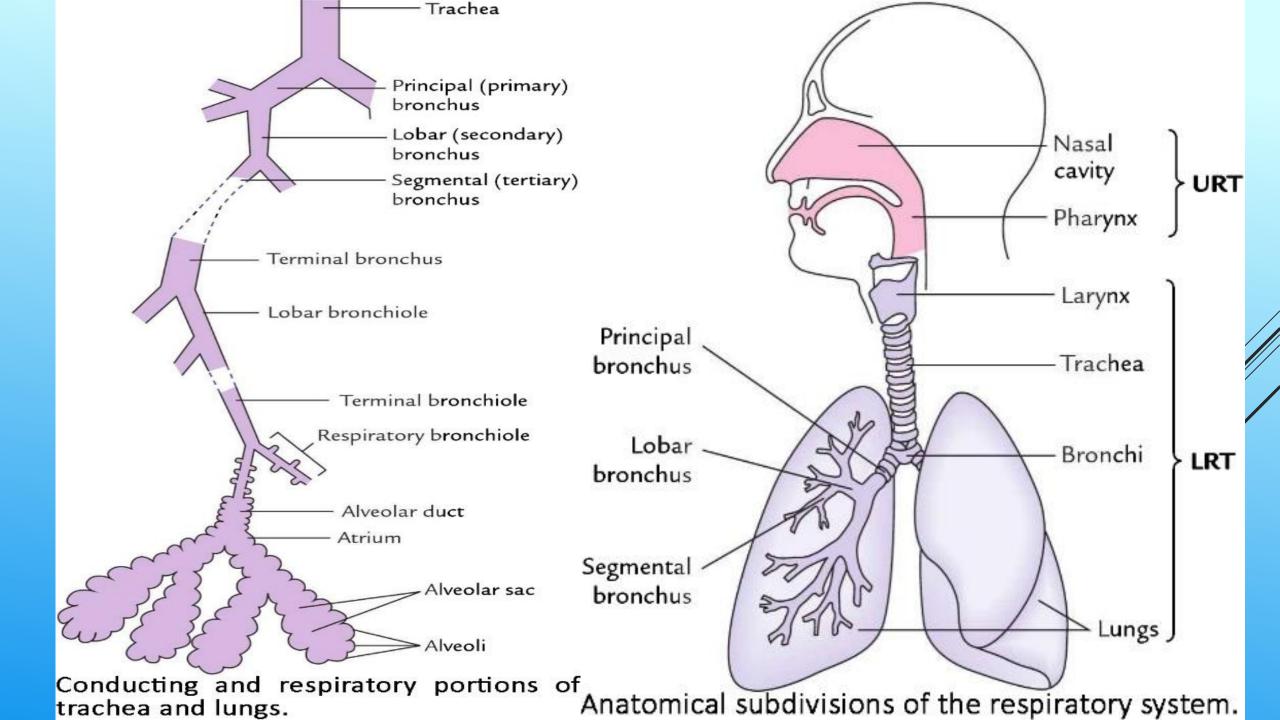
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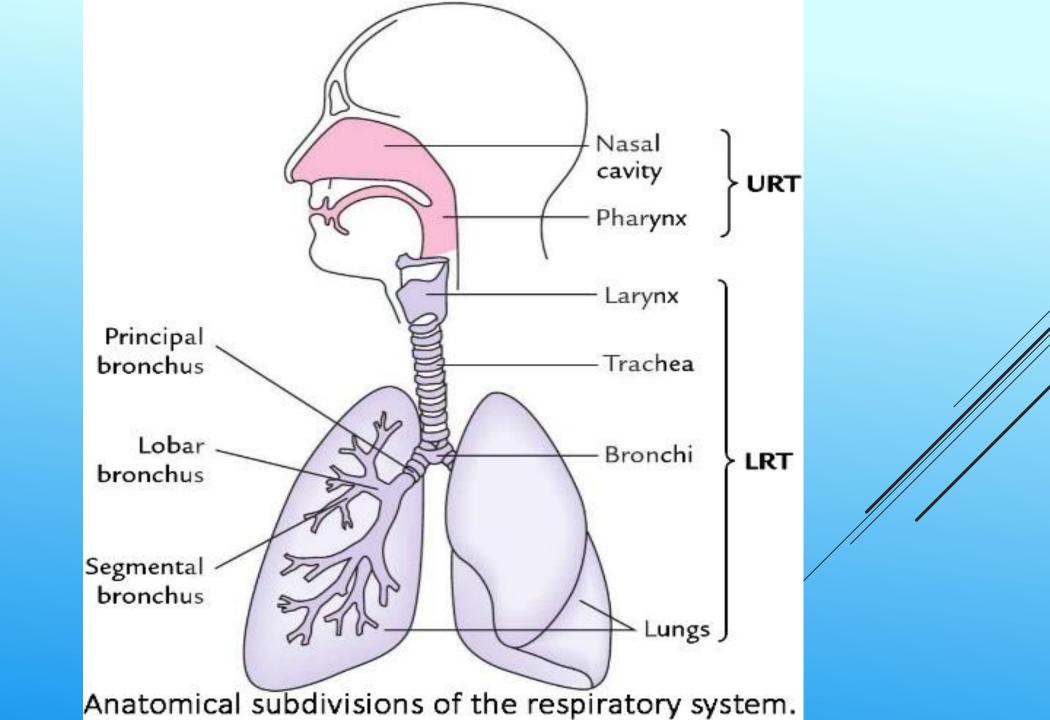
By Dr Ahmed Amer

Definition: The respiratory system is concerned with breathing, which is the process of inhalation and exhalation of air during respiration.

Components of Respiratory System

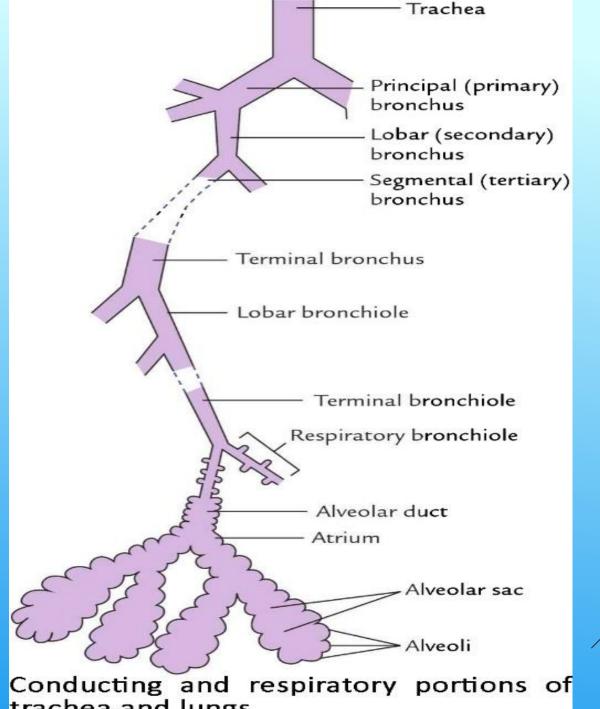


- ☐ Anatomically, respiratory system is broadly divided into the following two parts:
- 1. Upper respiratory tract (URT): It comprises:
 - a) Nasal cavities
 - b) Pharynx and associated structures
- 2. Lower respiratory tract (LRT): It comprises:
 - a) Larynx
 - b) Trachea
 - c) Bronchi
 - d) Lungs



- ☐ Functionally, however, the respiratory system is divided into the following two portions:
- 1. Upper conducting portion
- 2. Lower respiratory portion
- The conducting portion of respiratory system comprises:
- 1. Nasal cavities
- 2. Pharynx
- 3. Larynx
- 4. Trachea
- 5. Bronchi
- 6. Bronchioles
- 7. Terminal bronchioles

- The respiratory portion of respiratory system comprises:
- 1. Respiratory bronchioles
- 2. Alveolar ducts
- 3. Alveolar sacs
- 4. Alveoli



trachea and lungs.

Function:

- ☐ The main functions of the conducting portions of the respiratory system are as follows:
- 1. Provide a conduit through which air can travel to and from the lungs.
- 2. Condition the inspired air, i.e. filters, warms and moistens the air while it is passing through it.
- 3. Vocalization
- ☐ The main function of respiratory portion of respiratory system is:

exchange of gases (oxygen and carbon dioxide) between air and blood, i.e. the air is absorbed and carbon dioxide is eliminated.

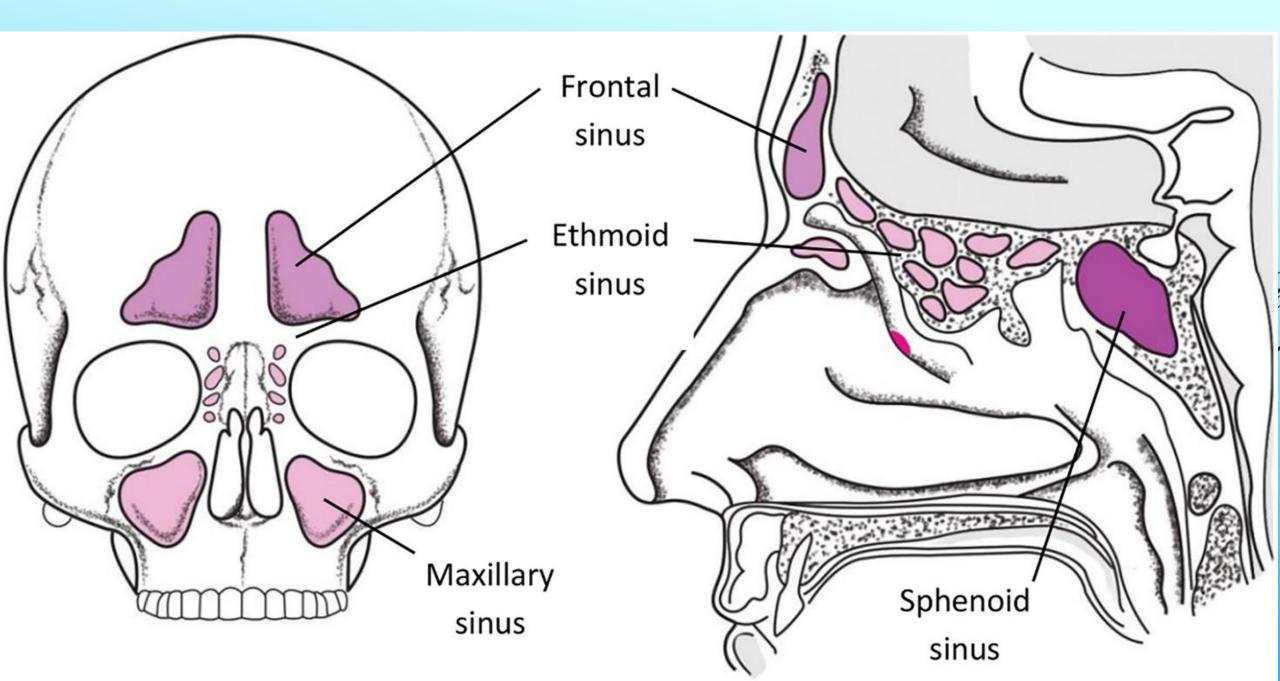
Paranasal air sinuses

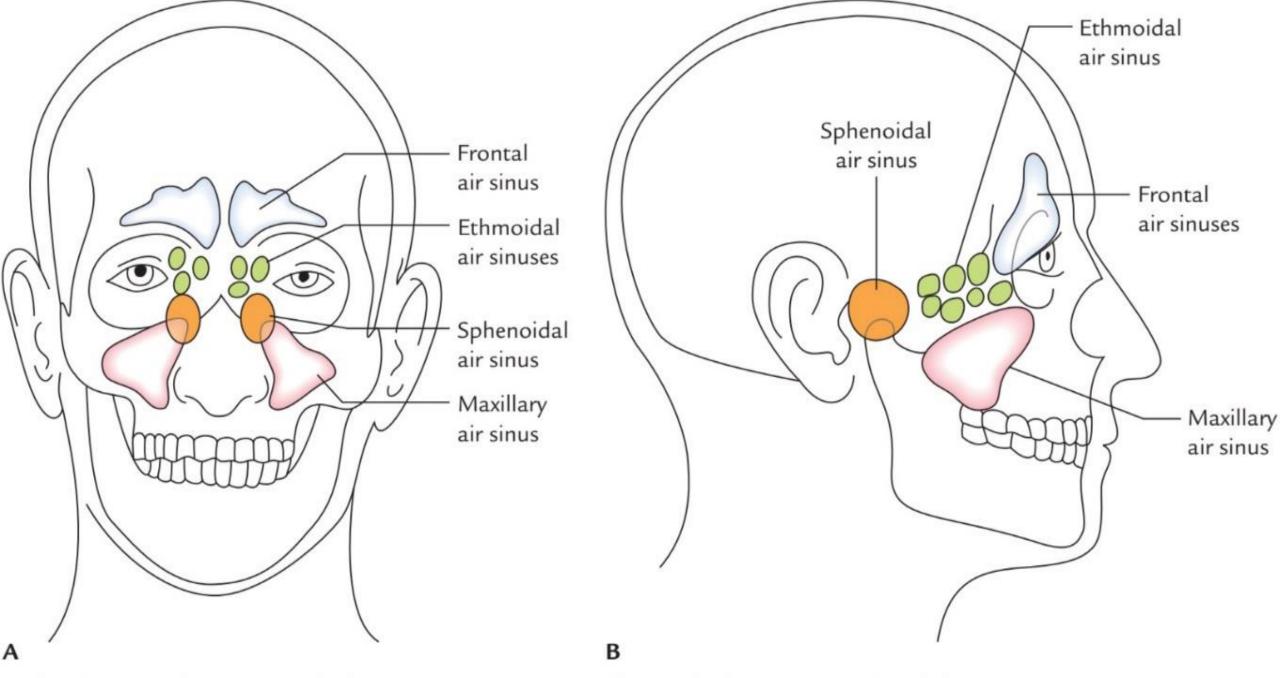
The paranasal sinuses are the frontal, ethmoidal, sphenoidal and maxillary sinuses, housed within the bones of the same name.

They all open into the lateral wall of the nasal cavity by small apertures.

Functions:

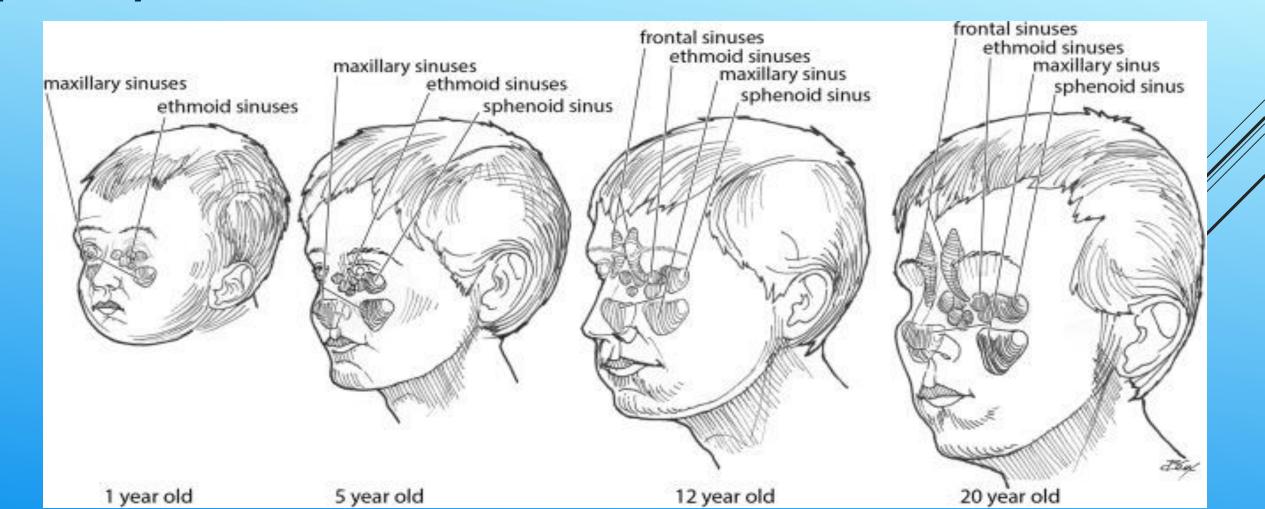
- 1. Add some resonance to the voice
- 2. Allow the enlargement of local areas of the skull without increase in bony mass.
- 3. Warming of air





Positions of paranasal air sinuses on the surface: A, front view; B, side view.

Most sinuses are rudimentary or absent at birth, but enlarge during the eruption of the permanent teeth and after puberty.



The maxillary sinus

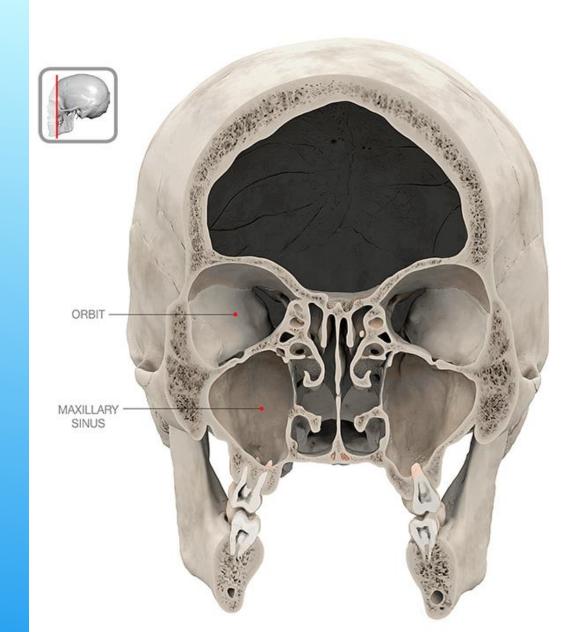
The largest of the paranasal sinuses.

Fills the body of the maxilla and is pyramidal in shape.

The base is medial and the apex is pointing toward the zygomatic process of maxilla.

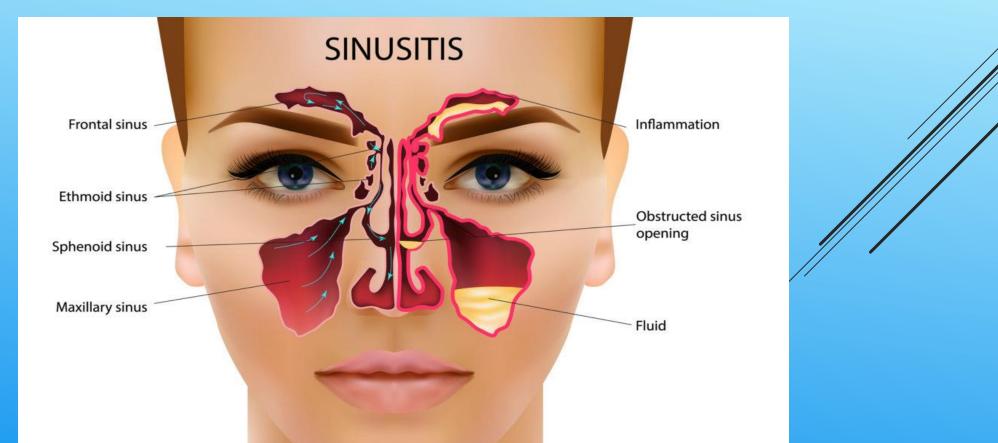
Related to the roots of the teeth, especially the second premolar and first molar.

PARANASAL SINUSES



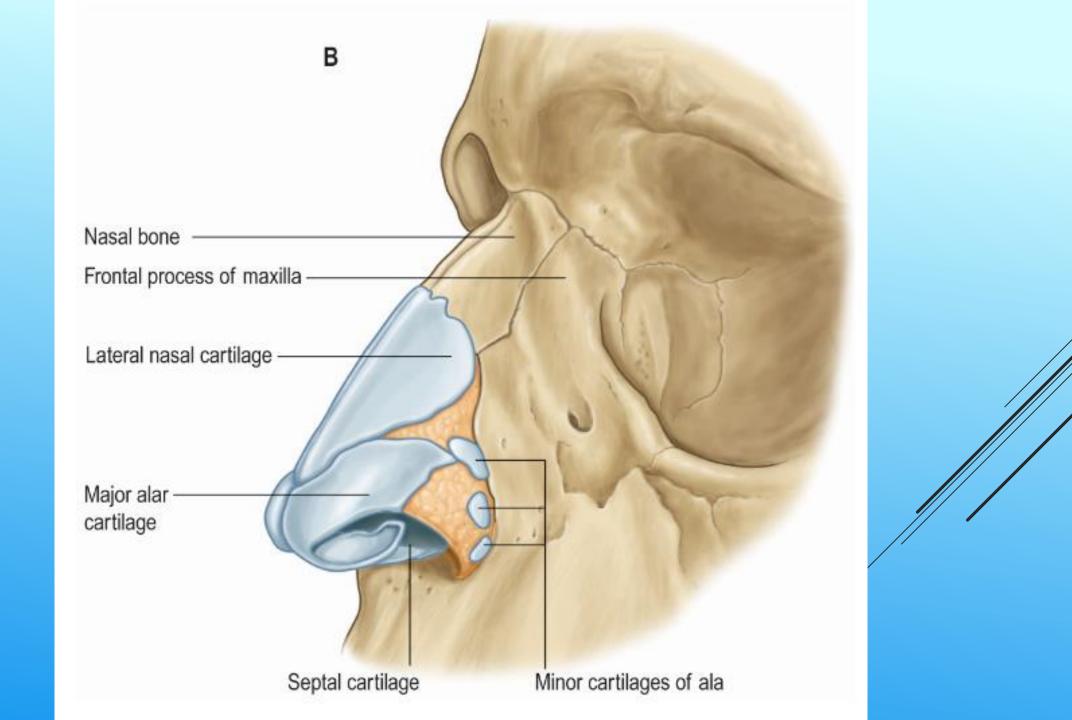
The maxillary sinus

is the most susceptible to infections because of its close anatomical relation to the upper premolars and molars and the frontal and ant. Ethmoidal sinuses.



The nose

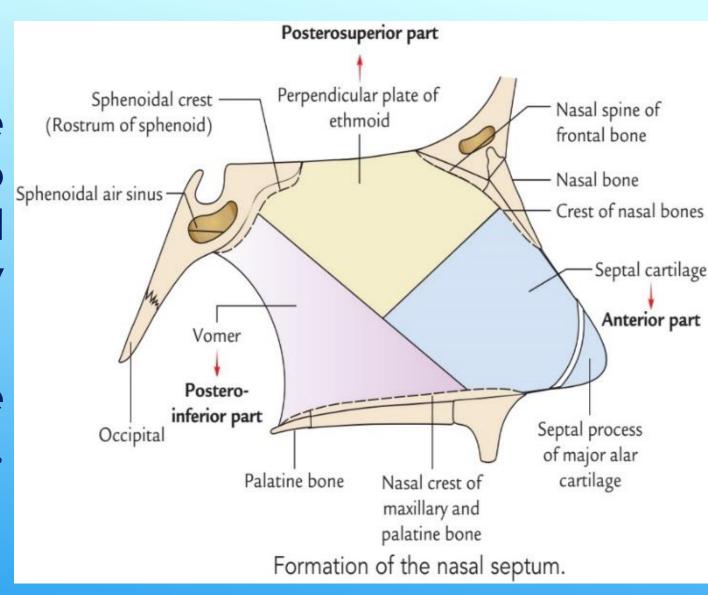
- The nose is the first part of the upper respiratory tract and is responsible for warming, humidifying and filtering inspired air
- The nose is divided into external nose and nasal cavity (internal chamber).
- A. External nose opens anteriorly at the ant. Nasal aperfures (or nostrils), and consists of:
- Bony skeleton formed by nasal bones and maxilla cartilaginous framework



DIGESTIVE TRACT

B. The nasal cavity of the nose is divided into two cavities that are separated into Rt and Lt cavities by the nasal septum.

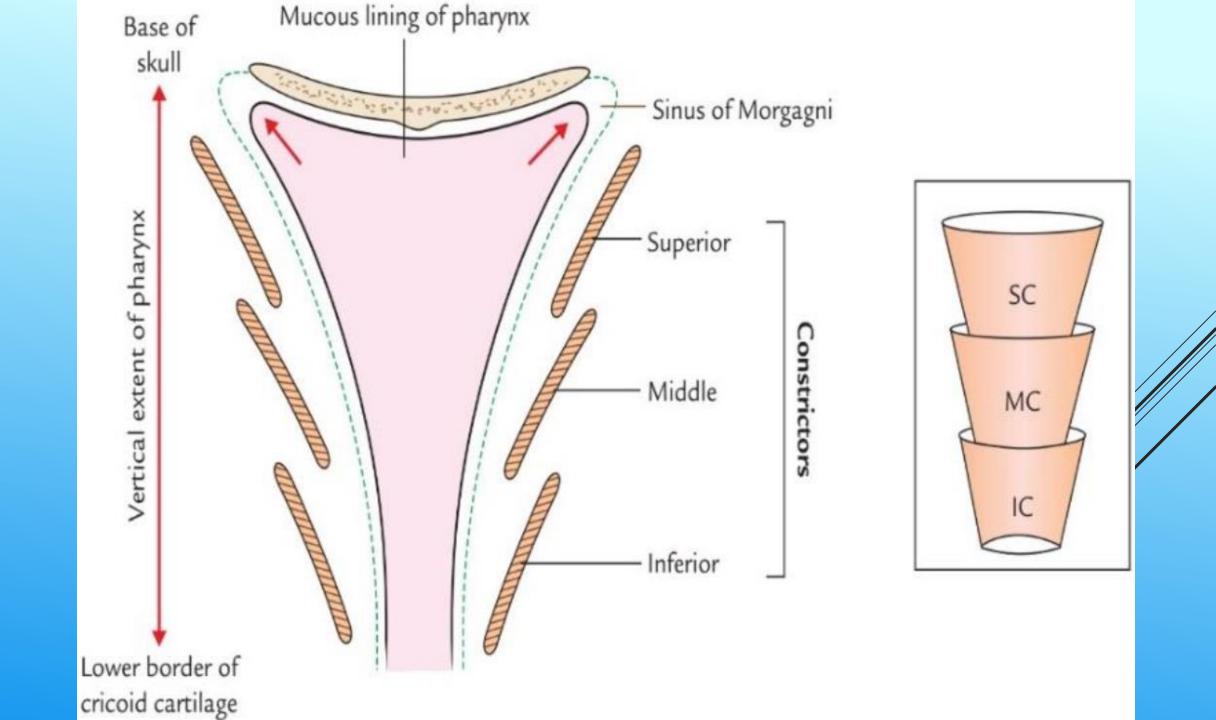
Opens posteriorly into the nasopharynx by the post. Nasal apertures

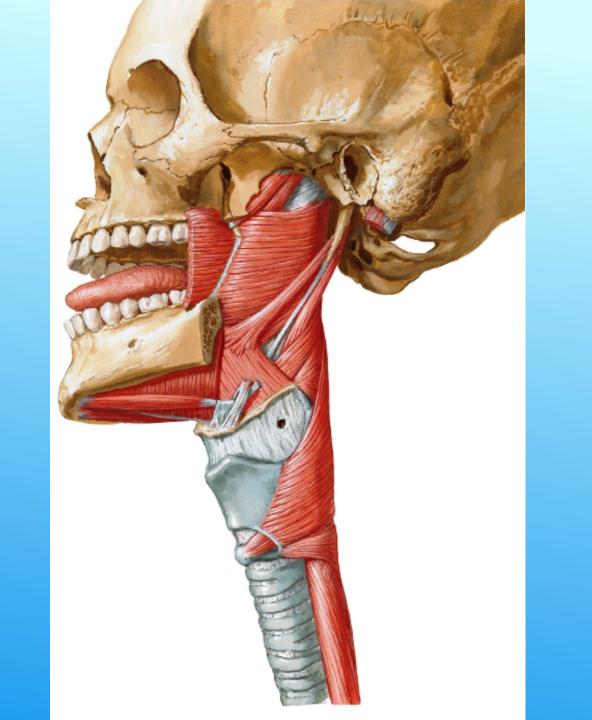


DIGESTIVE TRACT

Pharynx

- □Definition: it is a muscular tube Extending from base of skull to the lower border of C6 vertebra.
- □Size & shape: 5 inches long & funnel shaped.
- □The wall of the pharynx has:
 - Three circular muscles (superior, middle and inferior constrictors)
 - > Three longitudinal muscles (stylopharyngeus, palatopharyngeus, and salpingopharyngeus muscles).
- □The main function of the pharynx: It receives bolus of food from oral cavity and directs it to the esophagus.





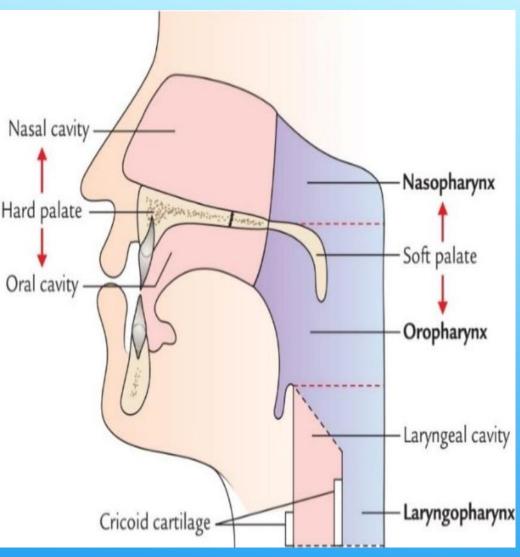
DIGESTIVE TRACT

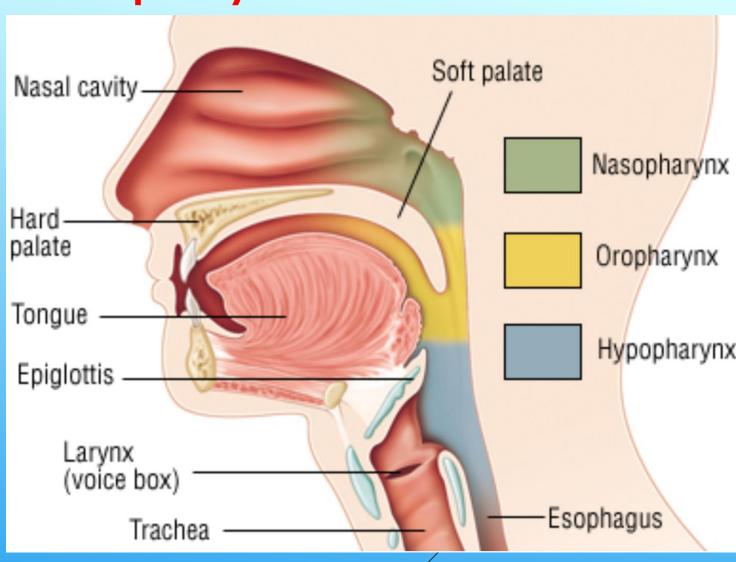
Function of the pharynx:

The successive contraction of the constrictor muscles propels the bolus of food down into the esophagus.

The longitudinal muscles elevate the pharynx and larynx during swallowing.

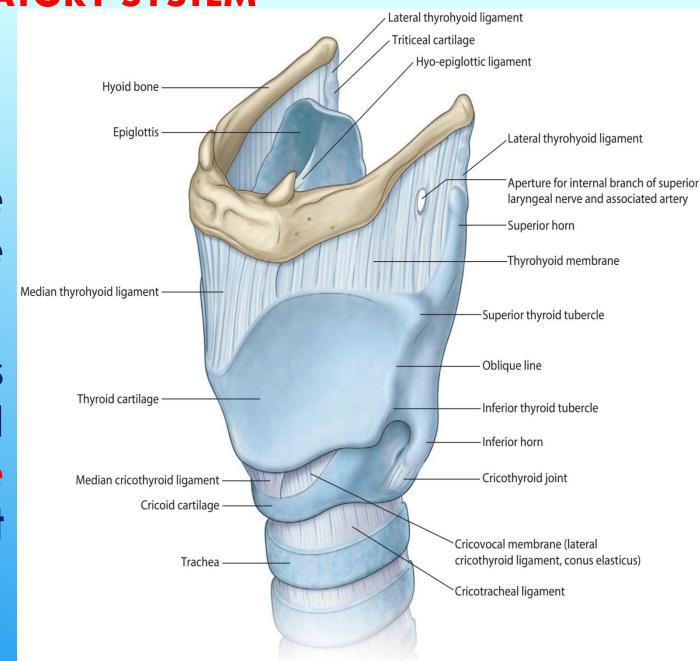
DIGESTIVE TRACT Parts of the pharynx



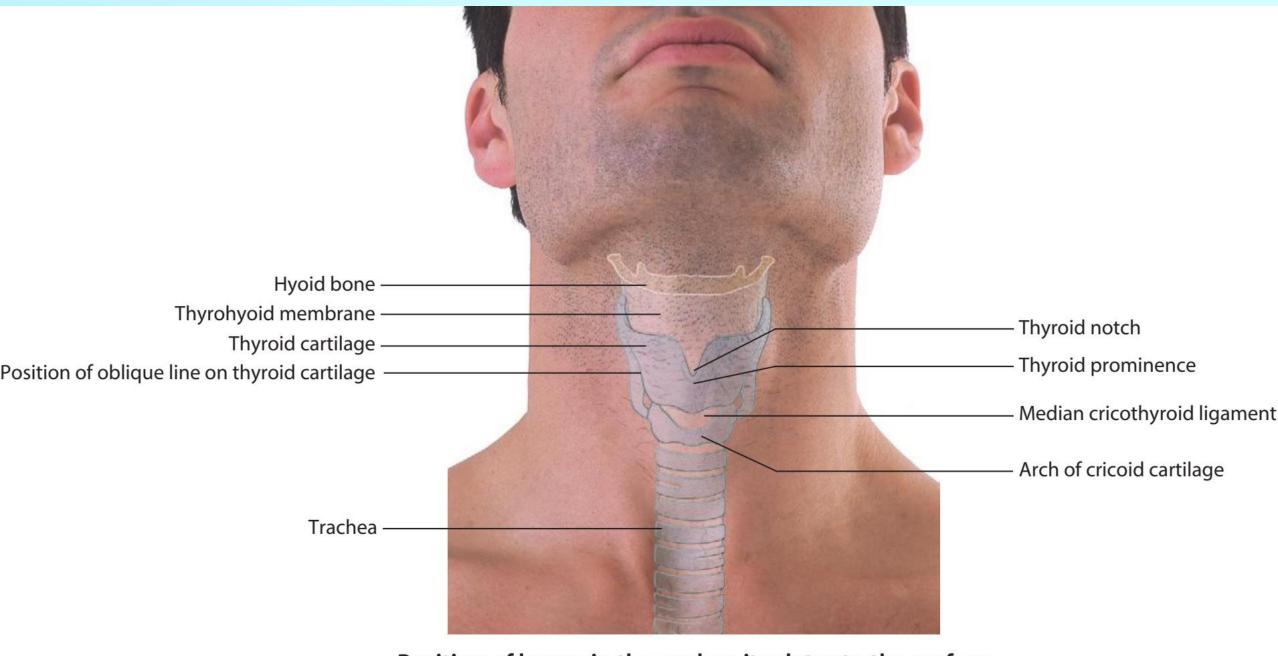


Larynx (voice Box)

- It connects the laryngopharynx with the trachea.
- The lumen of larynx is kept patent by its rigid walls formed by hyaline and elastic cartilages that are united by membranes.

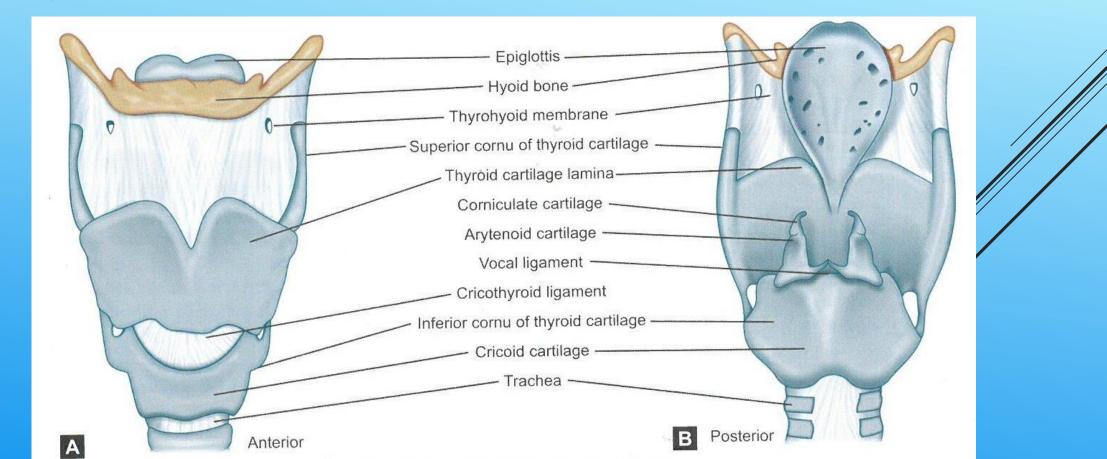


External features of the larynx (anterolateral view)

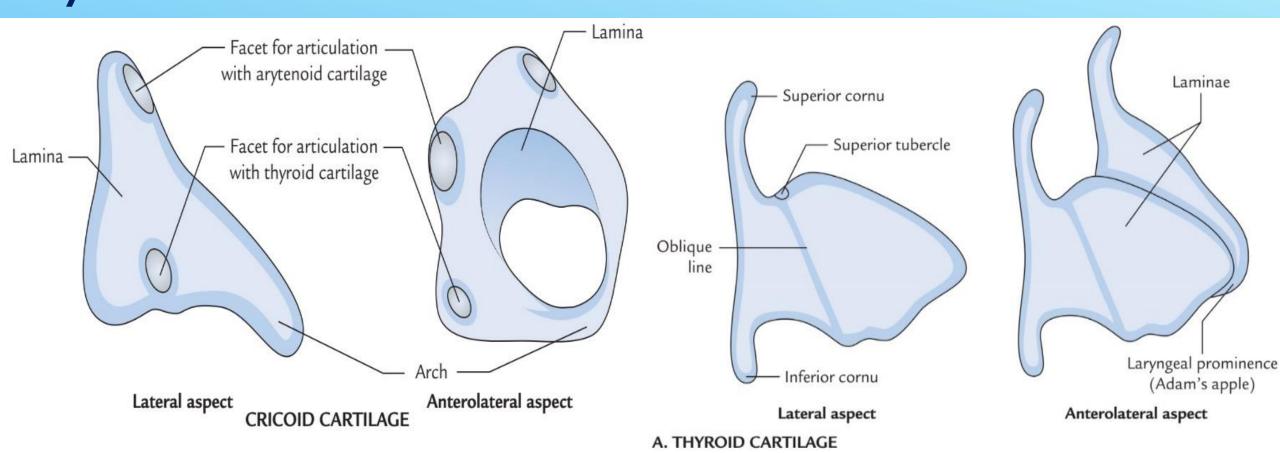


Position of larynx in the neck as it relates to the surface

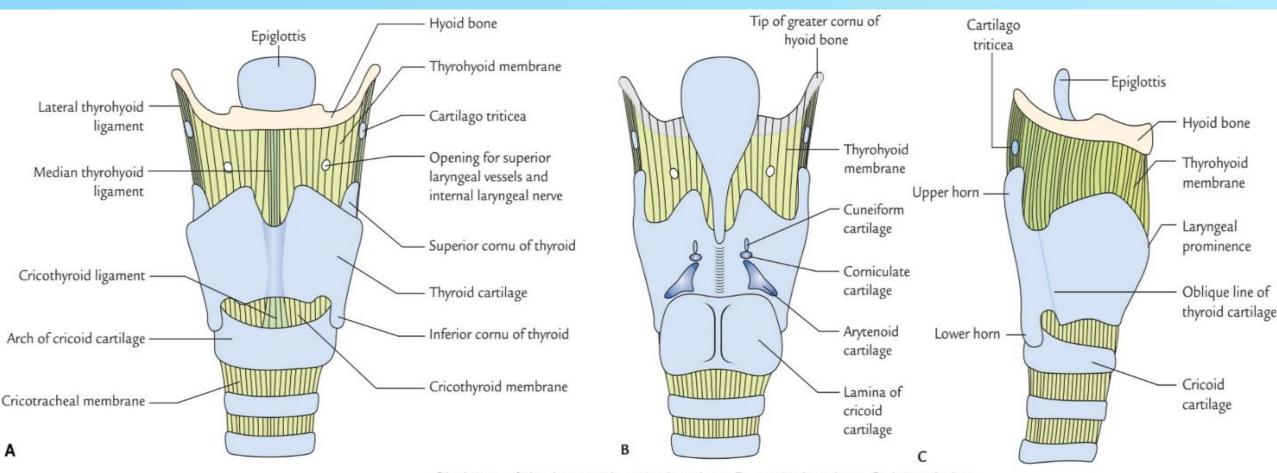
- The cartilages of the larynx are nine;
- ◆ Three are unpaired:- epiglottis, thyroid and cricoid.
- ♦ Three are paired (6):- arytenoid, corniculate and cuneiform.



- ☐ The thyroid cartilage is the largest and forms prominence on the front of neck (Adam's apple) in males.
- ☐ The cricoid cartilage completely encircles the lumen of larynx.



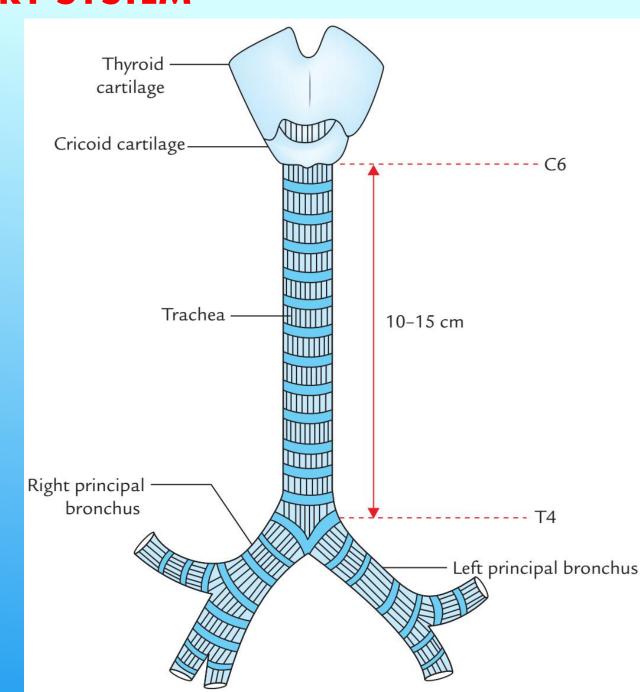
Epiglottis: a thin, leaf-like plate of elastic cartilage that projects obliquely upwards behind the tongue and hyoid body, and in front of the laryngeal inlet.



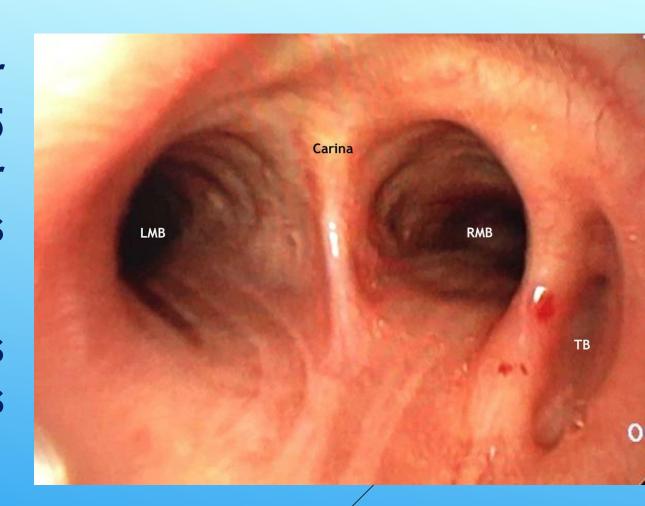
Skeleton of the larynx: A, anterior view; B, posterior view; C, lateral view.

The Trachea

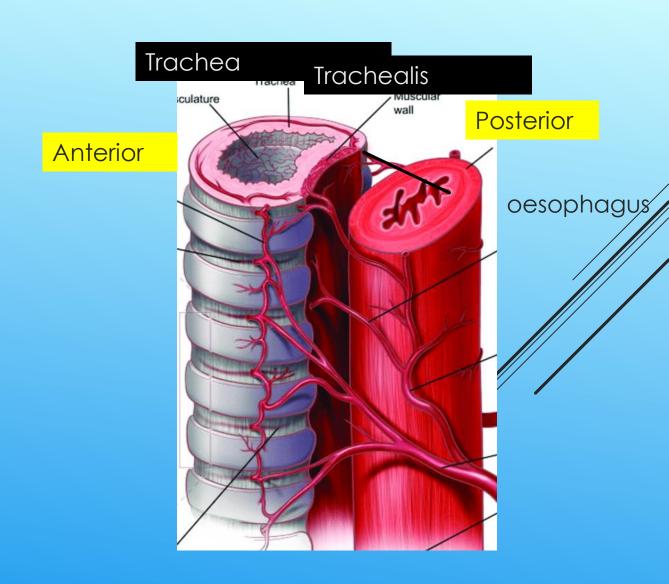
- Length: 10 cm.
- Site: its Upper half lies in the neck its lower half in the thorax
- Course:
- > It **starts** as a continuation of larynx at the level of **C6**
- Runs downward in front of the vertebral Column separated from it by esophagus



- > Ends at the level of the lower border of T4 vertebra about 5 cm (2 in.) below the jugular notch. The trachea bifurcates into a right and left bronchi.
- ☐ The tracheal bifurcation is marked by a cartilaginous spur, the carina.



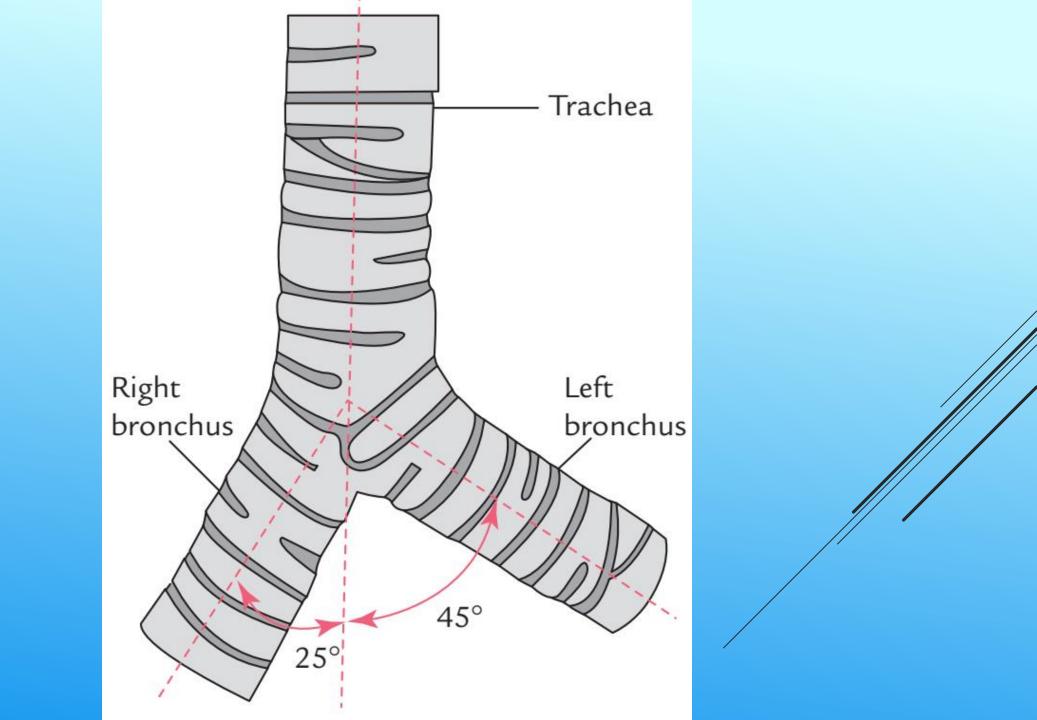
The lumen of trachea is kept patent by 16-20 incomplete C-shaped rings of hyaline cartilages.

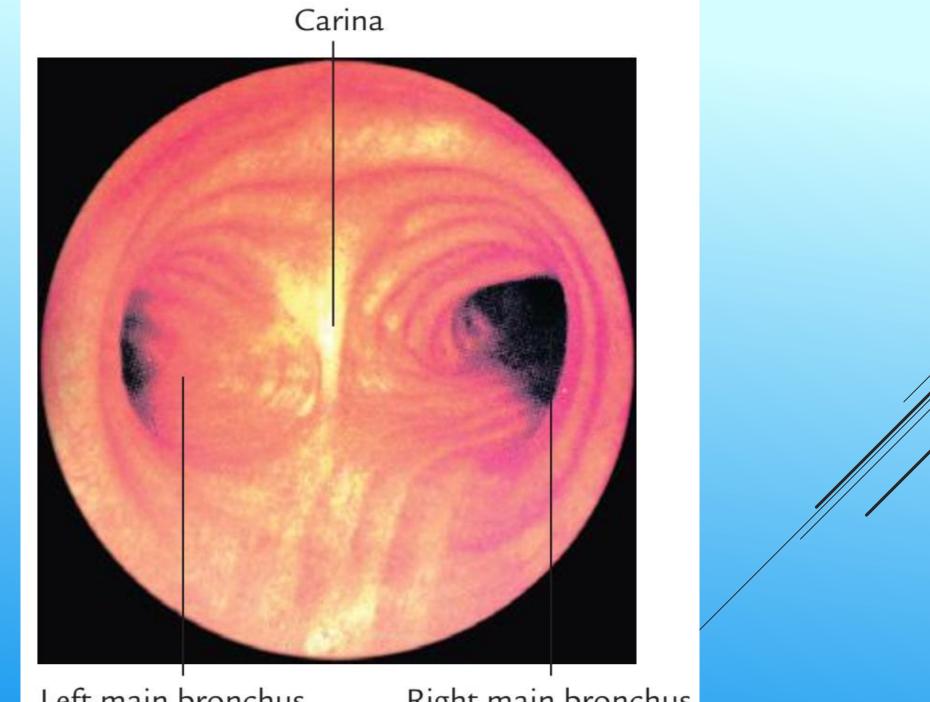


BRONCHI

- The two bronchi arise from the lower end of trachea at the level of lower border of the 4th thoracic vertebra.
- Each branch passes downward and laterally to the hilum of the corresponding lung.

Right bronchi	Left bronchi
Shorter (about one inch).	Longer (about 2 inch).
Wider.	Narrower.
More vertical nearly in line with trachea.	More oblique (not in line with trachea)
It divides into 3 bronchi.	It divides into two bronchi: one for each lobe
One for each lobe of lung	of lung

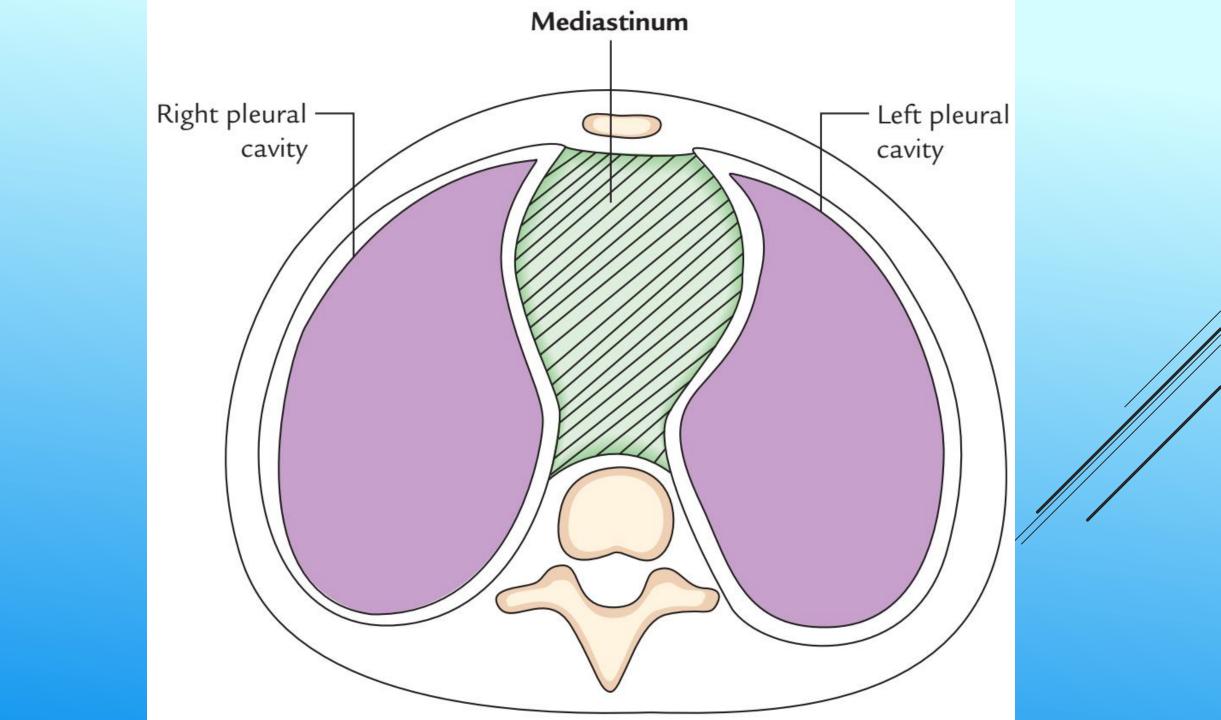


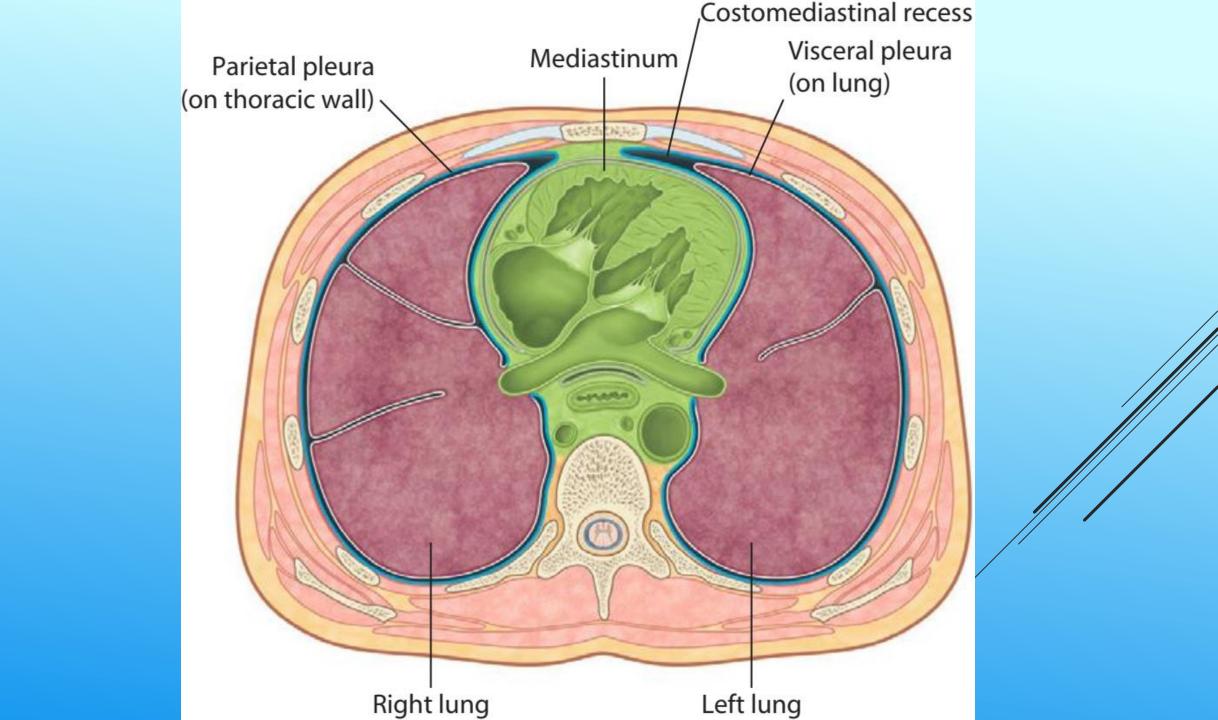


Left main bronchus Right main bronchus

Lungs

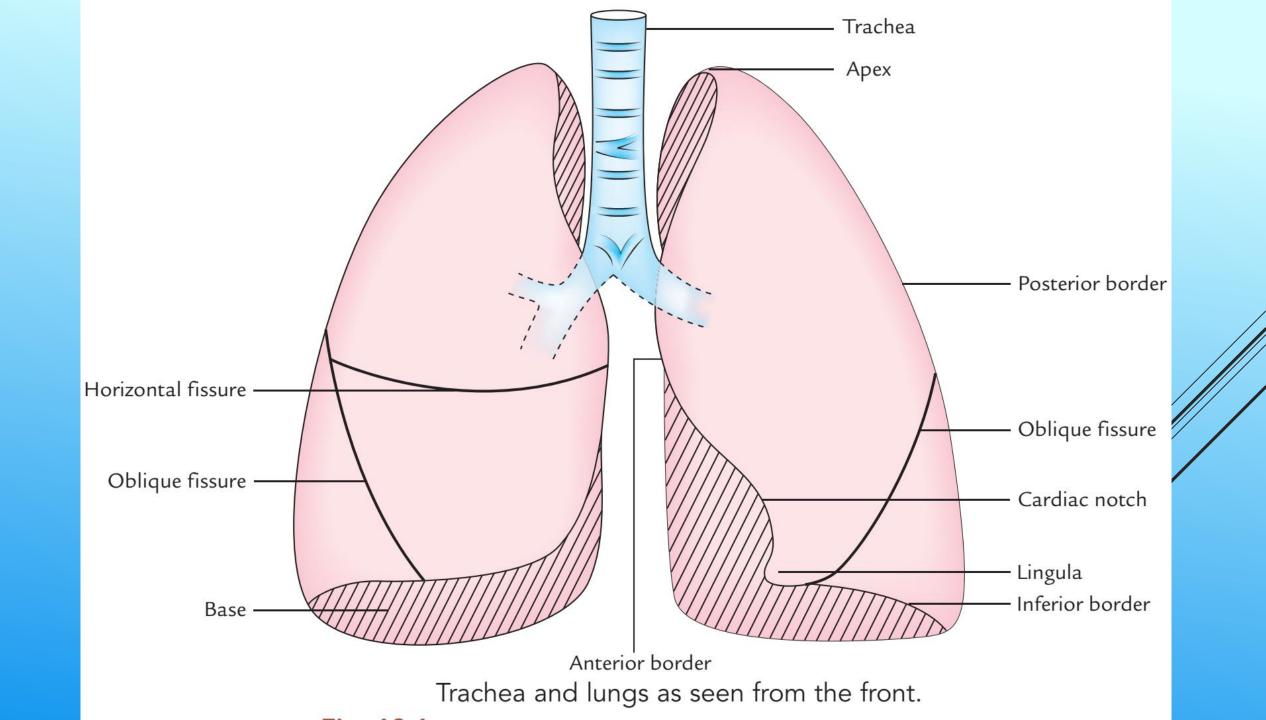
- There are two lungs, lying in the pleural cavities, separated by mediastinum
- Shape: Each lung is Cone-Shaped, and has
 - 1. An apex: the upper end
 - 2. a base: resting on the diaphragm
 - 3. two surfaces: costal and medial
 - 4. three borders: anterior, posterior and inferior.

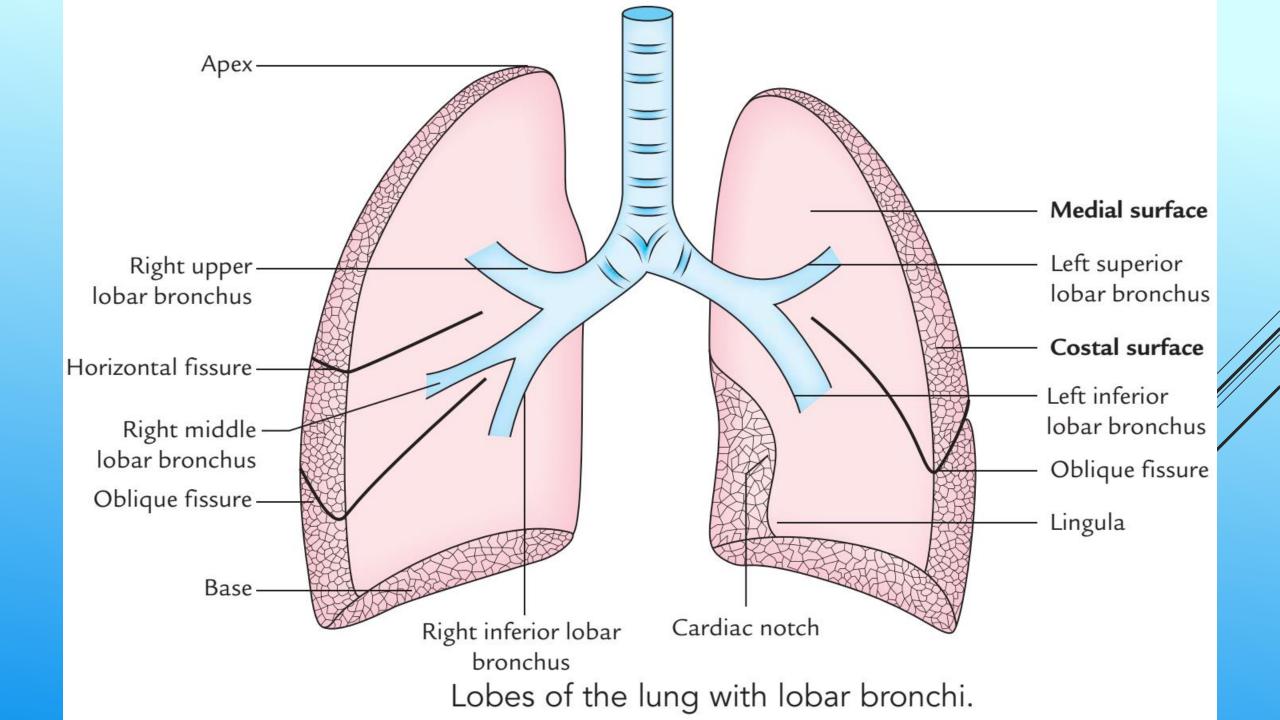


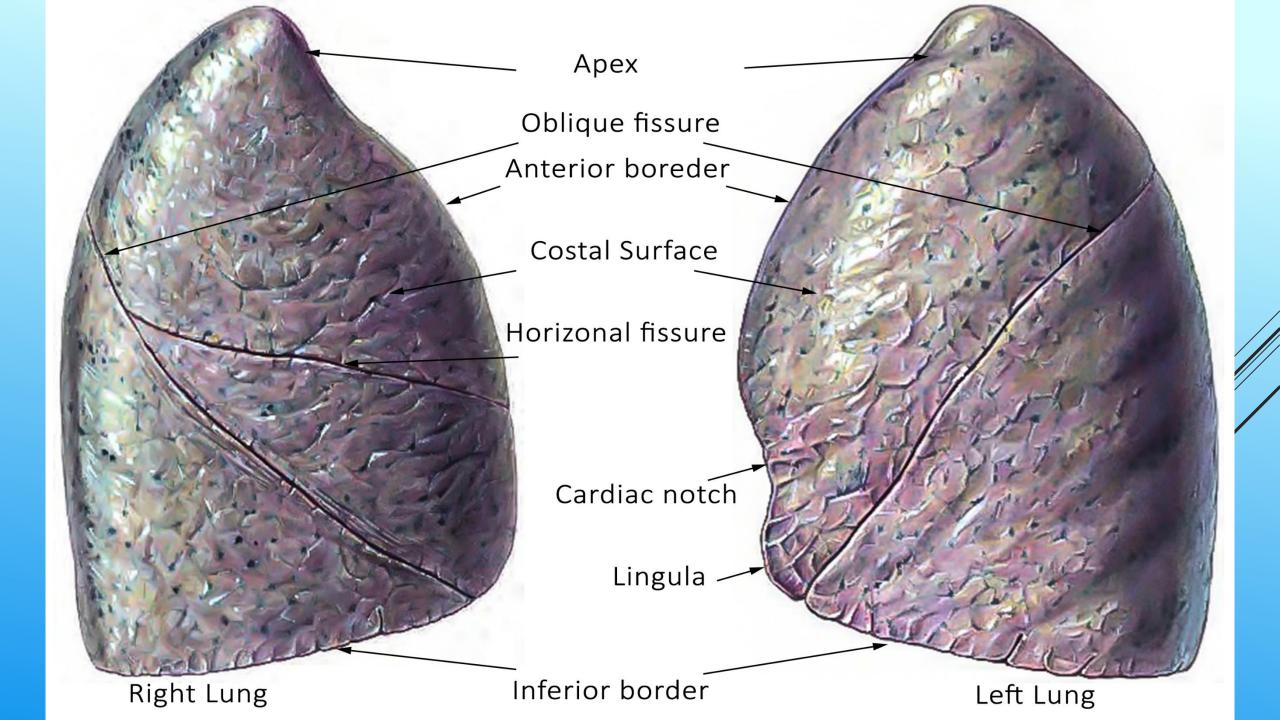


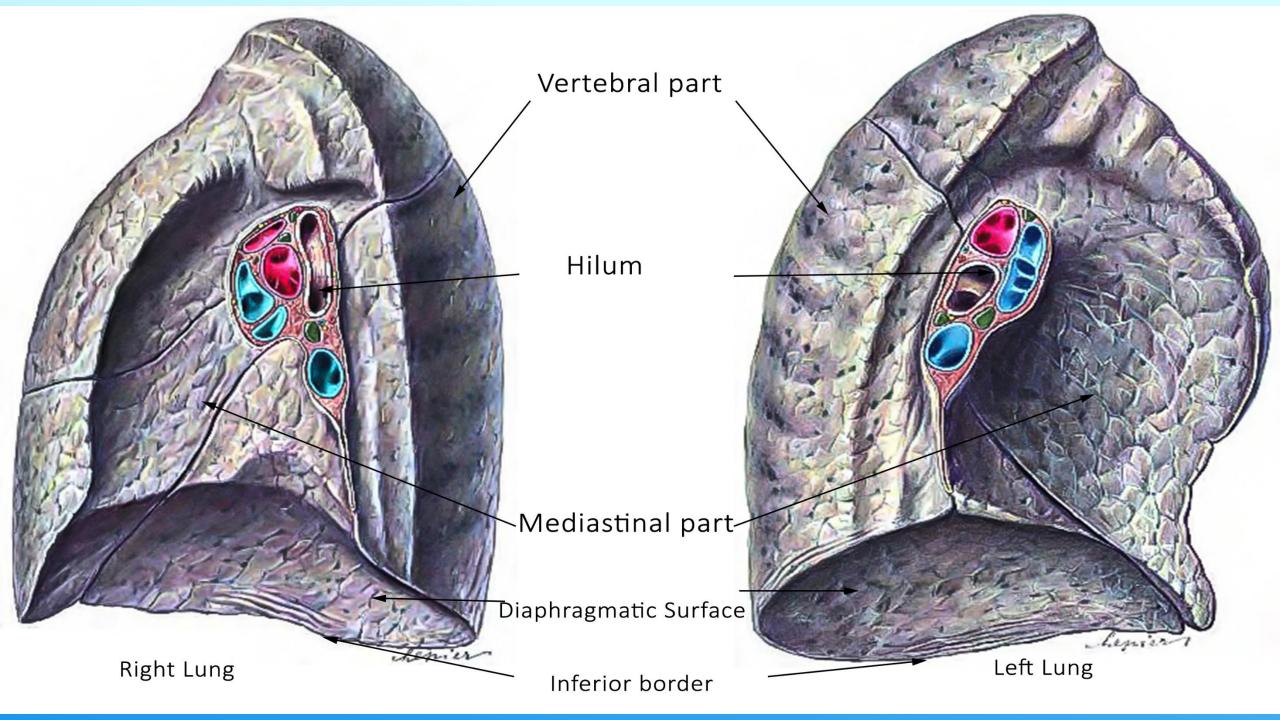
The root of the lung:

- It is a group of structures which enter or leave the lung at the hilum
- It is made up of the following structures:
 - 1. one bronchus,
 - 2. one pulmonary artery,
 - 3. two pulmonary veins,
 - 4. bronchial arteries and veins,
 - 5. lymph vessels,
 - 6. autonomic nerves.



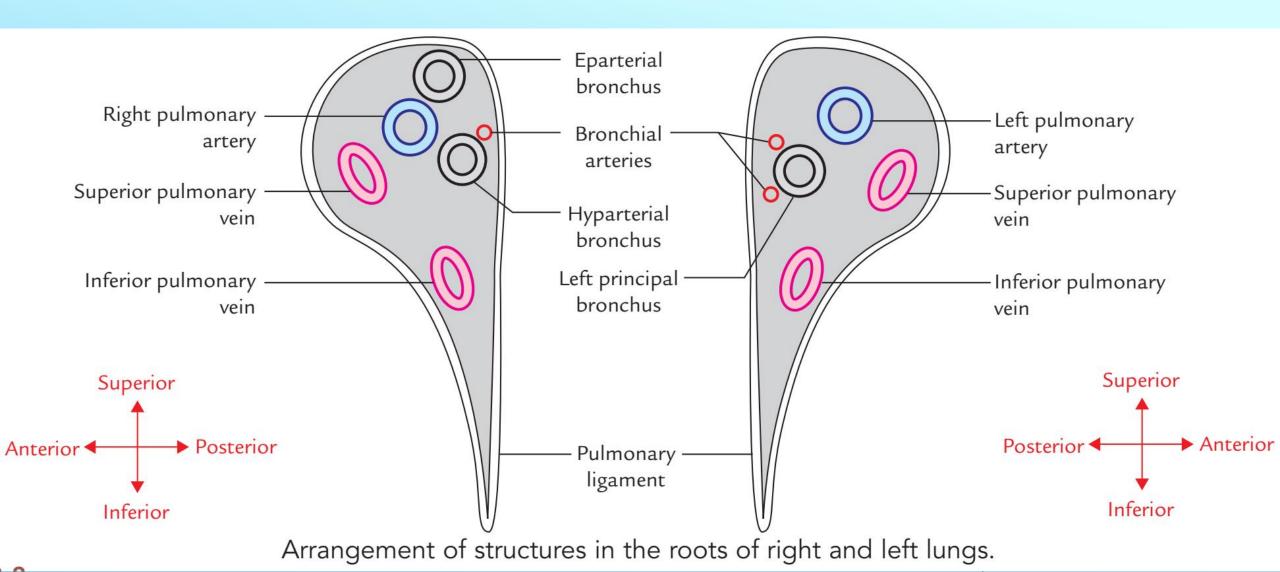


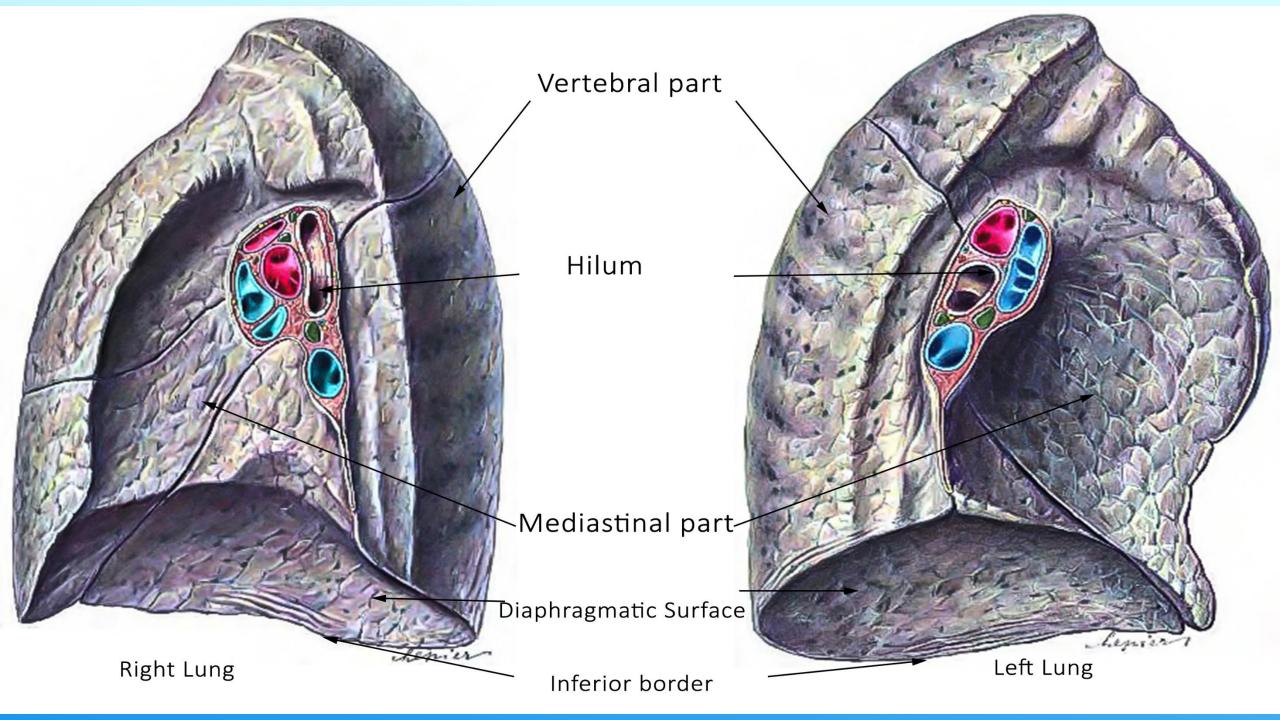




Fissures and lobes of the lung

- > Right lung: is divided into three lobes (superior, middle and inferior) by two fissures oblique and horizontal fissures
- > Left Lung: is divided into two lobes (superior and inferior) by only the oblique fissure.

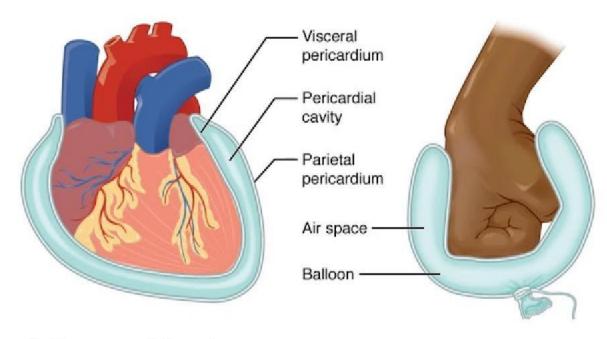




The pleura

- It is a closed sac of serous membrane (one for each lung) which is invigilated from its medial side by the lung, so that it has:
 - A- An outer Layer: the parietal pleura
 - B- An inner layer: the visceral pleura
- The parietal and visceral layers are separated from each other by a potential space called the pleural cavity.
- The two lavers are **continuous** with each other around the **hilum** of the lung.

Serous Membranes



3 Serous Membranes:

- Pleura Serous Membrane that surrounds the lungs. One for each lung.
- Pericardium Serous Membrane that surrounds the heart.
- Peritoneum Serous membrane that surrounds several organs in the abdominopelvic cavity.

Serous Membrane - covers walls and organs in the thoracic and abdominopelvic cavities.

Parietal Layer - line the walls of the body cavity Visceral layer - covers the organs (the viscera).

Serous Space/Fluid - Between the parietal and visceral layers.

