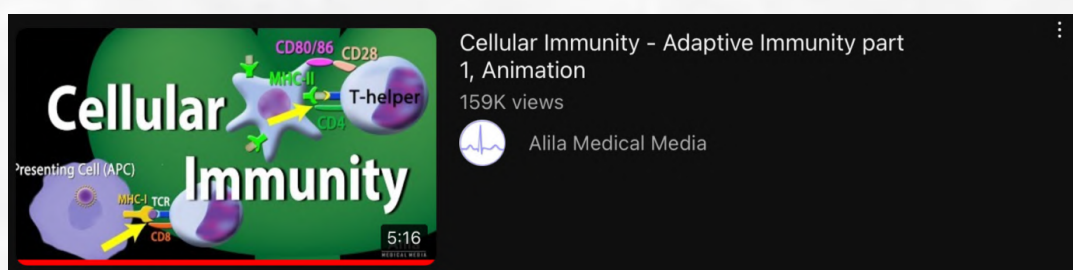
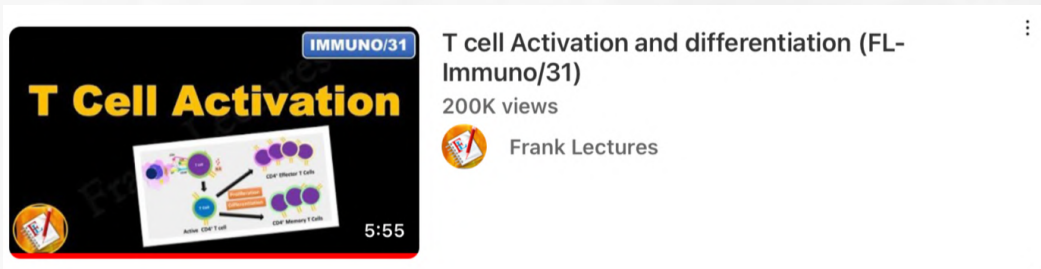
It is known as costimulation, and without costimulation the T cells which have recognized the antigen remain in a prolonged state of inactivity which is known as Anergy

The costimulators include cytokines or pair of plasma membrane molecules

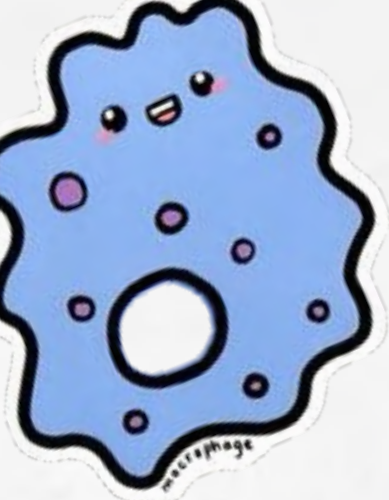
More than 20 costimulators are known, the most important pair is B7 (CD80) and CD28, other examples include CD 2, CD28 and CD45.

\*\*Then the activated T cells start to secrete cytokine IL-2 leading to proliferation and differentiation rapidly to generate a lot of CD4+ effector T cells and CD4+ Memory T cells . If it was CD8+ naive it will generate cytotoxic T cells and T memory cells.

watch these videos



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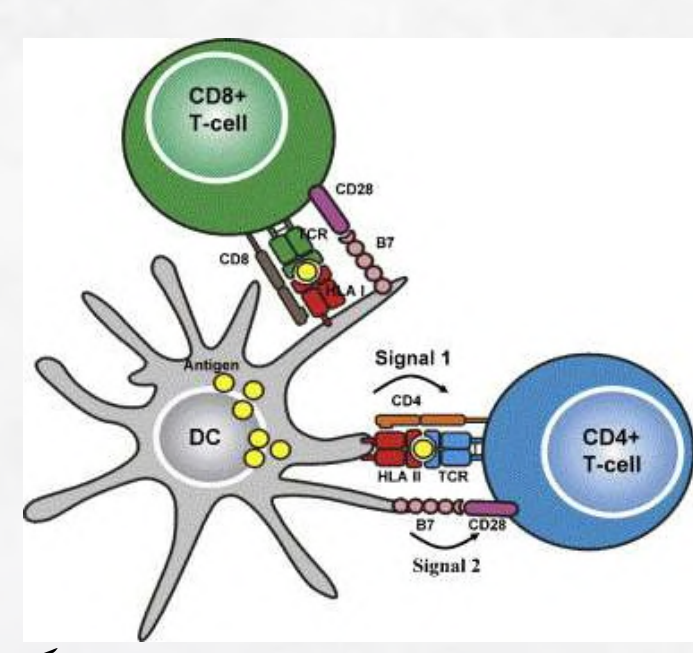
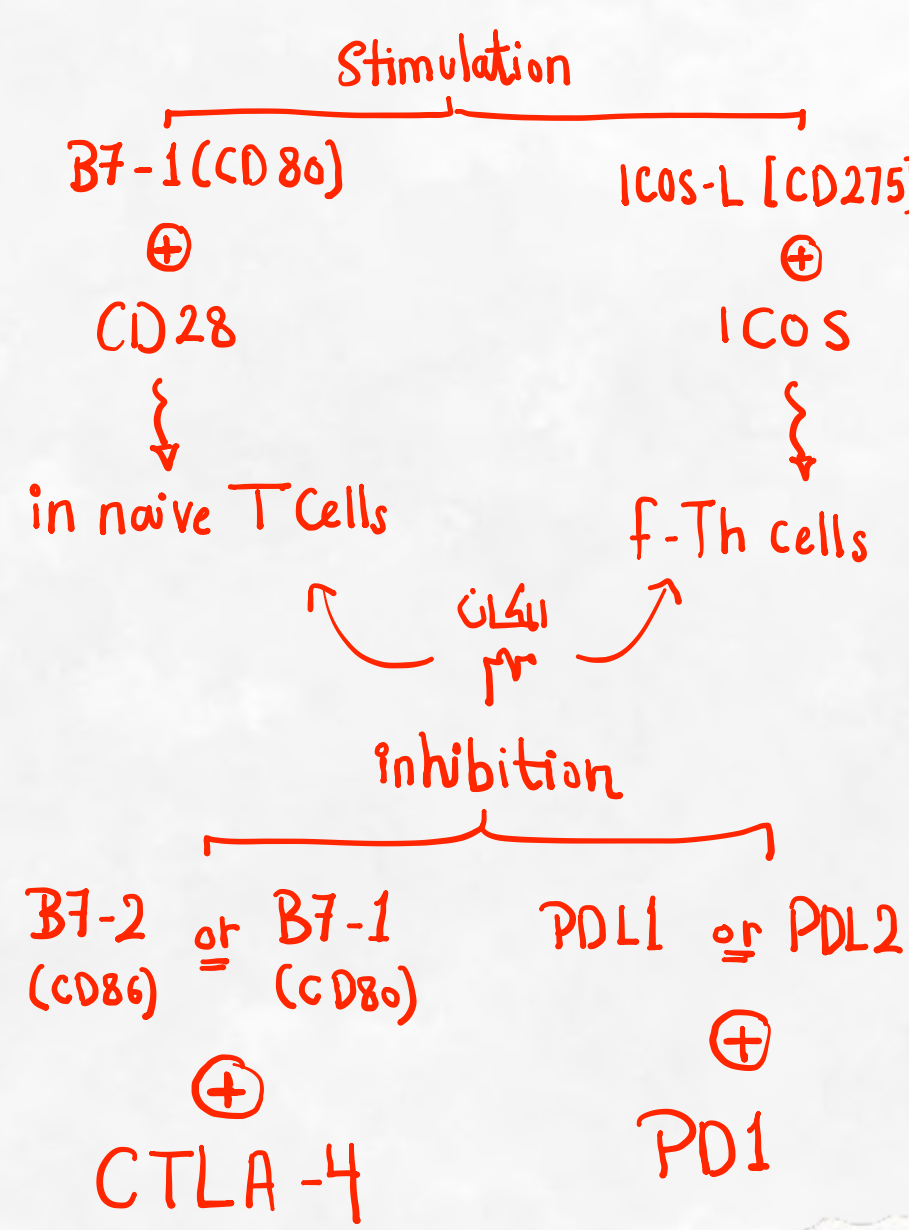
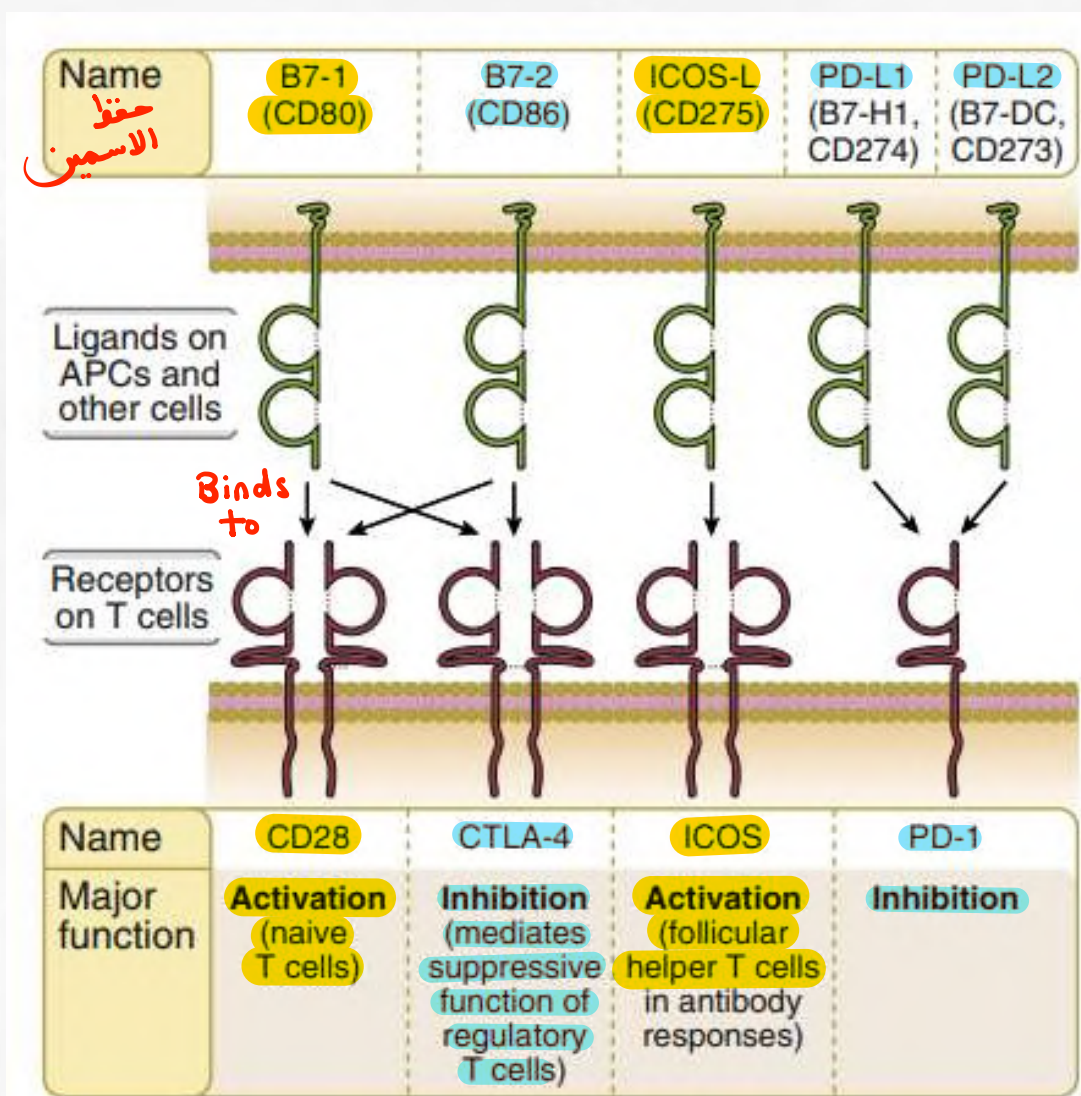
### 3. Signaling and Activation

1. MHC + antigen – TCR binding and activation of CD3 and ζ (zeta) do the function of signaling (TCR complex)
2. Coreceptors including CD4 and CD8 play role in signaling
3. Other accessory molecules including CD45 and CD2 participate in signaling
4. Costimulatory signal
  - B7 on APC interacts with CD28 on lymphocyte
  - Receptors for costimulation recognize second signal provided by APCs
  - With out co-stimulation T cells remain not active (anergy)

هاي الخطوة (4) كثير مهمة، و لو ما صارت ما حيصير عنا activation لل T cell و بهاي الحالة بنسميها Anergy و الدكتور سأل سؤال متى بصير عندي displaying لل B7 و متى ما بصير؟ الها علاقة بطبيعة ال antigen فلو كان self antigen ما بخلي ال APC تعمل Upreulation لل B7 بالتالي بصير عنا Anergy

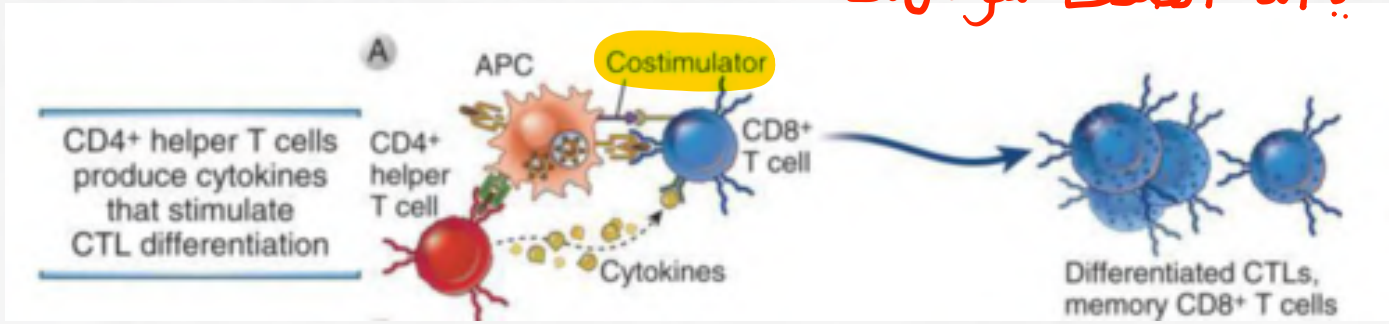
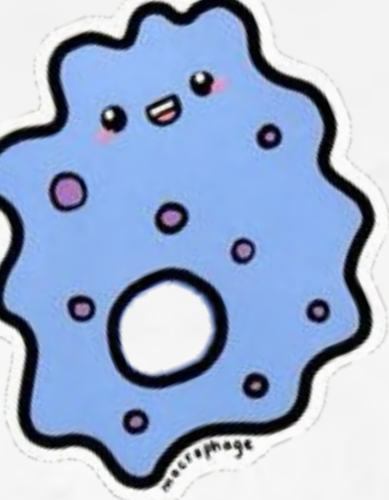
و لما نحكي عن ال Tolerance بالمحاضرات القادمة وحدة من ال mechanisms انه اصلا ما عنا B7 على ال APC لل Self antigen بالتالي ما بصير عنا stimulation ايضا ال harmless antigen

Immunological tolerance is a complex series of mechanisms that impair the immune system to mount responses against self antigens. Central tolerance occurs when immature lymphocytes encounter self antigens in the primary lymphoid organs, and consequently they die or become unreactive.



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## بإلله الصفحة شومهمة ن



كل الي شرحناه لآن فهو عن CD4+ T cell ، هاي الرسمة عن CD8

ال antigen presenting cell عملت engulfment لل virus مثلا، حيروح الفايروس عال phagosome و يصير fusion بين (الفايروس و phagosome و ال lysosomes) ليصير عنا destruction، و بعدها presentation للفايروس ، و ايضا exocytosis للwastes تبعت ال phagosomes lysosomes

حلو لهسا ؟

في فيروسات بتعمل escaping من phagosome الى السيتوبلازم بهاي الحالة ما يعتبر الخلية antigen presenting cell انما يعتبرها خلية عادية و بالتالي بتعمل presentation على MHC I و بالتالي حيتعرف عليها +CD8

تخيلوا انه ممكن الخلية الوحدة تعمل presentation على MHC I او MHC II بنفس الوقت و هاد طبعا شي كويس و هاي العملية كلها بسميها cross presentation او cross priming

Cross-presentation is the ability of certain professional antigen-presenting cells (mostly dendritic cells) to take up, process and present extracellular antigens with MHC class I molecules to CD8 T cells (cytotoxic T cells).

بنلاحظ انه في عنا كمان costimulator عليها هايلايت من cd4 ، طيب هاي شو بنستفيد منها ؟

بتسرع ال process لل cd8+ cytotoxic T cell فمجرد ما صار عنا cross priming

حتحول ال naive Cd8 T cell الى cytotoxic effector T cell بسرعة و حتصير مش بحاجة انها تروح للخلية الثانية و ترتبط مع ال MHC بكفيها بس ترتبط مع MHC I تبع APC و تبلش عملية ال lysis و ال destruction و ال cytotoxic t cell وظيفتها قتل الخلية فلو عملت الها activation بمرحلة البداية عند antigen presenting cell سواء ل tumor or virsly infected cell انت حفرتها و سرعت عملها

في عنا شغلة مهمة جدا جدا !!!!

قبل ما تقرأوا الي بدي اكتبه احضروا الفيديو الي تحت لتفهموا شو يعني clone

ال cytotoxic T cells مجرد ما يصير الها activation ممكن يزيد عددها عشر الاف مرة عن العدد الي كانت عليه ك naive T cell ، بينما لما نحكي عن cd4 عم نحكي عن مئة لآف مرة زيادة في العدد فقط طيب ليش؟

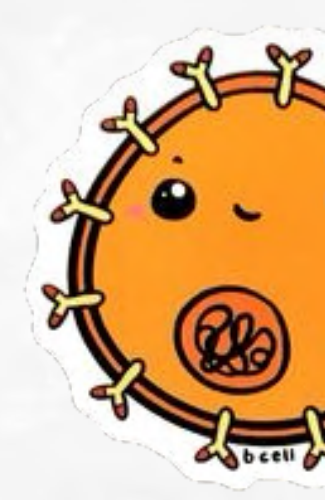
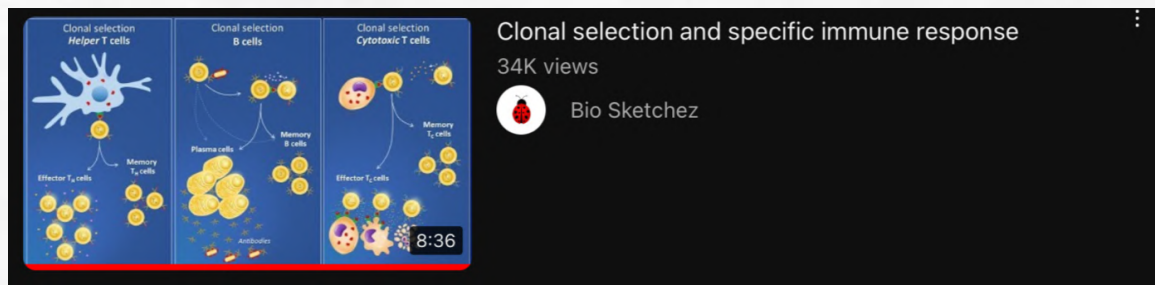
ال cytotoxic تستهدف tumor cells و viral cells لتعمل الهم killing و بالتالي لازم كل cytotoxic cell ترتبط مع كلة خلية مصابة و بالتالي حنحتاج عدد اكبر من ال cytotoxic cells لنقدر نحوي كل العدد الكبير من الخلايا المصابة

بينما cd4 differentiation اله علاقة باننتاج cytokines فما بنحتاج هالعدد الكبير من cd4 cells

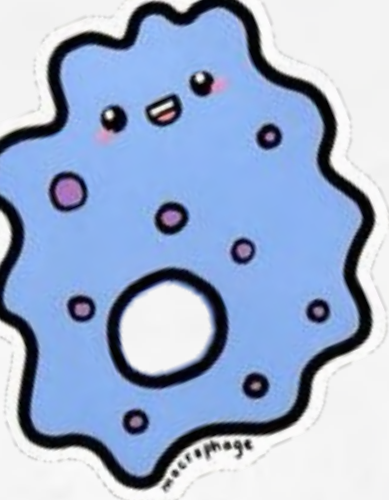
المختصر : عندك منطقة مصابة لازم كل خلية يرتبط معها عالقل cytotoxic t cell و بالتالي انت بتحتاج لعدد اكبر حاولت اوضحها بقدر الامكان

What does it mean if your CD8 is high?

What does it mean if your Absolute CD8+ Cells result is too high? If your CD8 count is high, it means your viral load is low. Your CD4 count is likely to return to normal levels. CD8 cells are important in the body's defense against HIV, and high CD8 count means that your body is effectively controlling the infection.



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## T cell Activation

1. Antigen recognition, primary and secondary signaling leads to T cells activation
2. Release of biochemical mediator and active enzymes that end by **activation of transcription factors**

**Transcription factors like CD3 and zeta chains**

3. This results in influx of calcium into the cell
4. Calcium activates calcineurin
5. Calcineurin activates **gene for IL-2** and its receptor necessary for T cells proliferation and differentiation and cytokine releas

استمرار افراز IL2 مهم لاستمرار ال immune response

### 4. Proliferation and Differentiation

- As a result of T cells activation and Interleukins secretion T cells start to proliferate resulting in expansion of antigen specific cells or clones (1-2 days)
- after 4-5 days T cells differentiate and expand to yield enough numbers of functional T cells (effectors cells)
- These cells leave the peripheral lymphoid tissue and migrate to site of infection
- A small subset of T cells will differentiate into memory T cells

### 5. Effector Mechanisms

- Effector mechanisms are responsible of the **final killing of microbes**
- The main effector function of T cells include:
  1. Activation of **macrophage**
  2. Activation of **cytotoxic T cells**
  3. Activation of **B cells and humoral response**

مثال

Effector T cells	Defining cytokines	Principal target cells	Major immune reactions	Host defense	Role in disease
Th1	IFN- $\gamma$	Macrophages	Macrophage activation	Intracellular pathogens	Autoimmunity; chronic inflammation
Th2	IL-4 IL-5 IL-13	Eosinophils	Eosinophil and mast cell activation; alternative macrophage activation	Helminths	Allergy
Th17	IL-17 IL-22	Neutrophils	Neutrophil recruitment and activation	Extracellular bacteria and fungi	Autoimmunity; inflammation
Tfh	IL-21 (and IFN- $\gamma$ or IL-4)	B cells	Antibody production	Extracellular pathogens	Autoimmunity (autoantibodies)

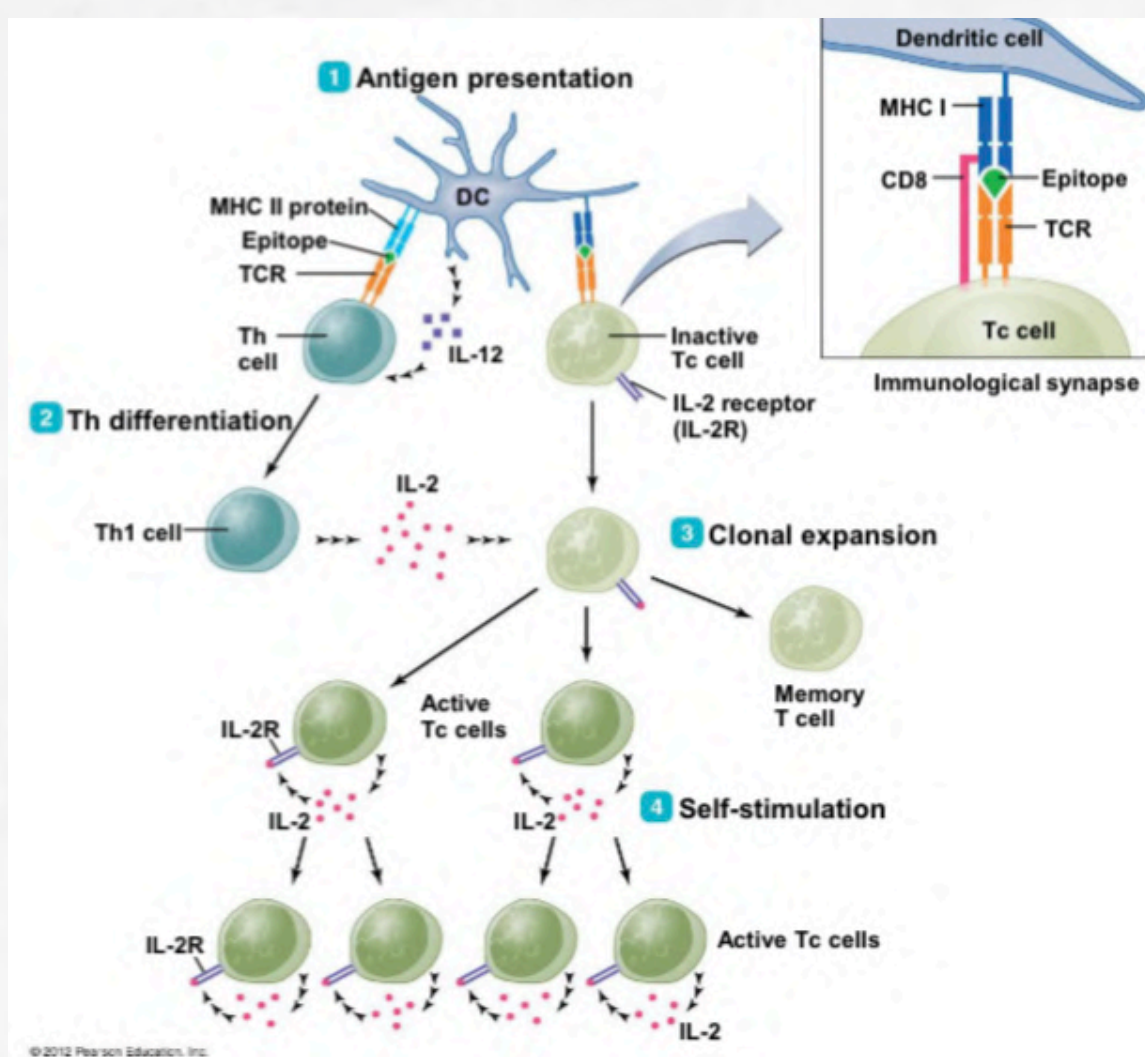
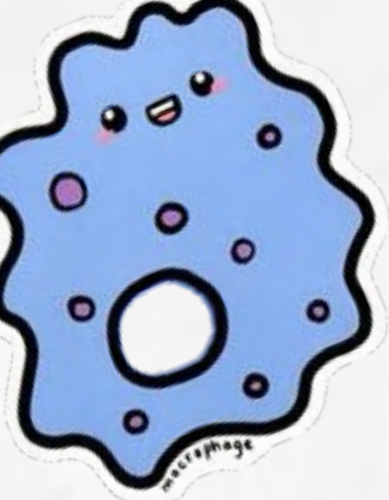
example  
TB

الدكتور شرح هاي السلايد قبل موعدها

عملية ال differentiation او effector T cells شو الي بقرر انها تروح ل TH1 - TH2 - TH17 - Tfh الجواب انه حسب ال cytokines مثل ما هو موجود بالجدول المهم جدا كل الجدول مطلوب بكل حرف فيه



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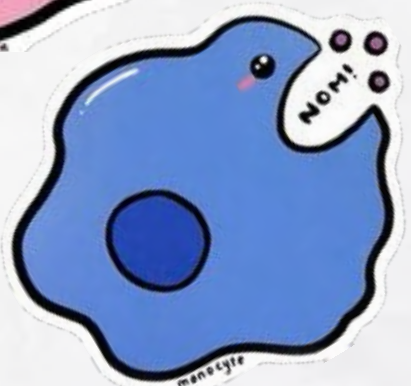


## T Helper Cells

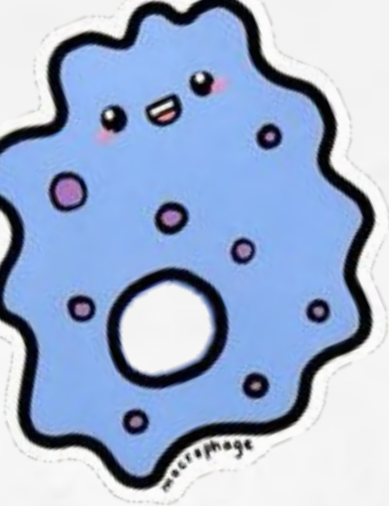
- **CD4+ or TH** cells
  - TH cells produce cytokines and differentiate into:
    - TH1
    - TH2
    - TH17
    - Memory cells
- TH1 produces IFN-gamma which activates cells related to cell-mediated immunity, macrophages, and Abs
- TH2 activate eosinophils and B cells to produce IgE

مان حفظ کامل  
😊

B) Biologic actions of selected T cell cytokines		
Cytokine	Principal action	Cellular source(s)
IL-2	T cell proliferation; regulatory T cell survival	Activated T cells
Interferon- $\gamma$ (IFN- $\gamma$ )	Activation of macrophages (classical pathway)	CD4+ Th1 and CD8+ T cells, natural killer (NK) cells
IL-4	B cell switching to IgE; alternative macrophage activation	CD4+ Th2 T cells, mast cells
IL-5	Activation of eosinophils	CD4+ Th2 T cells, mast cells, innate lymphoid cells
IL-13	B cell switching to IgE; alternative macrophage activation	CD4+ Th2 T cells, mast cells, innate lymphoid cells
IL-17	Stimulation of acute inflammation	CD4+ Th17 T cells, other cells
IL-21	B cell activation; Tfh differentiation	CD4+ Tfh T cells
IL-22	Maintenance of epithelial barrier function	CD4+ Th17 T cells, NK cells, innate lymphoid cells

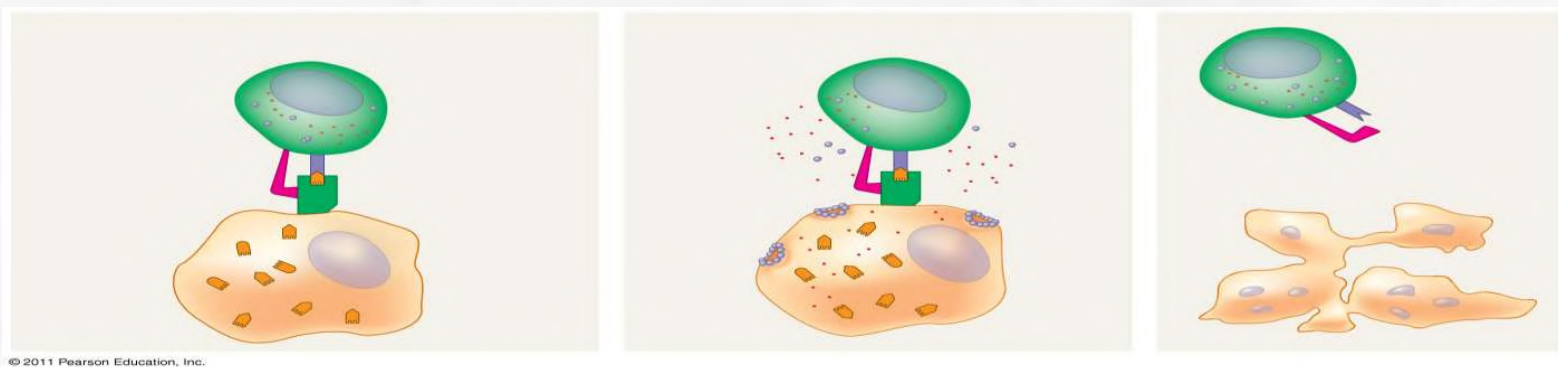


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## T Cytotoxic Cells

- CD8+ or TC cells
- Target cells are self carrying endogenous antigens
- Activated into cytotoxic T lymphocytes (CTLs)
  - CTLs recognize Ag + MHC I
  - Induce apoptosis in target cell
- Cytotoxic T cells kills microorganism by:
  - Perforins
  - Granzymes – degrading enzymes
  - Fas-Fas Ligand interaction - apoptosis
  - Antibody dependent cellular cytotoxicity



### 6. Shut down of Immune Response and Formation of T Memory Cells

inhibitory action و shut down رح يصير عنا pathogen لل eradication و elimination عنا مجرد ما صار عنا  
عبر regulatory cell

- T reg cells (have CD4 and CD25 on surface): Suppress T cells against self and shut down the T cells immune response after the microbe is eradicated
- As the infection is cleared proliferated immune cells are deprived of survival factors and the cells die by programmed cells death (apoptosis)
- A fraction of antigen-activated T cells differentiate into long lived memory T cells

Memory cells can survive longer via cytokines (IL7+IL15) and these cytokines will lead to long lived memory cells and their life cycle is going to be slower than other cells

- Memory T cells do not produce any cytokines and they do not kill microorganism, they recognize the same antigen if it enters the body again and activate the immune response faster in the second attack of microorganism

#### 3 types of memory cells :

##### 1. effector memory (TEM) cells:

لما يتعرضوا لل Ag مرة اخرى بصير عنا rapid effector function

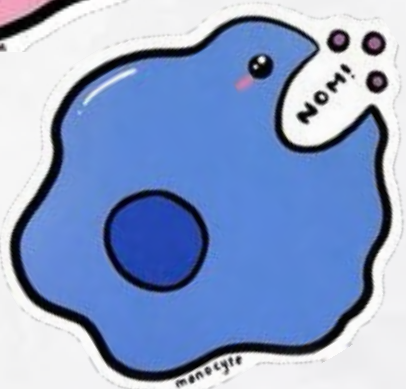
##### 2. central memory (TCM) cells:

مجرد ما يتعرضوا لل Ag مرة اخرى بصير عنا rapid clonal expansion

##### 3. tissue-resident memory (TRM) cells:

They are in tissues they do not circulate in the body.

مجرد ما يتعرضوا لل Ag مرة اخرى بصير عنا rapid effector function



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