

# Athar Batch



## Pharmacology

Lecture: 24

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there are some drugs that do the same action as the autacoids or the other drugs can do the opposite and are called the antagonists/blockers.

# AUTACOIDS & RELATED DRUGS

they are similar to the normal hormones but they're not secreted from the glands.

- Autacoids are biologically active substances of heterogenous chemical structures, which may be involved in some pathological conditions, and are known as "Locally- acting hormones".

because they are secreted from some cells and act locally on some organs like the skin/GIT/Heart.

## Classification:

- Autacoids are classified chemically into:

### a) Amino Acid derivatives:

- Histamine (derived from histidine).
- Serotonin = 5-Hydroxytryptamine (5-HT; derived from tryptophan).

will be discussed later in the GI and the CVS systems.

### b) Vasoactive Peptides:

Chain of the amino acids.

- Angiotensin.
- Kinins
- Substance P.
- Endothelin.
- Vasoactive Intestinal Peptide (VIP). mainly found in the gastrointestinal tract.
- Atrial Natriuretic Peptide (ANP). mainly found in the atrium of the heart.

### c) (Fatty acid derivatives):

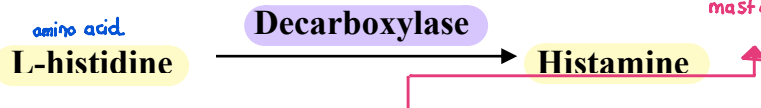
- Eicosanoids: Prostaglandins & Leukotrienes.
- Platelet Activating Factor (PAF).

### d) Others: Cytokines as interferons

found in the inflammatory cells like the white blood cells and the lymphocytes.

## HISTAMINE (HI)

**Synthesis:** by decarboxylation of the amino acid L-histidine with L-aromatic amino acid decarboxylase enzyme.



one of the important places to find mast cells is the lungs "Bronchi".

**Storage:** in storage granules inside mast cells (with heparin), in basophils, and

other cells (in most tissues e.g. lung, skin & GIT). when there's a stimulus/pathogenic condition, then it will be produced from the cells and initiates a response.

**Release:**

atropine causes vasodilation in the cases of toxicity because it increases the release of histamine thus causing vasodilation.

causes muscle relaxation

**Histamine releasers**

• **Histamine liberation:** *HI liberators* are basic drugs (e.g. morphine, atropine, curare, hydralazine) that replace HI in storage granules without degranulation.

one type of the immunoglobulin that is responsible of one type of allergy.

in pharmacology we will talk about the drugs but it may be due to other causes like: food/drug...

• **Immunogenic release:** interaction of antigenic drugs (e.g. penicillin) with IgE on surface of sensitized mast cells → ↑ intracellular calcium & release of the whole histamine-containing granules (exocytosis).

جسم غريب  
Histamine isn't found directly in the cytoplasm but is found in granules. the entry of Ca<sup>2+</sup> will move the microtubules that their contraction will move the granules to the cell membrane of the mast cells.

**Mechanism of action:**

• **Histamine stimulates specific G-protein coupled receptors:**

Receptor	Signal transduction	Sites	Actions
H <sub>1</sub>	Gq → activation PLC → ↑ DAG and IP3 → ↑ Ca <sup>2+</sup> .	1. Smooth muscle fibers as bronchi, GIT, uterus. 2. Endothelium of Bl.vessel 3. Skin & sensory nerve end. 4. CNS (post-synaptic). 5. Vestibular system	1. Spasmogenic effect. 2. Vasodilatation & ↑ capillary permeability. 3. Itching, urticaria, pain. 4. Alertness. 5. Vomiting
H <sub>2</sub>	Gs → activation of A.C. → ↑ c-AMP.	1. Gastric Parietal cells 2. Heart. 3. Blood vessels. 4. CNS (post-synaptic).	1. ↑ secretion of HCl and pepsin. 2. ↑ cardiac properties (+ve inotropic & chronotropic). 3. Vasodilatation. 4. Alertness.
H <sub>3</sub>		CNS (pre-synaptic)	↓ Release of neurotransmitters
H <sub>4</sub>	Gi → inhibition of A.C. → ↓ c-AMP	Inflammatory cells as: T-lymphocytes, Neutrophils, Eosinophils.	Modulation of cytokines.

most important types.   
أنظمة الهلاية   
عن طريقهم.

the cranial nerve #8 that is responsible for 1. hearing. 2. balance.

for balance

responsible for the production of the HCl

this is why people with allergies will have edema.

التهاب العنبر

increasing the heart rate and contractability. "tachycardia".

the ending of the nerve that is responsible for the release of the neurotransmitter

**Role of histamine**

1. Allergy: immediate hypersensitivity reactions:

a. **Local allergic response:** localized H<sub>1</sub> receptors stimulation on blood vessels & nerve endings →

erythema ← "Red spots on the skin like the rash"

- i. Redness.
- ii. Edema.
- iii. Pain & itching.

triad of the allergy's symptoms.

spreading to all the tissues.

b. **Anaphylactic shock:** generalized H<sub>1</sub> receptors stimulation → marked hypotension.

c. **Bronchospasm.**

2. Vomiting of vestibular origin (e.g. motion sickness) is H<sub>1</sub>-receptor mediated.

3. Peptic ulcer: H<sub>2</sub> receptors mediate more than 70% of HCl secretion.

so if this secretion exceeds the normal limits, then I have to decrease the H<sub>2</sub> receptors/Blocking them.

4. Heart: myocardial stimulation, ↑ heart rate

5. CNS: alertness

decreasing the role of histamine

### Drugs that antagonize the action of histamine

1. **Pharmacological Antagonists:** A drug that blocks the same receptor that the antagonist works on.

a) H<sub>1</sub>-Antagonists = Antihistaminics = Antiallergic drugs.

will be taken in the GI system.

b) H<sub>2</sub>-Antagonists: Cimetidine-Famotidine → treatment of peptic ulcer.

2. **Physiological Antagonist:** Two drugs and each drug works on different receptors and its action is against the receptor's action.

works on:  
1. alpha → vasoconstriction  
2. Beta 2 → Broncho-dilatation.

Adrenaline is the physiological antagonist of histamine works on the H<sub>1</sub> and H<sub>2</sub> and causes vasodilatation & Bronchospasm.

Histamine's action عمل histamine receptors ثانية.

3. **Inhibitors of Histamine release:**

a) **Glucocorticoids:** inhibit antibody formation and antigen-antibody reaction, → inhibit histamine release.

those are the reason behind the release of histamine.

b) **Mast Cell Stabilizers = Degranulation inhibitors:** as cromolyn, nedocromil

4. **Desensitization.** B<sub>2</sub> stabilizes the mast cells.

the injection of the antigens in therapeutic courses.

في مراكز علاج التحسس.

it's like the adaptation/tolerance by exposing the hypersensitive body naturally to the allergic material, thus making the body able to adapt to it and preventing the allergic reaction to occur in the second time of exposing.

كل ما يتعرض له اي المادة التي يتقبل حساسية، فالجسم يح يبتل يفرز الهستامين و حاج يتولد وينفرز عندي ال- antigen antibody و بس

# H<sub>1</sub>-ANTAGONISTS (ANTI-HISTAMINICS- ANTIALLERGICS)

- All antihistaminics are **competitive antagonists** with histamine on H<sub>1</sub>-receptors. *an edema in the face that may be severe and affects the tongue, larynx and leading to choking.*
- All antihistaminics are "**Antiallergic drugs**" used in treatment of allergic conditions such as: skin rash- urticaria- angioneurotic edema-anaphylactic shock (**Adrenaline is life-saving in anaphylactic shock**). *important.*

## Pharmacokinetics:

- They can be given *IV or IM* **orally, parenterally, and topically** as skin ointment, eye drops, nasal drops and ear drops.
- "**First generation**" antihistaminics can *more lipophilic* **pass easily B.B.B.** whereas "Second generation" drugs poorly penetrate B.B.B.
- Pass placental barrier** and (may be teratogenic in experimental animals "Cyclizine & Meclizine"). *they cause teratogenic effects in the animals but still don't cause teratogenics in the human.*
- Metabolized by **the liver** and excreted **in urine**, and are **partly excreted in**

**breast milk.** *may affect the newborns. \* sedation. \* drowsiness. دائم النوم مع عدم الانتظام في إرضاعه و تناول الطعام.*

## Classification:

*causing sedation by crossing the BBB*

1 <sup>st</sup> Generation = Sedating Antihistaminics	2 <sup>nd</sup> Generation = less sedating Antihist.
<ul style="list-style-type: none"> <li>Pass B.B.B. → sedation and drowsiness, but toxic doses → hallucination, excitation and convulsions. <i>تشنجات</i></li> <li>They block H<sub>1</sub> and M receptors in the medullary vomiting center → anti-emetic <i>like atropine</i></li> <li>They block M receptors in basal ganglia → anti-parkinsonian action <i>atropine-like effect. extrapyramidal tract. those two receptors are found in the vestibular pathway thus causing vomiting. balance between the acetylcholine and the dopamine to balance the movement of the human.</i></li> <li>Short duration (6 hours) due to rapid metabolism by hepatic microsomal enzymes. <i>thus decreasing the acetylcholine in the BG and the return of the normal ratio of acetylcholine to dopamine.</i></li> </ul>	<ul style="list-style-type: none"> <li>Poor passage through B.B.B. → No CNS actions, i.e. No sedation &amp; No <u>antiemetic</u>. <i>will block more in the peripheral rather than in the central.</i></li> <li>Long duration (24 hours) due to slower metabolism by hepatic microsomal enzymes. <i>it may be taken once a day or twice a day "each 12 hours".</i></li> </ul>
<ul style="list-style-type: none"> <li><i>more lipophilic</i></li> <li><i>more metabolism.</i></li> <li><i>less duration.</i></li> <li><i>more penteration.</i></li> </ul>	<ul style="list-style-type: none"> <li><i>thus meaning that i have to take it more than one time aday.</i></li> </ul>

<p><u>Actions:</u></p> <ol style="list-style-type: none"> <li><b>1. Antihistaminic action:</b> antagonize the actions of histamine on H1-receptors in blood vessels, bronchi, GIT, and skin. <i>vasodilatation X, bronchospasm X, GIT spasm X, redness X, the inhibition through the blockade of H<sub>1</sub>.</i></li> <li><b>2. Antimuscarinic (Atropine-like) action</b> → <i>anti-vomiting</i> <ol style="list-style-type: none"> <li><b>a) Antiemetic action</b> including motion sickness.</li> <li><b>b) Antiparkinsonian action.</b> <i>Because the muscarinic receptors leads to stimulation of the wall and relaxation of the sphincter.</i></li> <li><b>c) Urine retention</b> (contraindicated in BPH). <i>closure of the sphincter</i></li> <li><b>d) ↑IOP</b> (contraindicated in glaucoma).</li> </ol> </li> <li><b>3. Some have Antiserotonin action</b> → ↑appetite; e.g. <b>Cyproheptadine</b>.</li> <li><b>4. Some block Na<sup>+</sup>-channels (Membrane stabilizing action)</b> → <b>Local anaesthetic</b> and <b>Antiarrhythmic action (Quinidine-like action);</b> e.g. <b>Antazoline</b>. <i>an antiarrhythmic drug that blocks the Na<sup>+</sup> channel.</i></li> <li><b>5. α-blocking action.</b> <i>through the α receptors → vaso-dilatation</i></li> </ol>	<p><u>Actions:</u></p> <ol style="list-style-type: none"> <li><b>1. Antihistaminic action.</b> <i>the only function/action. it blocks the H<sub>1</sub> receptors found in the peripheral.</i></li> <li><b>2. NO Atropine-like action</b> →             <ol style="list-style-type: none"> <li><b>a) NOT Antiemetic</b></li> <li><b>b) NOT Antiparkinsonian action.</b></li> <li><b>c) NOT contraindicated in BPH.</b></li> <li><b>d) NOT contraindicated in glaucoma.</b></li> </ol> </li> <li><b>3. NO Antiserotonin action</b></li> <li><b>4. NO block Na<sup>+</sup>-channels</b></li> <li><b>5. NO α-blocking action</b></li> </ol>
<p><u>Examples:</u></p> <ul style="list-style-type: none"> <li>• <b>Diphenhydramine</b> (antiemetics and antiparkinsonian).</li> <li>• <b>Meclizine and Cyclizine</b> (antiemetic but <b>contraindicated in pregnancy, may teratogenic</b>).</li> <li>• <b>Chlorpheniramine</b> (common cold medication) <i>analgesic + vasoconstriction, α<sub>1</sub> antagonist</i></li> <li>• <b>Antazoline</b> (antiarrhythmic). <i>فاتح للشهية</i></li> <li>• <b>Cyproheptadine</b> (antiserotonin → appetizer)</li> <li>• <b>Ketotifen</b> (antiserotonin &amp; mast cell stabilizer)</li> </ul>	<p><u>Examples:</u></p> <ul style="list-style-type: none"> <li>• <b>Cetirizine</b></li> <li>• <b>Loratadine</b></li> <li>• <b>Fexofenadine</b></li> </ul> <p><i>يقال في الأختتان و الشرج .</i></p> <p>day: analgesic + vasoconstriction. night : analgesic + vasoconstriction + antihistaminic.</p>
<p><u>Therapeutic uses:</u></p> <ol style="list-style-type: none"> <li>Treatment of <b>allergic conditions</b> (allergic rhinitis, rash, urticaria, angioneurotic edeme, and anaphylactic shock).</li> </ol>	<p><u>Therapeutic uses:</u></p> <ol style="list-style-type: none"> <li>Treatment of <b>allergic conditions</b> (allergic rhinitis, rash, urticaria, <b>angioneurotic edeme, and anaphylactic shock</b>). <i>we give</i> <ul style="list-style-type: none"> <li>* adrenaline.</li> <li>* Corticosteroids.</li> <li>* antihistamine.</li> </ul> </li> </ol>

عكس الوظيفة  
when i block the muscarinic receptors, then mydriasis will occur leading to the increase in the IOP

عشان الناس اللي وحلها برب يكون حرات عندهم تبتس ضمه اليد .



الأدوية حفظ يا شباب  
ويا صبايا

حالة طوارئ

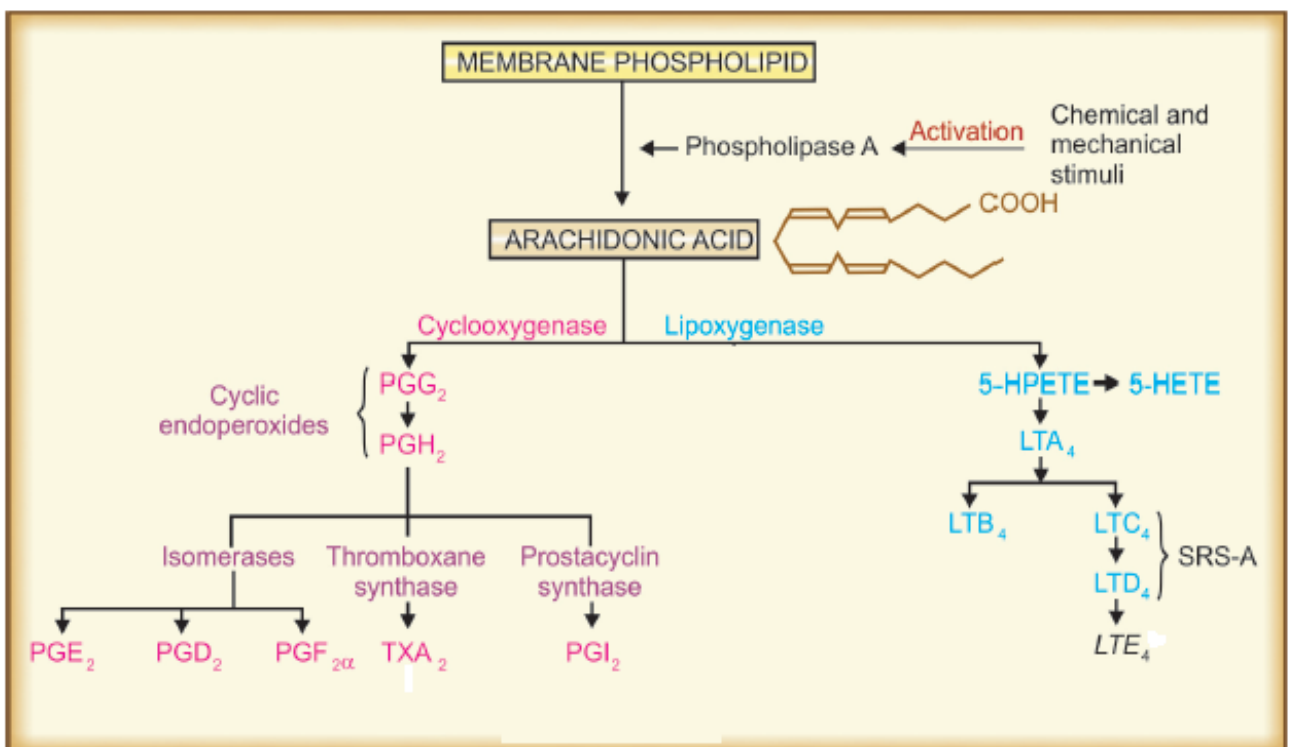
<p>2. Antiemetics in <b>motion sickness, vertigo and Meniere's disease.</b> <i>affects the middle ear, thus leading to the vomiting.</i></p> <p>3. <b>Parkinsonism</b> (Diphenhydramine).</p> <p>4. <b>Arrhythmias</b> (Antazoline).</p> <p>5. <b>Anxiety and insomnia</b> (situational). <i>sedation</i></p>	
<p><u>Adverse effects:</u></p> <ol style="list-style-type: none"> <li>1. Sedation and drowsiness.</li> <li>2. Excitation is more common in children</li> <li>3. Teratogenicity (Cyclizine and Meclizine).</li> <li>4. Allergic reactions. <i>because the body will deal with the drug as a chemical substance, thus may be as an "antigen"</i></li> <li>5. Atropine-like adverse effects as dry mouth, constipation, urine retention, tachycardia, and <u>elevation of IOP</u>.</li> </ol> <p>2. Acute toxicity: excitement, hallucinations, convulsions, and may be <u>coma</u>.</p> <p><u>Contraindications:</u></p> <ol style="list-style-type: none"> <li>1-Car drivers. <i>because they cause sedation.</i></li> <li>2-Pregnancy. <i>because of the possible teratogenics.</i></li> <li>3-Glaucoma. <i>because of the increase in the IOP.</i></li> <li>4-BPH <i>because of the urine retention.</i></li> </ol>	<p><u>Adverse effects:</u></p> <p>Cardiac arrhythmias <u>especially in overdose</u> or if given with <u>HME inhibitors</u> as <u>erythromycin &amp; ketoconazole.</u> <i>by the overdose, the selectivity may be lost</i></p> <p><i>عشان هيك ممكن يايمين بين الـ H1 والـ H2 ويروج ياتر على القلب. عشان هيك ممكن يايمين بين الـ H1 والـ H2 ويروج ياتر على القلب.</i></p> <p><i>الجسيم ما يكونه مميز شو الدواء اللي عم يدخل للجسيم فوشان هيك يقتر الدواء حريم غريب.</i></p> <ol style="list-style-type: none"> <li>1. increase the dose.</li> <li>2. decrease the metabolism.</li> </ol>

# EICOSANOIDS

- They are endogenous 20-C (eicosanoid) fatty acid derivatives with profound physiological effects.
- They include:
  1. Prostaglandins (PGs) & Thromboxanes (TXs)
  2. Leukotienes (LTs)
- They are not stored in the body but are synthesized and rapidly metabolized, they have very short duration

## 1. Prostaglandins (PGs) and Thromboxanes (TXs)

- **Synthesis:** they are synthesized from arachidonic acid by cyclooxygenase enzyme (COX)



**Biosynthesis of prostaglandins (PG) and leukotrienes (LT).**

TX—Thromboxane, PGI—Prostacyclin; HPETE—Hydroperoxy eicosatetraenoic acid (Hydroperoxy arachidonic acid); HETE—Hydroxyeicosatetraenoic acid (Hydroxy arachidonic acid); SRS-A—Slow reacting substance of anaphylaxis



- **Mechanism of action:**

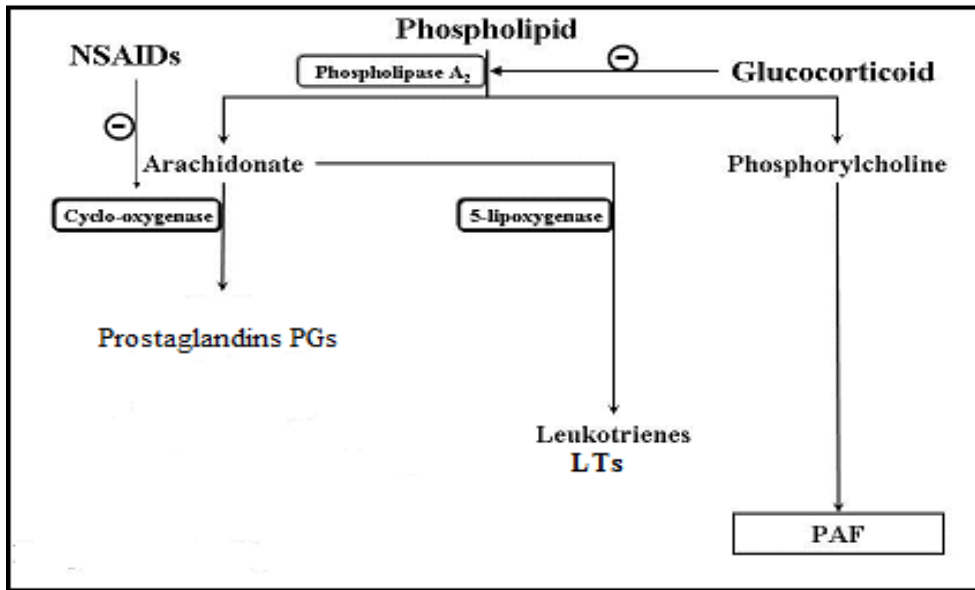
PGs and TXA<sub>2</sub> act on specific G-protein coupled receptors:

1. IP (Gs) receptors for PGI<sub>2</sub> (prostacyclin).
2. DP1 (Gs), DP2 (Gi) receptors for PGD.
3. FP (Gq) receptors for PGF<sub>2</sub>α.
4. EP1(Gq), EP2 (Gs), EP3 (Gi) and EP4 (Gs) receptors for PGE.
5. TP receptors (Gq) for TXA<sub>2</sub>.

Physiological Role of PGs	Uses of PG Analogs
<p><b>1. Role in Inflammation</b>            PGE, I<sub>2</sub> &amp; D<sub>2</sub> released from mast cells in acute inflammation potentiate effects of histamine &amp; bradykinin (BK)→</p> <ol style="list-style-type: none"> <li>a. VD.</li> <li>b. ↑ capillary permeability.</li> <li>c. ↑ pain induced by BK</li> </ol>	
<p><b>2. Role in Pain (algesic action):</b></p> <ol style="list-style-type: none"> <li>a. PGs → ↑ pain transmission in the thalamus</li> <li>b. sensitize pain receptors to serotonin &amp; kinins (pain mediators).</li> </ol>	
<p><b>3. Role in Fever (pyretic action):</b>            Pyrogens→ release of interleukin-1(IL-1) from inflammatory cells → Stimulates COX enz.→            ↑production of PGE<sub>2</sub>→ elevates the set point of hypothalamic heat regulating centre (HRC)</p>	
<p><b>4. Kidney (PGE)</b></p> <ol style="list-style-type: none"> <li>a. VD →↑ renal blood flow.</li> <li>b. Inhibits Na<sup>+</sup> reabsorption.</li> <li>c. ↑ renin secretion.</li> </ol>	

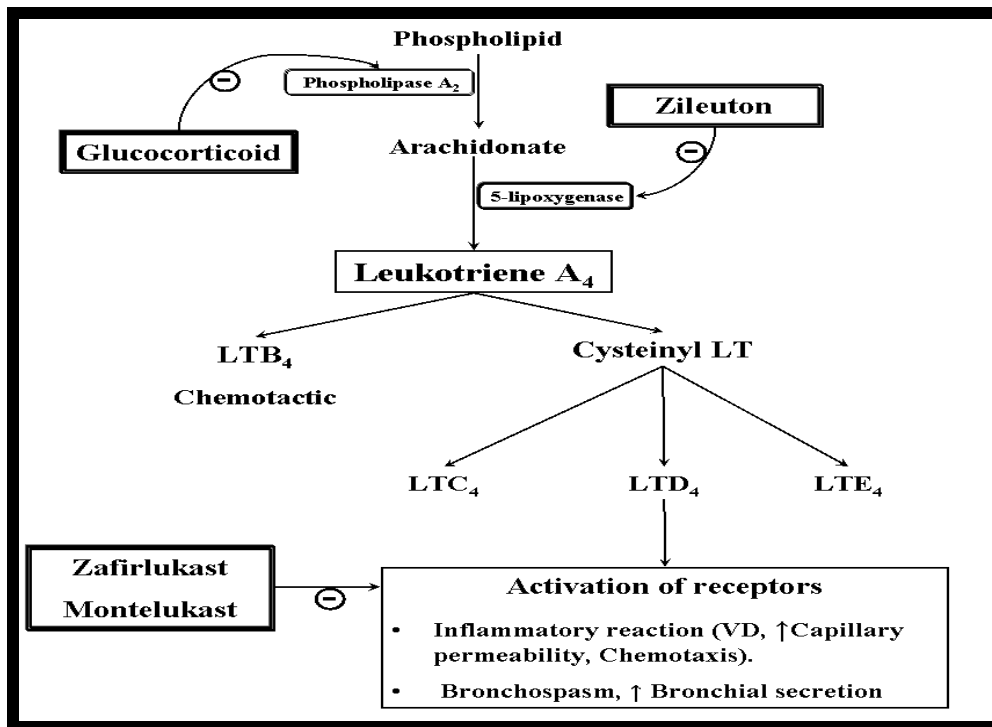
<p><b>5. GIT:</b></p> <p><b>a. Stomach: cytoprotective effects</b>  PGE →  - ↓ gastric HCl.  - ↑ mucus secretion.  - ↑ HCO<sub>3</sub> secretion  - ↑ blood flow → ↑ healing of damaged mucosa</p> <p><b>b. Intestine:</b> ↑ motility → colic, diarrhea</p>	<ul style="list-style-type: none"> <li>• <b>Misoprostol (PGE):</b> is given with NSAIDs or Steroids to ↓ their ulcerogenic effect</li> <li>• S/E: Misoprostol → colic , diarrhea</li> </ul>
<p><b>6. CVS:</b></p> <p>a. PGI<sub>2</sub> → ↓ platelet aggregation, VD  b. TXA<sub>2</sub> → ↑ platelet aggregation, VC.  c. PGE<sub>2</sub> and PGI<sub>2</sub> → maintain Patency of ductus arteriosus.  d. PGE<sub>2</sub> recently, is assumed that it induces angiogenesis which may be the cause of cancer colon</p>	<ul style="list-style-type: none"> <li>• <b>Epoprostenol (PGI<sub>2</sub>)</b>  - Prevents platelet aggregation in dialysis machine  - used in peripheral vascular disease &amp; pulmonary hypertension.</li> <li>• <b>Alprostadiol (PGE<sub>1</sub>):</b>  Maintains patency of ductus arteriosus in congenital pulmonary stenosis until surgery is performed.</li> </ul>
<p><b>7. Reproduction</b></p> <ul style="list-style-type: none"> <li>• <b>Male:</b> PGE → VD → erection &amp; sperm motility</li> <li>• <b>Females:</b> PGF<sub>2α</sub> &amp; PGE → stimulate uterine contractions (oxytocic action) → induction of labor, abortion and control postpartum hemorrhage.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Alprostadiol:</b>  In erectile dysfunction (impotence).</li> <li>• <b>Dinoprostone (PGE<sub>2</sub>):</b>  Induction of labor</li> <li>• <b>Dinoprost/ carboprost (PGF<sub>2α</sub>):</b>for induction of labor &amp; abortion</li> </ul>
<p><b>8. Bronchial Tone</b></p> <p>a. PGI<sub>2</sub> - PGE → bronchodilation.  b. PGF<sub>2α</sub> - PGD<sub>2</sub> - TXA<sub>2</sub> → bronchospasm.</p>	<ul style="list-style-type: none"> <li>• PGF<sub>2α</sub> induces bronchospasm thus</li> </ul>
<p><b>9. Eye:</b> PGF<sub>2α</sub> → ↑ aqueous humor outflow → ↓ IOP</p>	<ul style="list-style-type: none"> <li>• <b>Latanoprost (PGF<sub>2α</sub>)</b> used locally in open angle glaucoma</li> </ul>

## Effects of PGs Inhibition:



1. **NSAIDs:** they inhibit COX enzymes → ↓ PG synthesis →  
**Analgesic, Anti-inflammatory and Antipyretic effect**
2. **Corticosteroids:** induce inhibitory protein (Lipocortin) →  
inhibit phospholipase-A<sub>2</sub> → ↓ PGs, LTs & PAF  
synthesis → - **Anti-inflammatory effects**

## 2. Leukotrienes (LTs)

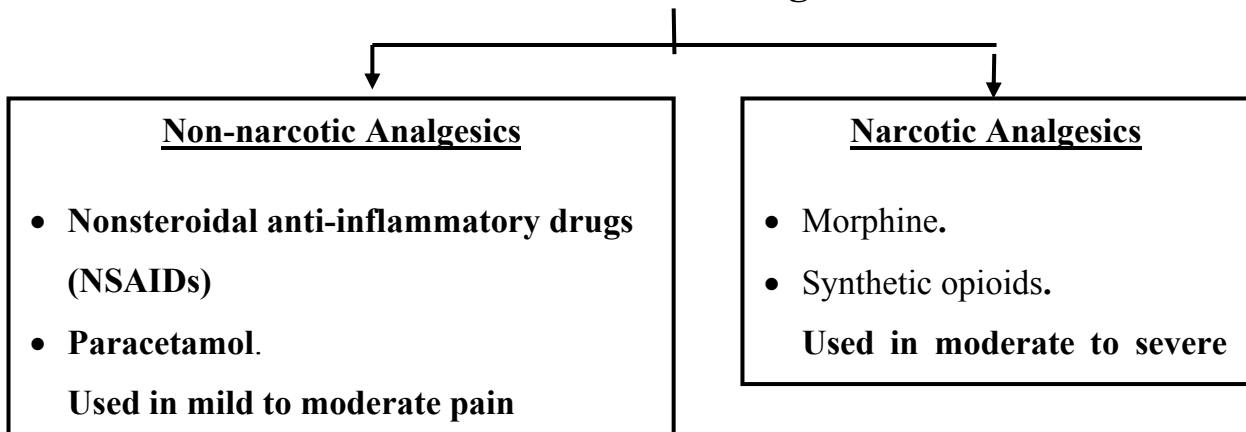


- **Synthesis:** LTs are synthesized from arachidonic acid by 5-lipoxygenase enzyme (**LOX**).
  - **LTs include:**
    1. **LTB<sub>4</sub>**: powerful chemotactic agent → local accumulation of WBCs.
    2. **LTC<sub>4</sub>, D<sub>4</sub> & E<sub>4</sub>** (Cysteinyl LTs):
      - Previously named as slowly reacting substances of anaphylaxis (SRSA)
      - act on specific G<sub>q</sub>-protein coupled receptors (LT receptors) →
        - potent bronchospasm
        - ↑ mucus
        - ↑ inflammatory reactions in bronchi
  - Present in sputum of patients with asthma, chronic bronchitis & allergic rhinitis.
- } **Mediators of asthma**
- **Inhibitors of LTs include:**
    1. Lipoxygenase inhibitors: zileuton.
    2. LT receptor antagonists: zafirlukast and montelukast.

## NON-NARCOTIC ANALGESICS

- Analgesics are drugs that relieve pain due to multiple causes.

### Classification of Analgesics



- **Non-steroidal anti-inflammatory drugs (NSAIDs)** are a heterogeneous group having anti-inflammatory, analgesic & antipyretic effects.

### Cyclooxygenase Enzymes

- **COX-1:** constitutive (present normally in tissues regulating its physiologic functions), forming protective PGs involved in the essential physiological functions such as platelet aggregation, cytoprotection in the stomach and maintenance of normal kidney function.
- **COX-2:** inducible (only expressed by inflammatory mediators such as endotoxin and cytokines, forming PGs which exacerbate pain and inflammation)- [*constitutive in endothelium & kidney*].
- **COX-3 (COX-Ib):** present in the CNS??

### Mechanism of Action of NSAIDs & Paracetamol:

They Inhibit cyclooxygenase enzymes → inhibits conversion of arachidonic acid to endoperoxides → inhibits PGs & TXA<sub>2</sub> production.

#### **1. Non-selective COX inhibitors**

- 1. Salicylic acid derivatives:** Aspirin → **Irreversible** inhibition of COX enzymes

**Other NSAIDs** cause **reversible** inhibition of COX enzymes.

**2- Pyrazolone derivatives:** Phenylbutazone.

**3- Acetic acid derivatives:** Indomethacin & sulindac- Diclofenac

**4- Fenamic acid derivatives:** Mefenamic acid, flufenamic acid.

**5-Propionic acid derivatives:** Ibuprofen, ketoprofen, naproxene.

**6- Oxicams:** Piroxicam, Meloxicam

**2. Selective COX-2 inhibitors:** Celecoxib, Rofecoxib

- **Inhibition of COX-1 is responsible for the adverse effects of NSAIDs.**
- **Inhibition of COX-2 is responsible for their therapeutic effects.**

## I. ACETYLSALICYLIC ACID (ASPIRIN)

**Mechanism:** Aspirin → Irreversible inhibition of COX-1 & COX-2 enzymes

**Pharmacological actions:**

**1- Analgesic action**

**2- Antipyretic action**

**3- Antiinflammatory action**

**4- GIT:**

1. Gastric irritation, nausea and vomiting.
2. Hyperacidity, ulceration induced:
  - locally
  - systemically by ↓ PGs → ↓ mucus secretion (No protection).

**5- Blood:**

1. Small dose (75-150mg/d) → Inhibit TXA<sub>2</sub> → ↓ platelet aggregation.
2. Large dose (5 g/d) → Hypoprothrombinemia: ↓ synthesis of vit.K dependent factors (10,9,7,2)

## 6- Kidney:

1. Large dose (>5 g/day) → ↓ uric acid reabsorption by PCT → treats gout
2. Nephropathy (large dose for prolonged time of combined NSAIDs)

## Therapeutic uses:

### 1. Small (infantile)-Dose (75-150mg/d)

#### Prophylaxis for:

Transient ischemic attacks, unstable angina, acute myocardial infarction.

### 2. Intermediate dose (325 mg tab) 1-2 tab/4-6 hrs

- **Antipyretic** in fever.
- **Analgesic:**
  - Mild to moderate pain e.g. arthritis, dental pain.
  - Headache
  - dysmenorrhea.

### 3. High-Dose (4-8 g/d)

#### Anti-inflammatory

1. Rheumatic fever.
2. Rheumatoid arthritis
3. Other inflammatory joint diseases.

## Adverse Effects:

### A. Effects Common to all NSAIDs

#### 1. GIT (**most common; direct mucosal irritation & ↓ protective PGs**)

- Epigastric pain, Nausea, vomiting, gastritis
- Acute & chronic peptic ulcers with ↑ risk of bleeding.

## 2. Nephrotoxicity (less frequent with aspirin)

\* **Analgesic nephropathy:** irreversible chronic nephritis due to *prolonged* use of *high* doses of *combinations* of NSAIDs.

## 3. Hypersensitivity reactions

- Skin rash, rhinitis
- Asthma in susceptible patients

## 4. ↑ Bleeding tendency

- Displacement of warfarin from plasma proteins potentiating its effect.

## **B. Effects Specific to Aspirin**

### 1. ↑ Bleeding tendency

1. Antiplatelet effect by small dose
2. Hypoprothrombinemia by large dose

2. **Reye's syndrome:** encephalopathy and liver damage in children with fever due to viral infection.

## **Contraindications:**

1. GIT disorders: peptic ulcers, gastritis
2. Bleeding disorders: hemophilia, thrombocytopenia
3. Chronic renal impairment
4. Chronic liver diseases (bleeding tendency)
5. Hypersensitivity to aspirin
6. Children < 12 y



## **II. OTHER NON-SELECTIVE NSAIDs**

- **Mechanism:** Reversible inhibition of COX enzymes
  - **Action:** All have analgesic, antipyretic & anti-inflammatory effects.
  - **Members:** Ibuprofen - Piroxicam - Diclofenac
  - **Uses:**
    1. Inflammatory joint diseases (osteoarthritis, rheumatoid arthritis, gout)
    2. Dysmenorrhea
    3. Renal colic
    4. postoperative pain
- Adverse effects:** see before (common adverse effects of NSAIDs)

## **III. SELECTIVE COX-2 INHIBITORS**

### **Celecoxib**

- Selective COX-2 inhibitors were developed to avoid the adverse effects resulting from inhibition of constitutive COX-1 in GIT and kidney.

#### **Uses:**

1. Anti-inflammatory: chronic inflammatory musculoskeletal disorders (with less risk of gastric ulceration).
2. ↓ Progression of Alzheimer disease (anti-inflammatory effect).
3. ↓ Risk of colorectal cancer (COX-2 is responsible for tumor growth).

#### **Adverse Effects of COX-2 Inhibitors**

1. Nephrotoxicity (COX-2 is constitutive in kidney).
2. Stroke & infarction (COX-2 is responsible for endothelial PGI<sub>2</sub> synthesis).
3. Skin rash with celecoxib (structurally related to sulfonamides).

## IV. PARACETAMOL (Acetaminophen)

- It is an **analgesic antipyretic** with **NO anti-inflammatory action**.
- **It is preferred to aspirin in:**
  1. Patients **A**llergic to aspirin.
  2. **B**leeding disorders (does not affect platelet function).
  3. **P**eptic ulcer (no GIT disturbances).
  4. **C**hildren with viral infections (to avoid Reye's syndrome with aspirin).
  5. **G**out (aspirin may cause hyperuricemia).

**Dose: - Oral: 500 mg /4hrs or 6hrs/day**

- Can be given **IV** or **rectal**

### **Kinetics**

- Paracetamol is metabolized in liver by two pathways:
  1. Major pathway: 95 % undergoes sulphation and glucuronic acid conjugation → inactive metabolites
  2. Minor pathway: Only 5% is converted by CYP450 to a hepatotoxic metabolite N-acetyl-p-benzoquinone imine (NAPQI) → deactivated by conjugation with glutathione (GSH).
- In toxic doses → saturation of sulphation and conjugating enzymes → ↑ conversion of the drug to the toxic metabolite(NAPQI) >> the capacity of liver to conjugate it with glutathione → hepatotoxicity (centrilobular necrosis).

### **Adverse Effects and Toxicity**

- Minimal adverse effects - well tolerated.
- **Nephrotoxicity: with high doses for long periods.**
- **Paracetamol hepatotoxicity in toxic doses [10 gm or 150 mg/kg]:** nausea and vomiting, followed in 24-48 h by liver damage

**Treatment:** - Precursors for glutathione synthesis to prevent liver damage

- should be given early within 7-14 hrs

\* **N-Acetylcysteine** (orally or IV) or **methionine** (orally).