

Lecture: Summary Lec 8

Done By: -

Elaf Sameer

Lecturer 8

Name of muscle	Origin	insertion	Action	Nerve
intercostal muscles • External inter- Costal muscle	·lower border of rib above	.4PPer border of rib below	·elevate rib inspiration	(nurovasculer — lan) — between Internal and
•Internal Intercostal ms •Intermost Intercostal ms	Costal grove of ribabove	upper border of rib below	Depress rib expiration	Intermost Intercostal Nerve"
Diaphragm	•Sternal origin back of xiphoid process •Costal origin inner surface of lower 6 costal cartiloges • vertebral origin upper 3 lumbar vertebrae	Central tendon Fiber From Sternal Costal Vertebiral	•moun muscle of inspiration • active during • forced expolsived • When the contact, increas the vertical diameter thoracic Gu	Phrenic Nerve
muscles of anto abdominal wall Externo oblique muscle Internal oblique muscle	• Anterior abdomin wall latrally	• Anterior abdomin wall medialy	Support and protect Expulsive act Movement of the trunk Flexion, lat Flexion	• nuro voscula Plane betwen Internal obleque & transversus abdomen
Transversus abdominsim (T7-T12)	Transversus abdominis (Its fibers run transeversely) Internal (Its fibers run downw backwards	ards, downwards, forwards		
•mucsle of pos. abdown • Psods major	lumber vertebrae	lesser trochanter of femur	·main flexor of thigh "hip joint ·Flex the trunk on the thigh	
•Psoas minor åbsent	1 st lumbar Vertebra	hpbone	· help in Flexion of thigh hip jour	
•Quadratus lumborum	·lliac crest of hip bone	·last rib	·lateral flexion of the trunk -Extension of the trunk	
• Thacus Muscles of Pelvis	hup bone	lesser trochanter Of Femur	*helpin Flexion of +high hipjount	

** Muscles of the pelvic wall: piriformis and obturator internus. ** Muscles of the pelvic floor (pelvic diaphragm): levator ani and coccygeus.

