

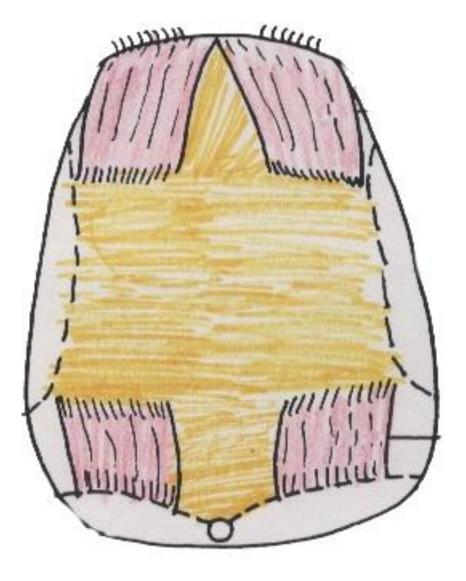


General Anatomy Lecture 7: Muscles of Head &Neck

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Muscles of Scalp: Occipito-frontalis Muscle

- * Scalp has only ONE muscle which is the **occipito-frontalis muscle**.
- * It is formed of **2 frontal bellies** and **2 occipital bellies** which are inserted in the epicranial aponeurosis.
- * Epicranial Aponeurosis:
- * A sheet of strong fibrous tissue on the skull cap.
- * Receives the insertion of the frontal and occipital bellies.

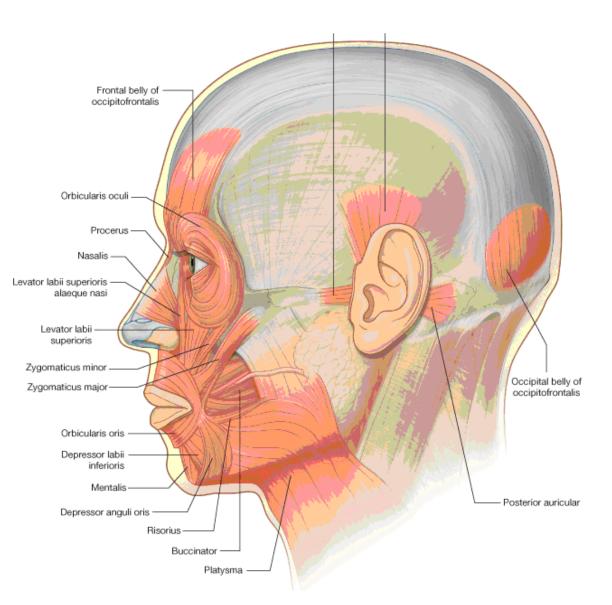


* Frontal bellies \rightarrow take origin from eyebrows & are inserted in epicranial aponeurosis.

* Occipital bellies \rightarrow take origin from occipital bone & are inserted in epicranial aponeurosis.

* Action of muscle: Pull the scalp backwards and raise the eyebrows thus causing the transverse wrinkles of forehead (giving expression of fear or surprise).

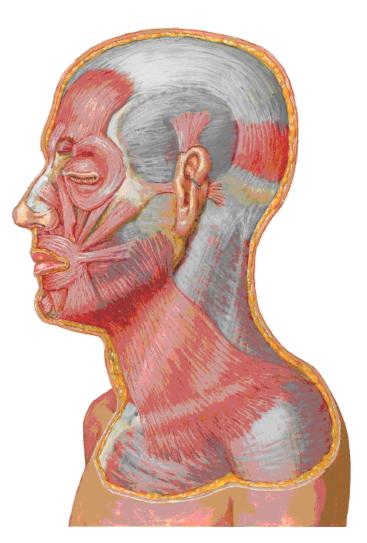
* Nerve supply: Facial nerve.



<u>Muscles of Face</u> <u>Muscles of Facial Expressions</u>

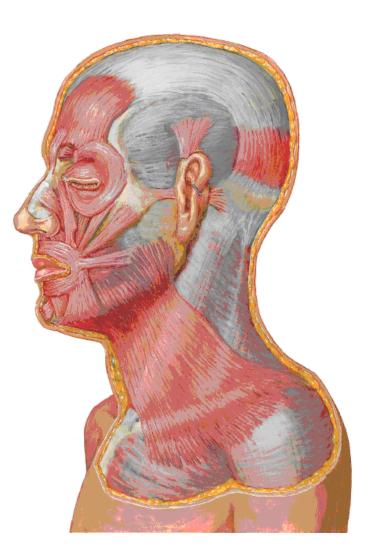
@ General characteristics :

- 1. <u>All the muscles : arise from</u> the bones of the skull or subcutaneous tissue.
- 2. <u>All the muscles : are inserted</u> into the skin.
- 3. <u>Action</u> : they move the skin of face in the different facial expressions (therefore called <u>muscles of facial expressions</u>).
- 4. <u>Nerve supply</u> : all are supplied by the <u>Facial</u> <u>Nerve.</u>



Muscles of Face (contd)

- 5. <u>Site</u> : lie in the <u>superficial fascia</u> and there's no deep fascia in the face. (i.e. they lie <u>subcutaneous</u>).
- 6. <u>They serve 2 main functions</u>:
 - a. <u>They act as sphincters or dilators</u> to the orifices in face which are :
 - @ Orbit (guarded by eyelids).
 - @ Nose (guarded by nostrils).
 - @ Mouth (guarded by lips).
 - b. Facial expressions and help in speaking
 - & mastication.



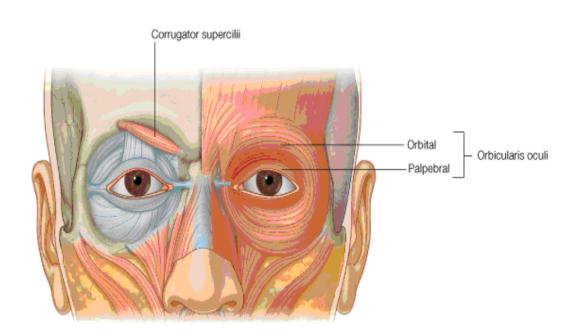
(A) <u>Orbital Group</u> (Muscles of Orbit & Eyelids)

Orbicularis Oculi

- * This is the sphincter of the eyelids (i.e. closes the eyes).
- * It encircles the orbital opening.
- * It consists of 3 parts :

a. Palpebral part:

Action: gentle closure of eyelids (during sleeping & blinking \rightarrow helps in flow of tears).



b. Orbital part:

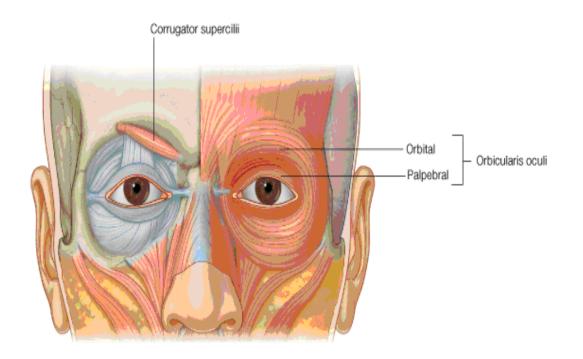
* <u>Action</u> : firm closure of eyelids (for protection from dust & light).

<u>c. Lacrimal part</u>:

* A small part which lies medially.

* Action: Dilates the lacrimal sac to help drainage of tears.

* <u>Nerve supply of Orbicularis</u> <u>Oculi muscle</u>: **Facial N.**

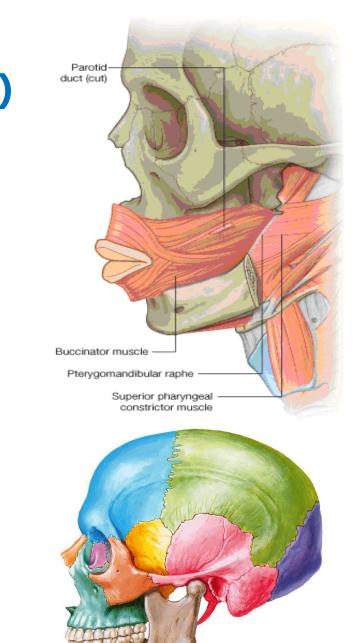


(B) Oral Group

(Muscles of Lips and Cheeks)

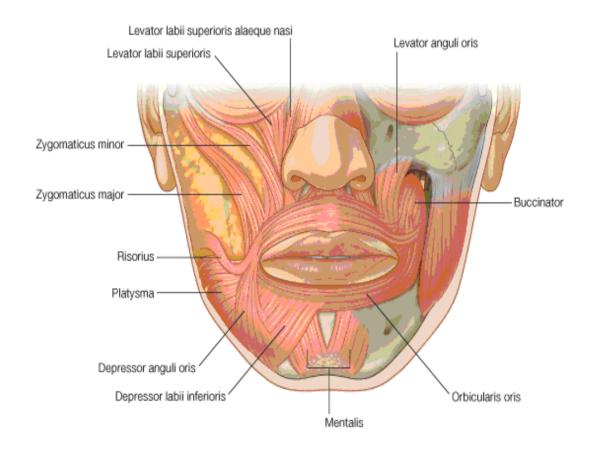
(1) <u>Buccinator</u>

- * It is the muscle of he cheeks.
- * <u>Origin</u> : from maxilla & mandible.
- * <u>Insertion</u>: in lips.
- * **N. supply** : Facial N.
- * <u>Action</u> :
- 1. Prevents the accumulation of the food in the vestibule of the mouth (by pressing cheeks against teeth).
- 2. Whistling (buccina = trumpet) and blowing of air.
- 3. Suckling (in babies).



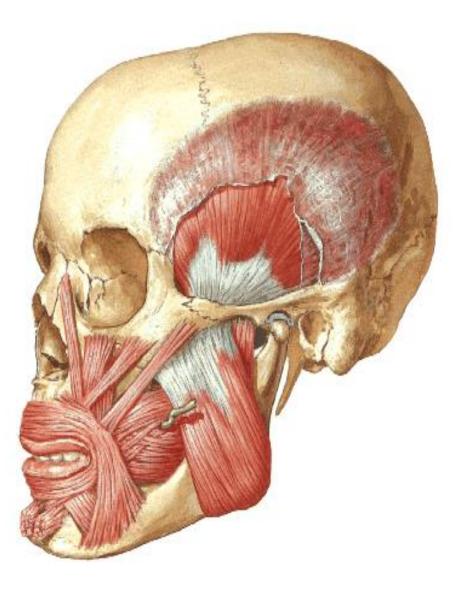
(2) Orbicularis Oris

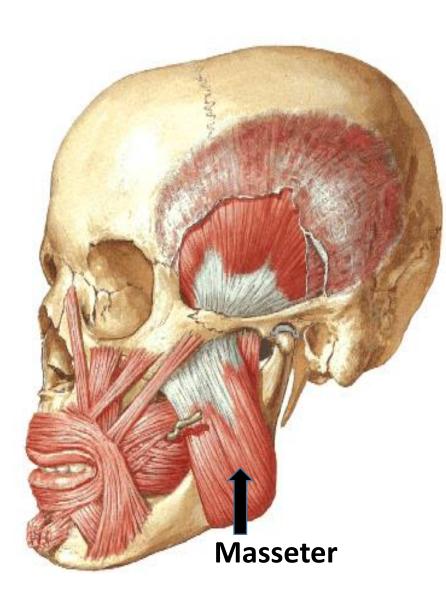
- * <u>It is the sphincter muscle</u> <u>of the lips</u> (approaches lips together & help in whistling & speech).
- * It is a circular muscle around the mouth (forming ellipse around the mouth).
- <u>a It is formed of 4</u> <u>quadrants</u>: upper right, lower right, upper left and lower left.

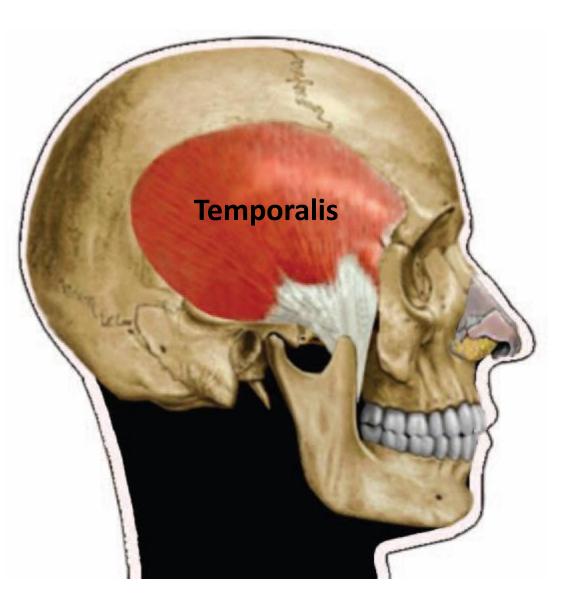


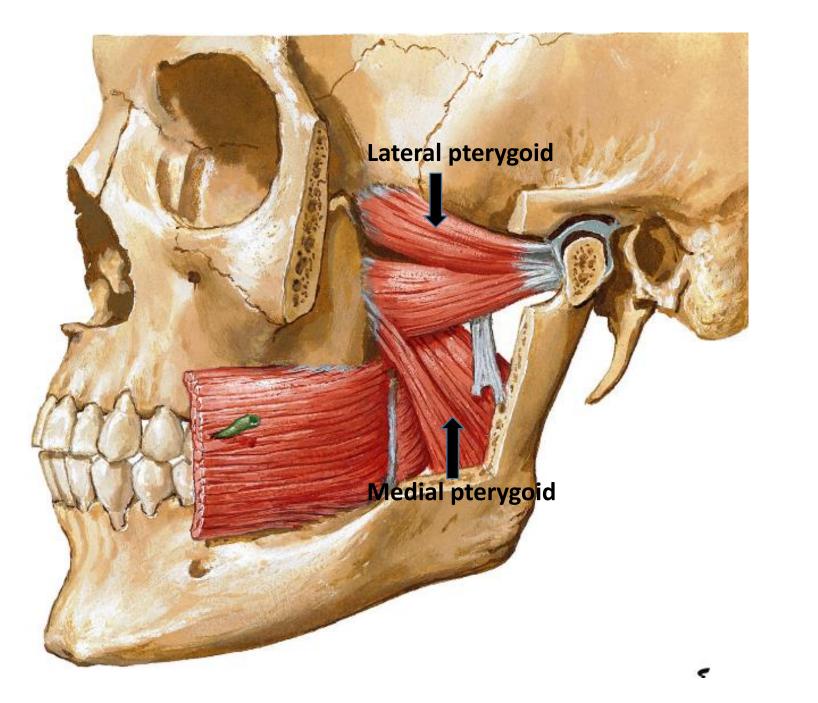
Muscles of Mastication

- * These are 4 muscles which arise from the skull.
- * All are inserted into the mandible.
- * They are : Temporalis, Masseter, Medial pterygoid & Lateral pterygoid.
- * They are all supplied by the mandibular nerve.
- * All act on temporo-mandibular joint (TMJ).









ACTION OF MUSCLES OF MASTICATION

- ALL MUSCLES OF MASTICATION → ELEVATE THE MANDIBLE TO CLOSE THE MOUTH, EXCEPT LATERAL PTERYGOID WHICH DEPRESSES THE MANDIBLE TO OPEN THE MOUTH.
- ALL MUSCLES OF MASTICATION PROTRUDE THE MANDIBLE, EXCEPT TEMPORALIS WHICH RETRACTS THE PROTRUDED MANDIBLE.

Extraocular Muscles(Muscles of eyeball)

* <u>We have 7 extraocular muscles:</u>

* They lie outside the eyeball.

* They are responsible for the movements of the eyeball.

* They include:

A. <u>4 recti muscles:</u>

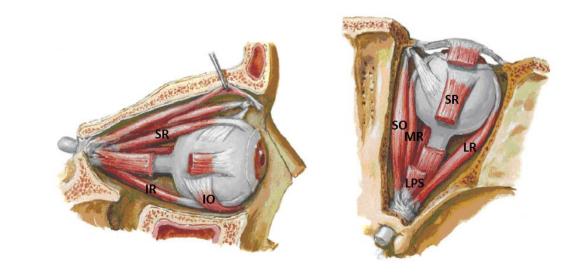
1. Superior rectus.

- 3. Medial Rectus.
- B. <u>2 oblique muscles</u>:
 - 1. Superior oblique.
 - 2. Inferior oblique.

C. Levator palpebrae superioris.

2. Inferior rectus.

4. Lateral rectus.



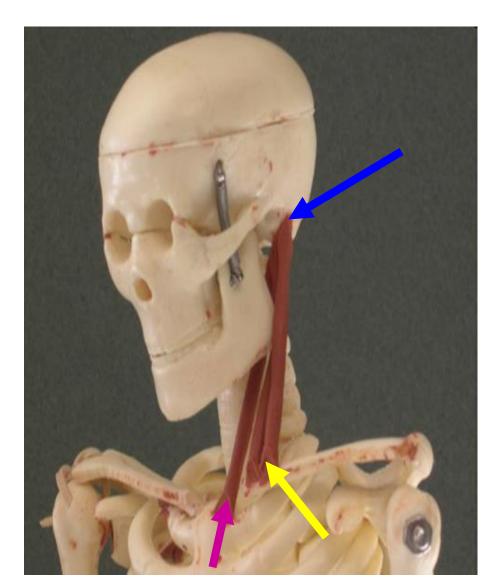
N.B.: All the 7 extraocular muscles are supplied by the Oculomotor N. (3rd cranial nerve) EXCEPT:

- 1. Lateral rectus (LR6) : Abducent N. (6th cranial nerve).
- 2. Superior oblique (SO4): Trochlear N. (4th cranial nerve).

Muscles of Neck:

A. Sternomastoid muscle

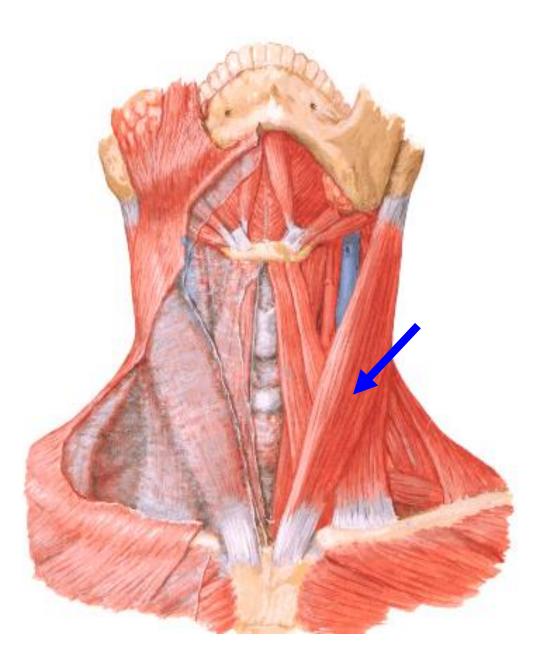
- * <u>Origin</u> : **<u>Sternal head</u> → front of manubrium sterni. **<u>Clavicular head</u>→
- medial 1/3 of clavicle.
- * Insertion : mastoid process.



* <u>Nerve supply</u>: Spinal accessory N. (11th cranial nerve).

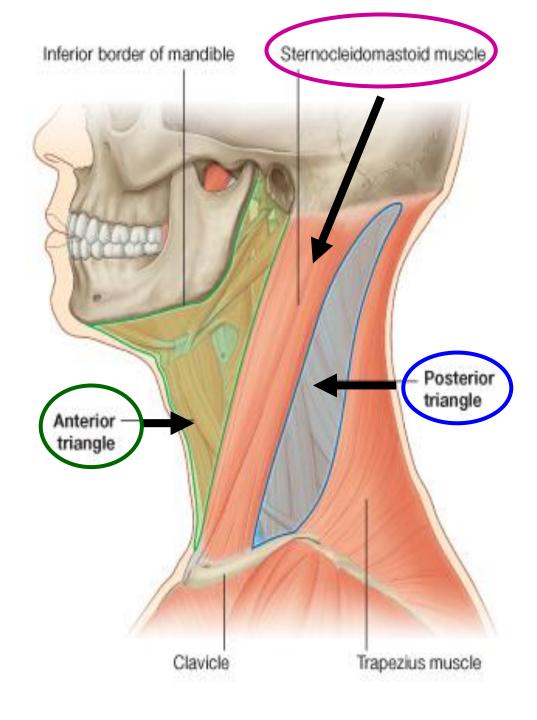
* <u>Action</u> :

- * One muscle bends the head to its own side & turns the face to the opposite side.
- * Both muscles acting together pull the head forwards & flex the neck.



* <u>Sternomastoid</u> <u>divides the side</u> <u>of the neck into 2</u> <u>triangles</u>:

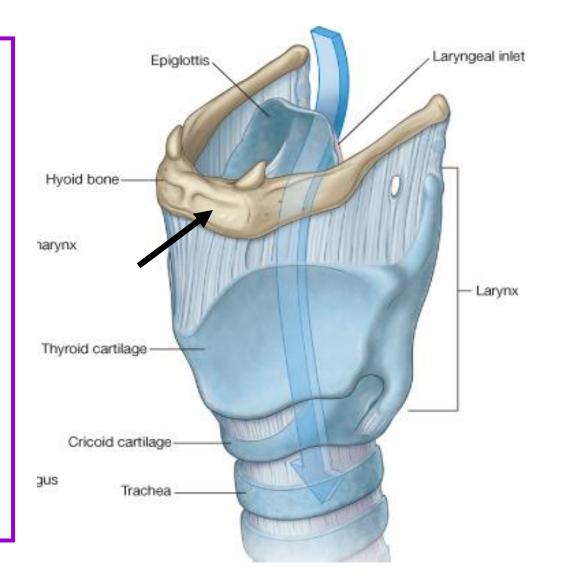
- Anterior triangle
 → infront of the sternomastoid.
- 2. <u>Posterior triangle</u> → behind the sternomastoid.



What is the Hyoid bone ?

* A small U- shaped bone located just superior to the larynx.

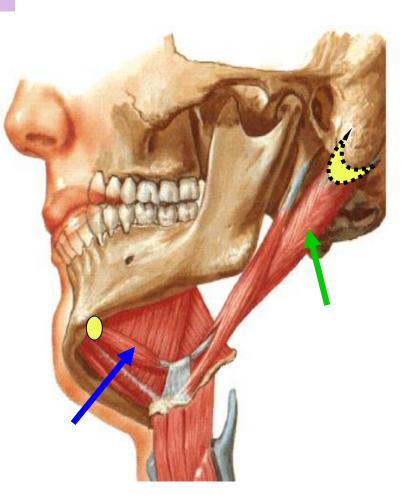
* It does not articulate with any other bone but is suspended from the skull by stylohyoid ligament.



B. Suprahyoid Muscles

1. Digastric Muscle

- * Origin :
- * Anterior belly \rightarrow lower border of mandible.
- * Posterior belly → medial surface of mastoid process.
- * Insertion :
- * Both bellies meet at an intermediate tendon attached to \rightarrow Hyoid bone.



1. Digastric Muscle (contd.)

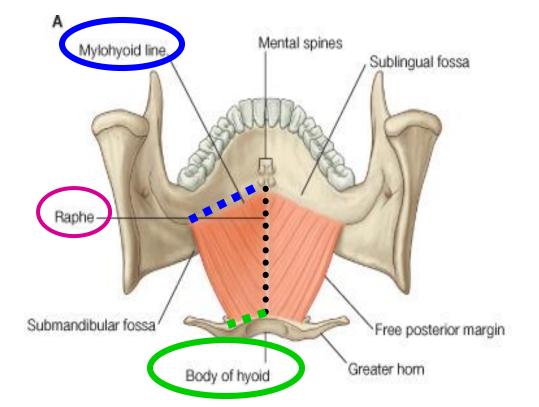
* Action :

- 1. Raises hyoid bone (during swallowing).
- 2. Depresses mandible (if the hyoid bone is fixed)
- * Nerve supply:
- Anterior belly → mylohyoid N. (from mandibular N.).
- Posterior belly \rightarrow facial nerve.

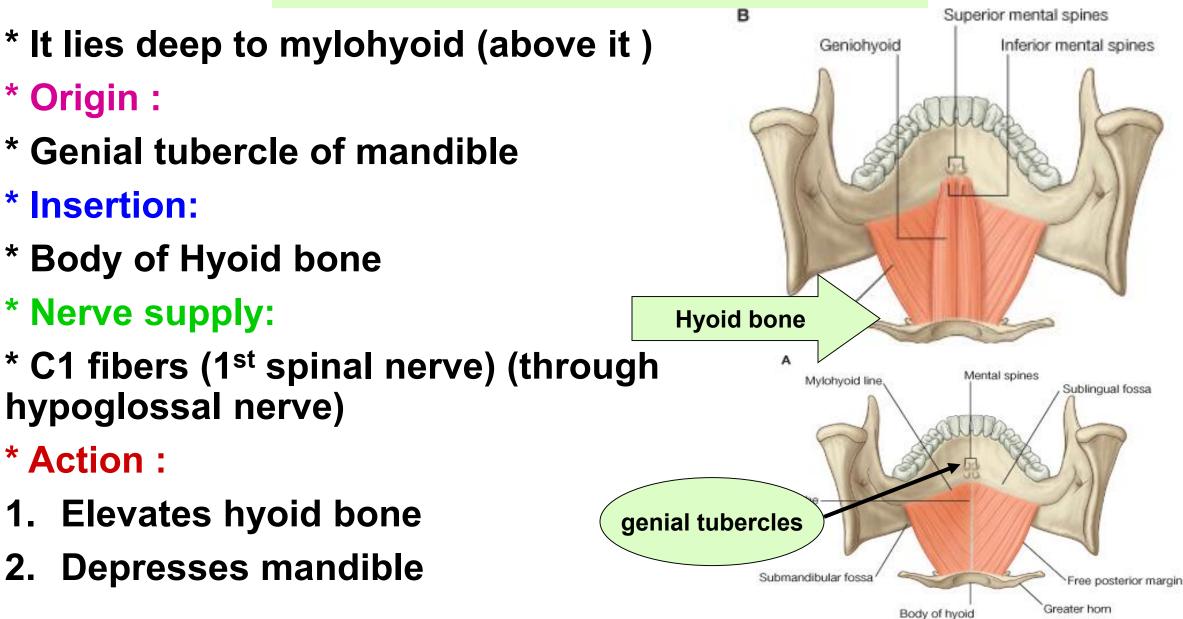
2. Mylohyoid Muscle

* Origin :

- * Mylohyoid line of mandible
- * Insertion :
- * Mylohyoid raphe (between symphysis menti & hyoid bone)
- * Nerve supply : Mylohyoid nerve (from mandibular nerve).
- * Action:
- 1. Elevates hyoid bone during swallowing
- 2. Support the floor of the mouth
- 3. Depresses mandible

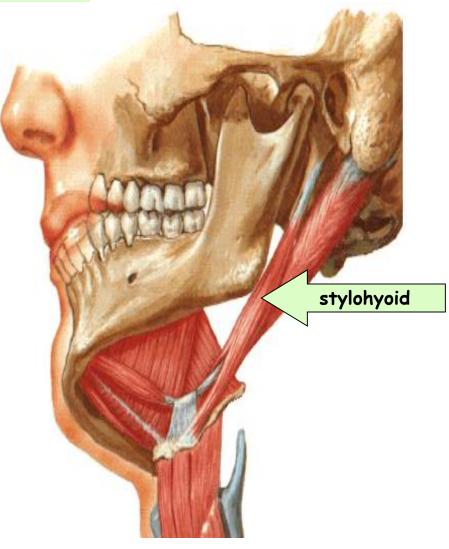


3. Geniohyoid Muscle



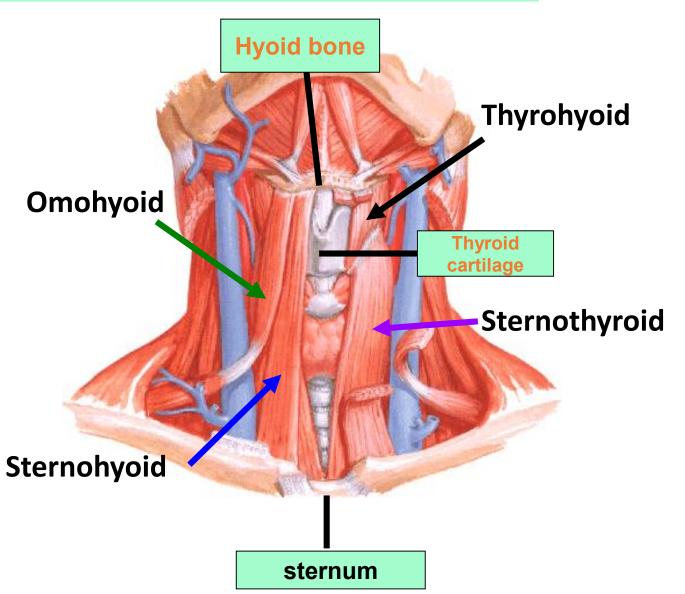
4. Stylohyoid Muscle

- * A small muscle that lies along upper border of posterior belly of digastric
- * Origin→ styloid process
- * Insertion \rightarrow hyoid bone
- * Nerve supply \rightarrow facial nerve
- * Action \rightarrow elevates hyoid bone



C. Infrahyoid Muscles

- * 4 muscles that lie below the hyoid bone.
- * Include:
- 1. Sternohyoid.
- 2. Omohyoid.
- 3. Sternothyroid.
- 4. Thyrohyoid.



C. Infrahyoid muscles (contd.)

- * All infrahyoid muscles are supplied by Ansa Cervicalis (C1,2,3) except Thyrohyoid which is supplied directly by C1 (through hypoglossal N.).
- @ All infrahyoid muscles depress the hyoid bone.

