Questions (1-5) about diabetes

1. A 45-year-old male presents to the clinic complaining of increased thirst and frequent urination. Upon examination, his fasting plasma glucose level is measured at 140 mg/dL. What further diagnostic test would be most appropriate to confirm a diagnosis of diabetes mellitus?

- a) Lipid profile
- b) Oral glucose tolerance test (OGTT)
- c) Hemoglobin A1c (Alc) test
- d) Urinalysis

2. A 35-year-old female with a family history of diabetes undergoes an OGTT. Her 2 hr postglucose load value is measured at 180 mg/dL. What is the most likely interpretation of these results?

- a) Normal glucose tolerance
- b) Impaired fasting glucose
- c) Impaired glucose tolerance
- d) Diabetes mellitus

3. A 50-year-old male presents with central obesity, elevated blood pressure, and elevated triglyceride levels. His fasting plasma glucose is measured at 110 mg/dL. Which diagnosis should be considered based on these findings?

- a) Type 1 diabetes mellitus
- b) Metabolic syndrome
- c) Type 2 diabetes mellitus
- d) Hyperlipidemia

4. A 60-year-old female is found to have an Alc test result of 6.8%. What does this result suggest about her glycemic control?

- a) Poor glycemic control
- b) Normal glycemic control
- c) Hypoglycemia
- d) Impaired glucose tolerance

5. A 40-year-old male presents with a waist circumference of 95 cm, elevated triglycerides (160 mg/dL), and reduced HDL cholesterol (35 mg/dL). His blood pressure is 140/90 mm Hg. What diagnosis should be considered based on these findings?

- a) Hypertension
- b) Type 1 diabetes mellitus
- c) Metabolic syndrome
- d) Hyperlipidemia

- 1. Answer: b) Oral glucose tolerance test (OGTT)
 - 2. Answer: c) Impaired glucose tolerance
 - 3. Answer: b) Metabolic syndrome
 - 4. Answer: a) Poor glycemic control
 - 5. Answer: c) Metabolic syndrome

1-Which of the following are true about the following structure

- A) it's synthesized in mammary gland B)it's called dextrose C)it's the major source of energy D) it's need for sexual activity (to reach and fertilize eggs) E)it's aldohexose H - C - OH H - C - OH H - C - OH H - C - OH
 - 2) Choose the most accurate statement
 - A) most isomers that utilized in the body are in L Form
 - B)L- xylulose cannot utilized into D form and it's always in the L form
 - C) L-arabinose is an ketopentose can be present in grapes
 - D) L- fucose occur naturally in its L form
 - E)L arabinose is component of glycoproteins
- 3- all of the following are true except :
- A) D-mannose constituent of many glycoproteins
- B) milk sugar enter in the structure of glycolipid
- C)milk sugar found in C.N.S tissue
- D) grape sugar is sweeter than fruit sugar
- E) milk sugar can converted into glucose

4-All of the following are functions of pentose except:

- A) they are component of vit B2
- B)enter in the structure of flavoproteins
- C) ribose phosphate and ribulose phosphate are intermediate of glycolysis pathway
- D) enter in the structure of GTP
- E) all of the above are wrong

Ans: 1)D 2)E 3)D 4)c