

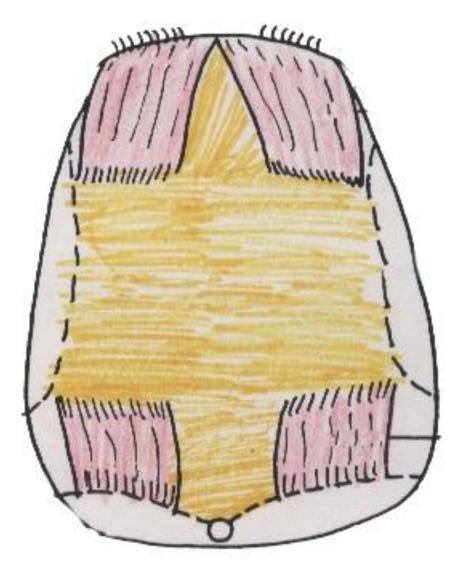


## **General Anatomy** Lecture 7: Muscles of Head &Neck

### Dr. Mohamed Fathi Elrefai Ass. Professor of Anatomy & Embryology mohamed@hu.edu.jo

## Muscles of Scalp: Occipito-frontalis Muscle

- \* Scalp has only ONE muscle which is the **occipito-frontalis muscle**.
- \* It is formed of **2 frontal bellies** and **2 occipital bellies** which are inserted in the epicranial aponeurosis.
- \* Epicranial Aponeurosis:
- \* A sheet of strong fibrous tissue on the skull cap.
- \* Receives the insertion of the frontal and occipital bellies.

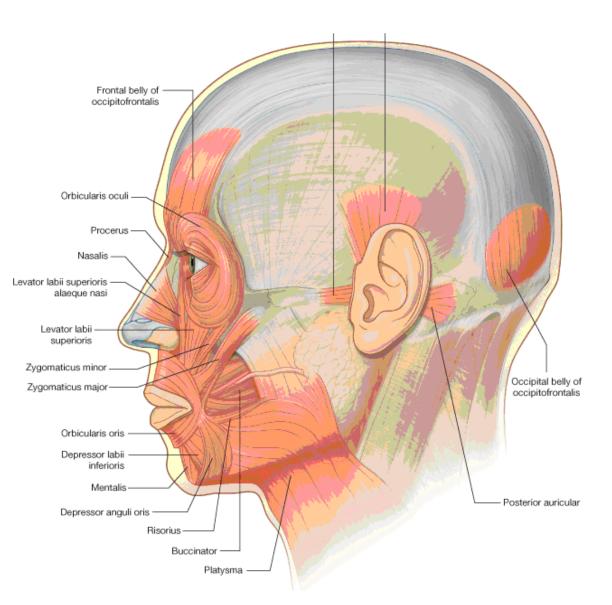


\* Frontal bellies  $\rightarrow$  take origin from eyebrows & are inserted in epicranial aponeurosis.

\* Occipital bellies  $\rightarrow$  take origin from occipital bone & are inserted in epicranial aponeurosis.

\* Action of muscle: Pull the scalp backwards and raise the eyebrows thus causing the transverse wrinkles of forehead (giving expression of fear or surprise).

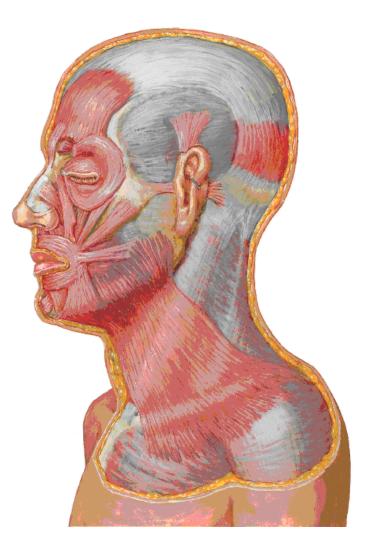
\* Nerve supply: Facial nerve.



# <u>Muscles of Face</u> <u>Muscles of Facial Expressions</u>

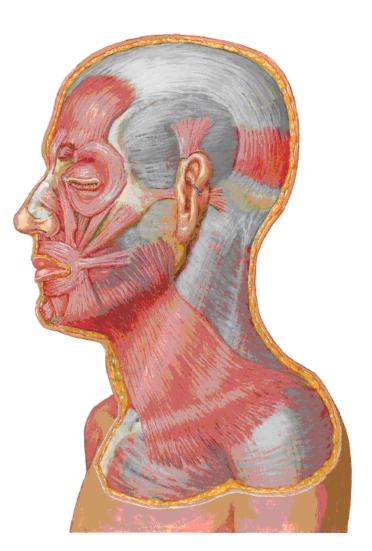
### @ General characteristics :

- 1. <u>All the muscles : arise from</u> the bones of the skull or subcutaneous tissue.
- 2. <u>All the muscles : are inserted</u> into the skin.
- 3. <u>Action</u> : they move the skin of face in the different facial expressions (therefore called <u>muscles of facial expressions</u>).
- 4. <u>Nerve supply</u> : all are supplied by the <u>Facial</u> <u>Nerve.</u>



# **Muscles of Face (contd)**

- 5. <u>Site</u> : lie in the <u>superficial fascia</u> and there's no deep fascia in the face. (i.e. they lie <u>subcutaneous</u>).
- 6. <u>They serve 2 main functions</u>:
  - a. <u>They act as sphincters or dilators</u> to the orifices in face which are :
    - @ Orbit (guarded by eyelids).
    - @ Nose (guarded by nostrils).
    - @ Mouth (guarded by lips).
  - b. Facial expressions and help in speaking
    - & mastication.



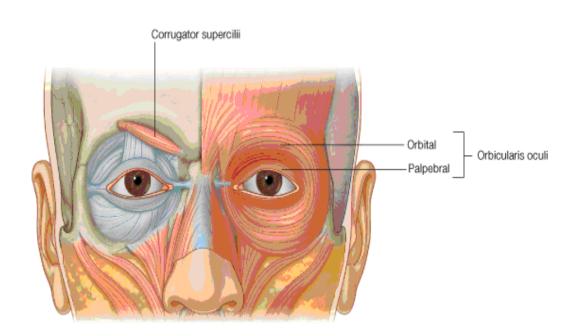
### (A) <u>Orbital Group</u> (Muscles of Orbit & Eyelids)

### **Orbicularis Oculi**

- \* This is the sphincter of the eyelids (i.e. closes the eyes).
- \* It encircles the orbital opening.
- \* It consists of 3 parts :

## a. Palpebral part:

Action: gentle closure of eyelids (during sleeping & blinking  $\rightarrow$  helps in flow of tears).



### **b. Orbital part**:

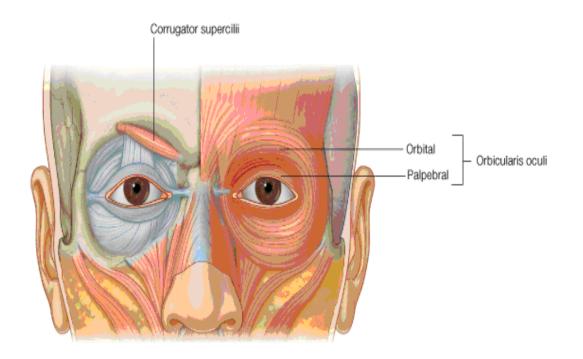
\* <u>Action</u> : firm closure of eyelids (for protection from dust & light).

## **<u>c. Lacrimal part</u>:**

\* A small part which lies medially.

\* Action: Dilates the lacrimal sac to help drainage of tears.

\* <u>Nerve supply of Orbicularis</u> <u>Oculi muscle</u>: **Facial N.** 

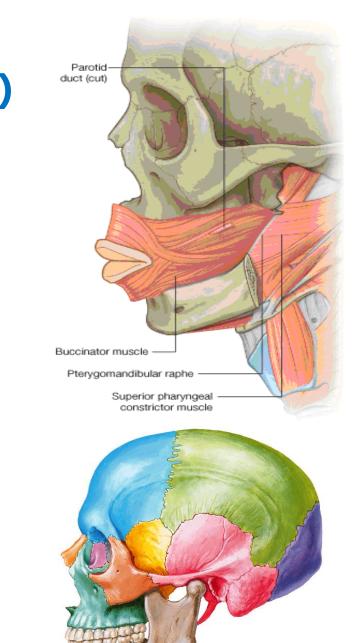


### (B) Oral Group

### (Muscles of Lips and Cheeks)

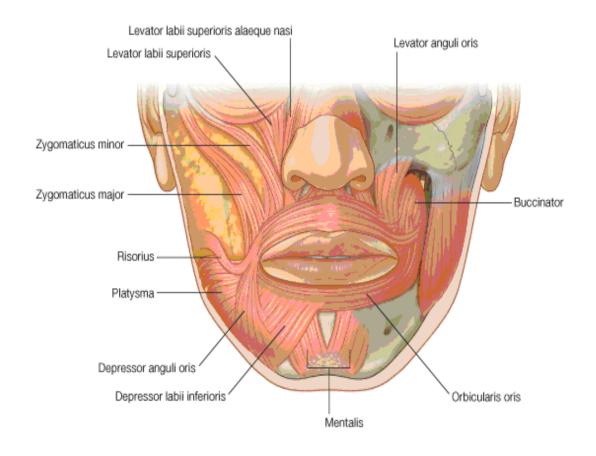
## (1) <u>Buccinator</u>

- \* It is the muscle of he cheeks.
- \* <u>Origin</u> : from maxilla & mandible.
- \* <u>Insertion</u>: in lips.
- \* **N. supply** : Facial N.
- \* <u>Action</u> :
- 1. Prevents the accumulation of the food in the vestibule of the mouth (by pressing cheeks against teeth).
- 2. Whistling (buccina = trumpet) and blowing of air.
- 3. Suckling (in babies ).



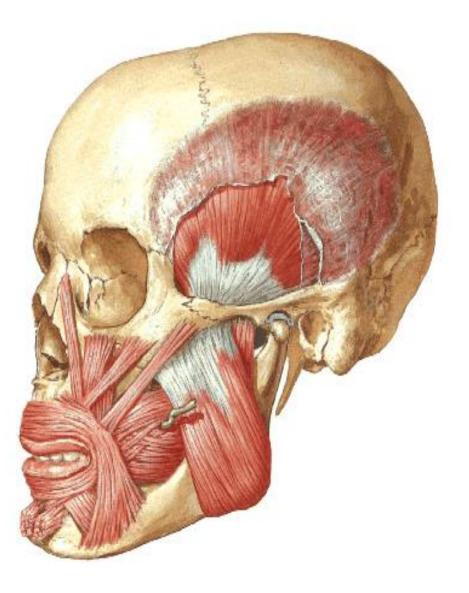
## (2) Orbicularis Oris

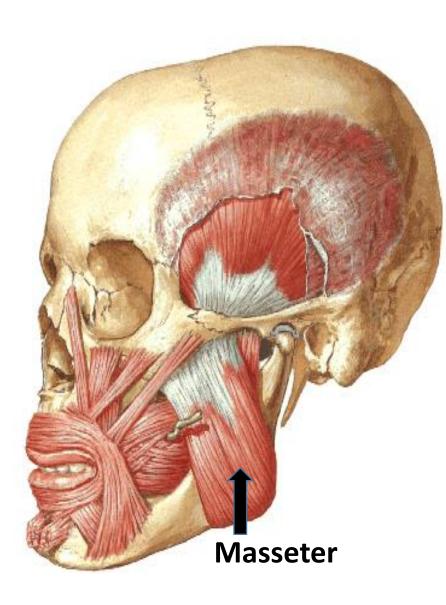
- \* <u>It is the sphincter muscle</u> <u>of the lips</u> (approaches lips together & help in whistling & speech).
- \* It is a circular muscle around the mouth (forming ellipse around the mouth).
- <u>a It is formed of 4</u> <u>quadrants</u>: upper right, lower right, upper left and lower left.

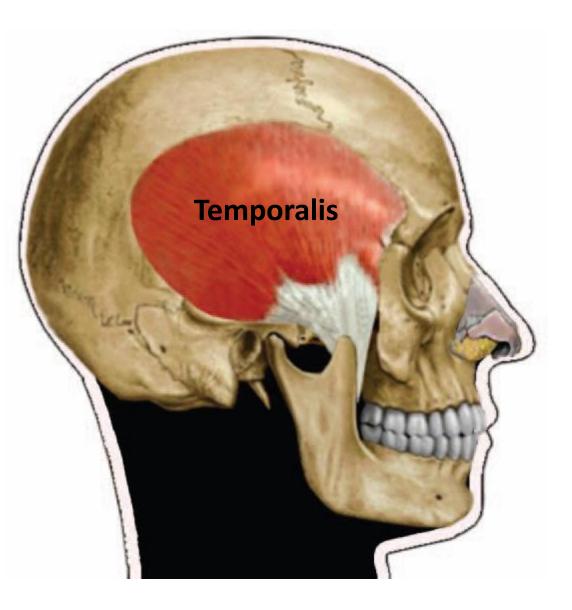


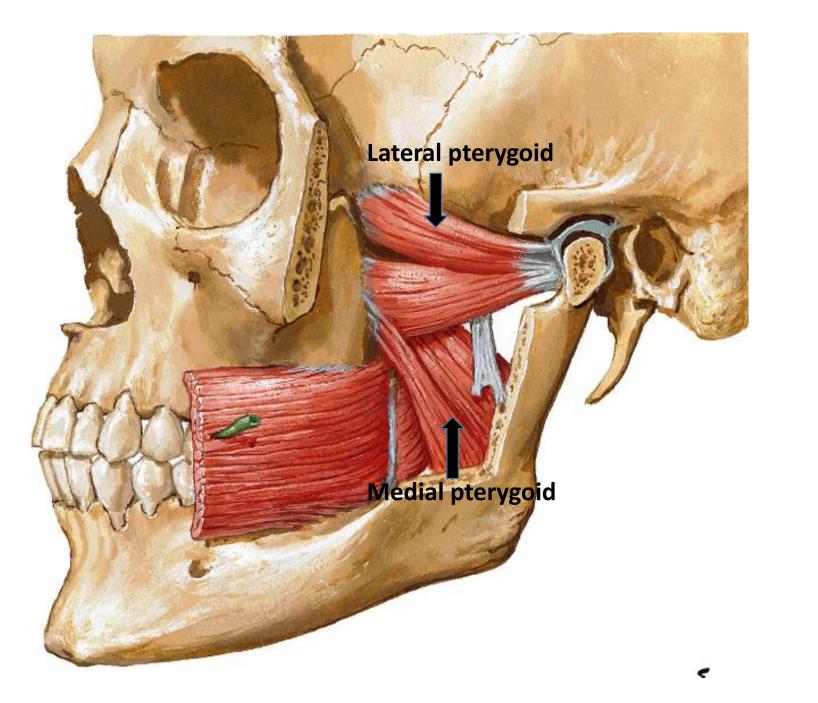
### **Muscles of Mastication**

- \* These are 4 muscles which arise from the skull.
- \* All are inserted into the mandible.
- \* They are : Temporalis, Masseter, Medial pterygoid & Lateral pterygoid.
- \* They are all supplied by the mandibular nerve.
- \* All act on temporo-mandibular joint (TMJ).









# **ACTION OF MUSCLES OF MASTICATION**

- ALL MUSCLES OF MASTICATION → ELEVATE THE MANDIBLE TO CLOSE THE MOUTH, EXCEPT LATERAL PTERYGOID WHICH DEPRESSES THE MANDIBLE TO OPEN THE MOUTH.
- ALL MUSCLES OF MASTICATION PROTRUDE THE MANDIBLE, EXCEPT TEMPORALIS WHICH RETRACTS THE PROTRUDED MANDIBLE.

### Extraocular Muscles(Muscles of eyeball)

#### \* <u>We have 7 extraocular muscles:</u>

\* They lie outside the eyeball.

\* They are responsible for the movements of the eyeball.

\* They include:

#### A. <u>4 recti muscles:</u>

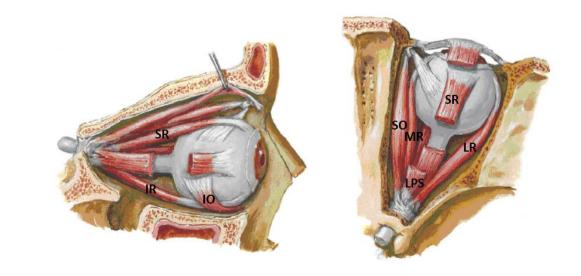
1. Superior rectus.

- 3. Medial Rectus.
- B. <u>2 oblique muscles</u>:
  - 1. Superior oblique.
  - 2. Inferior oblique.

#### C. Levator palpebrae superioris.

#### 2. Inferior rectus.

4. Lateral rectus.



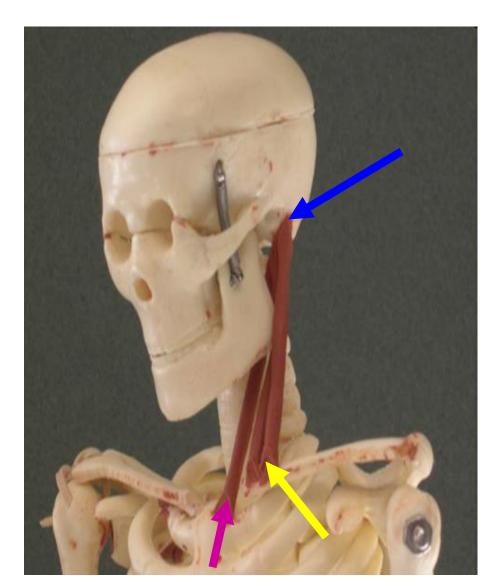
## N.B.: All the 7 extraocular muscles are supplied by the Oculomotor N. (3<sup>rd</sup> cranial nerve) EXCEPT:

- 1. Lateral rectus (LR6) : Abducent N. (6<sup>th</sup> cranial nerve).
- 2. Superior oblique (SO4): Trochlear N. (4<sup>th</sup> cranial nerve).

### **Muscles of Neck:**

## A. Sternomastoid muscle

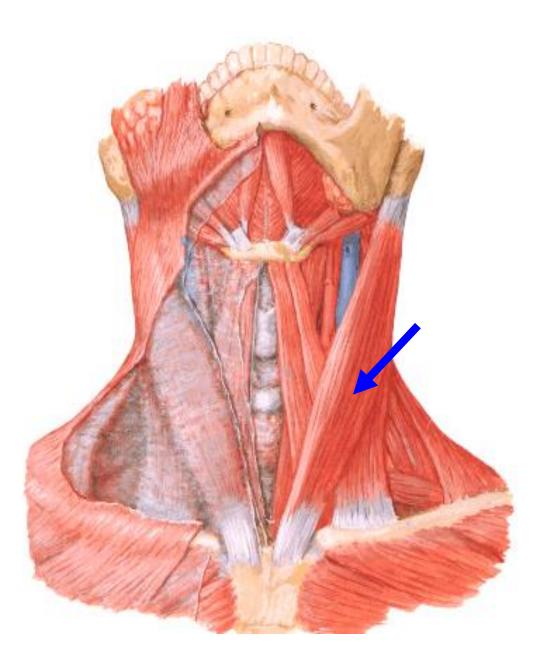
- \* <u>Origin</u> : \*\*<u>Sternal head</u> → front of manubrium sterni. \*\*<u>Clavicular head</u>→
- medial 1/3 of clavicle.
- \* Insertion : mastoid process.



\* <u>Nerve supply</u>: Spinal accessory N. (11<sup>th</sup> cranial nerve).

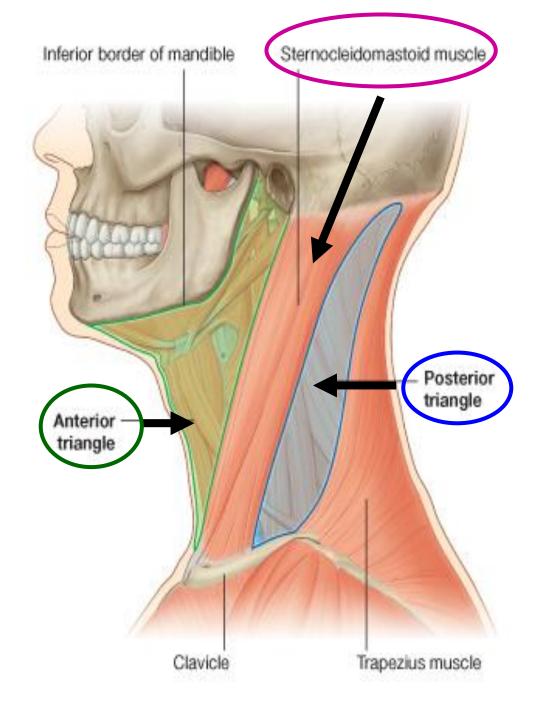
# \* <u>Action</u> :

- \* One muscle bends the head to its own side & turns the face to the opposite side.
- \* Both muscles acting together pull the head forwards & flex the neck.



\* <u>Sternomastoid</u> <u>divides the side</u> <u>of the neck into 2</u> <u>triangles</u>:

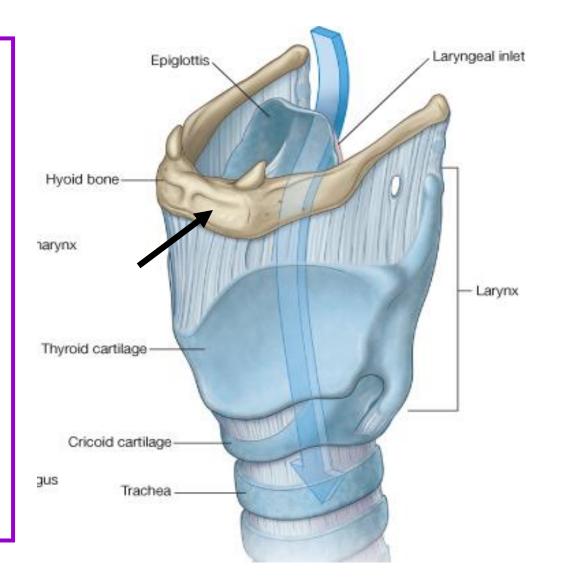
- Anterior triangle
  → infront of the sternomastoid.
- 2. <u>Posterior triangle</u> → behind the sternomastoid.



## What is the Hyoid bone ?

\* A small U- shaped bone located just superior to the larynx.

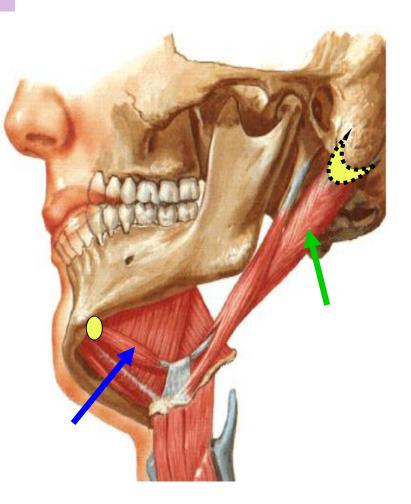
\* It does not articulate with any other bone but is suspended from the skull by stylohyoid ligament.



# **B. Suprahyoid Muscles**

## 1. Digastric Muscle

- \* Origin :
- \* Anterior belly  $\rightarrow$  lower border of mandible.
- \* Posterior belly → medial surface of mastoid process.
- \* Insertion :
- \* Both bellies meet at an intermediate tendon attached to  $\rightarrow$  Hyoid bone.



## 1. Digastric Muscle (contd.)

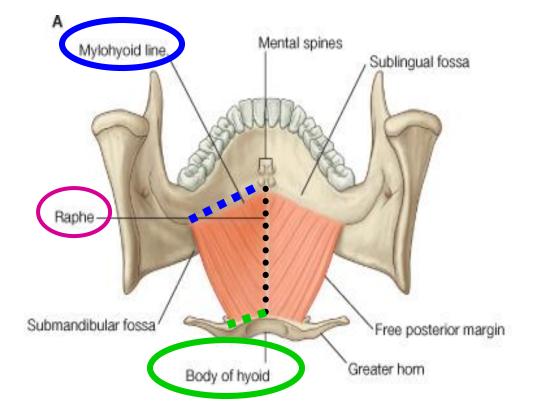
## \* Action :

- 1. Raises hyoid bone (during swallowing).
- 2. Depresses mandible (if the hyoid bone is fixed)
- \* Nerve supply:
- Anterior belly → mylohyoid N. (from mandibular N.).
- Posterior belly  $\rightarrow$  facial nerve.

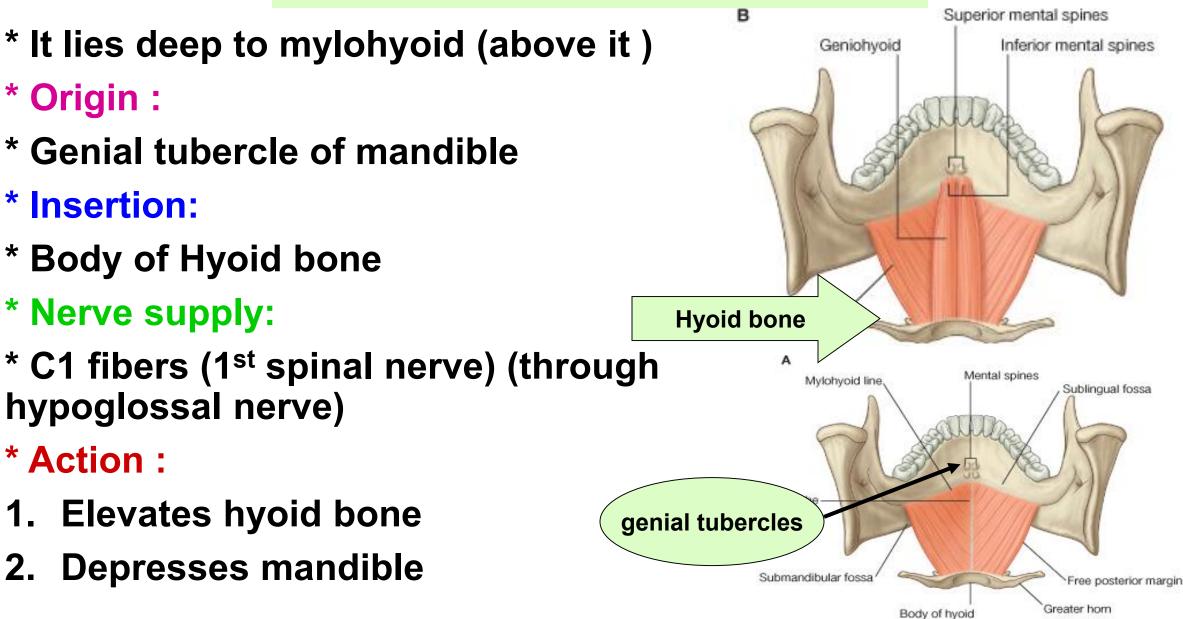
# 2. Mylohyoid Muscle

### \* Origin :

- \* Mylohyoid line of mandible
- \* Insertion :
- \* Mylohyoid raphe ( between symphysis menti & hyoid bone)
- \* Nerve supply : Mylohyoid nerve (from mandibular nerve).
- \* Action:
- 1. Elevates hyoid bone during swallowing
- 2. Support the floor of the mouth
- 3. Depresses mandible

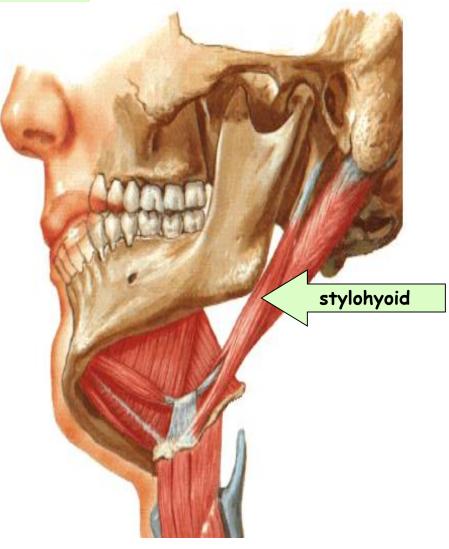


# 3. Geniohyoid Muscle



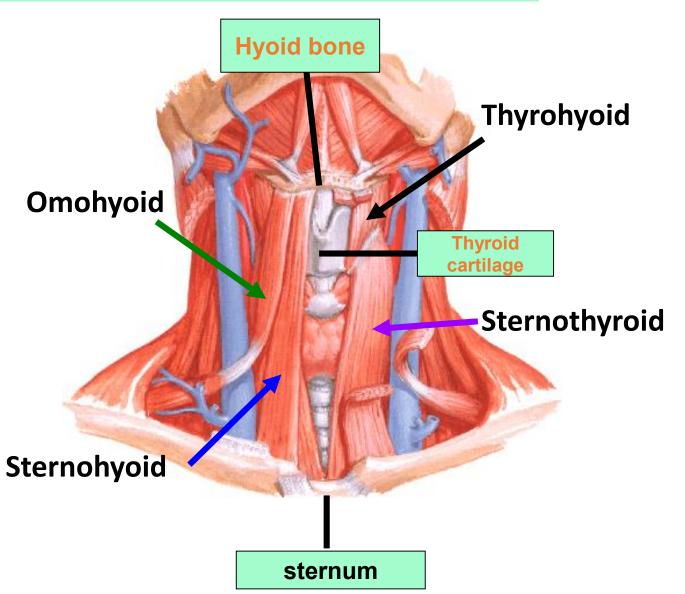
## 4. Stylohyoid Muscle

- \* A small muscle that lies along upper border of posterior belly of digastric
- \* Origin→ styloid process
- \* Insertion  $\rightarrow$  hyoid bone
- \* Nerve supply  $\rightarrow$  facial nerve
- \* Action  $\rightarrow$  elevates hyoid bone



# C. Infrahyoid Muscles

- \* 4 muscles that lie below the hyoid bone.
- \* Include:
- 1. Sternohyoid.
- 2. Omohyoid.
- 3. Sternothyroid.
- 4. Thyrohyoid.



# C. Infrahyoid muscles (contd.)

- \* All infrahyoid muscles are supplied by Ansa Cervicalis (C1,2,3) except Thyrohyoid which is supplied directly by C1 (through hypoglossal N.).
- @ All infrahyoid muscles depress the hyoid bone.

