# **Muscular Tissue**

- Composed of different cells containing the contractile fibers
- Most of the muscle cells are mesodermal in origin
- Three types of muscle fibers can be distinguished according to morphological and functional differences

### **Skeletal Muscle**

- Long thin multinucleated fibers
- 10-100 μm in diameter and may reach
  70 cm in length
- Peripheral flat nuclei
- Red in color due to myoglobin
- They are striated and attached to bone
- Sarcoplasmic reticulum, sarcolemma, sarcoplasm
- Hypertrophy and hyperplasia





# **Organization of Skeletal Muscle**

- Epimysium
- Perimysium
- Endomysium
- Connective tissue serves in: Transmits the force generated by individual fibers
   Blood and lymphatic vessels run in the connective tissue



# **Organization of Skeletal Fiber**

- In a sarcomere, identify the following:
  - **A**-band and myosin filaments
  - I-band and actin filaments and titin
  - Z line and  $\alpha$  actinin
  - M line and creatine kinase and myomesin
  - H band







# **Sarcoplasmic Reticulum**

- Depolarization at the myoneural junction leads to the release of Ca<sup>+2</sup>
- Transverse (T) tubules: invagination of sarcolemma at the level of A-I bands
- Triade: T-tubule with dilated cisternae of sarcoplasmic reticulum at the sides of T-Tubule
- Rigor Mortis







### **Contraction of Skeletal Muscle**

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Titin 000000000

- A-band
- I-band
- Z lines
- H-band
- M-line
- Z-lines

Thin filament



Thick filament



#### Innervation

Myoneural Junction Structure Motor Unit Myasthenia gravis



#### **Cardiac Muscle Fiber**

- Striated with a central round nucleus
- They are  $10 \times 100 \mu m$
- Short branching fibers
- Endomysium surrounds each muscle fiber
- Intercalated discs

Fascia adherens (Act Zonula<br/>adherensMacula adheresGap junction

Macula

adherens (desmosome)

#### **Characteristics of Cardiac Muscle**

- More T-Tubules and form diads at Z-Line
- The sarcoplasmic reticulum is less profound and irregularly dispersed compared to skeletal one
- Contains numerous mitochondria (40% vz 2%)
- Fatty acids are stored in lipid droplets
- Lipofuscin pigments
- Membrane-bound granules in atria contain Atrial Natriuretic Factor act on the kidney leads to Na and H<sub>2</sub>O loss



#### **Smooth Muscle Fiber**

- Consists of elongated, non-striated muscle fibers
- It is surrounded by a basal lamina, reticular fibers, and collagen type-I comprising the Endomysium
- It has a central ovoid nucleus and other organelles
- Ill-developed sarcoplasmic reticulum which lacks T tubules
- It contains thin filaments made of actin and thick filaments made of myosin
- Calmodulin and Ca-sensitive myosin light-chain kinase
- Intermediate filaments (Desmin and Vimentin)
- Dense bodies (Membranous and cytoplasmic)



# **Types of Smooth Fibers**

• Visceral:

They are found in the wall of the viscera.

They have gap junctions and poor nerve supply They contract in syncytial fashion (Bulk contraction)

#### • Multiunit:

They are found in the iris of the eye.

They have rich innervation

They contract in graded and precise action.



#### **Mechanism of contraction**

 In skeletal and cardiac muscle fibers, calcium binds to troponin leading to change in the geometry of thin and thick filaments leading to contraction (sliding theory).

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- In smooth muscle fiber, calcium binds to calmodulin which activates myosin light chain kinase leading to myosin phosphorylation
- Factors leading to increase or decrease in cAMP levels lead to contraction and relaxation, respectively



#### **Regeneration of Muscle Tissue**

- Injured cardiac fibers after childhood are replaced by fibrous tissue
- Injured skeletal fibers have limited potential for regeneration. Satellite cells (Undifferentiated myoblasts) within the basal lamina of skeletal fibers become activated and proliferate and fuse together to give new muscle fibers
- Injured smooth fibers have active regenerative activity

