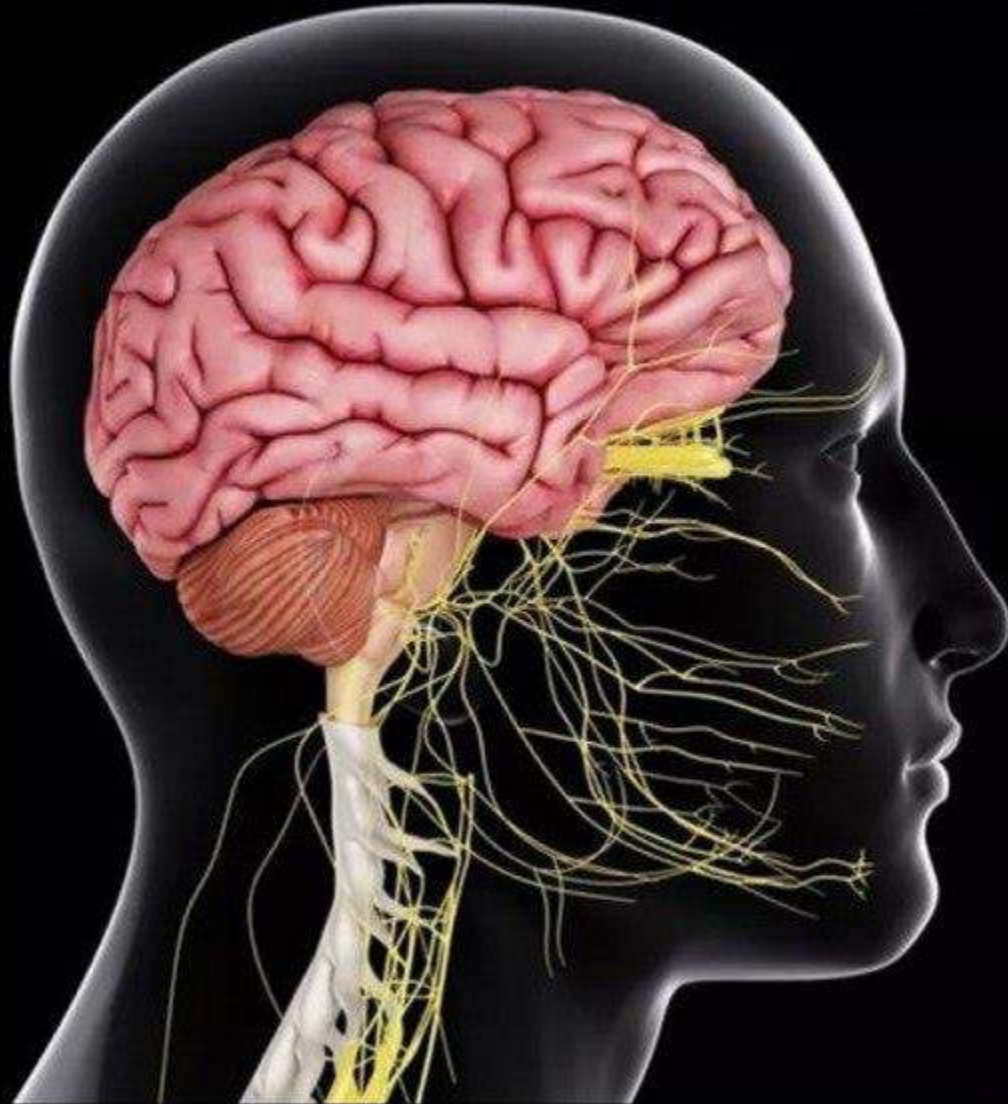


وَقُلْ رَبِّ زِدْنِي عِلْمًا



CENTRAL NERVOUS SYSTEM

SUBJECT : _____ Pathology _____

LEC NO. : _____ Lecture 2 _____

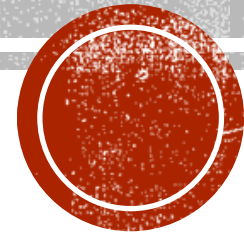
DONE BY : _____ طارق السبول _____

CNS LECTURE 2

NEURODEGENERATIVE DISEASES

في هذه المحاضره رح نحكي عن الdiseases
المرتبطه بال neuron death

Dr. Dua Abuquteish



هي عباره عن مجموعه امراض مرتبطه ب progressive death of neurons

NEURODEGENERATIVE DISEASES

- Characterized by the progressive loss of neurons, typically affecting groups of neurons with functional interconnections.

ال symptoms مربوطه ب ال neurons اللي بصير فيها الخلل

- Diseases involving the **hippocampus and associated cortices**: cognitive changes (disturbances of **memory, behavior, and language**) and progress to dementia (ex. Alzheimer disease)
كلنا بنعرف انه ال hippocampus هي عباره عن جزء من ال limbic system ومسؤول عن ال memory و ال behavior ف اذا صار فيها damage ح نلاقي تغيير بالشخصيه وبرضو فقدان للذاكره
- Diseases that affect the **basal ganglia**: **movement disorders** (ex. hypokinetic, as with Parkinson disease) or (hyperkinetic, as with Huntington disease)
- Diseases that affect the **cerebellum**: **ataxia**, as seen in the spinocerebellar ataxias.



NEURODEGENERATIVE DISEASES

- ❑ Characterized by loss of neurons in gray matter
- ❑ Accumulation of intra and/or extracellular proteins
- ❑ - Cortex degeneration: dementia;
- Brainstem and basal ganglia degeneration: movement disorders
- ❑ Increased incidence with age



NEURODEGENERATIVE DISEASES

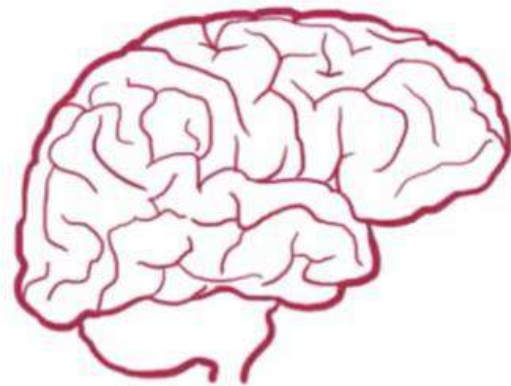
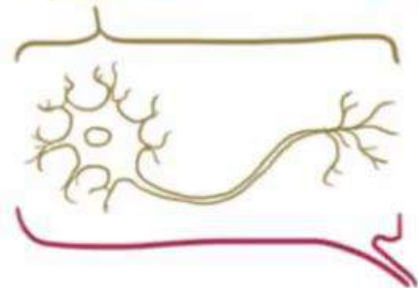
- **Dementia:** is an overall term for diseases and conditions characterized by a decline in memory, language, problem-solving and other thinking skills that affect a person's ability to perform everyday activities.

Alzheimer's is the most common cause of dementia



NEURODEGENERATIVE

Neuron Loss



ALZHEIMER DISEASE

* most common cause of DEMENTIA *

DEMENTIA

* Set of symptoms *

↳ Poor memory

↳ difficulty learning

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ALZHEIMER DISEASE (AD)

- The fundamental abnormality in AD is the accumulation of two proteins (**A β** and **tau**) in the forms of **plaques** and **tangles**, respectively;
- Resulting in secondary effects including neuronal dysfunction, neuronal death, and inflammatory reactions.

▪ Microscopic findings in Alzheimer's disease :

- 1- **Extracellular A β amyloid deposits.**
- 2- **Intracellular neurofibrillary tangles** (tuft of hyperphosphorylated tau protein)

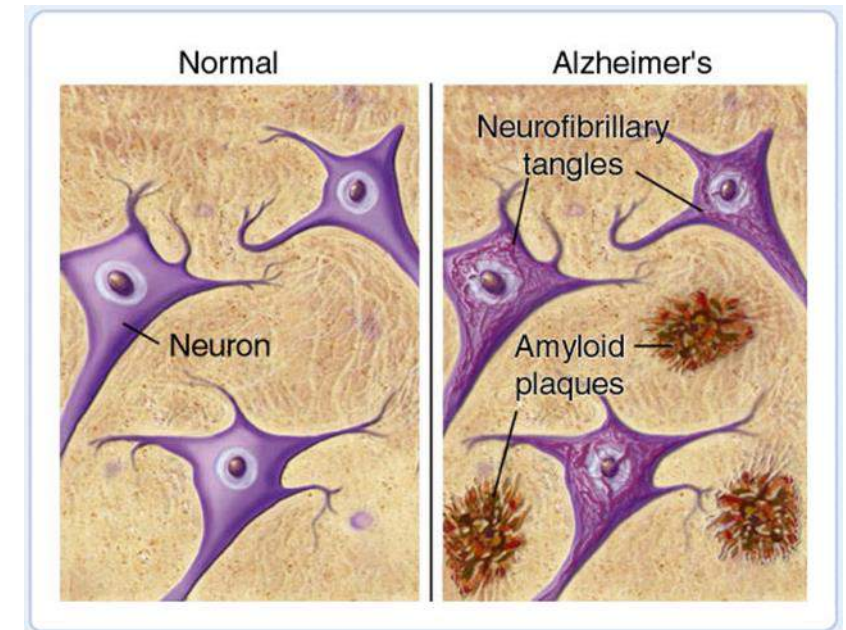
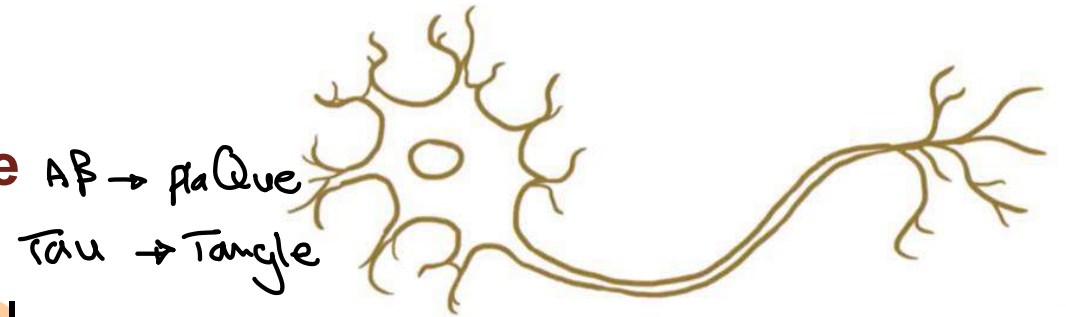
Causes of neuronal damage

ALZHEIMER DISEASE

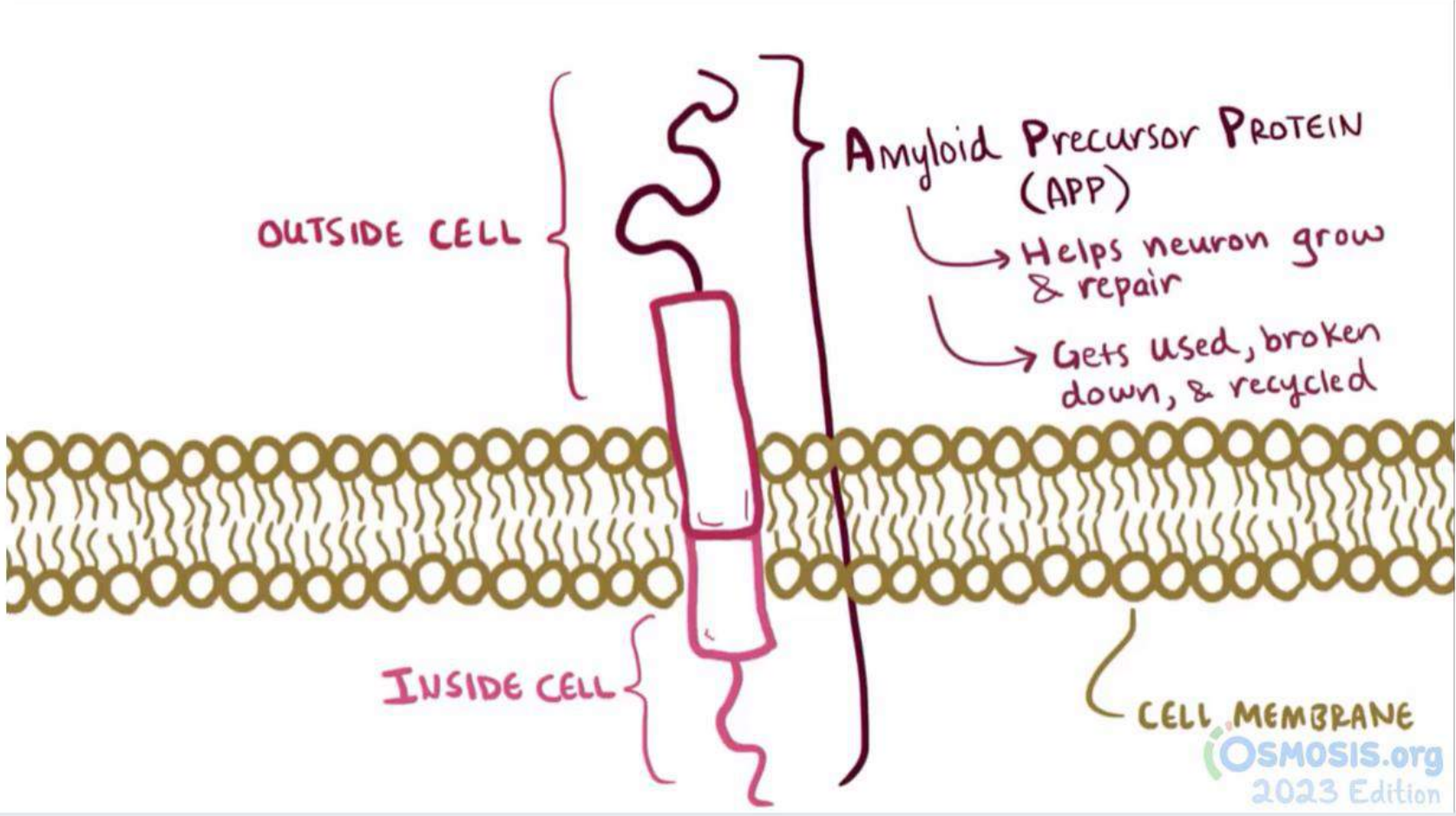
* most common cause of DEMENTIA *

PLAQUES

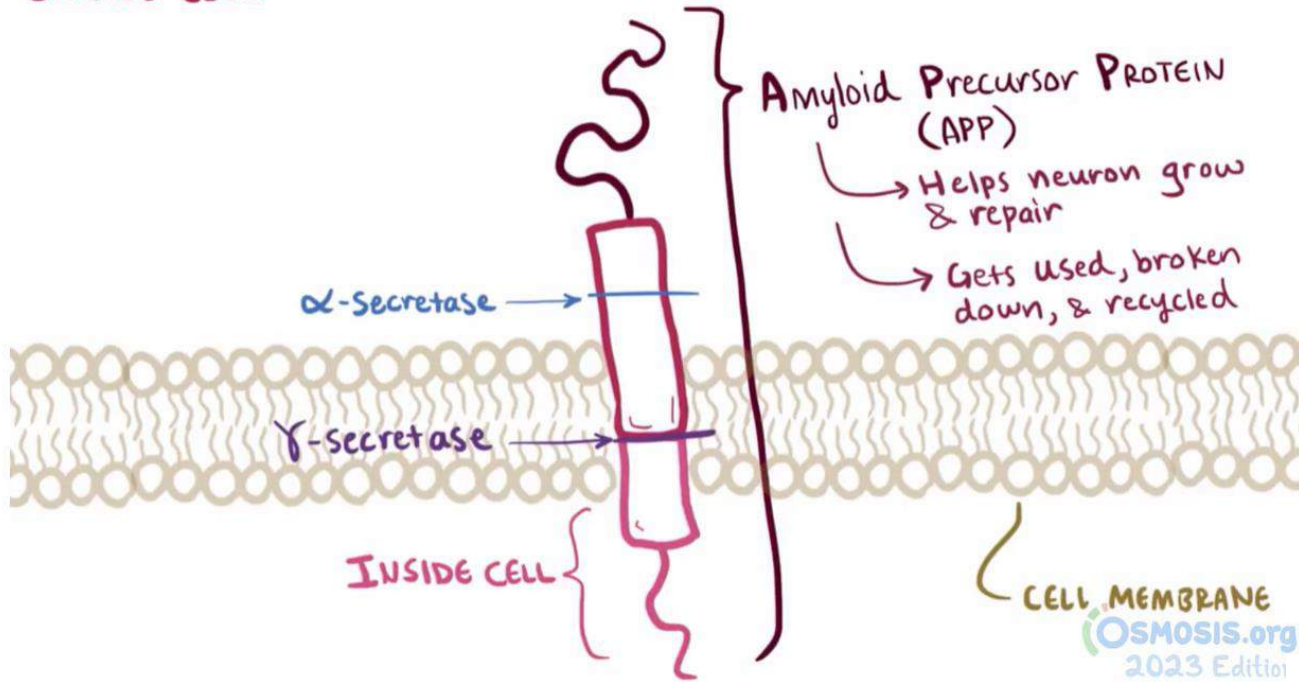
TANGLES



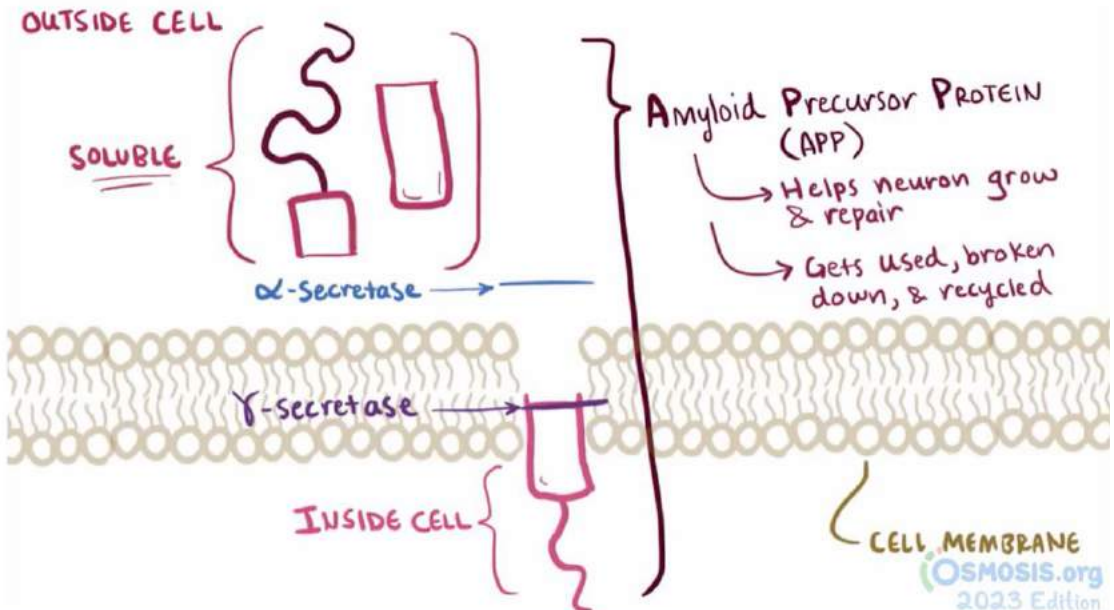
EXTRACELLULAR AB AMYLOID PLAQUES



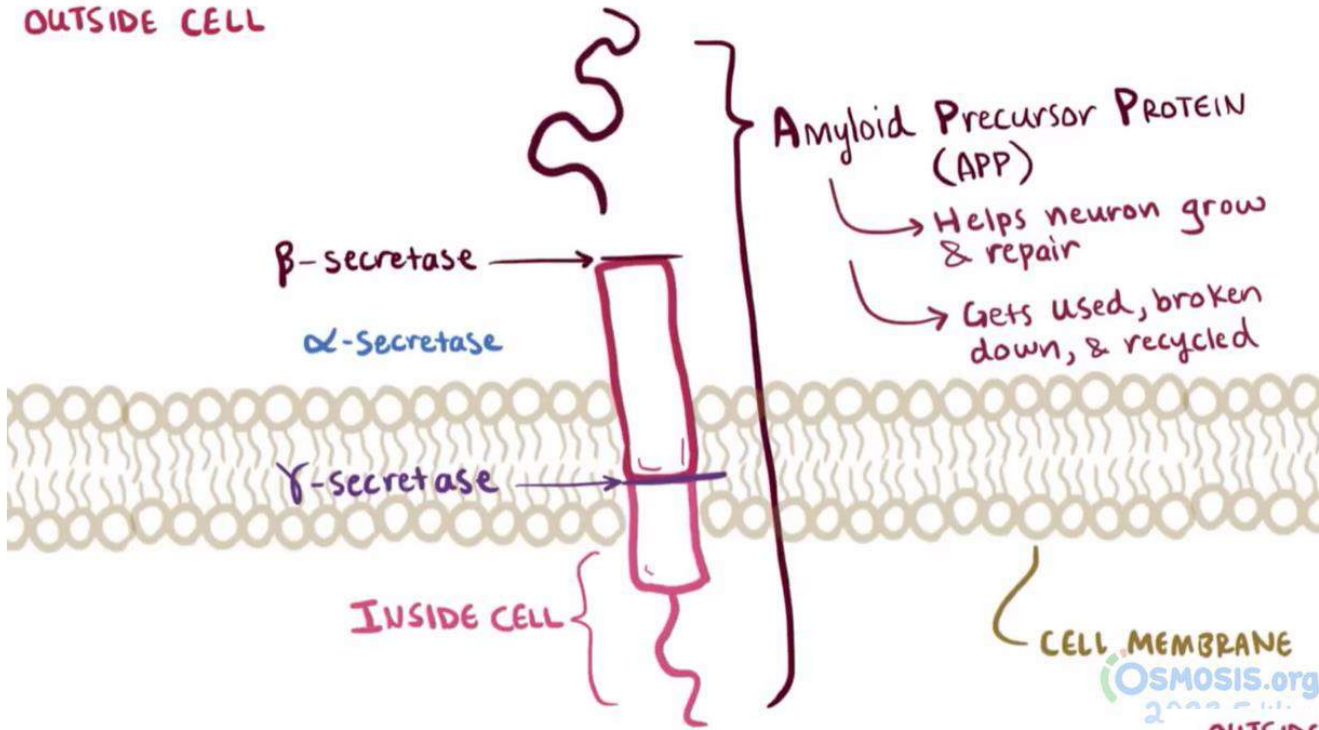
OUTSIDE CELL



Normally, APP is degraded by alpha-secretase and gamma secretase.
(Soluble)



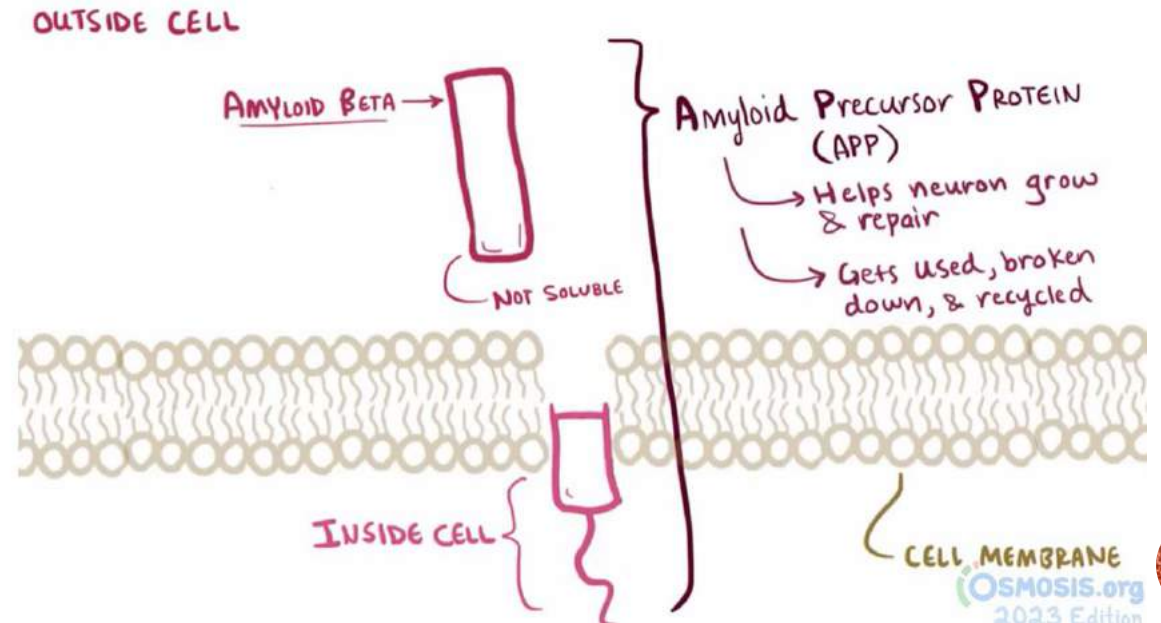
OUTSIDE CELL

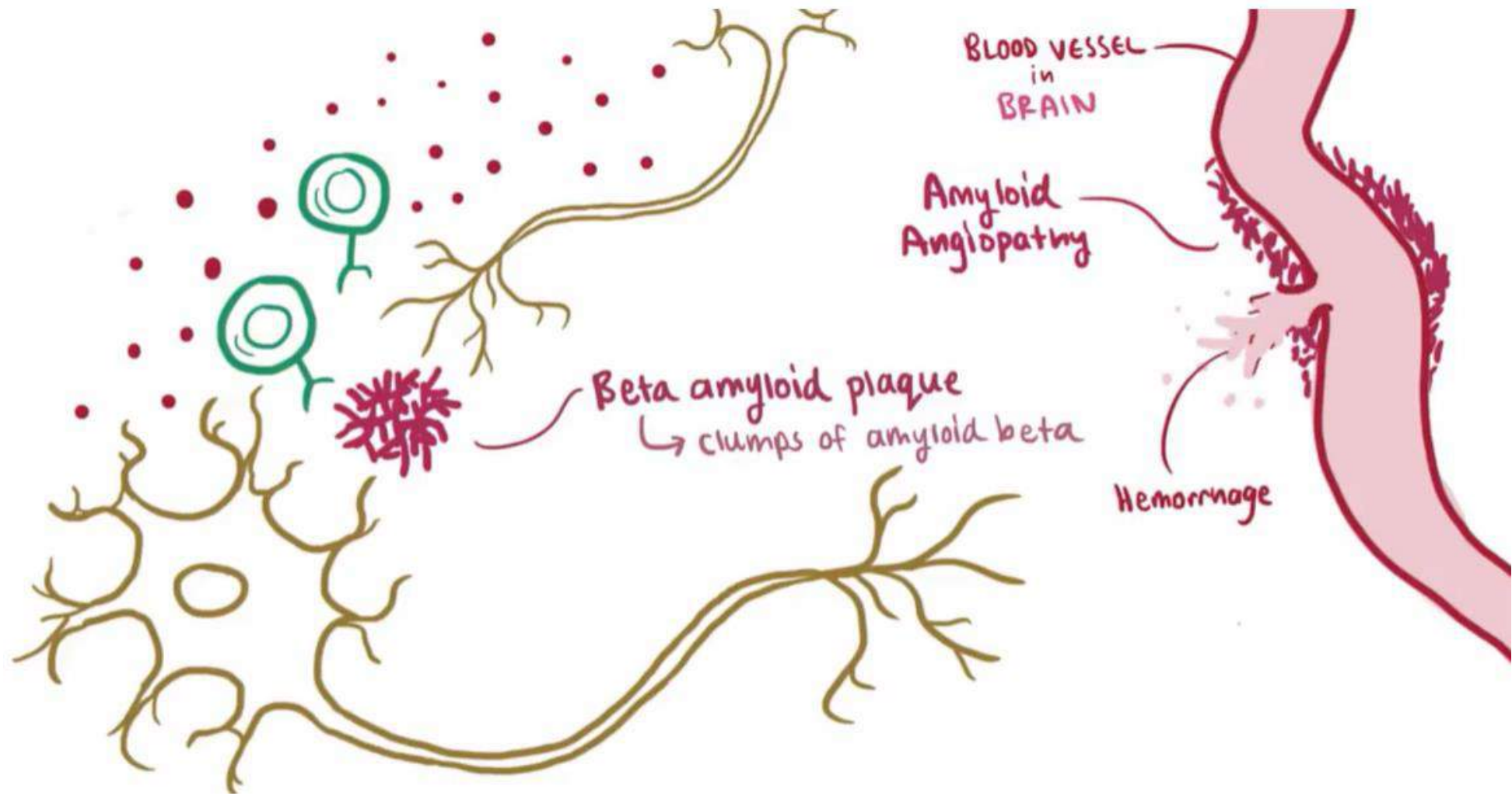


In Alzheimer disease:

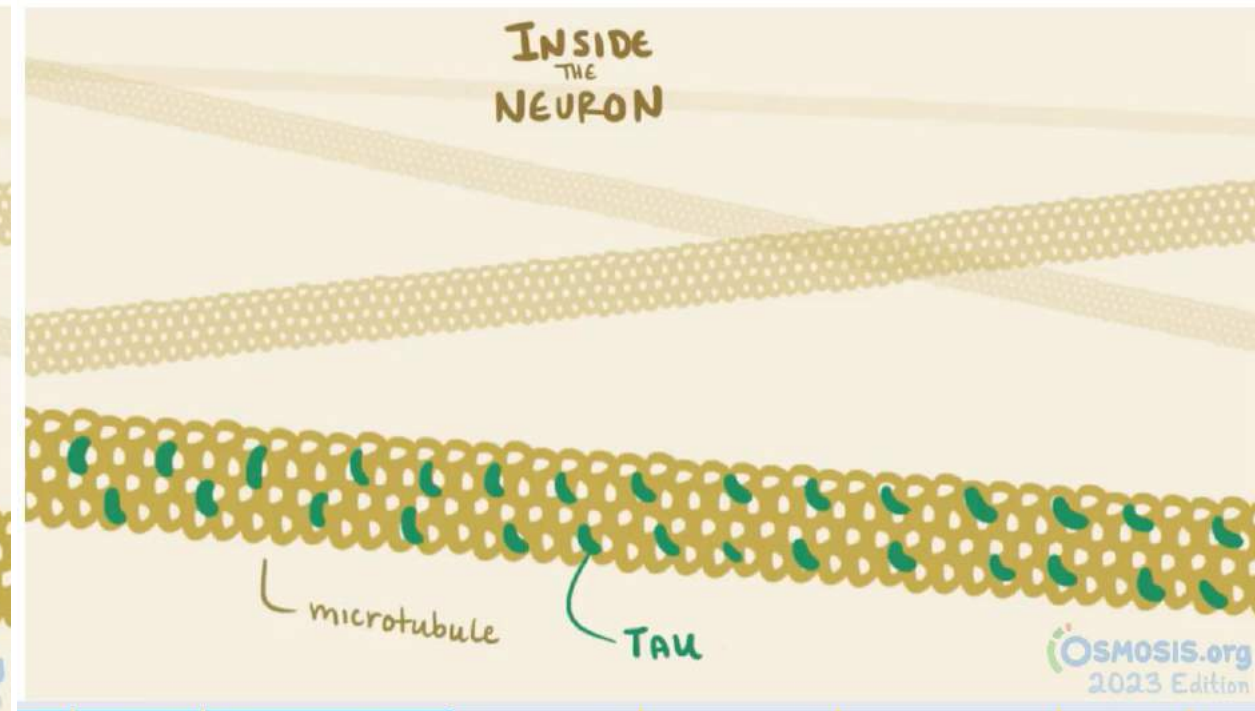
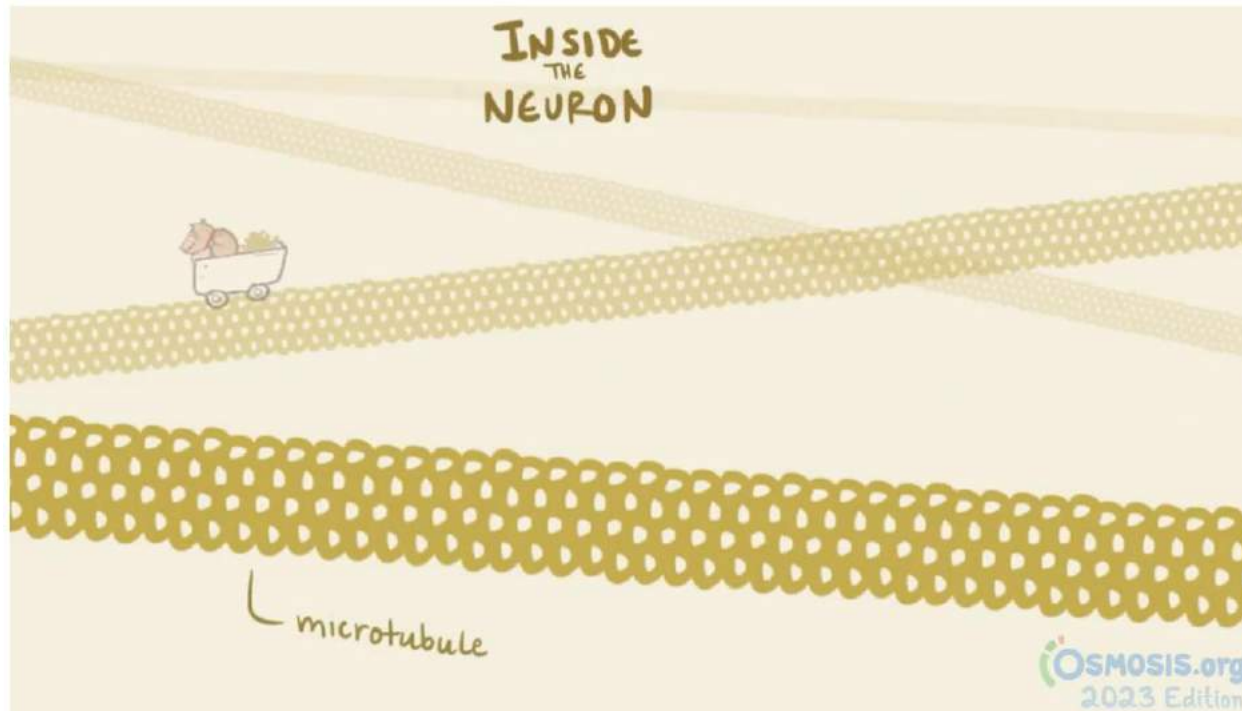
There is abnormal degradation via Beta-secretase (Not soluble)

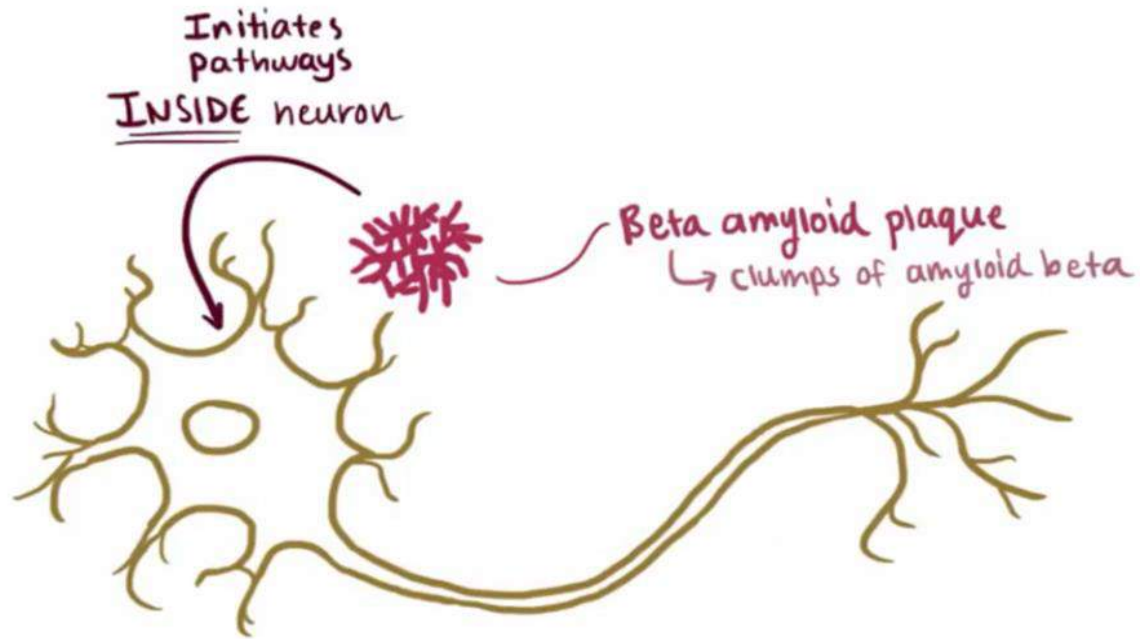
Leads to extracellular accumulation of AB amyloid plaques



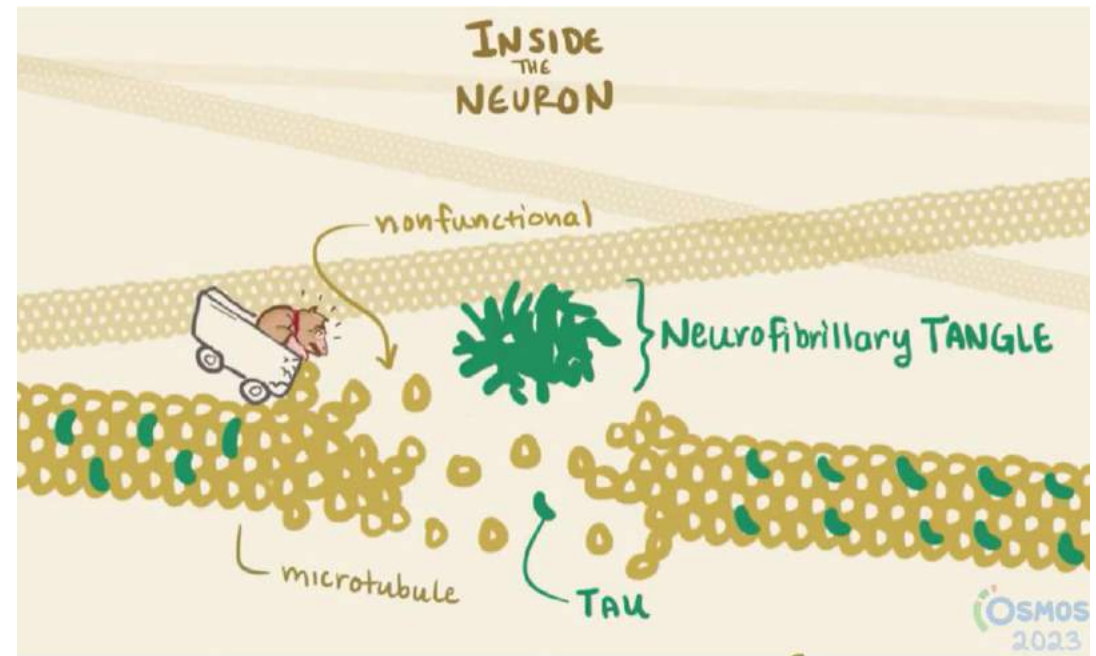
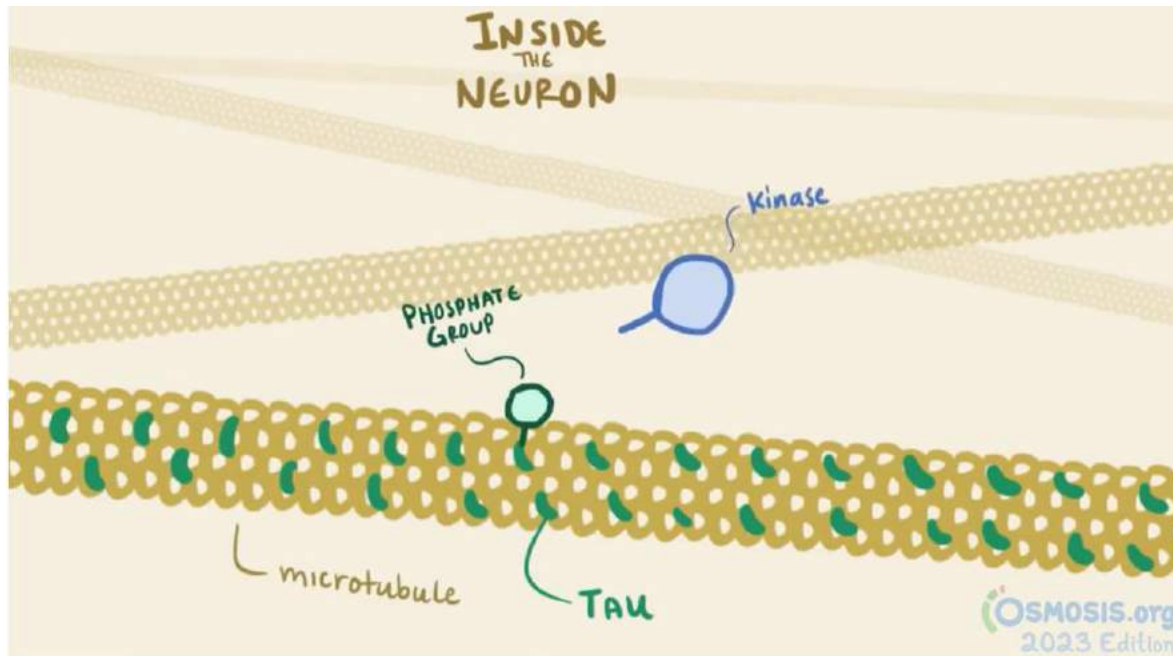


INTRACELLULAR NEUROFIBRILLARY TANGLES





In Alzheimer disease:
Tau protein becomes pathologically hyperphosphorylated, leading to Tau aggregates >>> stop supporting microtubules>>>> forms neurofibrillary tangles >> obstruct neuronal signaling>> neuronal apoptosis



ALZHEIMER DISEASE

Alzheimer disease (AD) is the most common cause of dementia in older adults

- The incidence: 65 to 74 years of age (3%), 75 to 84 years (19%) of age, and in those older than 84 years (50%)
- Most cases of AD are sporadic, but at least 5% to 10% are familial.

Sporadic (95% of cases) Seen in elderly: (ApoE normally breakdown beta amyloid)

- * e4 allele apolipoprotein E : increase risk
- * e2 allele apolipoprotein E : decrease risk

هسه زي ما حكينا قبل شوي انه ال beta-amyloid هو الجزء اللي يكون ناتج من beta-secretease وبكون abnormal وبتجمع outside the cells

Familial cases (5% of cases) Early onset:

هسه عنا ال ApoE هو المسؤول عن تكسير beta-Amyloid ف لما يكون في عندي deficiency معناها عرضه لل Alzheimer

- * Presenilin 1 and 2 mutation (gamma-secretase subunits are mutated)
- * Down's syndrome (dementia seen around 40) (APP gene is located on ch. 21)

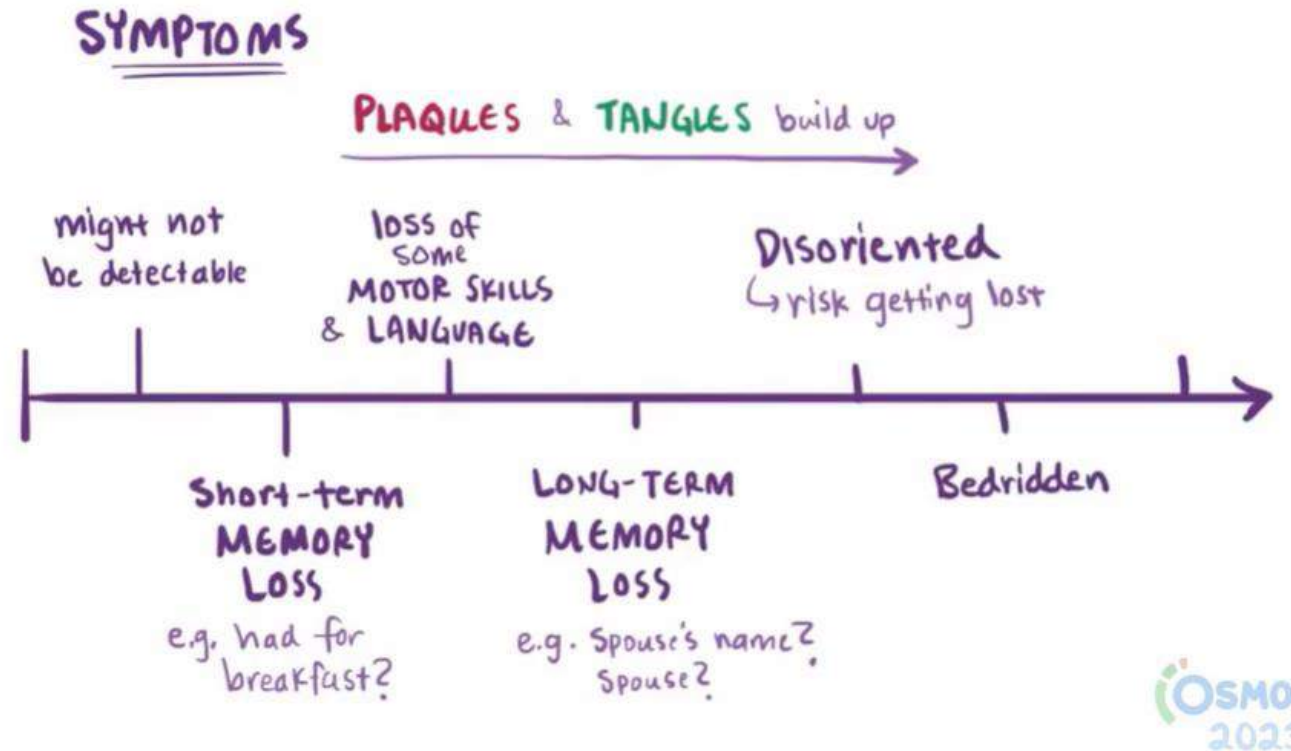
هسه شو الفكره ب العلاقة بين dementia و down syndrome انه احنا زي ما بنعرف انه down عبارة عن trisomy of chromosome 21

الفكره انه ال APP برضو محمول على ال chromosome 21 ف اني ازيد ال APP معناها ارتفاع كمية B-amyloid ف بهاي الطريقه رح يصيبهم alzheimer بشكل اسرع



ALZHEIMER DISEASE

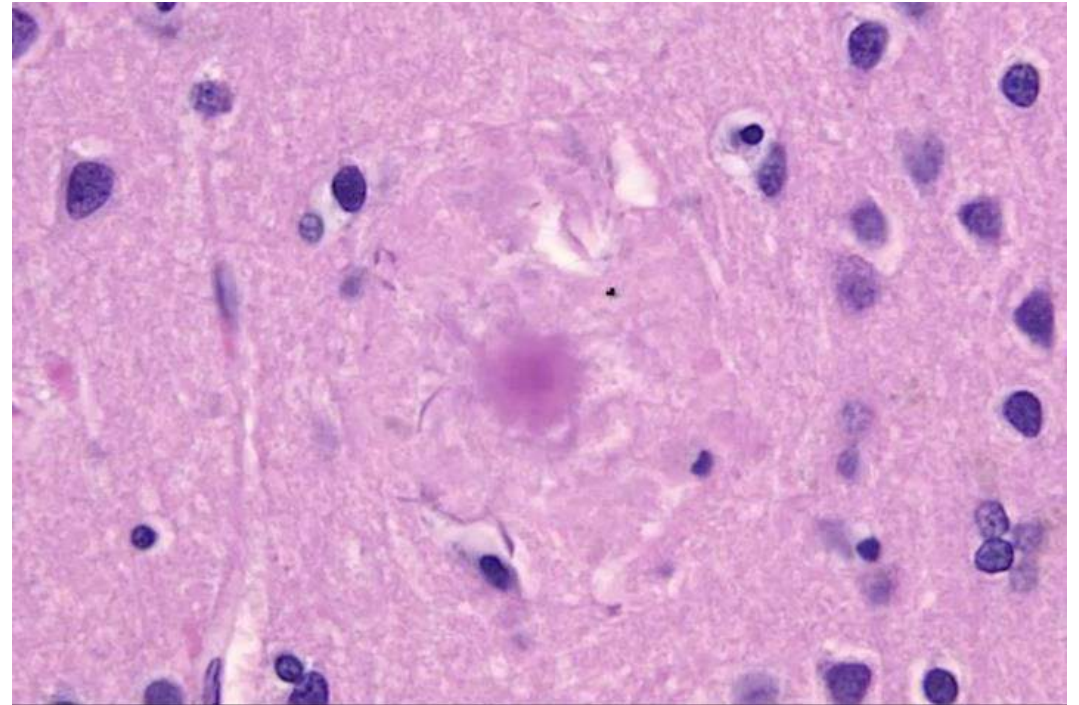
- Insidious onset of impaired higher intellectual function, memory impairment, and altered mood and behavior.
- Over time, disorientation and aphasia → Language disorders
- In the final phases: profoundly disabled, often mute and immobile.
- Death usually occurs from intercurrent pneumonia or other infections.



MICROSCOPIC FINDINGS IN ALZHEIMER'S DISEASE

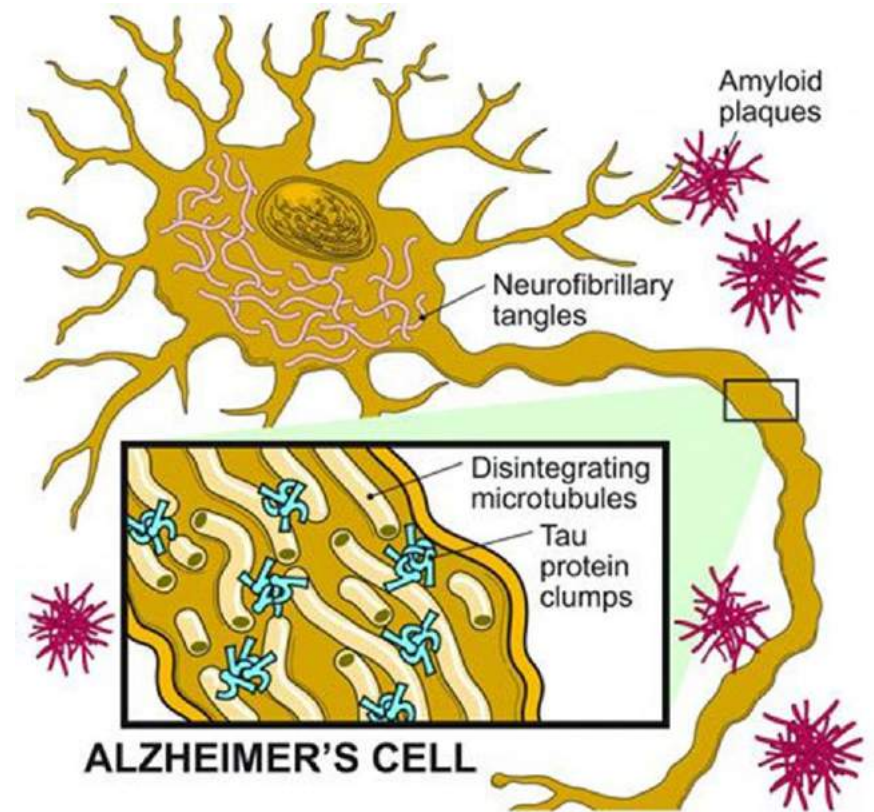
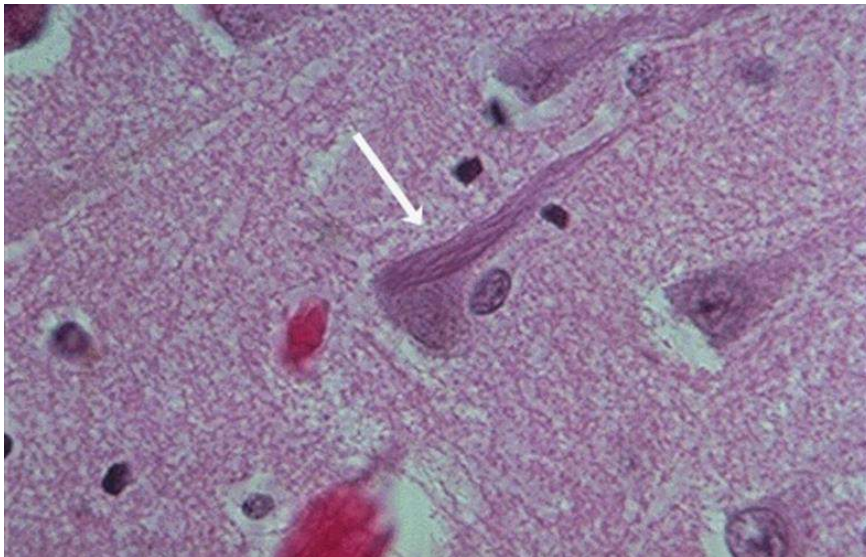
Extracellular AB amyloid deposits.

* **Neuritic plaques** (A-Beta amyloid deposits with entangled neuritic process)



MICROSCOPIC FINDINGS IN ALZHEIMER'S DISEASE

Intracellular neurofibrillary tangles
(tuft of hyperphosphorylated tau
protein):
Tau protein.



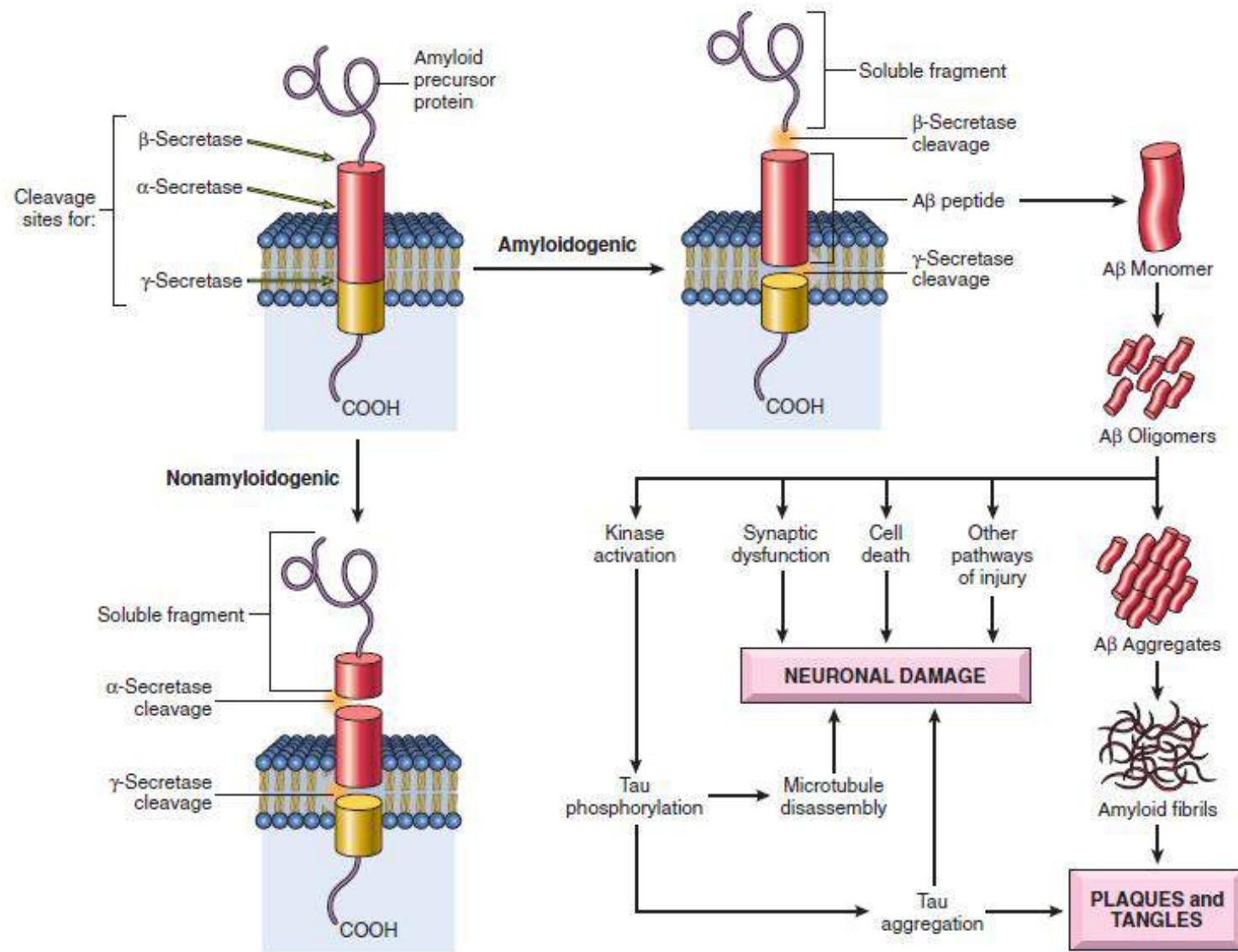


Fig. 23.24 A β peptide genesis and consequences in Alzheimer disease. Amyloid precursor protein cleavage by α -secretase and γ -secretase produces a harmless soluble peptide, whereas amyloid precursor protein cleavage by β -amyloid-converting enzyme (BACE) and γ -secretase releases A β peptides, which form pathogenic aggregates and contribute to the characteristic plaques and tangles of Alzheimer disease.



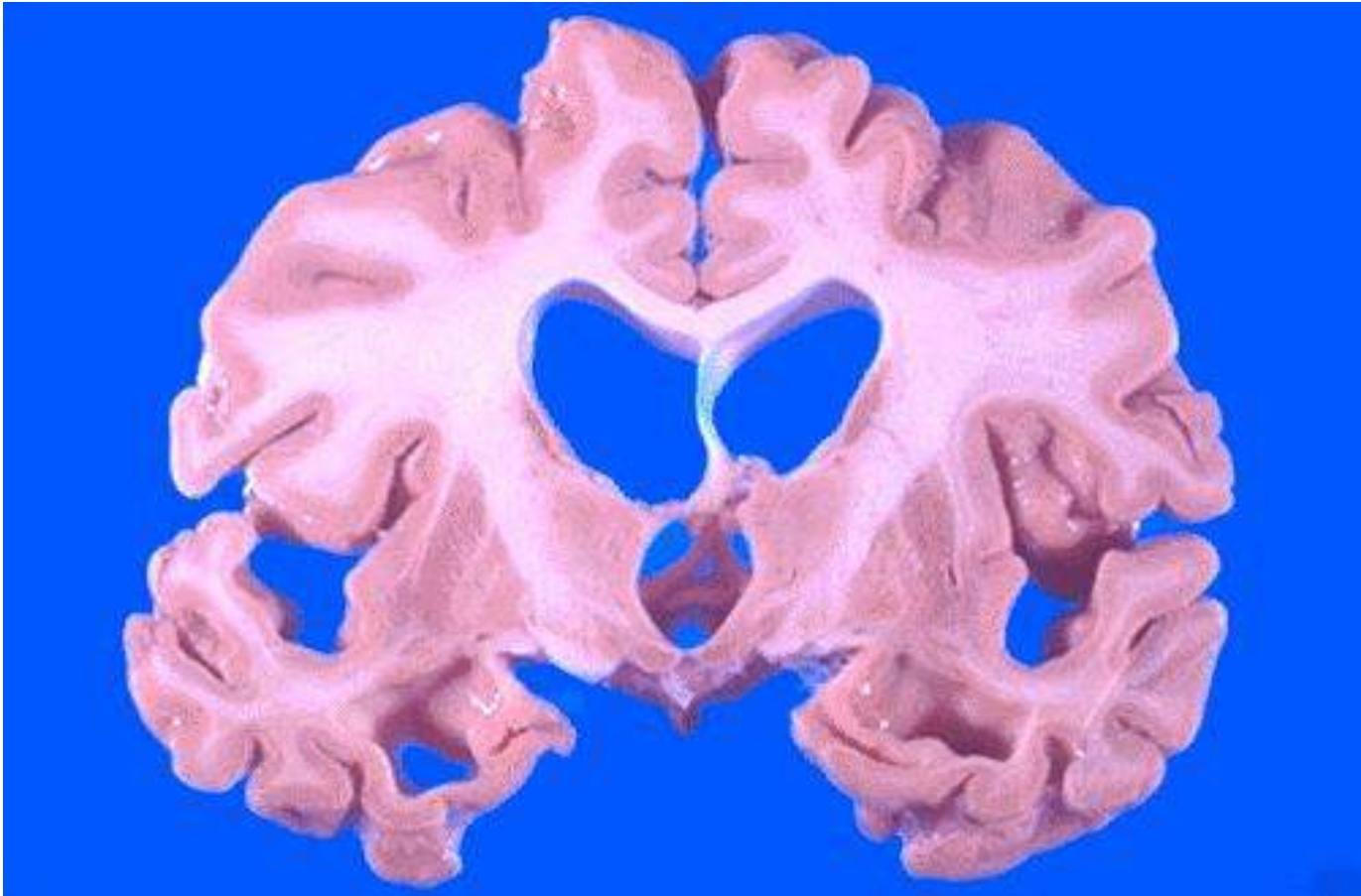
GROSS FINDINGS IN ALZHEIMER'S DISEASE



The cerebral atrophy seen here mainly in the frontal and parietal regions is characterized by narrowed gyri along with widened sulci.



GROSS FINDINGS IN ALZHEIMER'S DISEASE



The progressive cortical atrophy with Alzheimer disease leads to compensatory dilation of the cerebral ventricles known as "hydrocephalus ex vacuo".



FRONTOTEMPORAL LOBAR DEGENERATION (FTLD)

Changes in Personality إذا زاد ح تزايد ال language Related Problems إذا زادت ح تزايد ال

- **FTLD**: disorders that affect the **frontal and/ or temporal lobes**.
- Progressive deterioration of **language and changes in personality**.
- Also referred to as **frontotemporal dementias**.
- Depending on site affected (**frontal** or **temporal**), **behavioral changes** or **language problems** may dominate.
- **Behavioral and language problems precede memory disturbances** (a distinction between **FTLD and AD**).
- The onset of symptoms occurs at **younger ages** for **FTLD** than for **AD**.

يعني بال alzheimer الفقدان للذاكرة ببش بعدين بتبش ال behavioral changes
بينما بال FTLD ال behavioral change بتيجي بالاول



FRONTOTEMPORAL LOBAR DEGENERATION (FTLD)

Two pathologic subgroups exist (based on type of inclusions):

- I. **FTLD-tau:** such as **Pick disease**, which is associated with smooth, round inclusions known as Pick bodies.
- II. **FTLD-TDP43:** is characterized by aggregates containing the DNA/RNA-binding protein TDP43



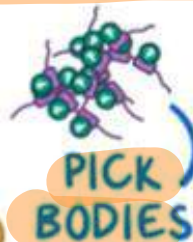
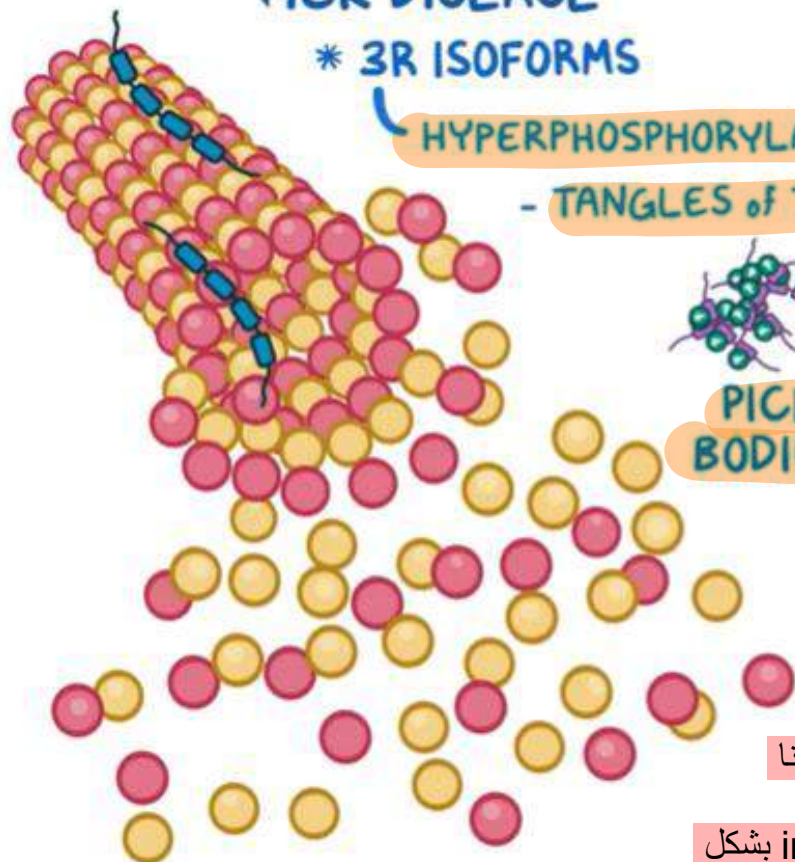
FRONTOTEMPORAL DEMENTIA

PICK DISEASE

* 3R ISOFORMS

HYPERPHOSPHORYLATED

- TANGLES of TAU PROTEINS

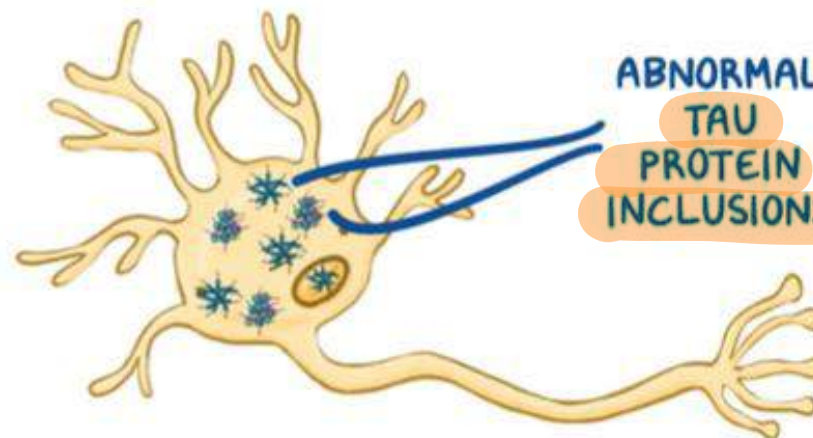


TAUOPATHY

ALZHEIMER'S DISEASE

* NEUROFIBRILLARY TANGLES

3R and 4R TAU ISOFORMS



ABNORMAL TAU PROTEIN INCLUSIONS

هسه شو الفرق بين ال Tau bodies بين الاثنين انا بحكيلكم هسه tau proteins الهم 6isoforms ف عشان هيك tau proteins بتسوي inclusion بشكل في alzheimer وبتسوي شكل pick bodies في FTLD

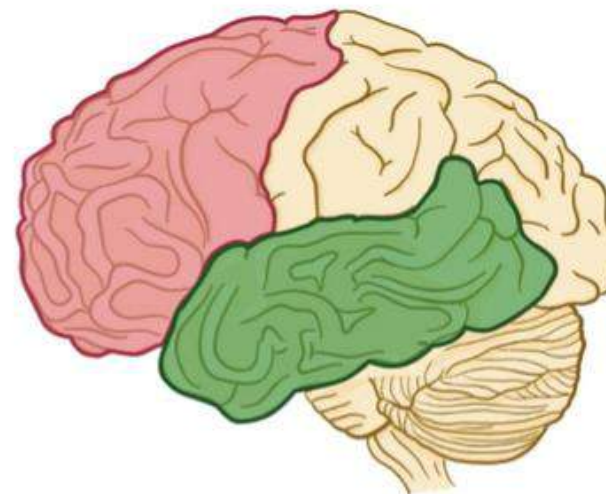
* INTRACELLULAR INCLUSIONS

TDP-43



SYMPTOMS

* DETERMINED by PATTERN of BRAIN ATROPHY



FRONTAL LOBE

* BEHAVIORAL VARIANT

- * PERSONALITY & BEHAVIOR CHANGES
- * MOST COMMON

* ATROPHY PROGRESSES

- ↳ DEMENTIA
- ↳ STRUGGLE with:
 - MEMORY
 - CONCENTRATION
 - ABILITY to LEARN NEW THINGS

TEMPORAL LOBE

* SEMANTIC VARIANT PRIMARY PROGRESSIVE APHASIA

- ↳ DIFFICULTY FINDING the RIGHT WORDS

* NONFLUENT VARIANT PRIMARY PROGRESSIVE APHASIA

- * DIFFICULTY SPEAKING WHILE KNOWING the MEANINGS of INDIVIDUAL WORDS



PICK DISEASE

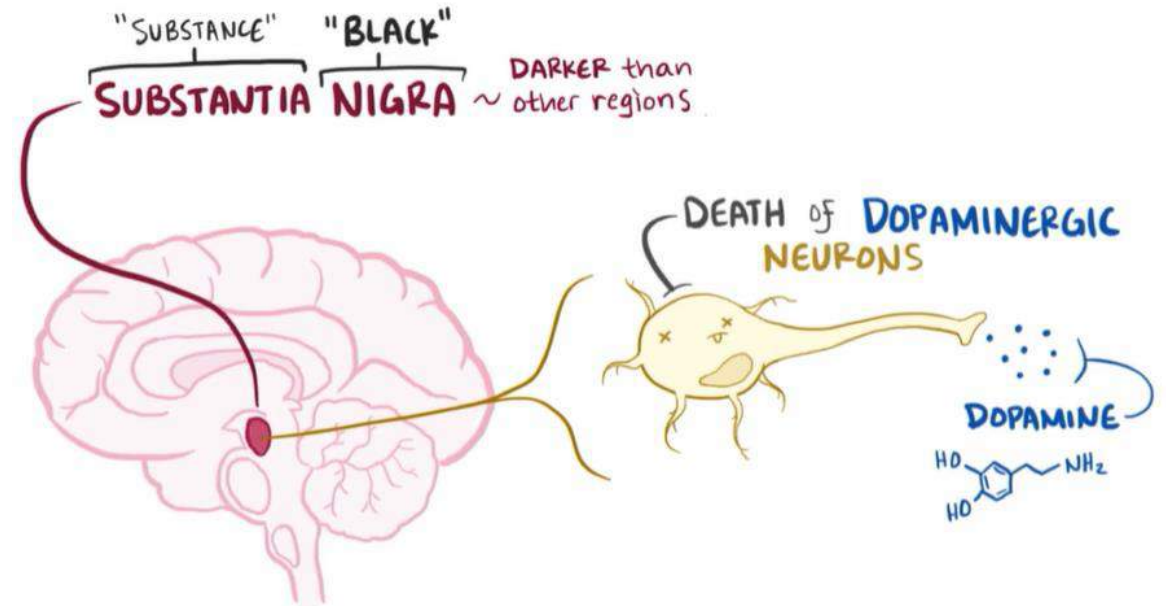


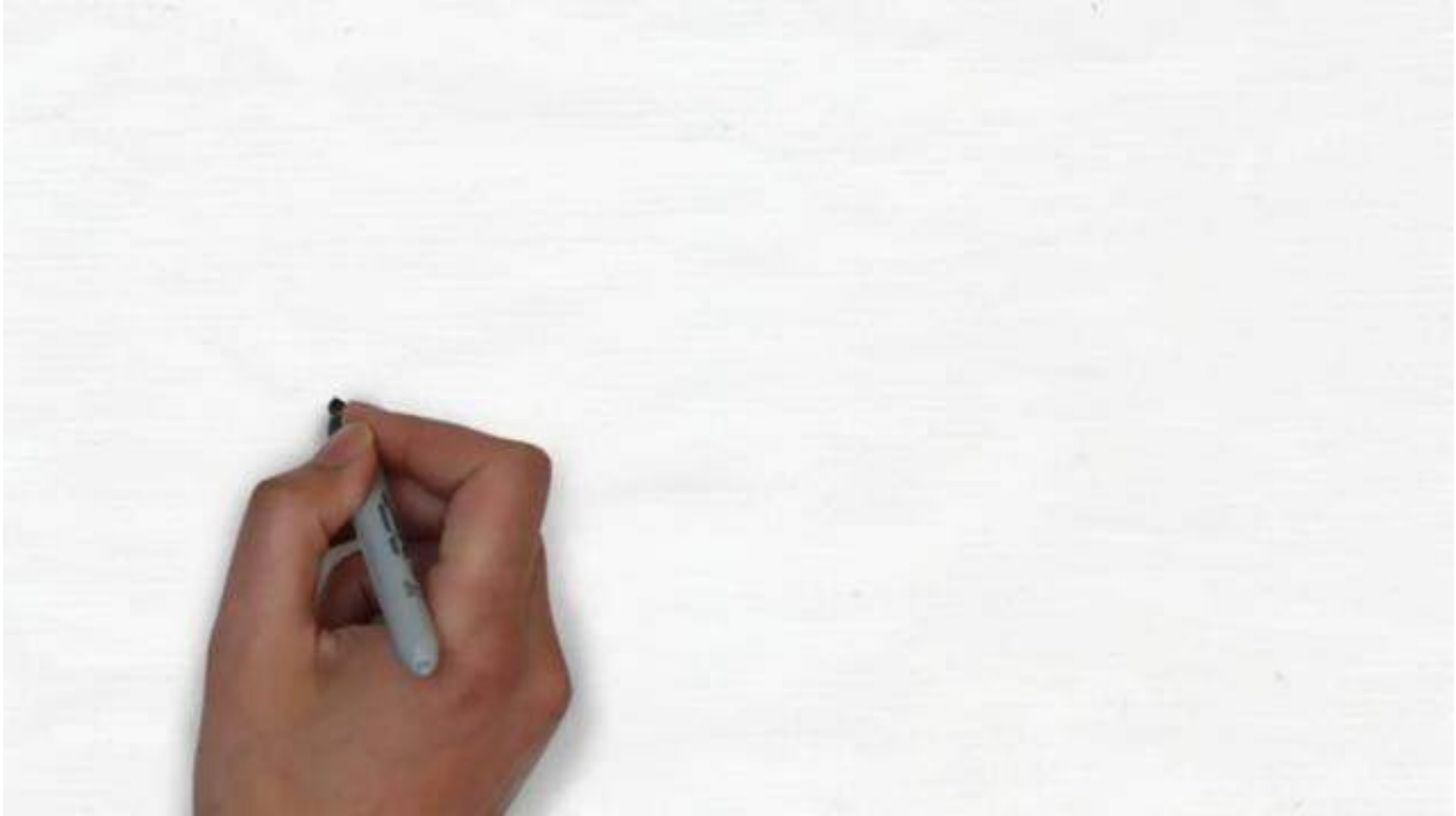
The very marked frontal lobe atrophy and temporal lobe atrophy seen here in sagittal view is due to another much less common type of dementia known as Pick disease.



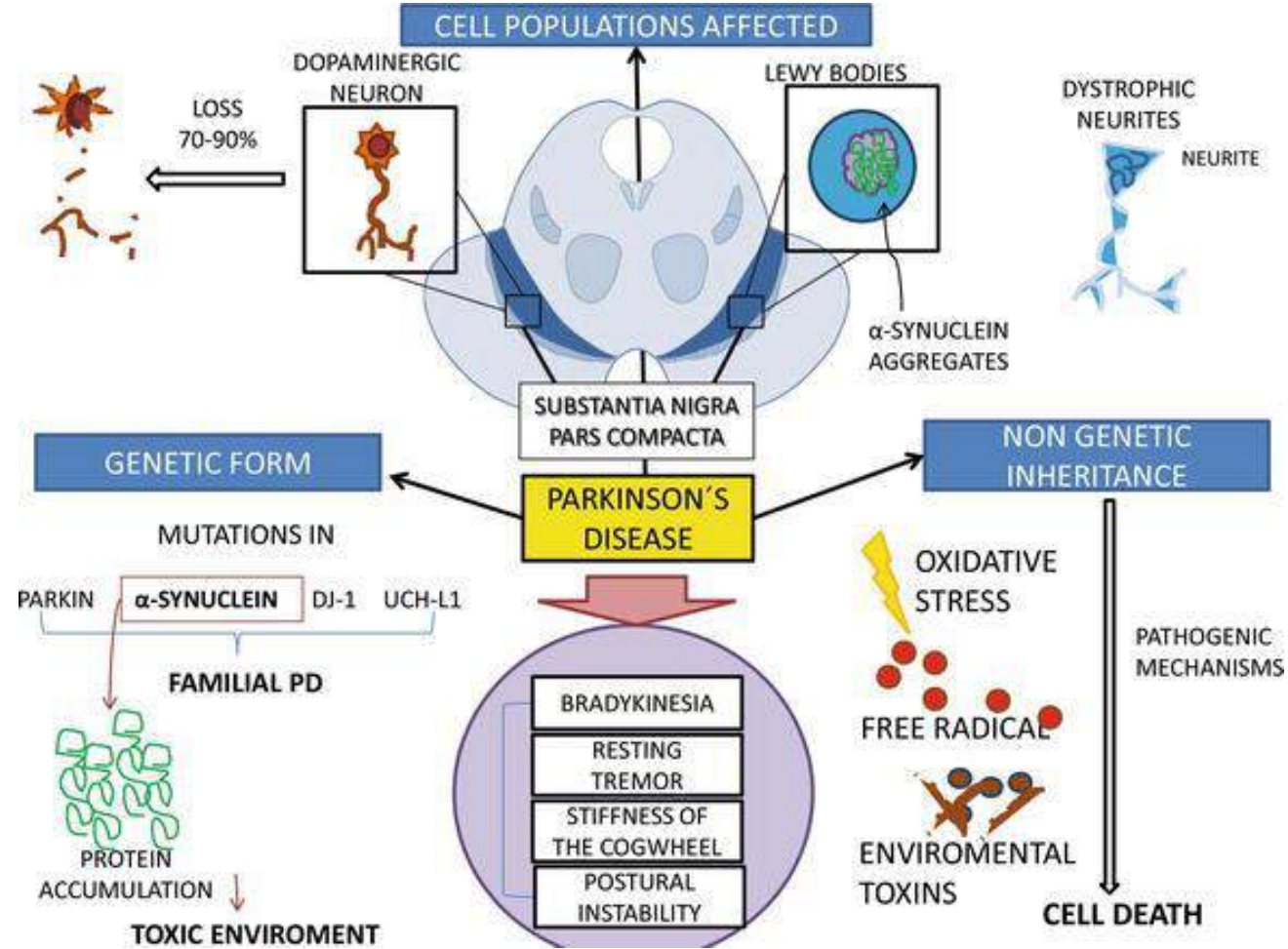
PARKINSON DISEASE (PD)

- A neurodegenerative disease marked by a **hypokinetic movement disorder** that is caused by **loss of dopaminergic neurons from the substantia nigra**.
- Can be induced by drugs such as dopamine antagonists or toxins that selectively injure dopaminergic neurons.
- PD is associated with characteristic neuronal inclusions **Lewy bodies containing α -synuclein**.





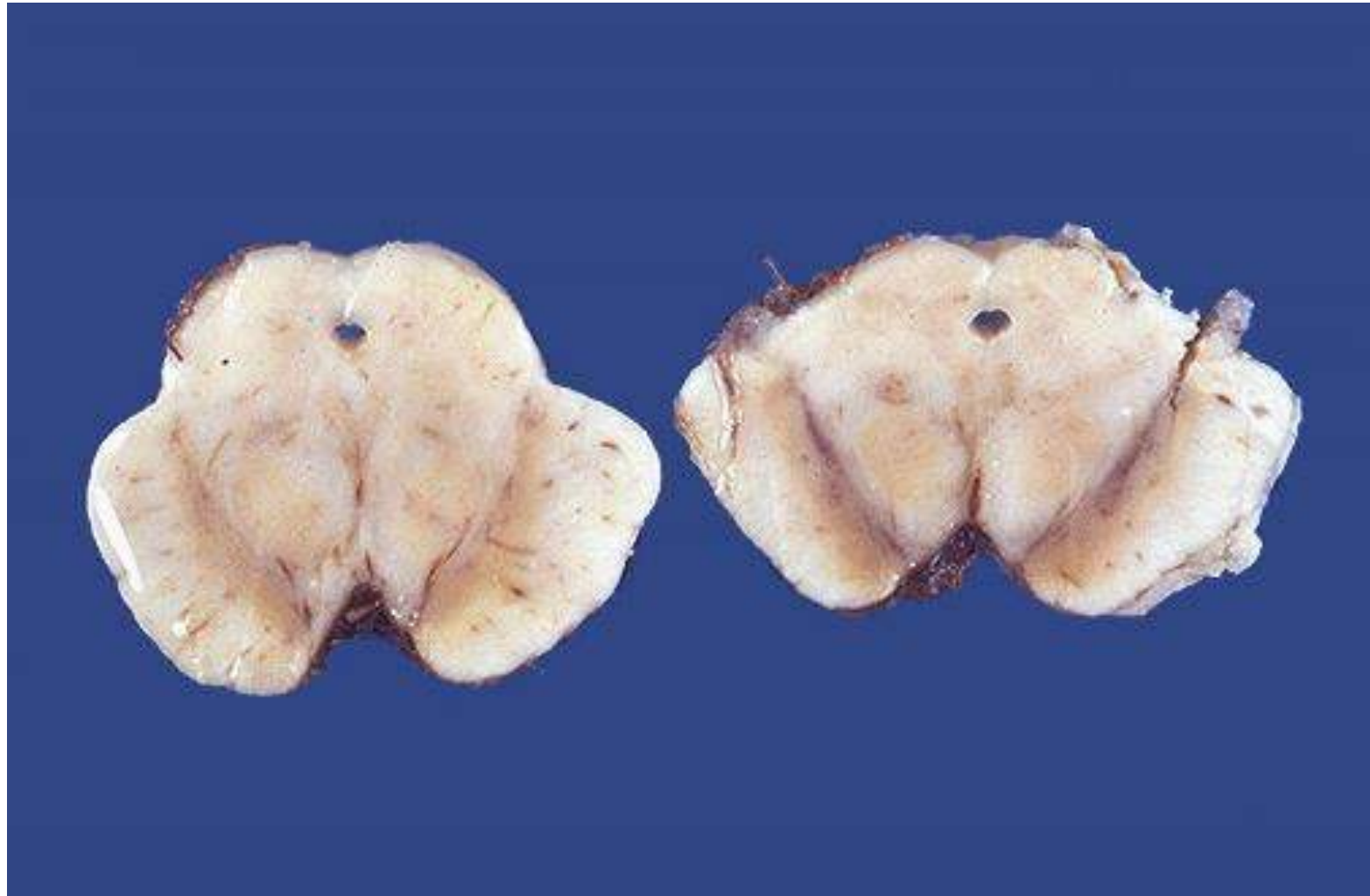
PARKINSON DISEASE (PD)



PARKINSON DISEASE (PD) PATHOGENESIS

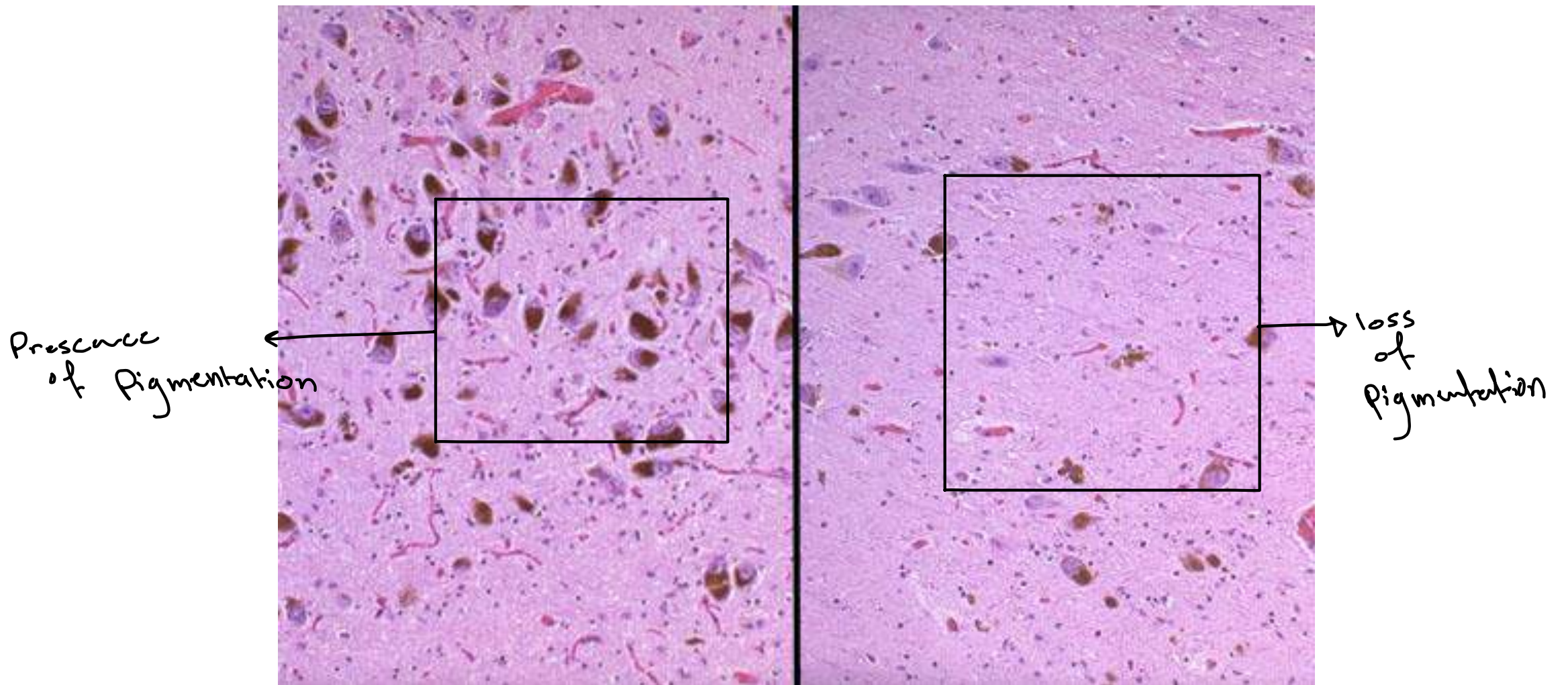
- ✓ Protein accumulation and aggregation, mitochondrial abnormalities, and neuronal loss, mainly in the substantia nigra
- ✓ Synuclein aggregates are cleared by autophagy
- ✓ Defects in autophagy and lysosomal degradation
- ✓ Lewy body, inclusion containing α -synuclein, a protein involved in synaptic transmission.
- ✓ While PD in most cases is sporadic, mutations of the gene encoding α -synuclein cause autosomal dominant PD.





The **loss of pigmentation** in the **substantia nigra** of the midbrain at the left in a patient with Parkinson disease is contrasted with a normal midbrain at the right in which dark pigmentation appears in the region of the substantia nigra above the cerebral peduncles.





At the left, normal numbers of neurons in the substantia nigra are pigmented. At the right, there is loss of neurons and loss of pigmentation with Parkinson's disease



PARKINSON DISEASE (PD) CLINICAL FEATURES

CLINICAL FEATURES

TREMOR

* INVOLUNTARY SHAKINESS *

"PILL-ROLLING"



"RESTING TREMOR"

- ↳ Present at rest
- ↳ Diminishes with MOVEMENT

RIGIDITY

* STIFFNESS *

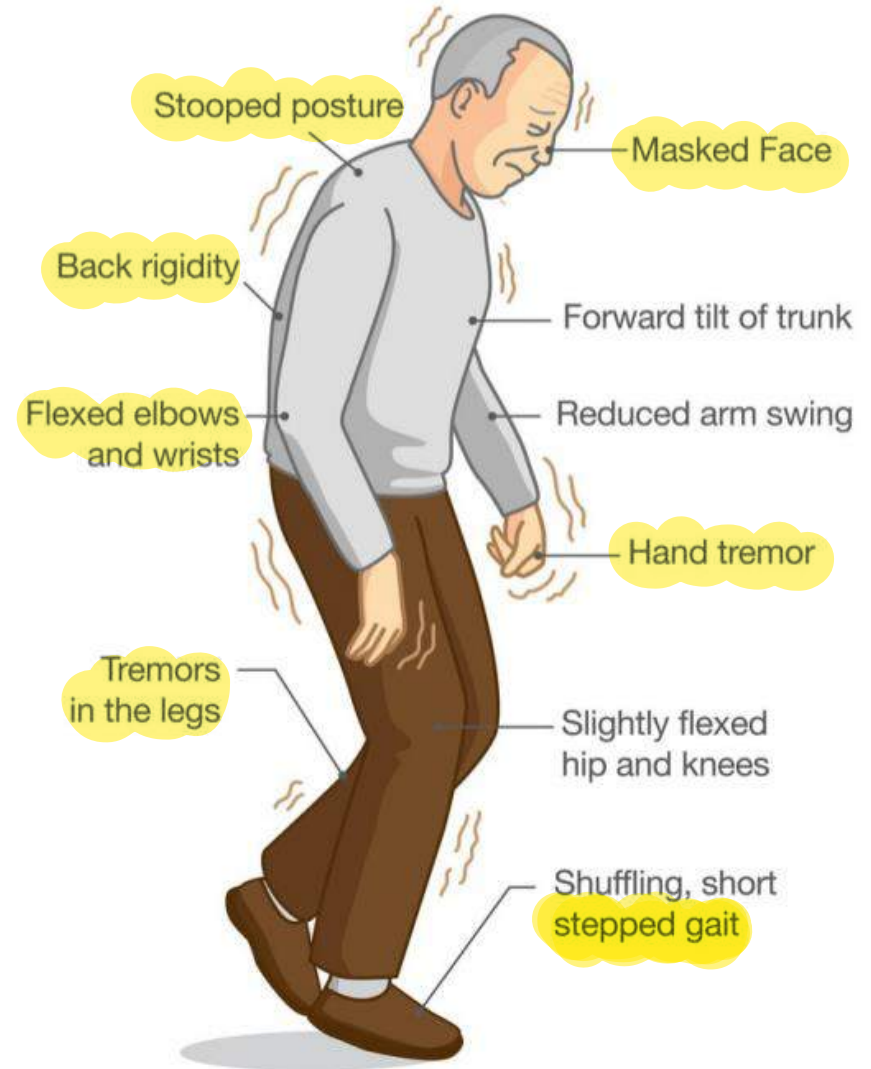


"COGWHEEL RIGIDITY"

- + STOOPED POSTURE
- + ALMOST EXPRESSIONLESS

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Parkinson's Disease Symptoms



PARKINSON DISEASE (PD) CLINICAL FEATURES

- PD commonly manifests as a movement disorder.
- Progresses over 10 to 15 years, eventually producing severe motor and near immobility.
- Death usually is the result of aspiration pneumonia or trauma from falls caused by postural instability.
- Involvement of the cerebral cortex might occur causing dementia. If dementia arises within 1 year of the onset of motor symptoms, it is referred to **Lewy body dementia (LBD)**.

هان بحكيك انه ممكن PD يسوي عنا dementia بسبب ال dagamge و ال death لل neurons الفكره انه اذا صار عنا dementia خلال سنه من الاصابه بال PD بنحكي عنها lewy body dementia

Treatment:

- PD initially respond to L-DOPA, but does not slow disease progression.
- Over time, L-DOPA becomes less effective

↘ Symptomatic Treatment

زي ما حكينا بالفارما انه ال L-dopa هو عبارته عن تحسين لل symptoms بس ما رح يوقف ال degeneration اللي بصير ومرض كمان ما ننسى ال wearing off اللي بصير وانه بعد اكم سنه يبطل الجسم يستيب ل L-dopa



HUNTINGTON DISEASE (HD)

- Huntington disease (HD) is an autosomal dominant movement disorder associated with degeneration of the striatum (caudate and putamen).
- HD is characterized by involuntary jerky movements of all parts of the body; writhing movements of the extremities are typical.
- The disease is progressive, resulting in death after approx. 15 years.
- Early cognitive symptoms occur, and may be a progression to severe dementia.
- As a part of these early behavioral changes, HD carries an increased risk for suicide.



شو القصه هان انا بحكيك هسه احنا بالوضع الطبيعي انه
 chromosome 4 في عنا تكرر للكودون CAG
 وبكون هذا التكرار 10-35 مره متى بصير عنا
 Huntingtin لما يكون عنار التكرار لاكثر من 36 مره
 واحيانا بوصل للمئات من التكرارات
 كل ما زاد عدد التكرارات زادت الاعراض وبصير يصيب
 بعمر اصغر
 في فكره برضو انه مع كل جيل بتزيد المشكله بسبب
 التضاعف انه بزيد

HUNTINGTIN (HTT)

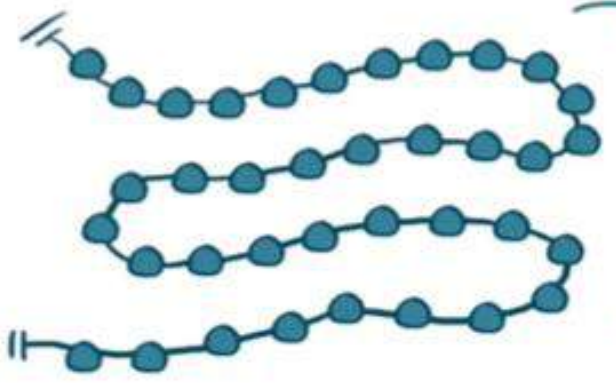
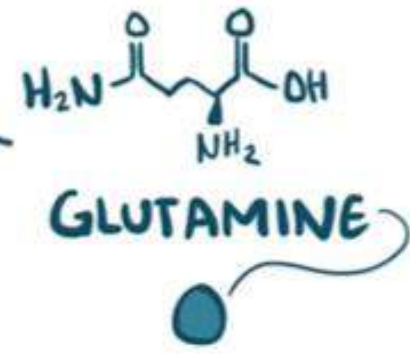
* Contains TRIPLET REPEAT *

Chromosome 4

REPEATED

↳ NORMAL: 10-35 times

↳ HUNTINGTON DISEASE: ≥ 36 times



POLYGLUTAMINE DISEASE

36 or more GLUTAMINES



HUNTINGTON DISEASE (HD) PATHOGENESIS

- ❑ HD is caused by CAG trinucleotide repeat expansions in a gene located on 4p16.3 encoding Huntington protein. Normal alleles contain 11 to 36 copies of the repeat; in disease-causing alleles, the number of repeats is increased, sometimes into the hundreds
- ❑ There is a strong genotype-phenotype correlation, with larger numbers of repeats resulting in earlier-onset disease.
- ❑ The mutant protein aggregates, causing abnormal protein fragments that are toxic.



LATER
ONSET

ANTICIPATION

* EARLIER SYMPTOM ONSET with EACH GENERATION

PARENT



يعني من جيل لجيل بتزيد المستطك

MORE REPEATS

CHILD



can inherit MORE repeats than parent

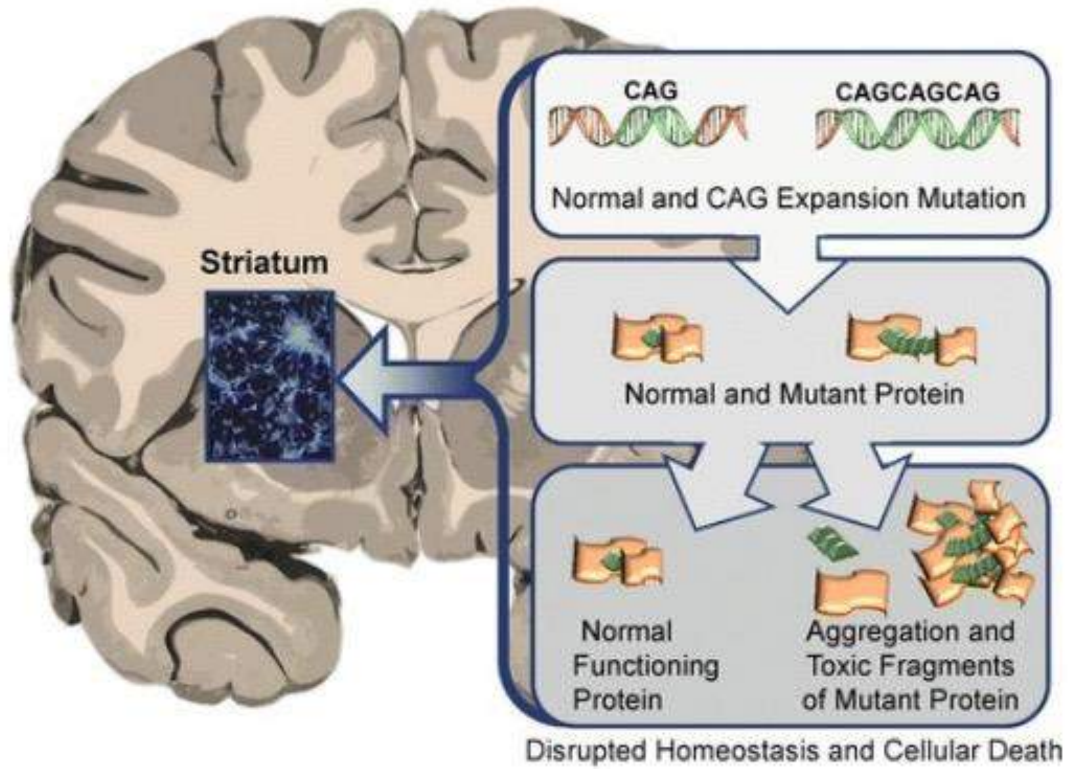
EARLIER ONSET



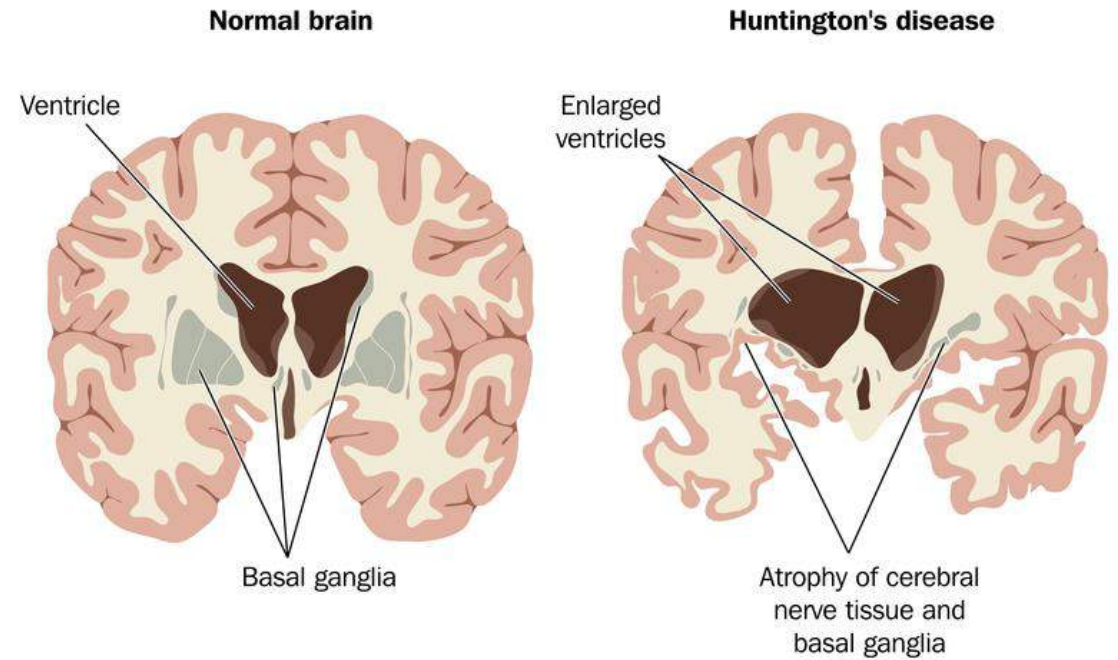
HUNTINGTON DISEASE (HD) MORPHOLOGY

- Grossly, the brain is small and shows striking atrophy of the caudate nucleus and, sometimes the putamen
- The globus pallidus may be atrophied secondarily, and the lateral and third ventricles are dilated.
- Histology: severe loss of neurons from affected regions of the striatum along with gliosis.
- In remaining striatal neurons and in the cortex, there are intranuclear inclusions that contain aggregates of abnormal huntingtin protein





HUNTINGTON DISEASE (HD)

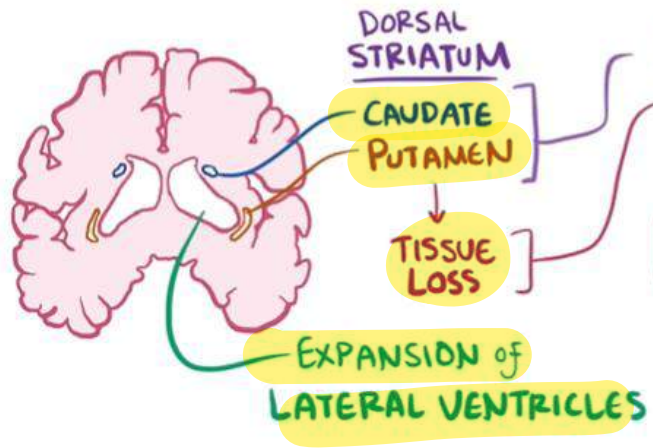


SYMPTOMS

كل ما زادو كل ما كان ال onset ابكر ←

Depends on REPEATS

- * Progressive CNS involvement *
 - ↳ MOVEMENT, COGNITIVE, MOOD
- * ONSET ~ 40 years old



MOVEMENT (INHIBITION) PROBLEMS

- * CHOREA ~ purposeless, dance-like
- * ATHETOSIS ~ slow, "snake-like"
- CAN'T SUPPRESS; STOPS with SLEEP
- * ABNORMAL EYE MOVEMENTS
- * POOR COORDINATION

PSYCHOLOGICAL PROBLEMS

- * DEMENTIA
- * PERSONALITY CHANGES
- * DEPRESSION

Chorea is a medical condition and a type of movement disorder



DIAGNOSIS

 PERSON'S HISTORY

 GENETIC TESTING → CAG

 PHYSICAL ASSESSMENT

 CT SCAN or MRI
↳ ATROPHY of BASAL GANGLIA





Huntington disease. Normal hemisphere (left) compared with a hemisphere with Huntington disease (right) showing atrophy of the striatum and ventricular dilation. Inset, An intranuclear inclusion in a cortical neuron.



SPINOCEREBELLAR ATAXIAS (SCAS)

- ❑ Heterogeneous group of diseases with clinical findings that include a combination of cerebellar and sensory ataxia, spasticity, and sensorimotor peripheral neuropathy.
- ❑ They have different mutations, patterns of inheritance, age at onset, and signs and symptoms.
- ❑ This group of diseases affects the cerebellar cortex, spinal cord, other brain regions, and peripheral nerves.
- ❑ The affected area shows degeneration of neurons with mild gliosis.



SPINOCEREBELLAR ATAXIAS (SCAS)

FRIEDREICH ATAXIA

- ✓ Friedreich ataxia is an **AR disorder**
- ✓ Manifests in the **first decade of life** with **gait ataxia**, followed by **hand clumsiness and dysarthria**.
- ✓ There is a high incidence of cardiac disease and diabetes.
- ✓ Caused by a **GAA trinucleotide repeat expansion in the gene encoding frataxin**, a protein that regulates cellular iron levels, particularly in the mitochondria.
- ✓ The repeat expansion results in decreased protein levels; decreased frataxin leads to mitochondrial dysfunction as well as increased oxidative damage.

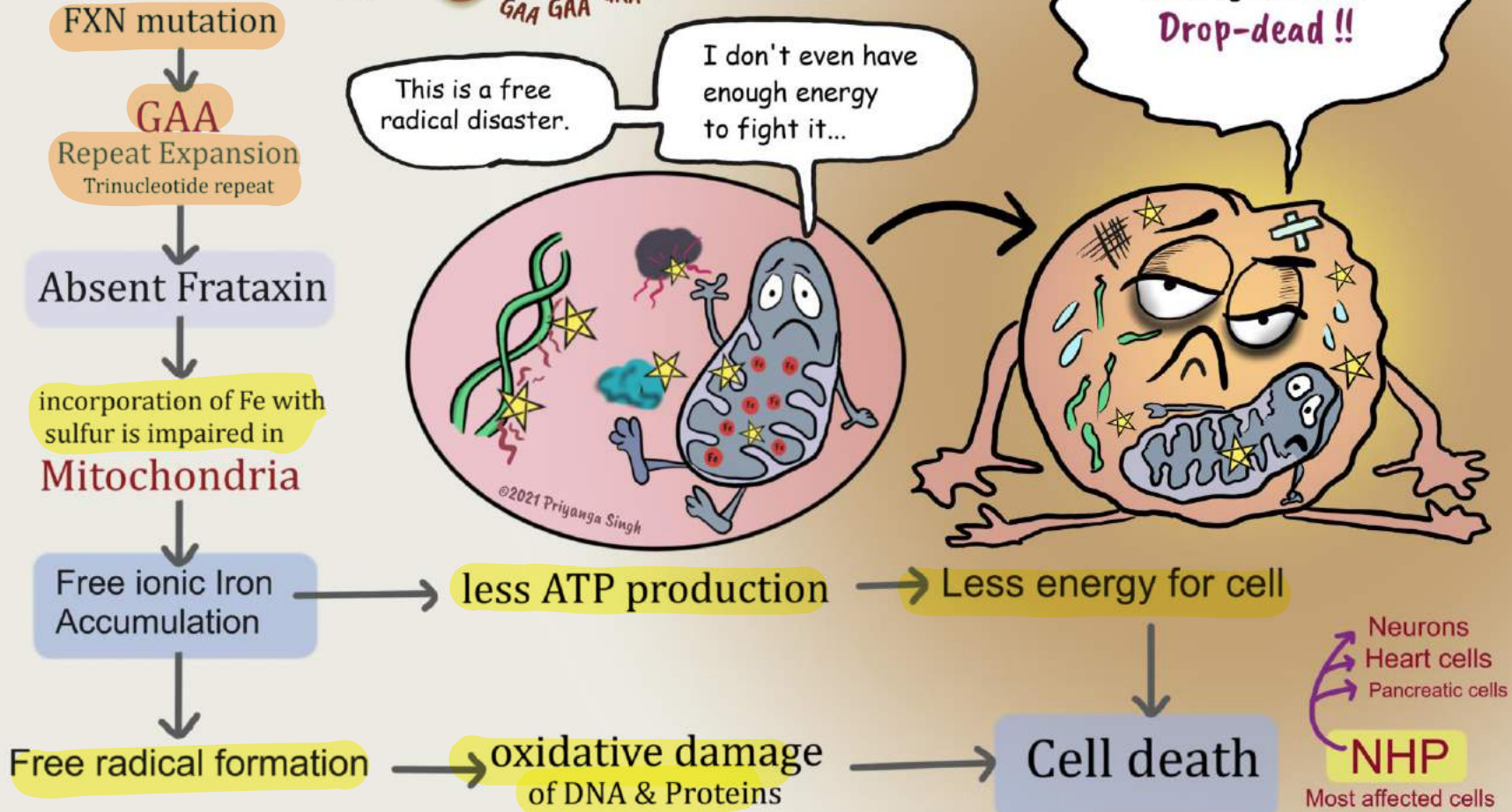
TRIPLET REPEAT DISORDERS

- * HUNTINGTON DISEASE (CAG)
- * MYOTONIC DYSTROPHY (CTG)
- * FRIEDREICH ATAXIA (GAA)
- * FRAGILE X SYNDROME (CGG)



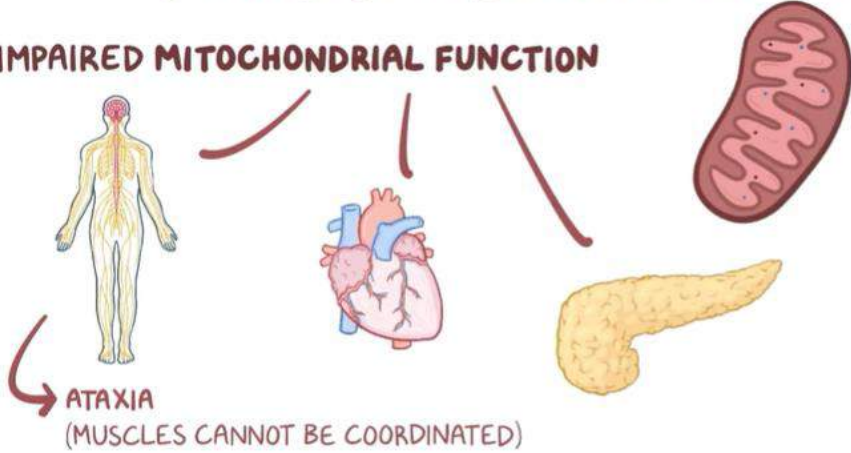
Friedreich's Ataxia

Creative-Med-Doses



FRIEDREICH'S ATAXIA

* IMPAIRED MITOCHONDRIAL FUNCTION



* NIKOLAUS FRIEDREICH: FIRST DESCRIBED IT > 150 YRS |



Friedreich's ataxia خليني احكي شوي عن
الفكره انا انه هاي زي huntington في عنا تكرر غير طبيعي للكودون GAA في
ال 9 chromosome
بالوضع الطبيعي ال GAA يكون اقل من 35 طبعا اذا زاد ح يسوو absent of
frataxin طبعا شو هو ال frataxin هو البروتين اللي بتحكم في ال free ion in
the cell وبسويلهم ربط من خلال ربطهم بال sulfur
هسه في حاله Friedreich ataxia ما يكون في عنا frataxin ف بزيد مستوى
ال free ion in the cell وبترتب عليه انه ال function تبع mitochondria
رح يقل ف ال ATP رح تقل
وبرضو لا ننسى انه ح يصير عنا free radical ومن خلال هاي الشغلتين ح يصير
عنا cell death

FRIEDREICH'S ATAXIA

REPEAT EXPANSION

* FXN GENE (CHROMOSOME 9)



NORMAL < 34 REPEATS
PATHOGENIC > 100 REPEATS

* PANCREAS



DIABETES

AFFECTS

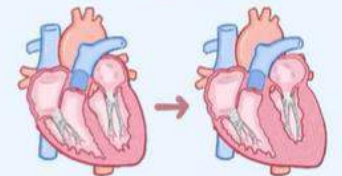
* NERVOUS SYSTEM



ATAXIA

DEFECTIVE MITOCHONDRIAL FUNCTION
OXIDATIVE DAMAGE

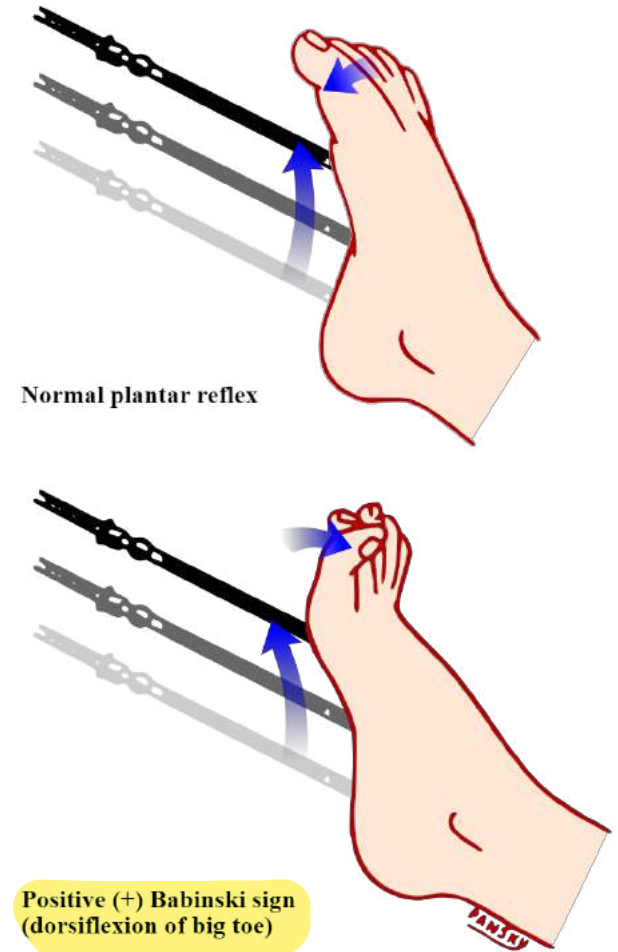
* HEART



HYPERTROPHIC CARDIOMYOPATHY

AMYOTROPHIC LATERAL SCLEROSIS (ALS)

- ALS results from the death of lower motor neurons in the spinal cord and brain stem as well as upper motor neurons in the cortex.
- The loss of lower motor neurons results in denervation of muscles, muscular atrophy (the “amyotrophy” of the condition), weakness, and fasciculations,
- While the loss of upper motor neurons results in paresis, hyperreflexia, and spasticity, along with a + Babinski sign.
- Clinically manifest in the fifth decade or later.



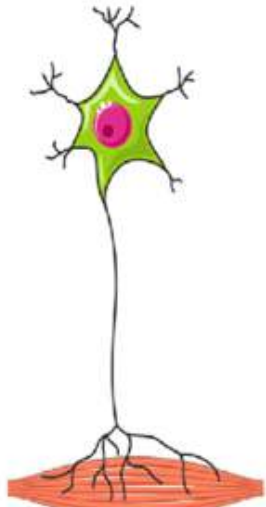
AMYOTROPHIC LATERAL SCLEROSIS (ALS)

- ALS is the most common form of motor neuron disease, with diverse genetic causes as well as sporadic forms.
- The disease eventually involves the respiratory muscles, leading to recurrent bouts of pulmonary infection, which is the usual cause of death.
- The balance between upper and lower motor neuron involvement can vary, although most patients exhibit involvement of both.



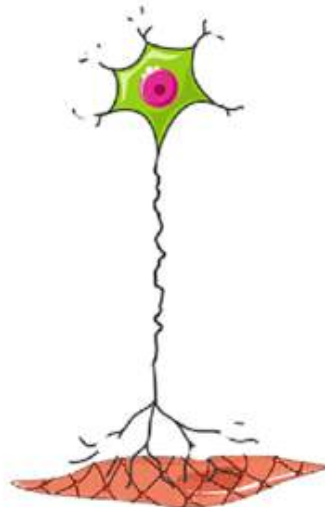
Amyotrophic Lateral Sclerosis (ALS)

Normal Nerve Cell



Muscle Contracts

Sclerotic Nerve Cell



Diminished Muscle Contraction

(A) UMN Symptoms

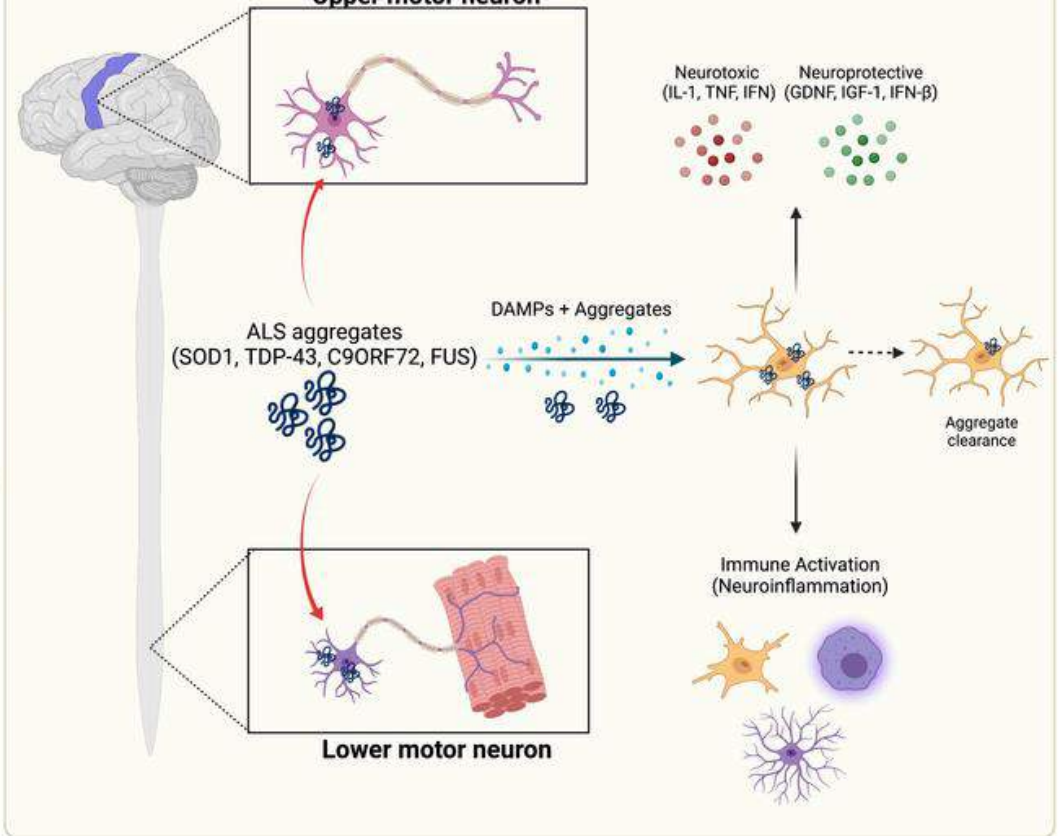
- Spasticity
- Hyperreflexia
- Cognitive & behavioral changes (ALS-FTD)
- Slow speech, jaw-jerk reflex (bulbar onset)

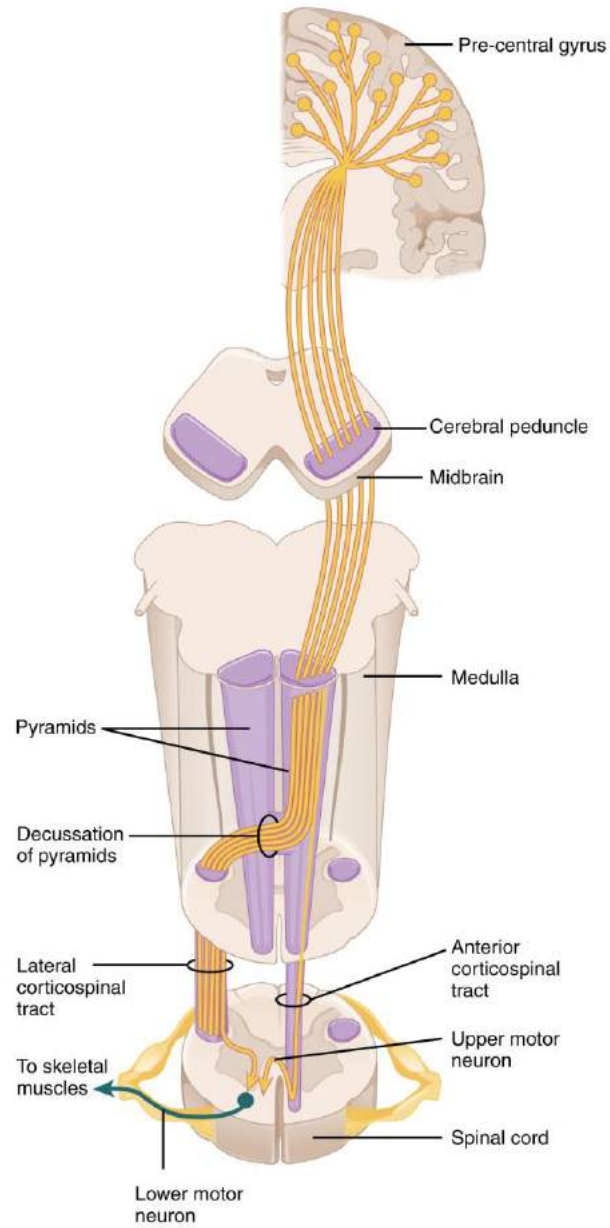


(B) LMN Symptoms

- Muscle atrophy, weakness, fasciculations
- Respiratory insufficiency
- Dysarthria, tongue atrophy, facial weakness (bulbar onset)

(C)





Key

→ Upper motor neuron

→ Lower motor neuron

