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RESPIRATORY SYSTEM HAYAT BATCH

SUBJECT : Nose, nasal cavity , paranasal sinuses
LEC NO. : 1

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Respiratory system Nose, nasal cavity& paranasal sinuses By Dr. Mohamed Fathi Assistant professor of Anatomy Department Faculty of medicine

By the end of this lecture you must know:

- Divisions and different parts of respiratory system.
- Anatomy of nose and Para nasal sinuses which includes:
- **1-External nose and its nerve supply**
- 2-Nasal cavity boundaries and contents of its lateral wall.
- **3-Blood supply and lymphatic drainage of the nose.**
- 4- Development of the nose and para nasal sinuses.
- 5- Anatomy of Para nasal sinuses, drainage and clinical importance
- **6-Histology of the nose and paranasal sinuses**



The Respiratory System is divided into 2



Figure 13.1: Conducting portion of the respiratory system



parts: e xchangeous المكان الى رك **Conducting part Respiratory part** Gas exchange take -Nose (nasal cavity & Nasal sinuses. place -Respiratory -Nasopharynx, bronchioles larynx, trachea -Alveolar bronchioles -Bronchial tree: **Extra pulmonary** -Alveolar ducts bronchus -Alveolar sacs - Intrapulmonary -Alveoli bronchus -Bronchioles: **Preterminal** bronchioles Terminal bronchioles

Figure 13.2: Respiratory portion of the respiratory system

1)The external nose:

• It has bridge, tip, nostrils (anterior opening of nose) and ala of nose which bounds the nostril laterally.

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 Skin of external nose is supplied by external nasal, infra- trochlear & infra-orbital nerves.
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 Its skeletal frame work is formed by bones; nasal bones
 + frontal processes
 of maxilla



The nasal cavity: is the posterior wide part of the nose; divided into 2 halves by nasal septum, which making the two nasal cavities.

• Each half has a roof, floor, lateral and medial wall.





Nasal bone

- **4-The Lateral wall:**
- **Bones forming :**
- Superior: Nasal aspect
 of ethmoid bone
 above.
- inferior:
- (a)Nasal aspect of maxilla
 (b)Perpendicular plate
 of palatine bone
 behind.



The lateral wall is divided into 3 parts:

- a. Small anterior hollow part called "vestibule", covered by skin and contains hair.
- b. Middle hollowed part called "atrium of the middle meatus".
- c. Posterior part containing the conchae & meatuses.
 3



- Nasal conchae:
- (superior, middle & inferior):
- Shelf-like bony projections directed downward and medially.
- - The superior & middle conchae project from the ethmoidal bone while the inferior one is a separate bone
- Superior concha is the smallest while the inferior concha is the largest.



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Nasal meatuses:

- Are passages beneath the conchae.
- The superior meatus

 the shortest and
 shallowest one,
 receiving the opening
 of the posterior
 ethmoidal sinuses.





• II- The middle meatus: has 3 features:

- 1. Bulla ethmoidalis: rounded elevation produced by the middle ethmoidal sinus (open on it).
- 2. Hiatus semi-lunaris: deep semicircular groove below the bulla, has: - Anterior end, receives the opening of the frontal air sinus & anterior ethmoidal air sinus. -Posterior end, receives the opening the maxillary air sinus.
- *3. Infundibulum:* short passage at the anterior end of the hiatus.









Blood supply of the nose





Auperior & Anterior A Oposterior *Venous drainage of the nose: *a. Anterior part* into the facial vein. *b. Posterior part* into the pharyngeal plexus. *c. Middle part* into the pterygoid venous plexus.

*Nerve supply of the nose According to Function (A)- General sensation: (from trigeminal n 5th cranial n) B)-Special sensation : (olfactory n. 1st cranial n).

Jenne Iling.



Parnasal Air Sinuses

- Definition: spaces inside the skull filled by air.
- 4 sinuses on each side (frontal, maxillary, sphenoidal & ethmoidal), they open into the lateral wall of nose.
- Function: lighten the skull weight & add resonance to the voice. 2 –
- They are either absent or rudimentary at birth but increase in size until adolescence they become fully developed after eruption of permanent teeth.



- They are divided into 2 groups:
- Anterior group: frontal, maxillary, anterior & – middle ethmoidal (all open in the middle meatus).
- Posterior group:
 *Sphenoidal opens in spheno-ethmoidal recess.

*Posterior ethmoidal opens in superior meatus.

Anterior elder elder elder view Verson



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1-Maxillary Air Sinus

- Site: body of the maxilla.
- **Shape:** pyramidal in shape:
- The base is the lateral wall of the nose
- The apex extends to zygomatic Highes semi-lunaris process of maxilla or even the zygomatic bone.
- The roof is the floor of the orbit.
- The floor is the maxilla's alveolar process
- The sinus opens into the hiatus semilunaris by one or two openings.

*Nerve supply: infraorbital and superior alveolar nerves. Pain from an infected sinus can be referred to the teeth (upper jaw).



sinvs بقرية الحر infection بجريجا Maxillary sinvs جريار Clinical importance جريار جريجا

- The maxillary air sinus is commonly infected (maxillary sinusitis) because:
- 1-Its drainage is difficult (its drainage orifice lies near the roof) Anti-gravity.
- **2-Discharge from an infected frontal or anterior ethmoidal air sinus can pass to the**
- Sinus. Anterior ethmoidal 1, i frontal 1, infection si via A
- **3-It is closely related to teeth so spread of infection from tooth to the sinus can occur.**

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• -The two sinuses in frontal bone are usually unequal in size. -Each drains into the middle meatus of the nose by the infundibulum, in the anterior part of the hiatus semilunaris.

• *Nerve supply: Supraorbital nerve. Grigeminal مراحد من أرود ال

• Clinical importance: pain from an infected sinus can be referred to the forehead Infection of frontal air sinus can spread to frontal lobe of brain.



3-Ethmoidal Air Sinuses

• -They are present in the ethmoid bone arranged into: anterior, middle and posterior ethmoidal air sinuses. They lie between the nasal cavity and orbit. Infection in these sinuses can spread to the orbit.



- a) Anterior ethmoidal sinuses: drain into infundibulum at anterior end of hiatus semilunaris of middle meatus.
- b) Middle ethmoidal sinuses: drain by an opening on top of bulla ethmoidalis.
- c) Posterior ethmoidal sinuses: drain into superior meatus.
- *Nerve supply: They are supplied by anterior and posterior ethmoidal nerves.





• They are two right and left separated by a septum inside body of sphenoid. They drain into sphenoethmoidal recess.

*Nerve supply: Posterior ethmoidal nerve.

• *Clinical importance:* The sphenoidal air sinuses are related superiorly to pituitary gland & optic chiasma and laterally to cavernous venous sinus & its contents.



Histology of the nasal cavity

It is divided into 2 parts:

- [1] Anterior part of nasal cavity (vestibule): It is the dilated anterior part of the nasal cavity. It is lined with modified skin formed of:
- **1. Epidermis: lined by**
- Stratified squamous keratinized vestbute epithelium with short stiff hairs (vibrissae) for filtration of the inspired air.
- 2. Dermis: contains sweat and sebaceous glands.



[2] Posterior part of nasal cavity : Its lateral wall contains 3 projections called conchae (superior, middle and inferior). It is divided into 2 areas, respiratory and olfactory areas.

- I. Respiratory area: It is lined by mucous membrane; which is formed of:
- (a) **Respiratory epithelium;** Pseudo-stratified columnar ciliated with goblet cells.
- (b) Lamina propria: which is a dense fibroelastic connective tissue characterized by:
- 1- It is highly vascularized

2- It contains muco-serous glands to moisten the air and make a film of mucoid fluid on the surface to trap any minute foreign particles that is removed by the action of cilia.

3- It is rich with lymphocytes, macrophages and plasma cells (have immune function against any FBs)



II. Olfactory area : present at the roof of the nasal cavity and extends on upper parts of its medial and lateral walls.

- Lining: lined by olfactory mucosa (organ of smell) which includes olfactory epithelium and thick lamina propria
- Olfactory epithelium:

Thick pseudo stratified epithelium formed of three types of cells:

- a. Sustentacular (supporting) cells
- b. Olfactory (chemoreceptor) cells
- c. Basal (stem) cells





Source: Mescher AL: Junqueira's Basic Histology: Text and Atlas, 12th Edition: http://www.accessmedicine.com

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