

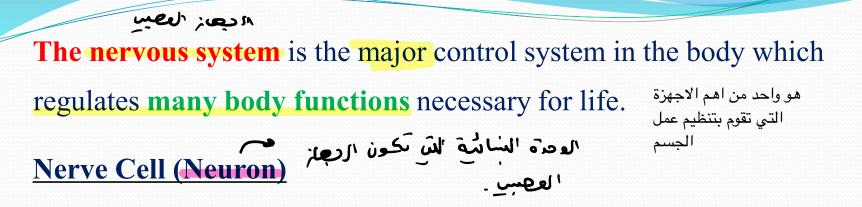
# PHYSIOLOGY

y in

# LEC NO. : <u>5</u> DONE BY : <u>Asia Al-wedyan</u>

وع رجاز الم

# **Autonomic Nervous System**



• It is the structural unit of nervous system.

	الجهاز التاني الي بيعمل Regulation for the body		
<u>Structure:</u>	هوه ال endocrine system		

It is formed of:

الفرق بين ال endocrine system و nervous system ، ان الجهاز العصبي بشتغل بسرعة عاليه جدا

a) Cell body (soma): controls the activity of the whole neuron.
 انقسام / خروج الطاقة
 b) Cell processes: 2 types axis and dendrites

The axon near its termination either joins: →

- Muscle  $\rightarrow$  **neuromuscular junction**.
- Gland→ neuroepithelial junction.
- Dendrites or soma of another neuron  $\rightarrow$  **neuro-neural**

junction.

كل اعضاء الجسم من غدد و عضلات و احشاء و غيره يتم تغذيتها عن طريق الجهاز العصبي

بعن ال axon فالله

soma of another

Dendrites or

muscle i sti ...

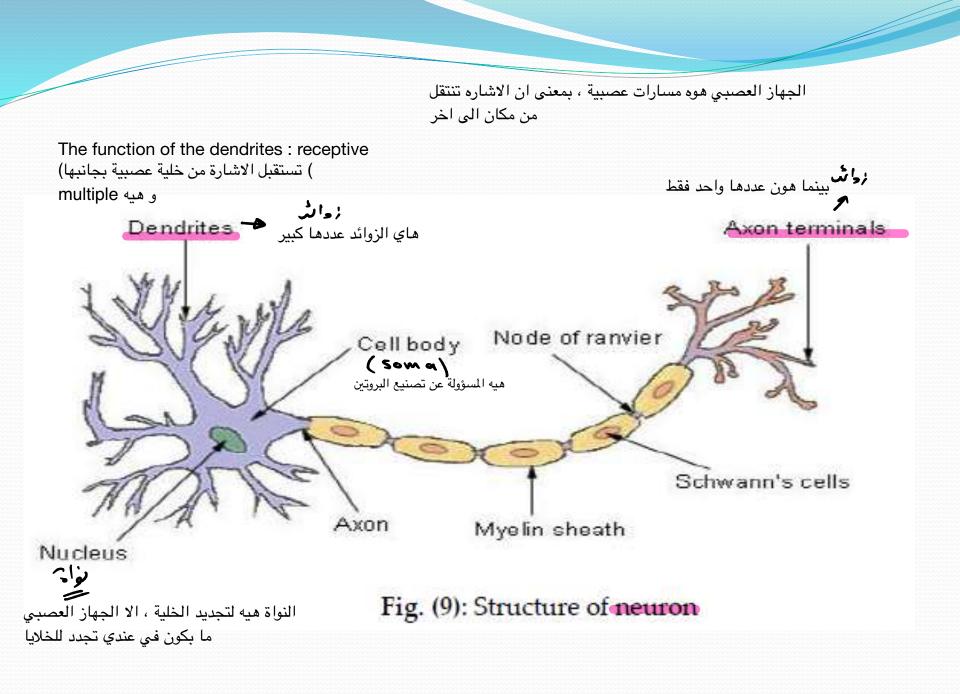
# c) Types

a. Afferent (sensory) neuron  $\rightarrow$  carries impulses from receptors

to CNS. الجهاز العصبي المركزي Control nervous system

b. Efferent (motor) neuron → carries impulses from CNS to effector organs. وينه و المسال المستحدة و المسال المستحدة و المستحدة و المستحدة و المستحدة و المستحدة المستحدة و المستحدة و المستحدة المستحدة المستحدة المستحدة و المستحدة و المستحدة المس

c. Interneuron (associative)  $\rightarrow$  located entirely within CNS.



### **Definition**

# **<u>Reflex Action</u>**

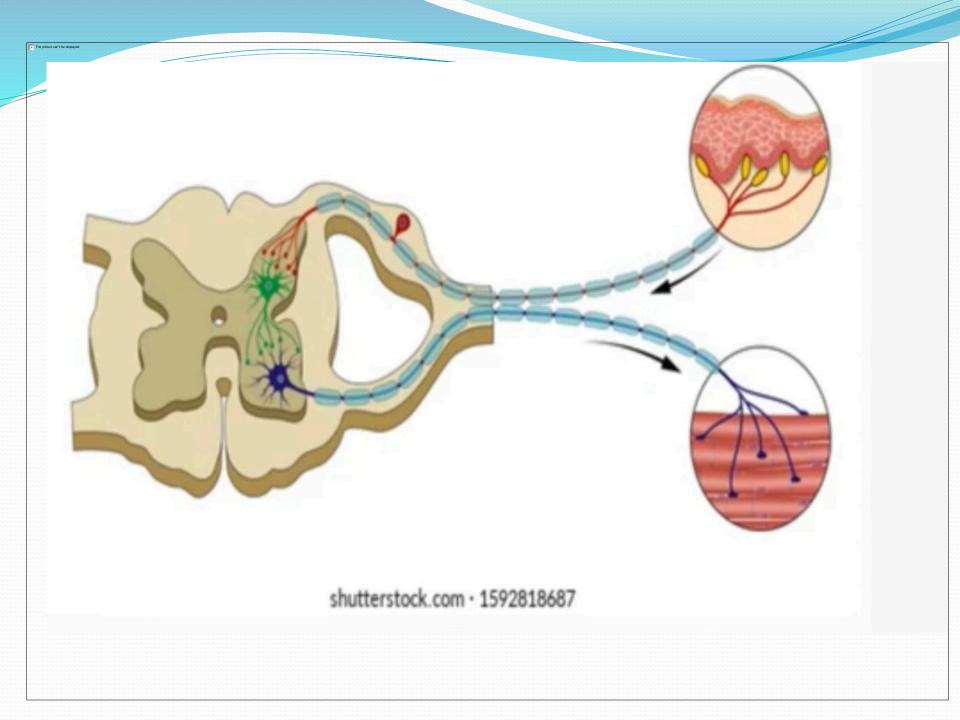
Involuntary response for a stimulus

فعل عاكس

• It is an involuntary reaction of the body to sensory stimulus

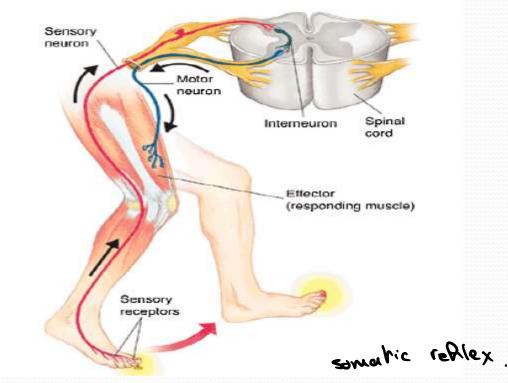
# Pathway (reflex arc):

- It is carried out through pathway called reflex arc which is considered the (functional or physiological unit) of the nervous
   له الوحدة الو چُلِيْعَنَى .
   System
- **Components of reflex arc are:**
- i- Receptors.
- ii- Afferent (sensory) neuron
- iii- Center (in CNS).
- iv. Efferent (motor) neuron
- v. Effectors (muscles or glands).



### **Types:**

- i) Somatic reflex; e.g. flexion withdrawal reflex.
- ii) Autonomic reflex; e.g. micturition reflex.



#### Reflex arc (flexion withdrawal reflex)

#### **Divisions of Nervous System**

The nervous system is divided into:

- i) Central nervous system (CNS). الجهاز العصبي المركزي
- ii) Peripheral nervous system (PNS). الجهاز العصبي الطرفي

# **Central Nervous System (CNS)**

# It is the part of the NS which is protected by bone (skull and vertebral column).

#### Parts:

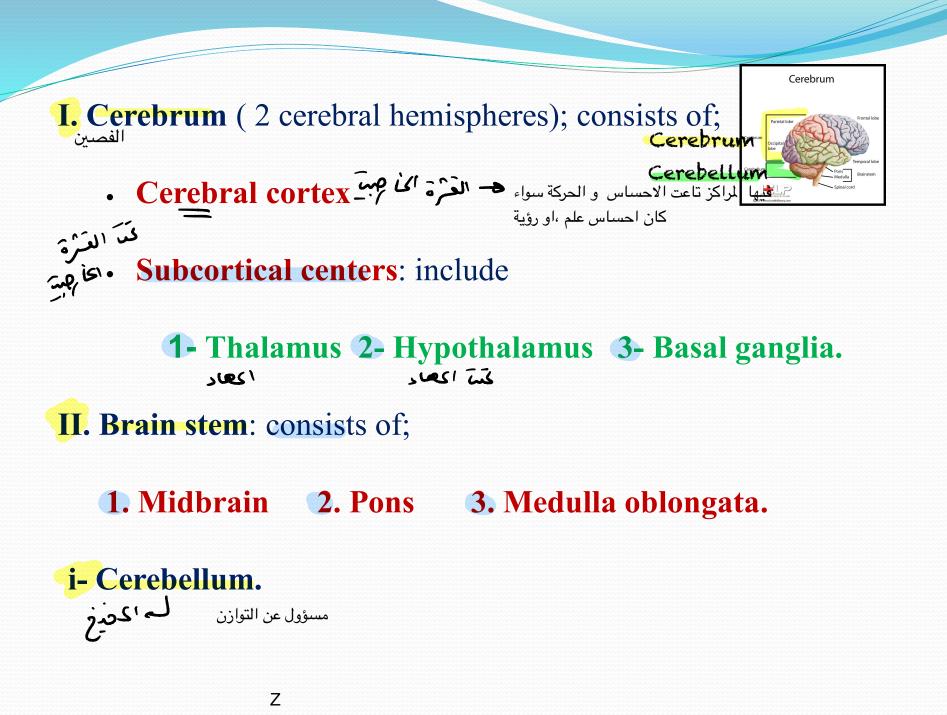
It consists of 2 parts;

# 1) Brain

- It is located in the skull
- It consists of 3 parts;

The central nervous system is very precious (مهم وغالي جدا) وهاد الاشي بسبب ان اي تلف بالجهاز العصبي المركزي لا يمكن تعويضه

مشان هيك ربنا حطه جوا اشي يحميه Brain is protect by the skull Spinal cord is protect by the vertebra column



# 2) Spinal cord:

# - It is located in the spine (vertebral column

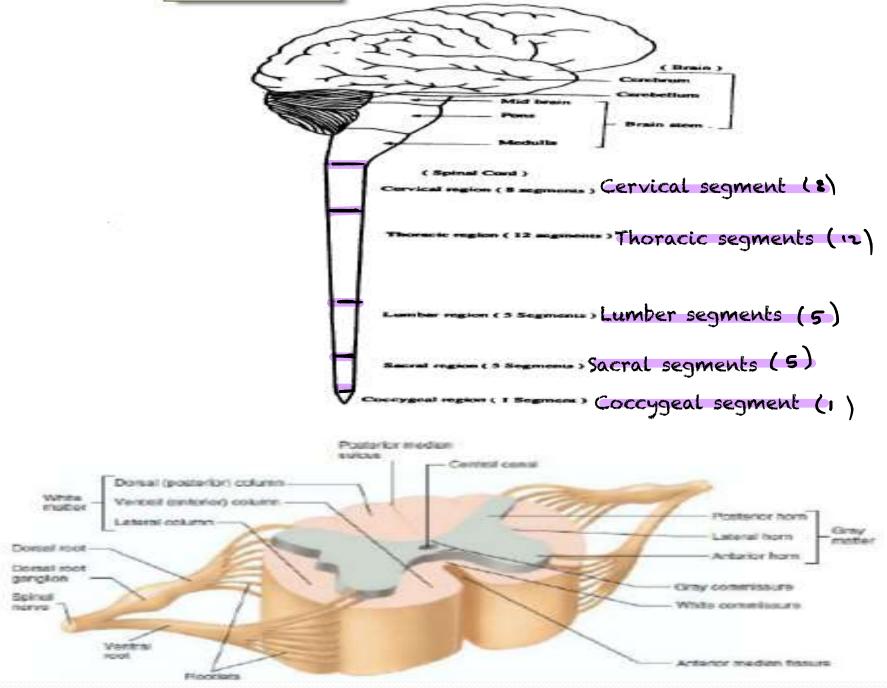
عند الرقبه ( عنقیة) It is subdivided into 31 segments; 8 cervical segments,12 -

```
thoracic segments, 5 lumbar segments, 5 sacral segments and
عند الحوض في قاع الضهر (اسفله)
one coccygeal segment.
```

```
    The spinal cord consists of 2 parts:

    myelin اليض لاتو فيها حواليها اليض

    (consists from lipid)
    (consists from lipid)
    Outer white matter: anterior, posterior and lateral column
    lipid layer(Myelin)
    Lateral horns
    Josterior column - Anterior horn
    Posterior column - Anterior horn
    Lateral horn
    Lateral horn
    Matter
    Ma
```



Structure of central nervous system and cross section of spinal cord

#### **Peripheral Nervous System (PNS)**

- It is the part of NS which communicate between the CNS and peripheral

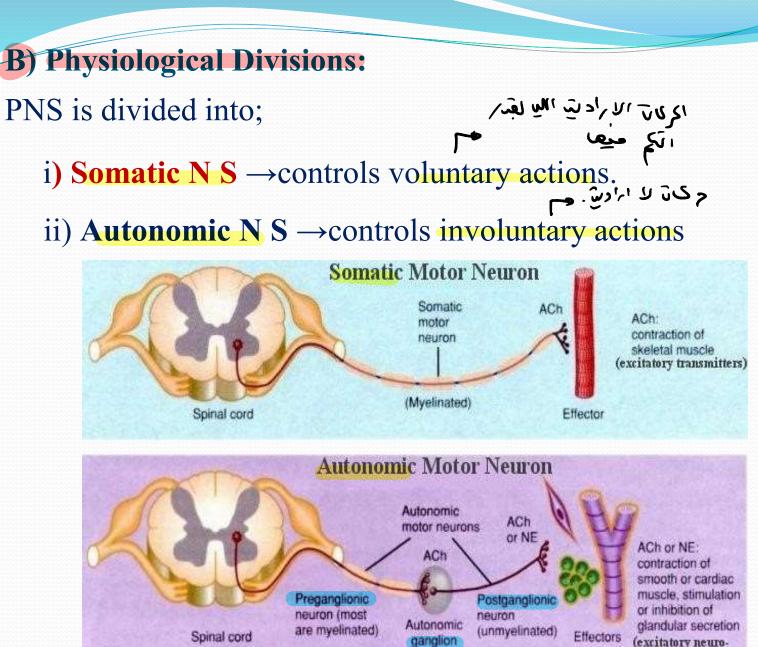


**Divisions:** 

# A) Anatomical divisions:

طالما الجهاز العصبي الطرفي بيوصل الجهاز العصبي المركزي بالاعصاب ، في عندي اعصاب من الدماغ و عددهم ١٢ واعصاب من الحبل الشوكي عددهم ٣١

- PNS is composed of 12 pairs of cranial nerves and 31 pairs of spinal nerves which contain: PNS.
- 1- Afferent (sensory) nerve fibers→ conduct impulses from surface or inside of body to CNS
- 2- Efferent (motor) nerve fibers → conduct impulses from CNS to various organs of the body (effectors).



#### Somatic and autonomic nervous systems

transmitter)

**Table 1:** Comparison between somatic and autonomic nervous systems

	Somatic N S	Autonomic N S	
<b>Control</b>	Voluntary functions	Involuntary functions	
<b>Connections</b>	← <u>←</u> With <u>ski</u> n, sk <u>elet</u> al	ت ملساء موجودة في معمو الامعاء في المعده With smooth الامعاء في المعده muscles, glands and	ىضىلات
	muscles, bones and joints.	card <u>iac m</u> yscle.	
<b>Center</b> (بنځ نځ)	Spinal cord $\rightarrow AHCs$ Anterior Anterior Brain stem $\rightarrow$ somatic	Spinal cord $\rightarrow$ LHCs horn $\qquad$ Lateral <b>Brain stem</b> $\rightarrow$	hori
	motor nuclei	visceral motor nuclei	

كل ما كان العصب سميك وكل ما كان محوط بال myeline كل ما كانت الاشاره بتمشى فيه بسرعه اكتر

#### Somatic N S

#### **Efferent** (motor) fibers

عندي عصب : Somatic واحد بطلع من النخاع الشوكي للعضلة دغرى

Autonomic: عندي عصبين عصب بطلع من النخاع الشوكي اسمو (preganglionc) بتصل مع العصب التاني الي سمو (postganglionic) عن طريق ال

(ganglion)

den<u>ervation</u> **Chemical** transmitters

#### One neuron.

- No ganglia i.e. not synapse outside CNS).
- **Thick myelinated** nerve fibers (type A)
- **Excitatory to** skeletal muscle i.e.

muscle contraction

Effects of Paralysis and atrophy معمور في العضلة نتيجة لعدم الاستعمال Acetvlcholine

### **Autonomic N S**

- Two neurons.
- Presence of ganglia (i. e. synapse outside CNS).
- Preganglionic is thin myelinated nerve fibers (type B)
- Postganglionic is non-myelinated **nerve fibers (type C)**
- Either excitatory or inhibitory to effector organs.

No paralysis (smooth muscles are خاصية في الجدار يكون بنقبض بدون العصب و غيره ( ما رح يتاثر)

- At preganglionic nerve endings: acetylcholine.
- At postganglionic nerve endings:

AHCs= anterior horn cells, LHCs= lateral horn cells.

#### **Autonomic Nervous System**

**Definition:** 

Partial nervous system

It is the part of the PNS which supplies and regulates the functions of internal organs i.e. viscera of the body.

هاى اكر نسبة برها ترجعها ها . على الحرام ( 16 - 18 ) لعد م .

#### **Divisions of ANS**

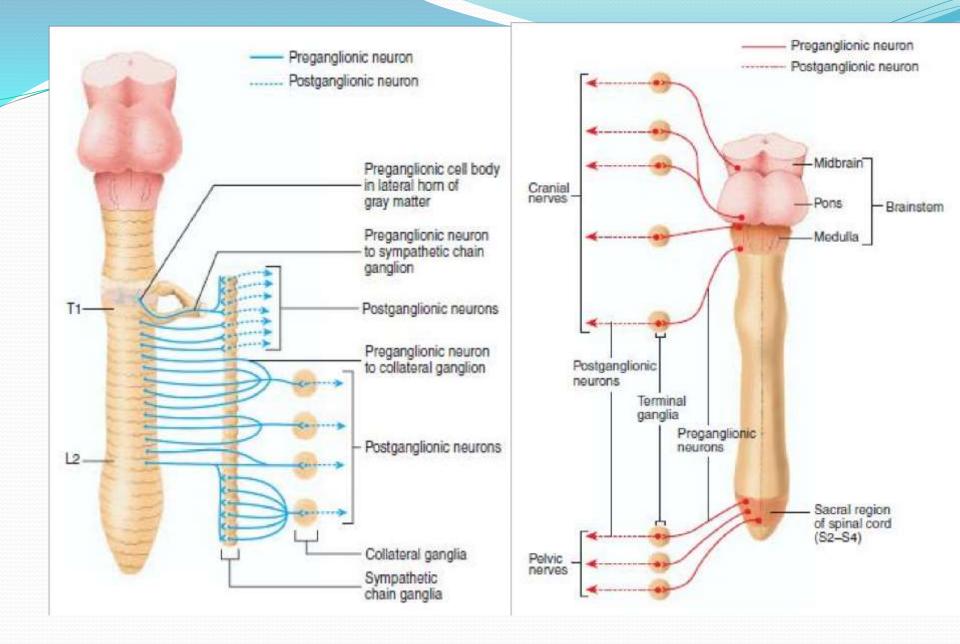
ANS is subdivided into 2 systems;

- i) Sympathetic (thoracolumbar) NS : originates from LHCs of all thoracic and upper 3 lumbar segments of the spinal cord
- **ii) Parasympathetic** (craniosacral) NS: **originates from 2 parts**;

A- Cranial part: arises from visceral motor of the following cranial nerves:

- 1. Oculomotor nerve in midbrain.
- 2. Facial nerve in pons.
- 3. Glossopharyngeal nerve in the medulla oblongata.
- 4. Vagus nerve in the medulla oblongata.

**B-Sacral part:** arises from 2nd, 3rd and 4th sacral segments of the spinal cord and forms pelvic nerve



sympathetic (a) and parasympathetic (b) division16 s of autonomic nervous system

<u>Autonomic Ganglia</u>

# Def,

 They are collection of cell bodies of neurons outside the central nervous system (CNS). داخل الجهاز العصبي المركزي بيعطيني(nucleus).

# **Functions:**

لكن لو تجمعت ال cell bodies <mark>خارج الجهاز العصبي المركزي بيعطيني (ganglia ) (</mark>

• Act as a **relay station** for **autonomic preganglionic** nerve fibers



# **Types:**

# a) Lateral (paravertebral) ganglia:

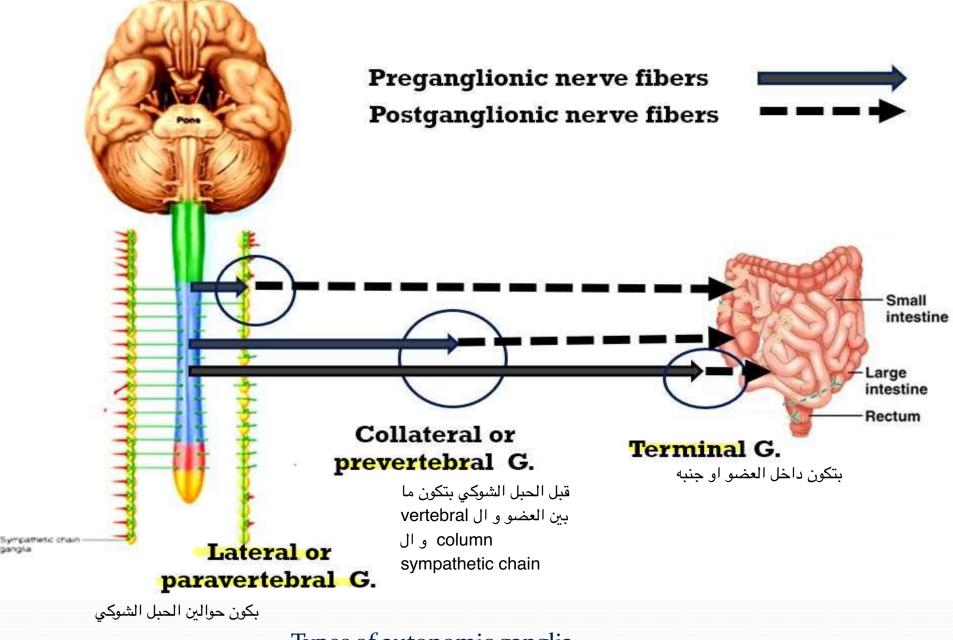
- Located on either side of the spinal cord.
- About 22-24 ganglia on each side.
- Form 2 rows of sympathetic chain of ganglia.
- Act as a relay station for preganglionic sympathetic nerve fibers only.

# **b)** Collateral (prevertebral) ganglia:

- Present mainly in the abdomen, midway between spinal cord and viscera.
- Act as a relay station for sympathetic preganglionic nerve fibers.

# c) Terminal ganglia:

- Present close to or at the wall the effector organs
   especially rectum; urinary bladder reproductive organs in
   the pelvis.
- Act as a relay station of:
  - All parasympathetic preganglionic fibers.
  - Some sympathetic preganglionic fibers.



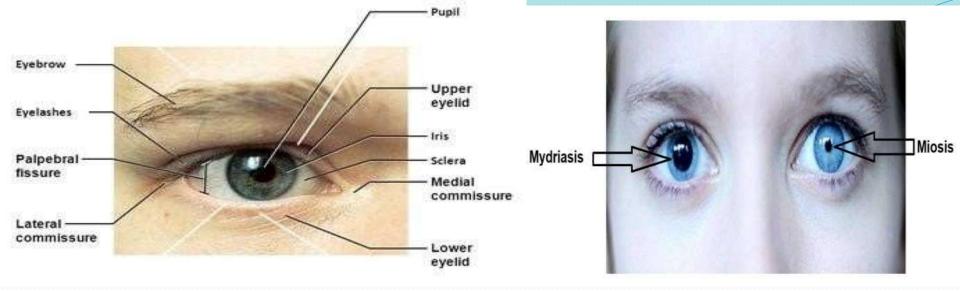
Types of autonomic ganglia

(I) Functions of Sympathetic NS

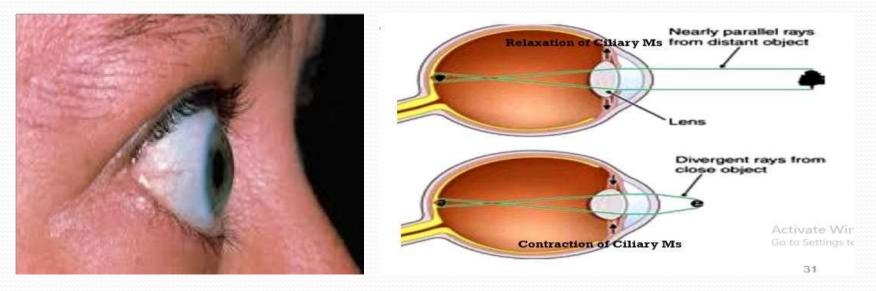
A) Sympathetic Supply to Head and Neck:

**Origin:** 

- LHCs of first and second thoracic segments
- **Functions:**
- 1) Eye:
  - a. Causes dilatation of pupil (mydriasis)
  - b. Causes widening of palpebral fissure.
  - c. Causes exophthalmos.
  - d. Helps the eye to see far objects



Palpebral fissure and dilatation of pupil (mydriasis) and constriction of pupil (miosis)



showing exophalamos and relaxation of ciliary ms to see far objects

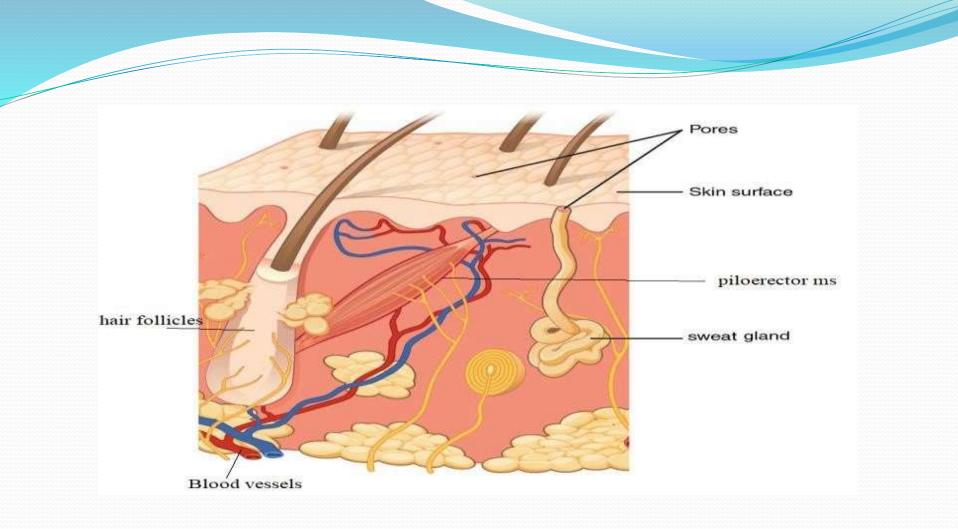
2) Salivary Glands:

a. Vasoconstriction (V.C.) of salivary gland blood vessels.

b. Trophic secretions: little, viscous, concentrated secretion;poor in water and rich in enzymes

3) Skin:

- I. V.C of skin blood vessels.
- **II.** Hair erection
- **III.** Sweat secretion.



Structure of skin

**B)** Sympathetic Supply to Thorax:

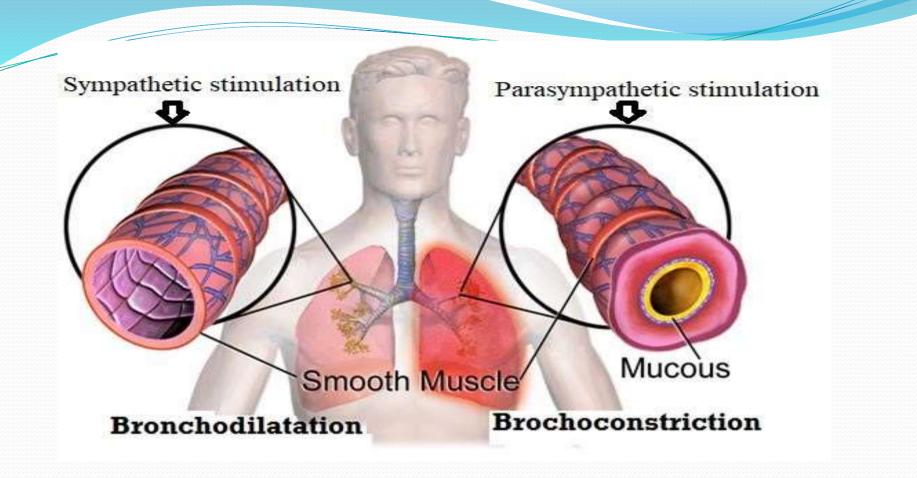
**Origin:** 

• LHCs of upper 4 or 5 thoracic segments of spinal cord.

**Functions:** 

1) Heart:

- I. It  $\uparrow$  es the heart rate and force of contraction
- II. vasodilatation of coronary vessels
- 2) Lungs:
  - I. Bronchodilatation.
  - **II.** Decreases mucus secretion of air passages.



#### Sympathetic stimulation to lungs and air passages

C) Sympathetic Supply to Abdomen:

#### **Origin:**

• LHCs of T6-12 segments of spinal cord (splanchnic nerves).

**Functions:** 

**1. GIT** 

Relaxation of their walls and contraction of their sphincters

#### 2. Gall bladder:

Relaxation of its wall and contraction of **sphincter of Oddi**  $\rightarrow$  retention of bile

#### 3. Spleen:

Contraction of **smooth muscles in splenic capsule and trabeculae**  $\rightarrow$  pouring of about 250 ml of stored blood into the general circulation.

#### 4. Pancreas:

• It inhibits both endocrine and exocrine pancreatic secretion.

# 5. Kidneys:

- It decreases renal blood flow.
- It decreases urine output.
- 6. Suprarenal medulla
- It releases large quantities of adrenaline (80%) and noradrenalin
   (20%) into the circulating blood.
- In stress conditions, SRM acts together with sympathetic nervous system (sympatho-adrenal system).

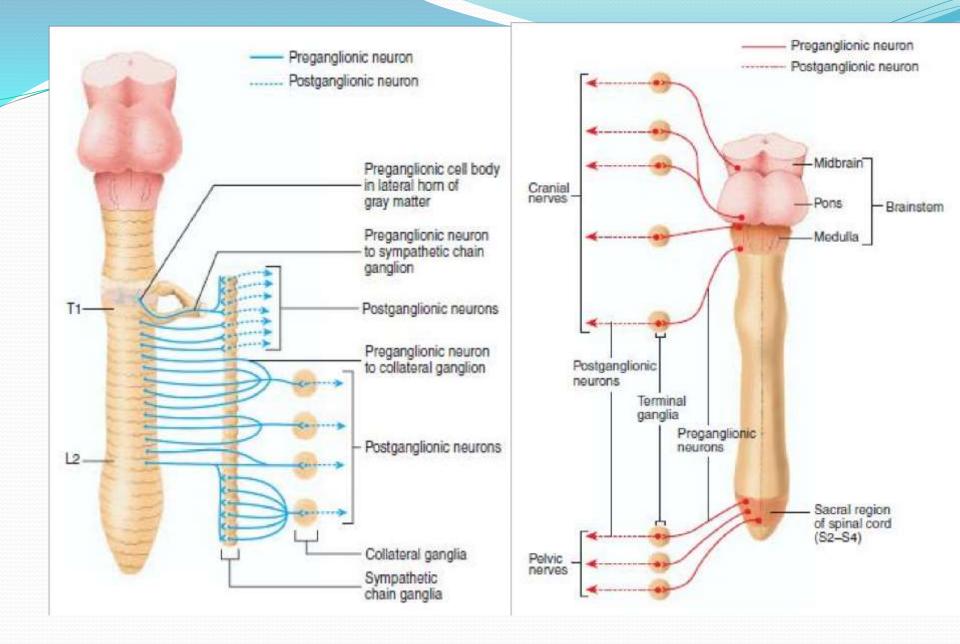
D) Sympathetic Supply to Pelvis:

#### **Origin:**

• LHCs of L1, L2, and L3 segments of spinal cord.

**Functions:** 

- 1. Urinary bladder: causes relaxation of its wall and contraction of internal urethral sphincter  $\rightarrow$  retention of urine.
- 2. Rectum: causes relaxation of its wall and contraction of internal anal sphincter  $\rightarrow$  retention of faces.
- 3. Sex organs
  - I. It causes contraction of smooth muscle of seminal vesicle, vas deferens and ejaculatory duct  $\rightarrow$  ejaculation of semen.
  - II. It causes VC of blood vessels of pelvic viscera  $\rightarrow$  shrinkage of external sex organs e.g. penis.



sympathetic (a) and parasympathetic (b) division16 s of autonomic nervous system

(II) Functions of Parasympathetic NS

A) Cranial part

- 1) Oculomotor nerve:
- **Origin:**
- From midbrain.

# **Functions:**

- a. Causes contraction of constrictor pupilae muscle → **narrowing of pupil (miosis)**
- b. Causes contraction of ciliary muscle → helps eyes to see near objects

# 2) Facial Nerve

- **Origin:**
- From Pons

# **Functions:**

- Lacrimal glands: i) Vasodilatation. ii) Secretion of tears.
- 2. Submandibular and sublingual salivary glands:
- I. Vasodilatation.
- **n**. True salivary secretion (large in volume, watery, rich in electrolyte and poor in enzymes).

3) Glossopharyngeal Nerve:

# **Origin:**

- From medulla oblongata.
- **Functions:**
- 1. Parotid salivary gland
  - i) Vasodilatation. ii) True salivary secretion.
- A) Vagus (wandering) Nerve:
- **Origin:** 
  - From the medulla oblongata.
- **Functions:**
- A) Thorax:
- a) Heart:
  - I. It decreases the heart rate, and force of contraction
  - II. vasoconstriction of coronary vessels



- I. Causes bronchoconstriction.
- **II.** Increases the mucus secretion of the air passages.
- **B)** Abdomen:
  - a) GIT
  - It causes contraction of their walls and relaxation of their sphincters.
  - b) Glands
- Gastric glands  $\rightarrow \uparrow$  es gastric juice secretion (rich in HCL).
- Pancreas: stimulates both endocrine and exocrine components

### c) Liver:

• It increases hepatic bile flow.

### d) Gall bladder:

• Contraction of its wall and relaxation of sphincter of Oddi  $\rightarrow$  helps its evacuation.

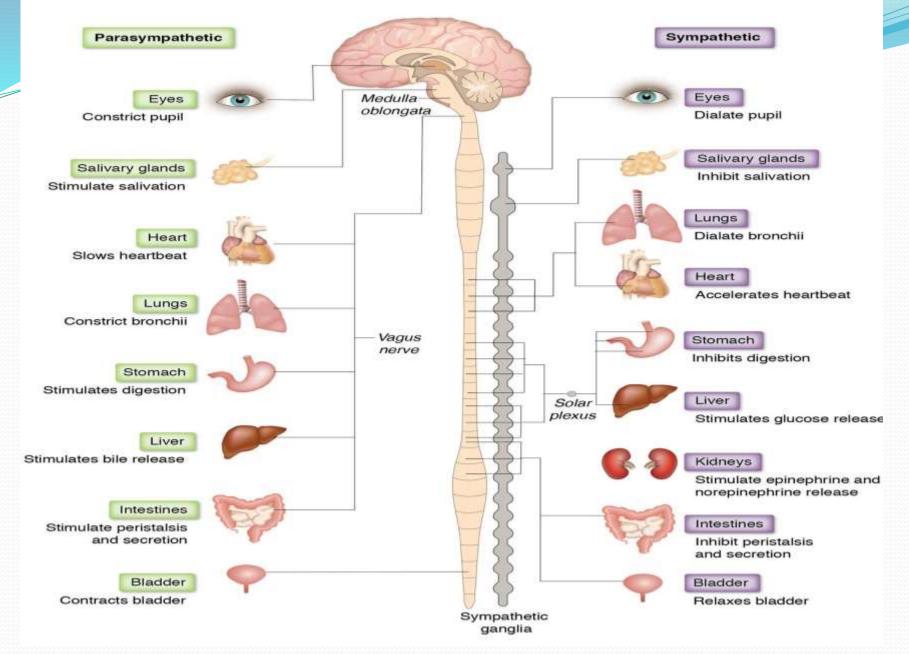
- e) Blood vessels:
- Vasodilatation.

### **B) Sacral part or outflow: (Pelvic Nerve) Origin:**

• Sacral segments (2nd, 3rd, 4th) of spinal cord.

**Functions:** 

- 1) Urinary bladder
- It causes contraction of its wall and relaxation of internal urethral sphincter → micturition.
- 2) Rectum
- It causes contraction of its wall and relaxation of internal anal sphincter → defecation.
- 3) Sex organs
- It causes VC of blood vessels of pelvic viscera → erection of the external sex organs e.g. penis



Summary of the functions of sympathetic and parasympathetic N.S.

**Chemical Transmission** 

### **Definition**

Synapse is the functional connection between a neuron and second neuron

### **Types of Synapses:**

- Two main types of chemical transmitters released by autonomic nerve endings:
  - I. Acetylcholine
  - n. Noradrenaline

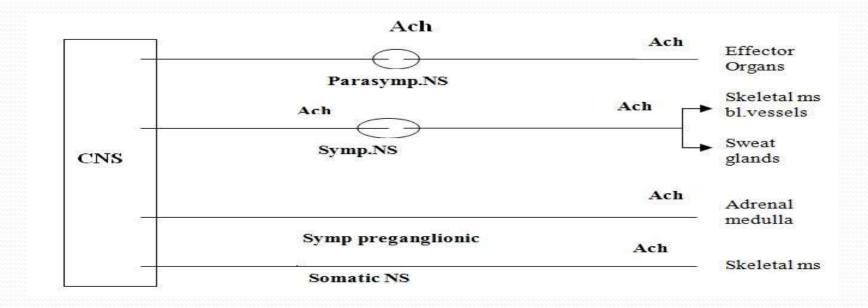
Accordingly, there are two types of autonomic nerve fibers,

- 1. Cholinergic nerve fibers: secrete acetylcholine.
- 2. Adrenergic nerve fibers: secrete noradrenalin.

### **Cholinergic Transmission**

### A) Sites of release of Acetylcholine

- 1. All **preganglionic** sympathetic and parasympathetic NS nerve endings.
- 2. Preganglionic sympathetic nerve fibers to suprarenal medulla.
- 3. All postganglionic parasympathetic nerve ending.
- 4. **Somatic motor nerve ending** to skeletal muscle (motor end plate).
- 5. Some synapses at CNS (brain and spinal cord).



sites of release of acetylcholine

### **Cholinergic Receptors**

### **Definition**

They are the receptors which respond to Ach.

**Types:** 

Muscarinic and nicotinic receptors of acetylcholine

	i)Muscarinic receptors	ii) Nicotinic receptors
Site	Present on smooth	Present in autonomic ganglia and
	muscles and glands	neuromuscular junction
Types	M1, M2, M3, M4 and	Nn (nicotinic neuronal) and Nm
	M5	(nicotinic muscular)

	Muscarinic receptors (M-receptor)	Nicotinic receptors (N-receptor)
Locations	smooth muscle, gland and cardiac muscle •M smooth muscle、 gland •M1 ganglia、 gland •M2 heart	skeletal muscle motor ending-plate (N2 N2), ganglia-postsynaptic membrane(N1),
Effect	inhibiting the cardiac muscle, exciting the smooth muscle & gland	N2:exciting skeletal muscle , N1 exciting the postsynaptic neuron in ganglia
Antagonist	Atropine	N1:hexamethonium N2:decamethonium servingnature

**Adrenergic Transmission** 

• Noradrenaline and adrenaline are called catecholamines and released from

**Sites of release of catecholamines:** 

- **1. Postganglionic sympathetic fibers**
- 2. Some synapses in CNS.
- Suprarenal medulla: adrenaline (80%) and noradrenaline (20%).

### **Adrenergic Receptors**

**Definition:** are the receptors which respond noradrenaline and adrenaline.

**Types :** 

They are classified into 2 major types:

i) α (Alpha) adrenergic receptors (mostly excitatory)

They include many subtypes;

- α 1 receptors
- · α 2 receptors

ii) β (beta) adrenergic receptors (mostly inhibitory)
They are further subdivided into:
β1, β2, β3, β 4, β 5 receptors

Receptor	Major Effector Tissues	Major Functions	
Alpha <sub>1</sub>	SM, sphincters	Contraction (constriction),	
Alpha <sub>2</sub>	Nerve endings	↓ Transmitter release	
Beta <sub>1</sub>	Cardiac muscle, Kidney	↑Heart rate and force, ↑Renin secretion	
Beta <sub>2</sub>	SM including bronchi Liver Skeletal muscle	Relax SM ↑ Gluconeogenesis, glycogenolysis ↑ Glycogenolysis and K+ uptake	
Beta <sub>3</sub>	Adipose	↑ Lipolysis	
DA <sub>1</sub>	SM especially renal, mesenteric and cardiac	Relax renal vascular SM (higher doses activates $\beta$ 1 and $\alpha$ 1 receptors)	

# Which is the number of spinal cord segments?

- 20 (a
- <u>31</u> (b
- 12 <mark>(</mark>C
- 40 (d
- 15 **(**e

### Enumerate types of neurons

Answer

- a. Afferent (sensory) neuron $\rightarrow$  carries impulses from receptors to CNS.
- b. Efferent (motor) neuron $\rightarrow$  carries impulses from CNS to effector organs.
- c. Interneuron (associative)  $\rightarrow$  located entirely within CNS.

Define autonomic ganglia and mention its function • and types

### Answer

### <u>Def</u>,

• They are collection of cell bodies of neurons outside the central nervous system (CNS).

### **Functions:**

• Act as a **relay station** for **autonomic preganglionic** nerve fibers

### Types of ganglia

- a) Lateral (paravertebral) ganglia:
- Located on either side of the spinal cord.
- About 22-24 ganglia on each side.
- Form 2 rows of sympathetic chain of ganglia.
- Act as a relay station for preganglionic sympathetic nerve fibers only.
- b) Collateral (prevertebral) ganglia:
- Present mainly in the abdomen, midway between spinal cord and viscera.

Act as a relay station for sympathetic preganglionic nerve fibers.

c) Terminal ganglia:

- Present close to or at the wall the effector organs especially rectum; urinary bladder reproductive organs in the pelvis.
- Act as a relay station of:
  - All parasympathetic preganglionic fibers.
  - Some sympathetic preganglionic fibers.

## Which is a function of sympathetic nervous system to head and neck?

- Decreased sweat secretion (a
- Vasodilatation of skin blood vessels (b
  - Watery salivary secretion (c
  - Mydriasis(dilatation of eye pupil) (d
    - Ptosis of eye lid (e

### Which is a function of sympathetic to thorax?

- Vasoilatation of pulmonary vessels (a
  - Bronchoconstriction (b
- Increased effectiveness of the heart as a pump (c
  - Increased bronchial secretion (d
  - Vasoconstriction of coronary vessels (e

## Which is a function of sympathetic supply to abdomen?

<u>a-Relaxation of Gastrointestinal walls and contraction of the</u> <u>sphincters</u>

**b**-↑es gastric juice secretion (rich in HCL).

c-stimulates both endocrine and exocrine componentsof pancreatic secretions .

d-It increases hepatic bile flow.

E- Contraction of wall of gall bladder and relaxation of sphincter

of Oddi  $\rightarrow$  helps its evacuation.

## Mention function of sympathetic supply to pelvis and kidneys

#### <u>To pelvis</u>

**Origin:** 

• LHCs of L1, L2, and L3 segments of spinal cord.

**Functions:** 

- 1. Urinary bladder: causes relaxation of its wall and contraction of internal urethral sphincter  $\rightarrow$  retention of urine.
- 2. **Rectum:** causes relaxation of its wall and contraction of internal anal sphincter  $\rightarrow$  retention of faces.
- 3. Sex organs
  - I. It causes contraction of smooth muscle of seminal vesicle, vas deferens and ejaculatory duct  $\rightarrow$  ejaculation of semen.
  - II. It causes VC of blood vessels of pelvic viscera  $\rightarrow$  shrinkage of external sex organs e.g. penis.

#### <u>To kidneys</u>

- It decreases renal blood flow.
- It decreases urine output

Mention origin and parasympathetic functions of facial nerve

#### Answer

**Facial Nerve** 

### **Origin:**

• From Pons

### **Functions:**

- 1. Lacrimal glands: i) Vasodilatation. ii) Secretion of tears.
- 2. Submandibular and sublingual salivary glands:
- I. Vasodilatation.
- II. True salivary secretion (large in volume, watery, rich in electrolyte and poor in enzymes).

Which is the parasympathetic nerve which (a supply the thoracic and abdominal organs?

- Glossopharyngeal (a
  - <u>Vagus</u> (b
  - Oculomotor (c
    - Pelvic (d
    - Sciatic (e

## Mention functions of parasympathetic nervous system to abdomen

**Answer:Abdomen:** 

a) GIT

• It causes contraction of their walls and relaxation of their sphincters.

b) Glands

• Gastric glands  $\rightarrow \uparrow$  es gastric juice secretion (rich in HCL).

Pancreas: stimulates both endocrine and exocrine components pancreatic secretions . c) Liver:

- It increases hepatic bile flow.
- d) Gall bladder:
- Contraction of its wall and relaxation of sphincter of Oddi → helps its evacuation.
- e) Blood vessels:
- Vasodilatation.

Which is the autonomic parasympathetic receptors present in smooth muscles and glands?

- Adrenergic B1 receptors (a
- Cholinergic nicotinic receptors (b
  - Adrenergic alpha 1 receptors (c
    - Adrenergic B2 receptors (d
- Cholinergic muscarinic receptors (e

Which is the autonomic receptors which its stimulation leads to increased heart rate and force?

- Adrenergic B2 (a
- Adrenergic alpha<sub>2</sub> (b
- Cholinergic nicotinic (c
  - Adrenergic B1 (d
  - Cholinergic Alpha 1 (e

### Which is the autonomic receptors which its stimulation leads to contraction of sphincters?

- Cholinergic muscarinic (a
  - Adrenergic Alpha 1 (b
  - Adrenergic alpha2 (c
  - Cholinergic nicotinic (d
    - Adrenergic B2 (e

## Thank

## You