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LECTURE PRESENTATIONS For CAMPBELL BIOLOGY, NINTH EDITION Jane B. Reece, Lisa A. Urry, Michael L. Cain, Steven A. Wasserman, Peter V. Minorsky, Robert B. Jackson

Chapter 41

Animal Nutrition Digestive system

Lectures by Erin Barley Kathleen Fitzpatrick

Overview: The Need to Feed

- Food is taken in, taken apart, and taken up in the process of animal **nutrition** (food processing)
- In general, animals fall into three categories: according ه معاد المعاد المعا
- **Carnivores** eat other animals
- mixture Omnivores regularly consume animals as well as plants or algae [like us]
 - <u>Most</u> animals are also opportunistic feeders

The terms *herbivore, carnivore*, and *omnivore* represent the kinds of food an animal usually eats. However, most animals are opportunistic feeders, eating foods outside their standard diet when their usual foods aren't available. For example, deer are herbivores, but in addition to feeding on grass and other plants, they occasionally eat insects, worms, or bird eggs. بحا

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Figure 41.1



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Concept 41.1: An animal's diet must supply chemical energy, organic molecules, and essential nutrients

- An animal's diet provides:
 - Chemical energy, which is converted into ATP to power cellular processes
 - Organic building blocks, such as organic carbon and organic nitrogen, to synthesize a variety of organic molecules مثلاً نأكله بورتنات خارجية لكي نستطيع بناء بورتنات الخاصة حل شيئ نأكله بعر عملية معند يصبح المناه محنات الخاصة Bssential nutrients, which are required by cells and must be obtained from dietary sources * we need them but we CANT synthesize them * we need them but we CANT synthesize them

Essential Nutrients

- There are four classes of essential nutrients:
 - Essential amino acids
 - Essential fatty acids
 - Vitamins
 - Minerals

essential nutrient



Essential

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nutrients have key functions in cells, including serving as substrates of enzymes, as coenzymes, and as cofactors in biosynthetic reactions

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Needs for particular nutrients vary among species. For instance, some animals (including humans) must get ascorbic acid (vitamin C) from their diet, whereas most animals can synthesize it from other nutrients.

Essential Amino Acids

- Animals require 20 amino acids and can synthesize about half from molecules in their diet
 - The remaining amino acids, the essential amino acids, must be obtained from food in preassembled form
- The proteins in
- animal Meat, eggs, and cheese provide all the essential amino acids and are thus "complete" proteins -

Many animals, including adult

humans, require eight amino acids in their diet: isoleucine,

لا يدخلوا في بناد owr own proteins

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leucine, lysine, methionine, phenylalanine, threonine, tryptophan, and valine. (Human infants also need a ninth, histidine.)

which means that they provide all the esential a acies in their Prover Drobol

- Most plant proteins are incomplete in amino acid composition
- Individuals who eat only plant proteins need to eat specific plant combinations to get all the essential amino acids (correly Legunes for example)
- Some animals have adaptations that help them through periods when their bodies demand

extraordinary amounts of protein <u>بون</u> وسويندي عسان هيك يابالى <u>amino acids</u> <u>Muscle protein</u>: provides a source of <u>a.a's</u> for making

new proteins when feathers 🖋 are replaced

omega 3/linoleen and Essential Fatty Acids Source on eger-3: important in general body growth, Source on the brain, nervous system Source of the fatty acids they need

- The essential fatty acids must be obtained from the diet and include certain unsaturated fatt acids (i.e., fatty acids with one or more double bonds)
- Deficiencies in fatty acids are rare

Animals require fatty acids to synthesize a variety of cellular components, including membrane phospholipids, signaling molecules, and storage fats.

essential fatty acids. In mammals, they include linoleic

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Humans require

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acid

Vitamins

- Vitamins are organic molecules required in the diet in small amounts (0.01-100 mg per day, depending on the vitamin).
- Thirteen vitamins are essential for humans
- Vitamins are grouped into two categories: fatsoluble and water-soluble

2. Moderate overdoses of water-soluble vitamins are probably harmless because excesses are excreted in urine. However, excesses of fat-soluble vitamins are deposited in body fat, so overconsumption may cause them to accumulate to toxic levels.

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الدكتورة حكت [الجدول مهللوب تدريسوه زي ما مشرحته] / وكل الشي شرحته عريينته على الجدول + معم الفقرة السابقة

Vitamin	Major Dietary Sources	Major Functions in the Body	Symptoms of Deficiency			
Water-Soluble Vitamins	Water-Soluble Vitamins B+C					
B ₁ (thiamine)	Pork, legumes, peanuts, whole grains	Coenzyme used in removing CO ₂ from organic compounds	Beriberi (tingling, poor coordina tion, reduced heart function)			
B ₂ (riboflavin)	Dairy products, meats, enriched grains, vegetables	Component of coenzymes FAD and FMN	Skin lesions, such as cracks at corners of mouth			
B₃ (niacin)	Nuts, meats, grains	Component of coenzymes NAD ⁺ and NADP ⁺	Skin and gastrointestinal lesions delusions, confusion			
B_5 (pantothenic acid)	Meats, dairy products, whole grains, fruits, vegetables	Component of coenzyme A	Fatigue, numbness, tingling of hands and feet			
B ₆ (pyridoxine)	Meats, vegetables, whole grains	Coenzyme used in amino acid metabolism	Irritability, convulsions, muscula twitching, anemia			
B7 (biotin)	Legumes, other vegetables, meats	Coenzyme in synthesis of fat, glycogen, and amino acids	Scaly skin inflammation, neuromuscular disorders			
B ₉ (folic acid)	Green vegetables, oranges, nuts, legumes, whole grains	Coenzyme in nucleic acid and amino acid metabolism	Anemia, birth defects			
B ₁₂ (cobalamin)	Meats, eggs, dairy products کامنیا ت	Production of nucleic acids and red blood cells	Anemia, numbness, loss of bala			
C (<u>ascorbic acid</u>)	Citrus fruits, broccoli, tomatoes	Used in collagen synthesis; antioxidant	Scurvy (degeneration of skin ar teeth), delayed wound healing			
Fat-Soluble Vitamins ->						
للنظر & نه يدخل (retinol) تركس يصى + فخاراك	Dark green and orange vegetables and fruits, dairy products	Component of visual pigments; maintenance of epithelial tissues	Blindness, skin disorders, impai immunity			
D Rods & cones	Dairy products, egg yolk	Aids in absorption and use of calcium and phosphorus	Rickets (bone deformities) in children, bone softening in adu			
E tocopherol)	Vegetable oils, nuts, seeds	Antioxidant; helps prevent damage to cell membranes	Nervous system degeneration			
(phylloquinone)	Green vegetables, tea; also made	Important in blood clotting	Defective blood clotting			

Minerals

- Minerals are simple inorganic nutrients, usually required in small amounts
- Ingesting large amounts of some minerals can upset homeostatic balance
- E.g. ingesting large amounts of salt(sodium chloride)can contribute to high blood pressure.
 - Excessive iron leads to liver damage

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Table 41.2	Mineral Requirements of Humans*	

	Min	neral	Major Dietary Sources	Major Functions in the Body	Symptoms of Deficiency
- Sin insiles		Calcium (Ca)	Dairy products, dark green vegetables, legumes	Bone and tooth formation, blood clotting, nerve and muscle function	Impaired growth, loss of bone mass
	equireo	Phosphorus (P)	Dairy products, meats, grains	Bone and tooth formation, acid- base balance, nucleotide synthesis	Weakness, loss of minerals from bone, calcium loss
	ay re	Sulfur (S)	Proteins from many sources	Component of certain amino acids	Impaired growth, fatigue, swelling
	g per d	Potassium (K)	Meats, dairy products, many fruits and vegetables, grains	Acid-base balance, water balance, nerve function	Muscular weakness, paralysis, nausea, heart failure
	ian 200 m	Chlorine (Cl)	Table salt	Acid-base balance, formation of gastric juice, nerve function, osmotic balance	Muscle cramps, reduced appetite
	More th	Sodium (Na)	Table salt	Acid-base balance, water balance, nerve function	Muscle cramps, reduced appetite
		Magnesium (Mg)	Whole grains, green leafy vegetables	Enzyme cofactor; ATP bioenergetics	Nervous system disturbances
	Iron	n (Fe)	Meats, eggs, legumes, whole grains, green leafy vegetables	Component of hemoglobin and of electron carriers; enzyme cofactor	Iron-deficiency anemia, weakness, impaired immunity
	Fluc	orine (F)	Drinking water, tea, seafood	Maintenance of tooth structure	Higher frequency of tooth decay
	Iodi	ine (I)	Seafood, iodized salt	Component of thyroid hormones	Goiter (enlarged thyroid gland)

*Additional minerals required in trace amounts include cobalt (Co), copper (Cu), manganese (Mn), molybdenum (Mo), selenium (Se), and zinc (Zn). All of these minerals, as well as those in the table, can be harmful in excess.



Deficiencies in Essential Nutrients

- Deficiencies in essential nutrients can cause deformities, disease, and death
- منتشر عشر. في دول جنوب Golden Rice" is an engineered strain of rice من المراسطان المراسطان المراسطان المراسطان المراسطان أكل الرز بك شرق اكتشفط انه مهار مندم مشاكل في النظر

Like other animals, humans sometimes have diets lacking in essential nutrients. A diet with insufficient amounts of one or more essential amino acids causes protein deficiency, the most common type of malnutrition among humans. In children, protein deficiency may arise if their diet shifts entirely from breast milk to foods that contain relatively little protein, awing acide of a such as rice. Such children, if they survive infancy, often have impaired physical and mental development. northing walnutrition

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آلغدة For example, deer and other her-كل المشكلة بسبب bivores can develop fragile bones if the plants they consume phosphorns a grew in phosphorus-deficient soil. الذي يخل في بناء العظام

النقص بي

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amino acids

المشلك (جمتح المشهر)

الحتاجم العلفل فحمرتلة

لنه

- Undernutrition results when a diet does not provide enough chemical energy
- An undernourished individual will
 - Use up stored fat and carbohydrates

Main

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- Break down its own proteins الأمطر
 - Lose muscle mass

Undernutrition avie

- Suffer protein deficiency of the brain
- Die or suffer irreversible damage

Inadequate nourishment in humans is most common when drought, war, or other crisis severely disrupts the food supply.

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Assessing Nutritional Needs

- Genetic defects that disrupt food uptake provide information about human nutrition
 - For example, hemochromatosis causes iron buildup without excessive iron intake
- Insights into human nutrition have come from epidemiology, the study of human health and disease in populations
- Neural tube defects were found to be the result of a deficiency in folic acid in pregnant mothers



Concept 41.2: The main stages of <u>food</u> <u>processing</u> are ingestion, digestion, absorption, and elimination تناول الطهام

Ingestion is the act of eating

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عوالۍ Suspension Feeders

 Many aquatic animals are suspension feeders, which sift small food particles from the water

The humpback whale, shown above, is one example. Attached to the whale's upper jaw are comblike plates called baleen, which remove small invertebrates and fish from enormous volumes of water and sometimes mud. Filter feeding in water is a type of suspension

وطغزائي Substrate Feeders

 Substrate feeders are animals that live in or on their food source

This leaf miner caterpillar, the larva of a moth, is eating through the soft tissue of an oak leaf, leaving a dark trail of feces in its wake.



Fluid Feeders [ei: mosquibo]

 Fluid feeders suck nutrient-rich fluid from a living host **This tsetse

fly has pierced the skin of its human host with hollow, needlelike mouthparts and is consuming a blood meal.



کبير Bulk Feeders في Bulk foodors

• Bulk feeders eat relatively large pieces of food

Their adaptations include tentacles, pincers, claws, venomous fangs, jaws, and teeth that kill their prey or tear off pieces of meat or vegetation. In this amazing scene, a rock python is beginning to ingest a gazelle it has captured and killed.

- Digestion is the process of breaking food down into molecules small enough to absorb
 Mechanical digestion, including <u>chewing</u>, increases the surface area of food
 Chemical digestion splits food into small molecules that can pass through membranes; these are used to build larger molecules
 - In chemical digestion, the process of <u>enzymatic</u>
 <u>hydrolysis</u> splits bonds in molecules with the addition of water

Absorption is uptake of nutrients by body cells
 التخلين
 Elimination is the passage of undigested
 شن
 material out of the digestive system

the animal's cells

take up (absorb) small molecules such as amino acids and

simple sugars

Digestive Compartments

- Most animals process food in specialized المستندر compartments
 - These compartments reduce the risk of an animal digesting its own cells and tissues

Intracellular Digestion

- In intracellular digestion, food particles are engulfed by phagocytosis
- Food vacuoles, containing food, fuse with lysosomes containing hydrolytic enzymes

Extracellular Digestion

- Invition des lists in club digestive system / if has gastrovascular cavity
 Extracellular digestion is the breakdown of food particles outside of cells
- It occurs in compartments that are continuous with the outside of the animal's body
- Animals with simple body plans have a gastrovascular cavity that functions in both digestion and distribution of nutrients





کملیتات More complex animals have a digestive tube with العابرا two openings, a mouth and an anus

- This digestive tube is called a complete digestive tract or an alimentary canal
- It can have specialized regions that carry out digestion and absorption in a stepwise fashion

